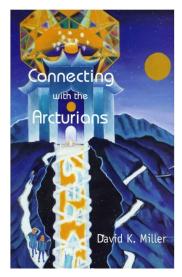


Group of Forty GLOBAL Newsletter | Issue 308 | January - February 2023



## A Review of 2022

By David K. Miller



As we start 2023, I want to review with you a little of our history, our mission accomplishments, and our vision for the future. Gudrun and I founded the Group of Forty in 1995, based on the recommendation of our Arcturian spirit guide, Juliano. Our mission at that time, was to establish a support group for the Arcturian Starseeds, focusing on personal healing, planetary healing, and the ascension. In 1996 we had over 30 members who were enthusiastic and supportive of our work. Juliano soon expanded our mission from one Group of Forty to 40 Groups of Forty, which would equal 1,600 Starseeds. Forty was designated as a magical number, especially when one considers the power of that number in reference to biblical writings.

The publication of my first book: "*Connecting with the Arcturians*" really jumpstarted our work, plus I continued to publish articles in the *Sedona Journal of Emergence*, based on the lectures from the Arcturians. Eventually, more people joined and we soon developed a website. In 2005, Gudrun and I decided to start traveling around the world, making presentations and promoting the Group of Forty work and the Arcturian mission.

Over the years, Gudrun and I traveled to over 10 different countries in Europe and South America and Central America. We held numerous seminars overseas; in addition, we conducted over 25 annual Group of Forty meetings in the Arizona area. Now, in 2023, we have almost 1,200 members worldwide, and membership includes a special Spanish Language Division, a Portuguese Division, and a European Division.

We have over 100 Planetary Cities of Light and 12 Ocean Reserves of Light. We hold over 20 Biorelativity planetary healing meditations per month,

and we have four active committees including the Planetary Cities of Light Committee and the Advisory Committee for the Biorelativity. We have an advisory board with over 10 members, and a special Council of Elders who provided spiritual and visionary direction for the Group of Forty.

Our membership includes representatives from over 12 different countries ranging from the United States of America, Australia, Germany, Switzerland, Romania, Puerto Rico, and many individual countries in Latin America.

#### Our vision for 2023 includes:

- 1. Holding quarterly GOF meetings for our members.
- 2. Continuing our webinars in both English and Spanish.
- 3. Continuing bi-monthly publication of our newsletter.
- 4. Expanding and improving our website and YouTube sites, and using other social media methods for promoting our work.
- 5. Continuing to publish our monthly lectures by Juliano which are now being translated into German, Portuguese, and Spanish.
- 6. Most important, we will continue our teachings on Arcturian planetary healing techniques, and the special Arcturian tools that they provide for our ascension.
- We are especially excited to continue teaching, and offering information about the *Intersection of the Dimensions* which is a spiritual event, occurring from January 15<sup>th</sup> to March 15<sup>th</sup>, 2023.

We are a volunteer organization and we have many wonderful and devoted members who are supporting and helping our work.

As we enter 2023, I especially want to thank all of you for your support, help, and devotion for this wonderful Arcturian project known as the "Group of Forty."



David K. Miller | Co-Founder Group of Forty davidmiller@groupofforty.com

#### Prayer from the Worldwide Meditation "For Peace, Health, and Spirituality in 2023"

Channeled by David K. Miller, Prayer by David K. Miller January 1, 2023

May this year 2023, be a blessed year for all of us in the Group of Forty.

May this year 2023 be a blessed year for our planetary healing work.

May this year 2023 be a year of prosperity, health, and success for our personal and spiritual work, and may we work successfully to help bring worldwide peace to this planet it so desperately needs.

Help us Great Spirit, do the healing work that is necessary, especially to bring forth a healing for the dimensional fractures.

Help us to strengthen the biosphere on all levels, and help us to work towards stability of all weather patterns.

And may we help to create a new and successful awareness for our worldwide planetary healing meditations on all levels.

And may we help to usher in a new year focused on galactic spiritual energy and work, that will help to transform this planet towards higher consciousness, higher evolution, and the emergence of the next evolutionary state of humanity known as Homo omega.

May we see all world leaders move towards a higher spiritual consciousness and evolution.

We request a special blessing of Spirit Creator of All, for our Group of Forty work and activities.

And we ask that each member, both individually and in a group, be blessed with abundance and strength and prosperity.

May 2023, especially for the Group of Forty, in our work be prosperous, successful, and effective in our spiritual endeavors.



Dear Gudrun,

I will be 60 this year and I am ready for a different way of life for myself. Most of my life has been as a trauma survivor. I have overcome addiction to drugs and alcohol. I have had a secure job and have been able to manage my life and live well.

I have, however, never been happy with my career and I never believed I could be worthy of doing the kind of work that is my passion. What I really want to do in healing work. I have studied meditation and remote healing. I do not have a high school diploma and feel embarrassed by this. My partner is supportive and wants me to go ahead with my dreams. I am scared I am not good enough and that I will fail! My fear blocks me and I end up feeling stuck. Help me get through these blocks!

Thank you.

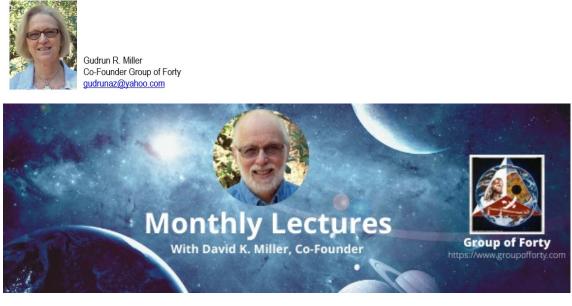
#### Dear Friend,

You are ready for a dramatic life change and it is normal to feel the fear as you move forward.

It is important for you to see that you have been successful in your life. The fact that you feel the urge to move into your soul work is a sign of the personal healing that you have achieved!

I encourage you to complete your high school diploma as it will help with your self- esteem. Achieving this will remove blockages and you will be able to move into your soul work with more ease and confidence. My experience has been that when you move into your soul work, you will be supported in serendipitous ways. Your guides are nudging you so trust your inner urgings.

#### Blessings, Gudrun



The next lecture is on Saturday, February 4, 2023 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST). We will be meeting on <u>freeconferencecall.com</u> international phone line, which is specific for each country. An email announcement will be sent out one week prior with the freeconferencecall.com phone number and access code. You can check the teleconference/lecture time against your local time by using either: www.timeticker.com or www.thetimenow.com Contact David Miller at davidmiller@groupofforty.com for more information.

The GOF re-transmission on Sundays has been canceled due to low attendance. If you need to listen to the lecture and cannot make the regular Saturday evening lecture session, then contact David to make other arrangements to hear the lecture.



#### Q and A policy:

Please do not submit personal questions. All GOF members will receive the Q&A transcript for its valuable information. The Q&A transcripts will be posted on our website and members only will have access to the transcript through a special weblink that we will send out to our members. Donations for participating in the session are still encouraged, and participation in the live

call is \$6. Payments can be sent to <u>davidmiller@groupofforty.com</u>.

#### Lecture:

The lecture recording will be posted to our website shortly after the session.





Happy New Year Starseeds and Planetary Healers!

2023 has arrived, bringing with it the most sacred gift from the Ascended Masters – the powerful event that we are now experiencing known as the *Intersection of the Dimensions*.

We have all worked hard to prepare for this momentous event, and now we will continue our work over these next few months to attract, hold and direct this higher fifth dimensional spiritual healing light and energy to all areas in need, both on a personal and a planetary level. We already call on this fifth dimensional light in our meditations and in our healings, and now it is so much closer to us, as well as our access to the Ascended Masters, which will only strengthen our work together. As we have now seen the Fifth Dimension intersecting with the Third Dimension, we can clearly see ourselves as conduits of light, as this light flows through us to be grounded into our beloved Mother Earth.

It is phenomenal that we have this opportunity to be a part of the evolution of Mother Earth and to lead humanity towards Homo Omega. Our group energy and our dedication to our sacred mission has been stronger than ever over these past few months, and we would like to thank you all, our beautiful GOF family, for taking the time to participate and strengthen our work with your energy and pure intentions. The light is here.

Please continue to check the calendar online for updates using the following link: <u>https://groupofforty.com/gof-international-activity-calendar/</u>

As a reminder, we have set up a Telegram group for North America and one for Australia/New Zealand as an added benefit for our GOF members. The weekly schedule is posted every Sunday within both groups, as well as reminders for meditations within the hour, lectures, Q&A sessions, webinars etc.

Please email Tracy at <u>tracyhlinde@gmail.com</u> if you have any questions and for an invitation link as it is a private group.

With much love and gratitude,



Tracy Linde Biorelativity Coordinator tracyhlinde@gmail.com



#### Happy 2023!

As we embark on a New Year, let each of us set an intention to reaffirm our commitment to the core values of the Planetary Cities of Light. Let us build our unity consciousness and, by raising the spiritual light quotient of the PCOL network, create a higher evolutionary path for all mankind. Through our common love for Mother Earth, we will strengthen our quantum energy field,

healing and protecting each other and sending that energy throughout the galaxy. As we continue to expand sacred areas around the globe, we attract the intersection of the dimensions and the ascension. We honor the sacredness of our work by anchoring higher dimensional light within us, allowing our PCOL's to grow as vessels of higher light and consciousness, and maintain, nourish and expand its sacredness. We treat each other with respect, dignity and loving-kindness and recognize that personal conflicts that may arise (spiritual ego) and reconcile our differences. And, we strengthen our unity and devotion to one another as a community of One (brotherhood & sisterhood) in our PCOL and global network meetings, and by being an example to others in our communities. We are the change we want to see in the world.

Our goals for 2023 will be on increasing planetary consciousness through:

- Increased Growth -- creating new PCOL's and PORL's around the globe and expanding into new areas.
- Maintaining and strengthening our active PCOL's and PORL's.
- Strengthening the communication and interaction in the network; that is, keeping our energetic connection strong as we grow.
- Promoting the PCOL project worldwide.
- Assessing the health of the project and making improvements along the way.

I wish you all the very best in 2023 and I am looking forward to our continued journey together.



Robert Maldonado International PCOL Coordinator rrmaldo@gmail.com

#### Spanish Q&A for December 17, 2022

**Q** What can we do to overcome anxiety, anguish that often overwhelm us for no apparent reason?

A There is a general anxiety all over the planet now. This is in the middle of the 6th mass extinction. It is not pleasant to be on a planet experiencing a mass extinction. And there is so much polarization and disharmony that it is very hard to feel safe and relaxed on the planet. But I do have some suggestions and exercises.

The most important exercise is what I call grounding. This includes the cosmic egg energy visualization. I recommend that you do a standing meditation and visualize your energy field in the shape of the cosmic egg. Place both of your hands in front of your heart. Your hand are approximately 8-10 inches in front of you heart. Your fingers are pointing at each other almost but not touching. Then concentrate on your feet and feel your feet having strong roots that go into the center of the earth.

While you are doing this visualization, visualize your crown chakra and see the light from the crown chakra going directly to the Central Sun. I ask that you hold this position for 5 minutes and while you are holding this position to breathe deeply. This will help you to overcome anxiety.

We define anxiety as being cut off from the higher self. It is feeling a lack of

unity but in doing the meditation like I describe you renew your contact to the greater spirit of the universe and hold your place on the earth. By holding the energy strong and in unity will help you to overcome anxiety.

**Q** As the coordinator of a planetary city of light in Colombia, I have realized that many people see the sowing of crystals as beautiful but do not fully understand the magnitude and sacredness of that sowing and its subsequent activation. How can I maintain the enthusiasm and commitment of the members to maintain the energy of the Fifth Dimension?

A It is clear that you are very sensitive and that you feel the sacred energy from what you are doing with the crystals. The others around you are talking about do not have the same level of sensitivity that you have. But you are a planetary healer and you may be more advanced and be able to hold more light than they are able to. Do not be critical to them for their lack of advancement. Your role is to be a teacher of light and hopefully they will begin to understand the sacredness of it. The Native American people used ceremony in order to demonstrate the sacredness of a place and they use ceremony to make people show more respect. I would encourage you also to participate and show them ceremonies and this will help them to have more respect for the sacredness of what they are doing. Again, you are a teacher and you must show them the way.



Robert Maldonado International PCOL Coordinator rrmaldo@gmail.com



These COVID years have introduced changes to our meditation routine. On the one hand, they have helped to progress and consolidate online work at all levels, promoting global groups and meditations with a larger audience of Spanish, French and Brazilian Portuguese-speaking attendees. This has given greater prominence and height to the monthly online meditations and to the webinars of the Arcturian School.

On the other hand, at the level of Spain, the monthly online meetings with the GOF of Spain have strengthened and consolidated the peninsular network and currently the bond between coordinators and members of the different groups is more intense and the interest in general online meditations has increased, since the result is more satisfactory and effective in large groups than in small groups.

The Arcturian School has contributed greatly to the renewal and progress of

the groups in Spain and to the success of global meditations, providing resources and teachings and promoting the understanding and acceptance of the galactic.

#### **IN-PERSON MONTHLY MEDITATIONS**

The fourth Saturday of each month is the GOF/PCOL monthly meeting day for active groups in Spain. On that day, all the PCOL groups meet to carry out a monthly Reactivation of their PCOL in the window from 12 to 15:30 and, in the afternoon, both the GOF groups and the PCOL groups attend the monthly online Biorelativity meditation.

#### **ONLINE MONTHLY MEDITATIONS IN ZOOM**

1. Meditations of the Group of Forty of Spain every second Saturday of the month at 12:00 noon in Spain, in which we carry out exercises for the protection, healing and spiritual elevation of the country and all the Planetary Cities of Light of the peninsular network.

2. Advanced Biorelativity Meditations with international participation every fourth Saturday of the month at 5:00 p.m. in Spain. We have a list of subscribers who receive the agendas and we also post the announcements on our GOF Facebook group.

3. Meditations in the Virtual Temple with a monthly agenda that we send to our subscribers and post in our Virtual Temple Facebook group.

4. Mindfulness practices in the Virtual Temple every second Thursday at 8:00 p.m. in Spain to strengthen greater receptivity to the Arcturian messages and techniques.

5. Monthly channeling with Tomar through Ana Rosa Moreno in the Virtual Temple. We send the agenda to our subscribers and post the announcement in our Virtual Temple Facebook group.

#### Check our agendas on the Facebook Groups:

https://www.facebook.com/groups/grupo40Spain https://www.facebook.com/groups/templovirtual/



Magda Ferrer <u>magdagof@gmail.com</u> National coordinator of the Group of Forty in Spain Director of the Arcturian School and Tomar Temple on Earth



### Malinalco



Malinalco is 84 Km from Mexico City. Its name is made up of malinalli, a grassy plant called "zacate del carbonero"; from xóchitl: "flower". It means "Where Malinalxóchitl, the flower of the malinalli, is worshiped." It was first an important settlement of the Matlazinca people, later

dominated by the Mexica. The Malinalco temples were built after the conquest of the Matlatzincas by the Mexica in 1476. Around 1486-1490, Ahuízotl ordered the stonemasons of Tenochtitlan to build the site. Malinalco was important to the Aztecs because it held a deep association with the goddess of witchcraft and black magic, Malinalxóchitl.

The archaeological site has six buildings, but the most impressive is the "House of the Eagles", which consists of a small stone walled and thatched roof. It stands on a stepped pyramidal platform. At the bottom of the stairs stands a stone sculpture of a jaguar, while inside the house are three fearsome eagle sculptures and a single well-preserved jaguar showing its fangs and outstretched claws. Several sacred stone bowls are situated around the interior of the house and are believed to have once been used to place the hearts of sacrificial victims who may have been killed here.

The eagle warriors were the elite of the Mexica armies, the most loved and respected, esteemed by the rulers or tlatoanis. They were warriors of the Mexica nobility who had more privileges and the maximum exemptions. These warriors were the ones the tlatoanis arranged with weapons and currency, which were elegant and ostentatious. The master and lord of the eagle warriors was the Sun, for which they honored and cared for the solar temple with the respect it deserved. Finally, the Sun decided to appoint the eagle warriors as knights of his order. Malinalco was activated as a PCOL on May 29, 2022.

Photo by Daniel Serrano



Ana Rosa Moreno GOF Mexico Ana\_rosa\_moreno@yahoo.com

# News from the UK

A multi-faceted pilgrimage by Caroline Sherwood, GOF member, England

My main reason for going to Spain was to connect with the Etheric Crystal at Montserrat and to link that energy through to our new Planetary City of Light, currently in preparation in Cheltenham, Gloucestershire (SW England). By way of preparation, I had corresponded with Magda Ferrer (Coordinator for Spain) and Jaume Anglada (Convener of the Barcelona/Montserrat group). I had been invited to their activation meditation which they perform on the second Sunday of every month at Montserrat.

I met up with Andrew White who had travelled down by car to Montserrat and who is convening a new PCOL in Glastonbury.



Andy and I set out to find the actual location of the Montserrat crystal.

I brought with me to Spain the little polished rose quartz crystal which is destined for the centre of our mandala back in Cheltenham when we launch our Planetary City of Light next year, and this crystal was placed in all the key locations to absorb the energy.

We headed to Sitges (Planetary Ocean Reserve of Light). This is an exquisitely mellow seaside place and my body was so grateful for the softness of the air and to get my feet into the sea after the stark harshness of the Montserrat landscape.

From there we drove to Sant Pere de Ribes in search of the *Ladder of Ascension* on the hill of Sant Pau. After scouring emails and asking some locals, we think we found the right location. We were invited into the site by a magnificent ancient Olive Tree with which both of us spent time in communication.

Standing on the hill, overlooking the town below, and calling on our crystals to record the event and the energy of the place, we spoke aloud our prayers and dedications; linking this sacred place to the others we had visited, to the whole Arcturian Tree of Life and to our prospective PCOLs in Glastonbury and Cheltenham. There was a tangible sense of joy in the air as we left the mountain and the light of the late afternoon sun suffused the valley with liquid gold.

Caroline Sherwood, November 2022 GOF member, England

Note: Grateful thanks to Magda Ferrer, Jaume Anglada and Álvaro Monreal for help in connecting us with the Barcelona/Montserrat group; to Margarida Castany for translating the meditation text from Spanish into English.



#### Welcome All New GOF Members!

For the first few weeks after joining the GOF, please check your junk/spam mailbox occasionally. You could have communications sent by your County Coordinators that you are not aware of. These communications could be alerting you to special events and meditations.

And this is also good advice for long-time members. Who really knows what happens with technology these days, and cancel culture?

Joining the GOF is a powerful way to lend your energies to the Group thought field. Together we can change the outcome.

Blessings,



CoRae Lierman MidWest Country Coordinator USA coralierman02@gmail.com

We would like to extend a warm welcome to the following new members who joined the Group of Forty in November and December of 2022!

We would also like to welcome the many new members from Mexico, Brazil, and other South American countries!

FIRST NAME	CITY	STATE	COUNTRY
Adriana	Tlajomulco de Zúñiga	Jalisco	Mexico
Agnes	Bradenton	FL	Mexico
Annari	Moorreesburg	Western Cape	South Africa
Caryl	Morrow Bay	СА	USA
Christian	Berlin		Germany
Gregory	Elizabeth	IN	USA
John	Durham	NC	USA
Katie	Cheltenham		UK
Leslie	El Prado	MN	USA

Madaline	Los Angeles	CA	USA
Margie	Fajardo		Puerto Rico
Meredith	St. Paul	MN	USA
Nick	Bristol	Essex	UK
Rocio	Charleston	wv	USA
Shelagh	Cheltenham		UK
Shirley	Lakewood	со	USA
Tamlin	Fairhope	AL	USA



Birgit Smothers USA Group Coordinator birgitgroupofforty@gmail.com



## Group of Forty YouTube Channel

I would like to invite you to explore the Group of Forty YouTube channel: <u>https://www.youtube.com/user/groupofforty/videos</u>.

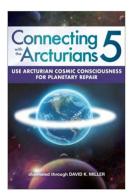
New videos are uploaded weekly. All our videos have subtitles in all the languages. In order to see them you have to select them. Activate the CC button first. Then you would go and click on the settings and choose "auto-translate".

There are several playlists. If you are a coordinator you might want to keep an eye on the "Meditations by others" playlist. These meditations led by various GOF members are either Biorelativity or PCOL meditations. Transcripts are available upon request.

Please subscribe to the channel. If you click the "bell" button, you will receive an email notification every time a new video is uploaded.



Vera LeDoux (Ariana) Ariana (arianataos@live.com)



# ANNOUNCEMENTS

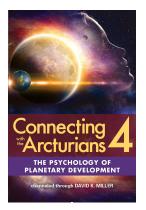
We are happy to announce that David's new book, "Connecting with the Arcturians 5," is now available as an eBook!

Direct Amazon link:

#### <u>Connecting with the Arcturians 5: Use Arcturian Cosmic</u> <u>Consciousness for Planetary Repair</u>

Kindle edition by Miller, David K.. Kindle eBooks @ Amazon.com.

It is also available on Apple iTunes, Google Play, Barnes & Noble, and Kobo.



**David's Latest Book, Connecting with the Arcturians 4,** is available now as an e-book and a hard copy book through Light Technology Publishing.

You can also find it on Amazon at <u>this link</u>. This fourth book contains the most up-to-date information on ascension that is available, including new spiritual techniques to aid the process.

David's earlier books: "<u>Connecting With the Arcturians</u>" and "<u>Connecting with the Arcturians 2</u>" and "<u>Connecting with the Arcturians 3</u>" by David K. Miller, offer a

comprehensive presentation on the ideas and views of an extra-dimensional, extra-terrestrial civilization on the Earth situation from the planet Arcturus.

Subjects included in this fascinating presentation are: 1) the Arcturians' view of the ascension or "rapture;" 2) what is the Fifth Dimension and how we, as the human race, are evolving toward the higher dimension; 3) the impending Earth peril and dangers to the Earth biospheres; 4) Jesus' (or Sananda's) role in the ascension and why he has a new name in the higher realms; 5) The Arcturian Stargate, a soul transfer station referred to in the Edgar Cayce's writings. When we finish the Earth's incarnations, we can travel to the Stargate for our next "soul assignment."

This first book also describes a new concept in spirituality, the Arcturian Sacred Triangle. For the first time, the Arcturians offer a way of uniting Earth's spirituality so that a planetary healing can occur. Readers will learn how ascended Native Americans' mystical Earth spirituality and galactic extra dimensional spirituality can be united to enhance a healing for the entire planet.

> David's book, **Connecting With the Arcturians3**, is available for purchase in soft cover from Light Technology Publishing.

> David's book, **Connecting With the Arcturians2**, is available for purchase in soft cover from Light Technology Publishing.

> David's book, **<u>5th Dimensional Soul Psychology: Channelings by</u></u> <b>Vywamus**, is available on the

Light Technology website.

> David's book in Spanish, "Enseñanzas del Sagrado Triángulo Arcturiano," is available in the Amazon.com Kindle Store and may be purchased using this link. The follow-up to this book, "Connecting with the Arcturians 2", focuses on planetary transformation from a galactic perspective. It covers such topics as embracing galactic spirituality and planetary evolution, the aura enhancing technique known as shimmering and much more. The reader also gains more understanding of the planetary healing technology such as biorelativity and other global healing techniques. You can buy these books at the following links: Connecting With The Arcturians Connecting With The Arcturians2

Visit Light Technology Publishing or call Light Technology at 800-450-0985 to order your hard copy of any of David's books.

All of these books are available as e-books and paperbacks on Amazon. Simply go to: https://amzn.to/2zY9erY

### Our Purpose: "40 Groups of 40 will be formed for Personal and Planetary Healing - Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the Fifth Dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.

To join Group of Forty, click the button below or visit https://groupofforty.com/register.



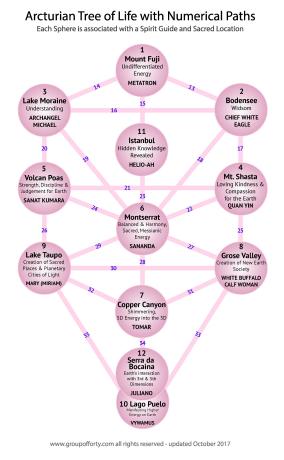
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Visit our websites: USA/International: www.groupofforty.com Spanish speaking countries Portuguese/Brazil

NEW: Romania website

Newsletter edited by David Miller and Jeri Denniston (jeri@dennergroup.com) with editorial help from Birgit Smothers. If you have articles to contribute, please send them to: birgit@groupofforty.com by the 18th of each month.

## **Tree of Life**



Join the GOF Facebook Group and subscribe to our GOF YouTube channel and stay connected!



**Upcoming Events** 

**International Activity Calendar** 

**Spiritual Tools** 

Group of Forty | P.O. Box 4074, Prescott, , AZ 86302