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**Group of Forty**  
Bi-Monthly Newsletter  
[www.groupofforty.com](http://www.groupofforty.com)

## Turning Point

*By David K. Miller*

The Arcturians have described the next three months, that is June, July, and August of 2025 as a turning point. Specifically, they are referring to the planetary crisis and the sixth mass extinction event that is now occurring on our planet. The implication of a turning point is that there is an opportunity to heal the situation or, on the other hand, if the opportunity is not taken, then a rapid decline in the situation may occur. Of course, we all would be eager to experience a great healing event that would positively change the planetary crisis. What would that healing outcome look like? I would imagine there would be a global effort to stop the mass extinction event, and that there would be worldwide efforts to add to the removal of those harmful effects that contribute to the mass extinction events, such as major efforts to stop pollution of the waters and other toxic situations in the air and on the ground which contribute to the extinction of planet and animal life throughout the globe. But the other side of the turning point could be seen as a sudden collapse of biosystems, and a collapse of the ocean biosphere, and the appearance of more dead zones in the ocean. This could also manifest as shifts in the ocean currents and jet streams, which could create global weather havoc.

What role can our spiritual work play in helping this situation, and in particular, helping the turning point go in a positive direction? The main intervention in our role as Starseeds is to focus on helping to promote the next evolutionary step in Homo sapiens to the advanced state known as Homo omega. Our secondary role is to promote fifth-dimensional consciousness to prevent further deterioration of the crisis. It seems obvious to me that a third-dimensional perspective will not offer a solution to the planetary crisis, in fact, the majority of world leaders today will not even talk about the sixth mass extinction. Our third-dimensional world is too polarized to discuss the crisis of the mass extinction, let alone a solution. Any healing solution would involve working together in global unity. The last part of the solution is working with the noosphere and promoting higher inputs of fifth-dimensional thoughts and fifth-dimensional affirmations into the collective thought field of the Earth. The mechanism for manifestation on the planet starts with the collective thought patterns in the noosphere. This has broad implications for our personal development as well. Change in our personal behavior occurs through downloading the right thinking into our subconscious, then our subconscious magically works to manifest what messages or affirmations we have downloaded. The same principle works for the Earth but requires participation of many Starseeds working together, doing the right thought pattern. We, as the Group of Forty members, are specialists at planetary healing meditations and affirmations.

I am sure in the coming months, we will continue doing higher-level thought affirmations to Mother Earth, such as we have done in our worldwide meditations.



David K. Miller,  
Co-Founder Group of Forty,  
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Dear Gudrun,  
I am wondering about the concept of the turning point that Juliano talked about. It is happening this summer.

How can I use this energy to evolve from Homo Sapiens to Homo Omega? I very much want this transformation for myself. Can you give me pointers as to what to focus on.  
Homo Omega

Dear Homo Omega,  
I am glad to see that you are already embracing the identity in your question.

I think the transformation is personal for each one of us. We are all conscious Starseeds but we all have different lessons and unfinished karma yet to complete.  
Because of the influx of Central Sun energy and also divine grace, we can accelerate our evolution.

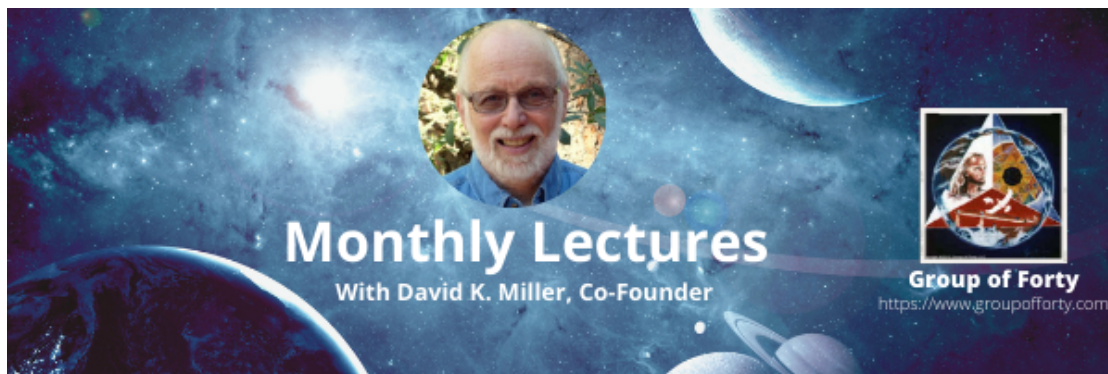
I think the most critical emotional issue is self-love. It is imperative that you see yourself as a divine being of light and love. You forgive yourself for your imperfections, letting go of regrets, resentments and any thoughts that you are a victim. Remember that you chose this life and this path of growth based on your higher self needs and purposes. Our mission now is personal and planetary healing.

We are ambassadors of light. We are greatly loved. Please remember this.

Blessings to you!  
Gudrun  
Co-Founder Group of Forty



Gudrun R. Miller  
Co-Founder Group of Forty  
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The next lecture is on Saturday, July 5, 2025 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST). We will be meeting on freeconferencecall.com international phone line, which is specific for each country. An email announcement will be sent out one week prior with the freeconferencecall.com phone number and access code.

You can check the teleconference/lecture time against your local time by using either: [www.timeticker.com](http://www.timeticker.com) or [www.thetimenow.com](http://www.thetimenow.com).

Contact David Miller at [davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com) for more information.



### Q and A Policy:

**The deadline for submission of your question is the day (subject to change) before the session. Please do not submit *personal or political* questions.**

Date and time of the session will be announced. All GOF members will receive the Q&A transcript for its valuable information. The Q&A transcripts will be posted on our website and members only will have access to the transcript through a special weblink that we will send out to our members. Donations for participating in the session are still encouraged, and participation in the live call is \$6. Payments can be sent to [davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com).

### Lecture:

The lecture recording will be posted to our website shortly after the session.



We have a dedicated international team coordinating and hosting planetary and personal healing meditations on a weekly basis in North America, South America, Australia, and Europe. All of our meditations come from the many years of David K. Miller's channelings with the Arcturians.

Our Biorelativity Committee meets monthly to oversee the program. Currently we are looking for a new bio-relativity coordinator. Please contact me if you wish to hear more about this position.

The monthly schedule containing all the information you need to access our meditations can be found here: <https://groupofforty.com/gof-international-activity-calendar/>

Please notice a change in the schedule. Due to lack of presenters and team leads we have eliminated one of the two Wednesday meditations (4:30 PM AZ time). That said, we are seeking more volunteers for presenting the weekly meditations for the USA (Monday-Thursday). Please contact me for more information or any questions you might have.

A reminder that the website is a very useful resource. A more detailed section on Biorelativity can be found here: <https://groupofforty.com/projects/biorelativity/>

Tuesday Biorelativity for North America sessions with Juliano are transcribed and available upon request.

The recordings of the weekly meditations are posted on the website daily, as well as on our private Telegram groups. If you have not already joined our Telegram group, please use the invite link:

<https://t.me/+ztPNUpEbdj8zM2Ix> for the US

[https://t.me/+wBNY3PK\\_0XQwNDAX](https://t.me/+wBNY3PK_0XQwNDAX) for Australia/New Zealand

<https://t.me/+ZT5qWfg1D6xjNjM0> for UK

<https://t.me/grupodequarentabrazil> for Brasil

Blessings,  
Ariana  
arianataos@live.com

### *From May 6, 2025 Biorelativity Meditation*

Greetings, I am Juliano. We are the Arcturians.

One of the tools of Biorelativity is based on the concept of the observant self. The observant self concept means that you as an observer influence the outcome of the process that is unfolding. If you were not an observer, or there were no observers, then technically, the outcome would shift.

How is it that being an observer affects the weather or affects the earthquakes, or affects the temperature? The answer lies in consciousness. The Earth has a consciousness, and you as an inhabitant on the Earth have a consciousness.

Certainly, when you are doing something, especially something that may be wrong or disharmonious, and it is called to your attention, you have become an observer of yourself. That act of observation then presents you with the opportunity to shift your actions.

Now, the Earth does not have as developed of a consciousness as humanity. You and I as planetary healers are working to understand what it means to have a planetary consciousness. We are working together to understand how a planetary awareness, or how the spirit of Gaia, when she becomes aware, can influence the outcomes or the processes such as weather, earthquakes and fires.

I would say that this is a new experience for Gaia, as well as in part for you, and I would say that you are on the forefront of working with planetary consciousness and influencing planetary consciousness in a way that can shift unwanted events.

Now, when we look at unwanted events such as fires or earthquakes or temperature imbalances, ask the question, is the shift that you want or I want for the greater good? I think that it is. It's important in our biorelativity process to add that as a clause in the biorelativity interventions.

That is to say: "We request that Gaia become aware of this situation, and if it is in the highest good, then let this be shifted. If it's not in the highest good, then perhaps it could be moderated".

Usually, moderation can be achieved without interfering in a negative way with the planetary consciousness. So keep these thoughts in mind as we work today.



Planetary consciousness is a deep subject. I believe that there are fewer people on the planet now who are exploring it, let alone working to use planetary consciousness to modify unwanted events. And so it is the learning curve, and it is a process where you and I are learning about Gaia and learning about how she likes to respond and what she is capable of responding to. I am Juliano.



## Group of Forty YouTube Channel

### What is my Role in Planetary Healing & Planetary Ascension?

One of the latest videos added to GOF YouTube channel is titled: What is my Role in Planetary Healing & Planetary Ascension?

<https://youtu.be/IFfGXpy4Ztk>

This video is an excerpt from the Sacred Triangle and Planetary Healing Webinar presented and channeled by David K Miller on April 27, 2025.

Ten questions/topics were addressed by the representatives of the Sacred Triangle - Juliano, Sananda, and Chief White Eagle:

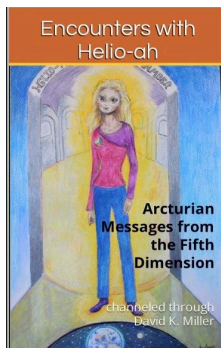
1. The Sacred Triangle and Its Symbolism
2. Arcturian Perspective on Planetary Development
3. Role in Planetary Healing and Ascension
4. Planetary Tree of Life and Sacred Spaces
5. Manifesting Planetary Unity Consciousness
6. Holographic Planetary Healing
7. Role of Native Spiritual Teachings
8. Planetary Cities of Light
9. Realism of Waiting for Outside Intervention
10. Personal Ascension and Return to Earth

If you are interested in buying the entire 1 hour and 30 minutes long webinar, contact David K Miller: [davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com)

All of our videos have subtitles in all languages. In order to see them you have to select them. Activate the CC button, click on the settings and choose "auto-translate". And last but not least - Remember to LIKE - SHARE & SUBSCRIBE to the channel to show your support!

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## OTHER ANNOUNCEMENTS



### Now Available on Amazon

David's new book "*Helio-ah Arcturian Messages from the Fifth Dimension*," is now available as an e-book on Amazon.com: [Encounters with Helio-ah: Arcturian Messages from the Fifth Dimension eBook: K. Miller, David: Kindle Store](#)

David's books can be found on Amazon as Kindle editions, Apple iTunes, Google Play, Barnes & Noble, and Kobo. You can also find all his books at the link blow on [Light Technology Publishing](#).

GOF is now on Instagram!  
Find us under Arcturian Group of Forty



## Our Purpose

**40 Groups of 40 will be formed for Personal and Planetary Healing - bringing us to the Fifth Dimension!**

We are dedicated to teaching humanity about the ascension to the Fifth Dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.

To join the Group of Forty, click the Join Now button at left or visit <https://groupofforty.com/register>.

### Visit our websites:

**USA/International:** [www.groupofforty.com](http://www.groupofforty.com)

Spanish: [Inicio - Group of Forty](#)

Portuguese/Brazil: <https://groupofforty.com/foreign/brasil/>

Romania: <http://grupul-de-40.org/despre-noi/grupul-de-40-in-romania>

United Kingdom: <https://groupofforty.com/foreign/united-kingdom/>

Newsletter edited by David Miller and Jeri Denniston (jeri@dennergroun.com) with editorial help from Birgit Smothers. If you have articles to contribute, please send them to: birgit@groupofforty.com by the 18th of each month.

**Join the GOF Facebook Group, subscribe to our GOF YouTube channel, and stay connected in our private Facebook Group!**



[International Activity Calendar](#) | [Spiritual Tools](#)

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