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Group of Forty Bi-Monthly Newsletter

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The Arcturian Temple

By David K. Miller



The Arcturian Temple is located in the Atlantic National Rain Forest in Serra de Bocaina, Brazil, approximately five hours from Sao Paulo. The design of the temple originated from an Arcturian channeling in which Juliano described the temple design. Guillermo, a GOF member from Curitiba, Brazil, took it upon himself to build the temple mostly at his own expense. He did a wonderful job. Then Milton, who is the owner of the La Posada on the temple grounds, now also agreed to oversee the temple. He has a small resort on the temple grounds. Recently, he requested help from the Group of Forty in order to repair the structure as it had deteriorated, especially from all the rainy seasons that are present in that forest. The GOF raised a significant amount of money which we sent to

Milton who oversaw the needed repairs. Now, in 2024, several GOF members have reported that the Arcturian Temple is in excellent condition. Many other GOF members have started visiting the temple. For example, Martha Briceno, GOF member from Colombia and Latin America GOF Coordinator, recently spent several days at the temple. She reported a wonderful energy and Arcturian connection there. I am very pleased at how well-received the Arcturian Temple has become. Everyone who goes there reports the high Arcturian frequency and energy which is grounded there.

Now Antonio, GOF coordinator of Brazil, has requested we do a special dedication and meditation for the temple. Eight members from the GOF group in Rio de Janeiro have agreed to travel to the temple on the weekend of December 1st in order to help coordinate an international meditation and dedication. I will be leading that meditation with the help of Antonio who will be translating my channeled lecture and meditation into Portuguese. Look for an announcement soon as we would like to get as many GOF members as possible to participate in this online event which will take place on Sunday, December 1st, at 8 a.m. AZ time.



David K. Miller,
Co-Founder Group of Forty,
davidmiller@grouppofforty.com



Dear Gudrun,
my life is a train wreck right now. I feel like giving up. I am in my 40ties, 10 years clean and sober from alcohol and drugs. I started using when I was 14, dropped out of school, and focused on having fun, supporting myself doing odd jobs, and basically being a vagabond. I liked the lifestyle because I had no pressure to succeed. I was in a 10-year relationship and because I couldn't commit, my partner left. I realized too late that I was scared and that I ran. I am turning my life around by going to school and learning a good career path.

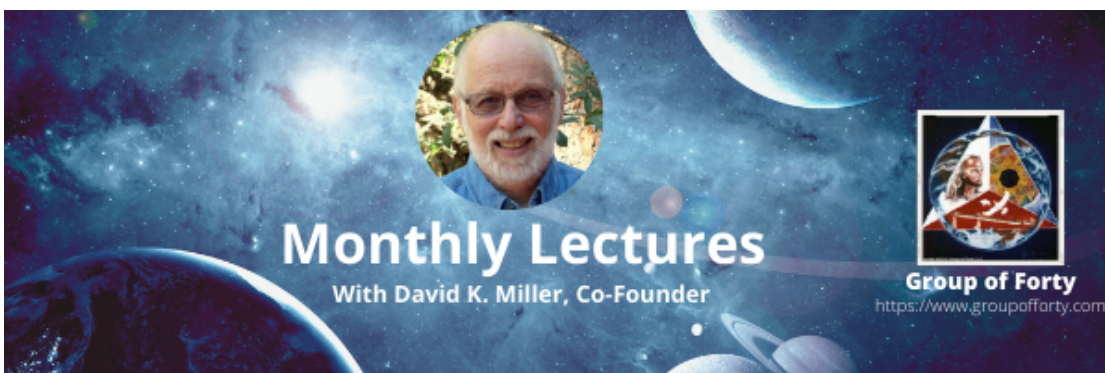
I recently discovered that I am a Starseed and am learning what that means, which helps me understand my fear of this life. I also discovered that I have an autoimmune disorder which is incurable. I want to run again. Can't life be easier for me?
Help!

Dear Help,
it looks like you are looking at your life as a series of failures. What I see is a series of successes starting with getting clean and sober! That is a massive success and is very difficult for most to achieve. You also are gaining insight into your emotions and you returned to school. This took courage!! Dealing with an autoimmune disorder is a challenge but you have faced many challenges and succeeded. Being a Starseed is not a get-home-free card. What it is, is a blessing because you have access to higher spiritual guidance and wisdom. You have access to an evolved soul, yours!

I wish you well, Gudrun
Co-Founder Group of Forty



Gudrun R. Miller
Co-Founder Group of Forty
gudrunaz@yahoo.com



The next lecture is on Saturday, December 7, 2024 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST). We will be meeting on freeconferencecall.com international phone line, which is specific for each country. An email announcement will be sent out one week prior with the freeconferencecall.com phone number and access code.

You can check the teleconference/lecture time against your local time by using either:
www.timeticker.com or www.thetimenow.com.

Contact David Miller at davidmiller@groupofforty.com for more information.



Announcements

From David K. Miller, Co-Founder



Group of Forty
<https://www.groupofforty.com>

Q and A Policy:

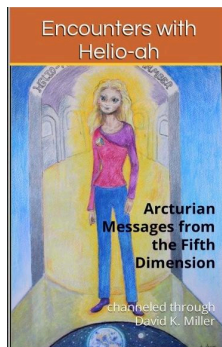
The deadline for submission of your question is the day (Thursday) before the session.

Please do not submit personal questions.

All GOF members will receive the Q&A transcript for its valuable information. The Q&A transcripts will be posted on our website and members only will have access to the transcript through a special weblink that we will send out to our members. Donations for participating in the session are still encouraged, and participation in the live call is \$6. Payments can be sent to davidmiller@groupofforty.com.

Lecture:

The lecture recording will be posted to our website shortly after the session.



Now Available on Amazon

David's new book "***Helio-ah Arcturian Messages from the Fifth Dimension***," is now available as an e-book on Amazon.com: [Encounters with Helio-ah: Arcturian Messages from the Fifth Dimension eBook: K. Miller, David: Kindle Store](#)



BIORELATIVITY

Earth Balance Teams
Planetary Healing



Group of Forty
<https://www.groupofforty.com>

Emergency Biorelativity Meditations

As humanity and our beloved Gaia are evolving and changing in our ascension, there continues to be increasing growing pains, as we witness dramatic shifts on both environmental and social levels. It is more important now than ever before to come together as a unifying, balancing, and positive force of change on our planet. For this reason, we are introducing a new emergency Biorelativity team, in which the goal is to be able to come together as quickly as possible to help shift the outcome of natural disasters and social issues.

Due to the sudden nature of these potential global events, it is often difficult to get a large group ready to meditate together on short notice, but as we know very well from the hundredth monkey effect, even a very small group of meditators can be incredibly powerful and will have a positive impact.

These emergency Biorelativity meditations will be announced on our social media accounts, Telegram, and if possible, an email will be sent out to all Group of Forty members. Depending on how quickly we decide to do a meditation, there may not be enough time to organize and send an email to the entire group. For this reason, we are asking those that wish to participate to join our new International GOF Telegram group to receive quick notice of our emergency meditations. The link to this new telegram is listed below.

If you would like to submit a request to have an emergency Biorelativity meditation planned, the contact information will also be listed below.

Thank you all for your continued service!

Link to International Group of Forty Telegram-

<https://t.me/+GgzX9F6S0WxmNTEEx>

Contact Info for Submitting Emergency Meditation Request-

Mousie Kelly

Email: kellylinn.en@gmail.com

Telegram Username- @cosmicrainbowangel



Mousie Kelly
Email- kellylinn.en@gmail.com
Telegram Username- @cosmicrainbowangel



The applications for new PCOLs/PORLs were updated with the new contact information of the PCOL committee. Please download the new version in all available languages at this link.

<https://groupofforty.com/projects/planetary-cities-of-light/pcol-application-and-maintenance/>



David K. Miller,
Co-Founder Group of Forty,
davidmiller@groupofforty.com



Expanding the Means of Distributing GOF's Work

We begin this journey in the Coordination of the GOF Latin America, thanking David K. Miller, the GOF Council, the Coordinators of PCOLs, PROLS and other sacred spaces, for their confidence in the performance of this position.

With the support and accompaniment of each one of you, we will begin to create spaces of unity and new ways to expand the Arcturian Technology. We share with joy that a new YouTube channel of the GOF has been created called LATIN & PORTUGUESE GROUP OF FORTY. The channel was created with the help of several coordinators, as a window that opens to expand relevant information about the GOF, about its work and its contribution to the process of Ascension and Recovery of the Planetary Biosphere. They will also make periodic broadcasts on how to be part of the GOF and become a planetary healer, how to create Cities of Light and other sacred spaces, giving the opportunity to many other people to join and strengthen this great network. We also invite you to participate in the newsletter, sending articles with information that reflects the great benefits that are received by creating these sacred spaces. A group work creates solid foundations with self-commitment, cooperation, deep knowledge of Arcturian Technology, as a pillar of the expansion of the network of Cities of Light and Oceanic reserves led by the Group of Forty to which we belong.

We invite you to continue developing the activities in harmony, respect, listening, and joy, being joy, an inexhaustible source of activation of our creativity and brotherhood; this becomes the best way to serve; joy enables us to carry out enormous tasks with ease and success!

You can contact Martha directly either by WhatsApp or her e-mail below:

WhatsApp: +57 314 30 90 596

Email: goflatinoamerica040@gmail.com



Martha Briceño Swati
GOF Coordinator Latin America and
GOF Colombia
goflatinoamerica040@gmail.com



A Day of Connection and Growth: In-person meeting of the Group of Forty

On November 3rd, in São Paulo/Brazil, the Group of Forty gathered for a memorable meeting, marked by moments of spiritual connection and sharing of experiences.

The event was a unique opportunity for 40 members of the group to meet in person, as most had only connected virtually until then. The atmosphere was filled with positive energy and enthusiasm, with everyone eager to share their experiences and projects.

The central point of the meeting was the anchoring of the 3 frequencies of the Sacred Triangle, all conducted with dedication and love, creating a sacred space for everyone to connect on a deeper level.

In addition to the ceremony, the meeting included moments of sharing projects and experiences, snacks and lots of conversation. It was an intense day of spiritual opportunities, where everyone could connect and inspire each other.

The meeting reminded us of the importance of spiritual connection and group work. The experience reinforced the idea that spirituality is a continuous journey and that events like this can be starting points

for a deeper exploration of our spiritual connection.

We thank everyone who participated and hope that we can continue to connect and grow together.

To continue the spiritual journey, we suggest maintaining connection with group members, incorporating regular spiritual practices into your routine, such as meditation and prayer, and engaging in the project of cities of light.

I hope these words have captured the essence of our meeting and can inspire all members of the Group of Forty around the planet to connect in person and strengthen their personal and planetary ascension work.



Antonio Bulhões
GOF Coordinator Brazil
aebulhoes@gmail.com



IN-PERSON MONTHLY MEDITATIONS

The fourth Saturday of each month is the GOF/PCOL monthly meeting day for active groups in Spain. On that day, all the PCOL groups meet to carry out a monthly Reactivation of their PCOL in the window from 12 to 15:30 and, in the afternoon, both the GOF groups and the PCOL groups attend the monthly online Biorelativity meditation.

ONLINE MONTHLY MEDITATIONS IN ZOOM

1. Meditations of the Group of Forty of Spain every second Saturday of the month at 12:00 noon in Spain, in which we carry out exercises for the protection, healing, and spiritual elevation of the country and all the Planetary Cities of Light of the peninsular network.
2. Advanced Biorelativity Meditations with international participation every fourth Saturday of the month at 5:00 p.m. in Spain. We have a list of subscribers who receive the agendas and we also post the announcements on our GOF Facebook group.
3. Meditations in the Virtual Temple with a monthly agenda that we send to our subscribers and post in our Virtual Temple Facebook group.
4. Mindfulness practices in the Virtual Temple every second Thursday at 8:00 p.m. in Spain to strengthen greater receptivity to the Arcturian messages and techniques.
5. Monthly channeling with Tomar through Ana Rosa Moreno in the Virtual Temple. We send the agenda to our subscribers and post the announcement in our Virtual Temple Facebook group.

You can consult our agendas:

- 1- Grupo 40 Spain: <https://www.facebook.com/groups/grupo40Spain/>
- 2- Virtual Temple: <https://www.facebook.com/groups/templovirtual/>



GOF is now on Instagram!

Find us under Arcturian Group of Forty!



Group of Forty YouTube Channel

I would like to invite you to explore the Group of Forty YouTube channel:

<https://www.youtube.com/user/groupofforty/videos>

New videos are uploaded weekly. All our videos have subtitles in all the languages. To see them you have to select them. Activate the CC button first. Then you would go and click on the settings and choose "auto-translate." There are several playlists, including "Meditations by Others", that are Biorelativity or PCOL meditations, led by various GOF members. Transcripts are available upon request.

Please subscribe to the channel. If you click the "bell" button, you will receive an email notification every time a new video is uploaded.



Vera LeDoux (Ariana)
Ariana (arianataos@live.com)



OTHER ANNOUNCEMENTS

David's books can be found on Amazon as Kindle editions, Apple iTunes, Google Play, Barnes & Noble, and Kobo. You can also find all his books at the link blow on [Light Technology Publishing](#).



Our Purpose

40 Groups of 40 will be formed for Personal and Planetary Healing - bringing us to the Fifth Dimension!

We are dedicated to teaching humanity about the ascension to the Fifth Dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.

To join the Group of Forty, click the Join Now button at left or visit <https://groupofforty.com/register>.

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Romania: <http://grupul-de-40.org/despre-noi/grupul-de-40-in-romania>

United Kingdom: <https://groupofforty.com/foreign/united-kingdom/>

Newsletter edited by David Miller and Jeri Denniston (jeri@dennergroupp.com) with editorial help from Birgit Smothers. If you have articles to contribute, please send them to: birgit@groupofforty.com by the 18th of each month.

Join the GOF Facebook Group, subscribe to our GOF YouTube channel, and stay connected in our private Facebook Group!



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