

# Question & Answers for April 8th 2022



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**Shalom, shalom, shalom. Greetings, this is Juliano. We are the Arcturians.**

**Q1. Joanne in North Q'land asks:**

Dear Juliano, would you please tell us more about cohabitation and its benefits.

**A** Cohabitation is the process whereby a higher 5th dimensional spirit lives temporarily in your energy field. Now, I emphasize higher energy and also that they – that is, the higher spirit – can be there for a short time, can be there at different times or can be residing permanently or perhaps for a long time.

The benefit of cohabitation is that with the energy of a higher spirit you are able to do things that you might, in fact, would not be able to do in your normal abilities. Now, here are two examples: one is Muhammad – the Prophet for Islam – he went to visit a cave in his meditations. He was illiterate and in one of the meditations he met Archangel Gabriel and Gabriel began to dictate to Muhammad the Quran. Now since Muhammad could not write he had to remember everything that was dictated in that session and then go to his wife who was then able to transcribe it.

So this is an example of the positive benefits of cohabitation. The cohabitation allowed him to do this activity, to deal with this prophetic information, deal with the prophetic revelation and memorize it and bring it back for transcription.

In the case of Moses, we have a man who did not feel up to the task of leading the Israelites out of Egypt out of bondage but with the cohabitation of a higher spirit, an Archangel who some believe was Gabriel, then he was able to do

that. So, how do you invite a higher spirit? I will explain that in a moment but the second part is that you should be aware there is also negative cohabitation and negative cohabitation is defined as a darker, lower spirit that is or can cohabitate. Now you do not want that but lower spirits can cohabitate in someone's energy field in certain conditions such as when they are in a drug-induced state of lower consciousness from, say, heroin or when they are in an alcoholic stupor and there are other events of a negative type energies where one would be susceptible to negative cohabitation.

To practice or to have positive cohabitation and incidentally in the Kabbalah the negative is called dybbuk and the positive is called ibbur – but in order to have ibbur it is good to identify a higher spirit that you want to be with and you can, in your meditations, invite that spirit to be with you, you can go to sacred places and at the sacred place sometimes the higher spirit is able to enter your energy field, and you will feel the presence, it is a wonderful feeling.

### **Q2. Member in Romania asks:**

Juliano, artificial Intelligence is one of those questionable things and is coming very strong on the Earth now. How can we deal with AI? Is there something needing healing from the past related to this?

**A** Remember AI is dependent on a program and the program, if it is instituted for personal gain, for greed, for control, for dominance, then it can become toxic. Artificial intelligence by itself is not bad, it is just like a computer, a computer is blank and whatever your program, whatever you put into it is what comes out. The hard drive does not differentiate between whether it is good or bad. In the same way, in artificial intelligence, what you are talking about is advanced computers-- we use advanced computers on Arcturus and we actually merge our higher thoughts with the computer to create what I call a super intelligence.

So artificial intelligence can help in that you do things that you might not be able to do in regular thinking. The problem is in who programs it and for what purpose. Maybe you have seen science fiction movies where the artificial intelligence robots were programmed for war. That is not a good use of artificial intelligence. My answer then is that it is who is instituting the program that is the problem. Artificial intelligence by itself is not bad.

### **Q3. Tim in Texas asks:**

Juliano, in the March lecture you mentioned that we need, and Helio-Ah spoke of, "Feminine Intervention" for Planet Earth development. Helio-Ah mentioned that "true healing is going to come from feminine powers..." and talked about a feminine messianic figure. She also stated that "a feminine healing power could bring a new balance to the planet". My questions are:

1. How do we incorporate this into our work?
2. Is this to be in conjunction with bringing forth our evolution to Homo Omega?

**A** The feminine energy is described beautifully in the Kabbalah as the Shechinah and the Shechinah is defined as the divine feminine presence. Interestingly, in the philosophy of the Kabbalah and in the philosophy of the mystical energies that are part of Kabbalah, there is the belief that the divine feminine has been alienated from the planet. Now there is a thought and it is a practice that once a week on the Sabbath that the divine feminine returns to the earth. But for our purposes we can say that the divine feminine needs to return full time to this planet.

The divine feminine is also called the Divine Mother and it is represented by some archetypal figures such as White Buffalo Calf Woman, Quan Yin and Mother Mary. These are just three examples of the Divine Feminine energies that are represented by these 5th dimensional Masters.

We need to invite, we need to connect with them and we need to provide a vessel, provide a place for them to reside in the world. Hopefully this will happen soon and hopefully the divine feminine energy will be expressed through a feminine world leader because we are coming towards the end of the age of the domineering masculine energy and there is the enlightened feminine view that is based more on unity and cooperation and nourishment but still setting limits. These are just part of the higher traits that need to be manifested.

I recommend then that we pray that we work with the noosphere, that we meditate on the Shechinah, the Divine Presence, the Divine Mother Presence to appear and to be downloaded and I think that using, for example, Mother Mary or using the Shechinah herself are two good ways of providing a space providing an invitation for that energy to be downloaded as soon as possible.

Yes, homo-Omega originally we wanted to say homo-Omega man and homo-Omega woman but it became burdensome to say both, but the homo-Omega

which represents the new evolutionary step for homo-sapien has certain traits including a higher recognition of the divine feminine Mother as part of the psychological make-up of the homo-Omega. This is one of many traits of homo-Omega and other traits include, for example, 5th dimensional consciousness and includes the ability to think in the divine feminine way such as using higher consciousness and unity consciousness.

#### **Q4. Member in Romania asks:**

Juliano, are there any greys or reptilian species left on the Earth from Arcturian perspective, if so which ones? I thought the Earth was cleansed of these or are there more coming?

**A** The Earth is not cleansed. The lower extra-terrestrial beings are still here. They have in some cases interbred and produced hybrids. So I cannot say that the Earth is cleansed because this is a free will zone and the reptilians recognize that and have used their power and used their manipulation to make inroads into this planet.

Now in some cases they are not strong but in other cases they are, especially active, especially when you see war, like is going on in Ukraine, you can be sure that reptilian energy is involved in that type of decision making and implementation and catastrophic destruction.

What to do? I will be making a recommendation. Basically, the reptilian and the lower ET energy cannot overcome the Christ Light and you, as a light worker, can carry symbolism or crystals or use certain mantras around them if you encounter them, letting them know that you are protected and that you are walking in the Christ Light. That is the best protection you can have.

#### **Q5. Ivan on Gold Coast asks:**

Juliano, Is the Pyramid of the Sun in Bosnia an actual pyramid or something else. Could you tell us who created it and what civilization was living there at that time? Thank you.

**A** The answer is that that Pyramid of the Sun is a pyramid and it is something else and from our observation and studying of this area we concluded that the Anunnaki, sometimes called the inhabitants of the 10th planet, created that pyramid and they had a specific purpose which was to serve as an outpost, an electromagnetic coordination energy field to use as anti-gravity fields – in

other words to create anti-gravity energetic fields – to bring their ships down onto the earth .

Now these pyramid-like structures were built by them and they were not built by local civilizations. Local civilizations at that time were not technologically advanced to be able to build these complex electromagnetic anti-gravity pyramid-like posts. Now there were other ones built throughout this part of the world and the Middle East and they were able to then use the two pyramid-like structures to create this electromagnetic anti-gravity field.

There were other people in Bosnia living there and they did not have any ability to control the Anunnaki at that time. The Anunnaki had been visiting the Earth for many years and you may know that they eventually settled in the Iraq/Iran area and worked with the Sumerians-- that was approximately earlier – we are talking 3000 to 4000 BC but this area that I have been referring to in Bosnia was more or less from 12,000 BC. It does show you that the Anunnaki were very active on this planet long before the written history occurred by the Sumerians and others.

#### **Q6. Ariana in Taos asks:**

Our group here in Taos City of Light along with our extended online group has been connecting with Telos City of Light. Aurelia Louise Jones, who used to channel Adama while she was still alive, visited our area before she transitioned saying that the Telosians are considering relocating to other places on the planet.

Can you expand on that, Juliano? Anything we need to know while strengthening our bond with the Telosians?

**A** I would say that they are thinking of expanding their outpost or expanding their inner cities, not abandoning them. They in no way are planning to abandon Mount Shasta because Mount Shasta is their home area for many, many centuries. The bond they have with Telos is strong and the bond they have with Taos is strong. The reason why they would expand to Taos is: 1) because Taos is a Planetary City of Light and you are holding a lot of energy there; 2) you have the beautiful mountains that are there which is similar, not exactly but similar to the Mount Shasta area; and 3) that there is a lot of purification that is going on in your work as a Planetary City of Light in Taos.

So, yes, I think you can invite them, you can work with them but I do not think that they are going to abandon Mount Shasta, rather we could call Taos a suburb or a second area. The main criteria is the safety and the protection that is there and the reputation of Taos is not as strong as the reputation of

Mount Shasta but Taos has many positive characteristics that would make it an attractive outpost for the Telosians.

### **Q7. York (UK) PCOL and Grose Valley (Aust) PCOL ask:**

York Planetary City of Light as a group, is keen to connect with a galactic sister city. After much discussion, we understand our sister city is to be found on the planet Venus. We have two questions:-

1. Could you offer suggestions on the name of a suitable Venusian city to pair with?
2. Could you give us any information, from the Arcturian perspective or indeed the Venusian perspective that would help us to strengthen our PCOL and expand its influence?
3. Gross Valley PCOL asks: Could you tell us if Venus is in 5D higher or the 3D and any city we are linked to and how we can expand our PCOL and also could you explain where that city would be in regards to Venus itself.

**A** I am glad that you mentioned that the Venus that we are talking about is the 5th dimensional Venus as opposed to the current state of Venus which, as you know, has a very toxic environment and in some parts of Venus it actually rains sulphur gases. But there are many remarkable similarities in size, for example, to the Earth and we look at the historical mythological energy from Venus and say that Venus is the Goddess of Love, Romance and therefore the name of the sister city on Venus is Agape which is an ancient name and is a Greek word, I believe, which denotes a special higher type of love that even transcends romantic love or infatuation.

It is a very descriptive word that defines a mature love which is greatly needed now on the Earth. There is a need for this so I think that the union with the Agape City of Light on Venus is an excellent step towards the creation of a new balance and new energy in the City of Light in York.

Now with regard to Gross Valley, it is acceptable for two different cities, York and Gross Valley, to have and connect to the same City of Light on Venus and that might also help the bond between these two Cities of Light on earth as we always are encouraging a deeper bond between the cities, and therefore I use the same name, the name is Agape and I recommend this, the energy of Agape, the description, the manifestation of Agape is so important now that the Gross Valley's Planetary City of Light also would strongly benefit.

One of the ideas of the Planetary Cities of Light lies in the role that they play as teachers and we know that the Agape energy needs to be taught and it is definitely a higher form of love that even is difficult to define in modern English because it really transcends the ego, it transcends selfishness and in some cases it could be defined as a special love of the divine as well.

I give you the same recommendation and this would be a very exciting development for the Planetary Cities of Light to work with Venus. Now the beautiful thing about Venus is that it is one of the most influential and most visible of all of the planets in the solar system and it is often in the night sky, in the early morning sky, in the evening sky and it is generally the brightest object next to the moon. Meditating and focusing on Venus is a wonderful idea.

#### **Q8. Cristina Crane in Mexico asks:**

Juliano, If 5<sup>th</sup> dimensional Arcturians have light bodies, why do they need a Spaceship to get around?

**A** We travel through hyperspace and we travel in different parts of the galaxy and we do appear on the 3rd dimension. Therefore, we need the spaceship. It is true that we could go in different places in the 5th dimension using thought projection but our mission is to be of assistance to 3rd dimensional planets and to be of assistance to the ascension and to be of assistance in the development regarding the planetary stages of development that I have often discussed with you.

It is not a great idea to continually travel through hyperspace without a ship and think about this for a moment-- we have many different things that we need to bring with us: we need to bring our computers, we need to bring different types of nourishment and in some cases we need to bring protective energies and shielding because when we appear in the 3rd dimension. It is possible that negative forces would attack us and it is too complicated to bring each of those things separately; much more efficient to put them on a ship and to travel.

Now travelling interdimensionally in a spaceship is a highly advanced subject that I have talked about having to do with the interaction of the computer and the mind.

#### **Q9. Shara on Gold Coast ask:**

Juliano, in the April lecture, you said we were 1/3 way through the 6th mass extinction. Could you advise when the 6th mass extinction started and given recent events, is there any way that this extinction can be stopped?

**A** Some people believe that the sixth mass extinction began with the detonation of the nuclear bomb over Hiroshima and Nagasaki and there is a good argument for that. The second argument is that it really accelerated around 2012 because the Nagasaki and Hiroshima bombs were indicating that there is the power for planetary destruction but in 1945 during that terrible war, there was planetary destruction as never seen before so I could use that argument, but from the type of mass extinction that we are now looking at, which is leading to a massive destruction of the plant and animal species and the environment, I would use the figure 2012.

at this point we are 1/3rd of the way through the mass extinction and the total time left then is 20 years until the end of that cycle. Yes, the mass extinction can be stopped. I do not see now any major emphasis or evidence that there is a movement to stop the mass extinction. In fact, based on what I have seen recently on the Earth, I think that the mass extinction is accelerating. I see no slowing down in the mass extinction.

But yes, through planetary intervention, through group global consciousness and other unifying measures, the mass extinction can be stopped.

**Q10. Ariana in Taos asks:**

Juliano, during our last meeting in Taos City of Light we worked on removing the collective karma from our community. I feel that it may require ongoing work. Could you please expand on this topic?

**A** There is what is called the collective karma of nations, collective karma of cities and what you are referring to in Taos is the collective karma that goes back to the Spanish times and the Pueblo Indians. It goes back to the Anasazi and it goes back to many different peoples that inhabited the area.

Yes, you are helping to release a lot of the karma and there is a need for participation by those also who carry it and I use the example of Japan and Germany who also have dark collective karma. In the German case, for example, they were paying reparations to the Jewish people and also there was a general repentance movement which helps but of course it does not erase the tremendous negative karma that was engendered by the holocaust.



But it does show that people have to also participate. In the case of Germany there are still spirits that are stuck in the concentration camps for example. There have been a lot of people who have prayed and helped to remove the spirits who were stuck there and I suspect that there are areas around Taos where there have been massacres and other dark incidents that need to be cleared.

### **Q11. Member in Europe asks:**

Juliano, what teachings do the Arcturians recommend for us to learn or improve our thought projection abilities?

**A** The two exercises that I recommend are lucid dreaming and astral projection. The lucid dreaming is the ability in the dream time to be aware that you are dreaming and then to interact with your dream. This has been described in several modern psychological dream books and also was described by the anthropologist and author Carlos Castaneda in the series of his books, *The Teachings of Don Juan*.

The method that he used, that is Don Juan, was to visualize in waking consciousness your hands and then in the dream state try to reproduce that image of you looking at your hands during the dream and he believed that if you were able to do that, that would trigger a lucid dream and if you are in a lucid dream you can create a dream and do things in the dream that you want to such as, thought projecting and astrally travelling.

The practice of astral travelling has been taught in books from the Tibetan Masters. There is one Tibetan teacher named T Lobsang Rampa and he has written probably 10 different books and several of the books describe exercises in astral travelling. Now astral travelling is what we are doing in a sense when we thought project because we are sending our spirit body to other locations remembering that the astral cord is never cut but is always connected to you.

### **Q 12. Shara on Gold Coast asks:**

Juliano, in the April lecture, you said that if our physical bodies were to die before ascension takes place, we'd essentially be in a metaphysical holding pattern and would ascend when the event happens. My question is in two parts:

- A. What happens if our physical bodies perish, but the planet never does reach ascension? Would we be stuck in a limbo state?
- B. If we were already 5D beings, wouldn't we automatically go back to being 5D beings when our 3D body dies?

**A** It is true that you may have been 5th dimensional beings in other lifetimes but you did agree to go through the 3rd dimensional incarnational process and by going through that process then you have to obey certain laws and you cannot go back into the 5th dimension directly, you must follow a certain procedure. The planetary ascension is a planetary event and therefore it offers a unique, large-scale intervention and some of the beings who were 5th dimensional in other lifetimes and for one reason or another still remain in the Earth's incarnational cycle and have incarnated and returned now in order to ascend in the planetary ascension.

Now whether or not the planetary ascension occurs is interesting and important, but the planetary ascension is separate from the ascension. After you die, you can ascend even if the planet does not ascend or even if there is not a planetary ascension. You could ascend on the Earth now or you could ascend when you die. So the personal ascension is not dependent on the planetary ascension and by the personal ascension I am including the ascension at one's death.

There are beings who have ascended on this planet, but there has never been a planetary group ascension on the Earth but there have been individuals who have ascended.

### **Q13. Member in Romania asks:**

Juliano, I heard about allowing negative ETs to walk free on Earth legally. If this comes, how can we tell if people are real humans or other shape shifting species?

**A** The answer is that if you confront directly a negative ET and you ask them "Are you in the Christ light" -then if they are negative and of a lower vibration they will leave you. This means that the negative ETs who are still around the planet are not able to overcome the Christ light and some people carry certain amulets that are recognizing the Christ light. Now remember the Christ light also is the Messianic light because the word "Christ" is Greek for the Hebrew word "Mashiach" which in English means Messiah.

So the Christ light is a great protector and the lower energies will shy away and leave you alone. You can use, as I said, amulets, crystals, even the cross, the star of David and other symbols; also the evil eye which is a symbol that is used largely in the Middle East as a good amulet that will chase away lower beings.

#### **Q14. Cherie in Colorado asks:**

The Ageless Wisdom, from The Tibetan Master Djwal Khul through Alice Bailey teaches that there are 7 Rays with 7 Masters presiding over each Ashram. The name of the Ascended Master and the quality of the energy of each Ray is precisely detailed. Our Planetary City of Light group presented a meditation with different names of the Ray Lords with different qualities associated with each ray. Juliano, could you please shine some light on why there are such vast differences in these presentations of the rays?

( in this material, which was originally channelled through Madame Helena Blavatsky, in the early 1900's via Master Kuthumi (Second Ray Master).

Our PCOL group presented a meditation with different names of the Ray Lords with different qualities associated with each ray.

(channelled through Aurelia Louise Jones for her book "The Seven Sacred Flames")

**A** There is great diversity in the spirit. There is great diversity in the galaxy and this is why we love the Earth and this is why we have come here to learn more about the different interpretations of the spirit. If you were to come to Arcturus or you were to visit the Pleiades or other planets you would see different interpretations that would be very fascinating to you.

With regard to the seven rays, this is information that was channel by Djwal Khul who is very highly respected in the 5th dimensional ascended world. Now other channels have re-interpreted his original teaching and modified it but this is what I call standard practice. If you look at the teaching of Jesus and then you see how His teaching has been modified, then you realize that many of the teachings that are attributed to Him were not even spoken by Him. For example, He never spoke about starting a new religion yet we all know that that is what happened.

So when I hear about "this is one person's interpretation of the seven rays" I say, "Well everybody will present their perspective". Now I like to compare

the seven rays to the seven spheres on the Tree of Life because there are some interesting comparisons and these include, for example, service, loving kindness and judgment and beauty. But I assure you that the original teachings of the spheres has been modified by several large groups in England and these groups added very interesting information to the spheres that was never included or intended in the original Kabbalistic interpretation of the Tree of Life.

So we do not like to really interpret or criticize other people's interpretations of the seven rays but we say use your discernment and use what resonates with you. Now our teaching on spiritual matters rests with the sacred triangle and we acknowledge the mystical teachings of the White Brotherhood and White Sisterhood which Djwal Khul is part of but there are various differences and you are describing them and you must choose what feels right for you.

### **Q15. Member in Romania asks.**

Juliano, have the teachings of Jesus and their true meanings been corrupted over time to the extent of praising death instead of life? And...were the real Christ teachings corrupted over time and now religions are feeding an egregore instead of the original energy of the Christ?

**A** Here is a short summary. I would not say that Christ's teachings or Jesus' teachings have been corrupted but they have been altered for political reasons and I do not think it is correct to say that it is altered in a way for praising death, because the first matter is that Jesus' mission was fulfilled but He did not come to the planet to start a new religion, He was steeped in Judaism and the Torah and he followed the laws of the Torah and if you were to be evaluated correctly, then you would say that He would be considered an orthodox practitioner of the laws of the Torah.

Now have there been cover-ups? Yes. For example, Jesus taught about reincarnation, that was removed and Jesus was married to Mary Magdalene; that was hidden. Jesus was married and had children; that was hidden. So there were many reasons why these were hidden but the truth is no Rabbi in that time period would have been unmarried because it was commanded in the Torah that the Rabbi be married and have children. It would be considered almost a sin to not be married.

Now, it is wrong to say that He was emphasizing death because being a follower of the Torah, it is well known that the Torah emphasizes life, not death but that He spoke about the world to come and He compared that to

the Garden of Eden and His Father's Garden. So yes, there have been various changes, especially during the first 200 or 300 years and it is unfortunate and now it is very difficult because if you told somebody that Jesus was teaching reincarnation or that Jesus was married, they would not believe you, so this is my answer to that question.

**Q16. Member of the Romanian group asks:**

Juliano, how can we protect ourselves from the negative ET species? Can they harm us or control our minds and if so, to what degree?

**A** Well, remember when I talked about the Christ light, they will not penetrate and there are methods of carrying that light with you in meditations. But you could also use the other Ascended Masters that you feel close to such as Djwal Khul or even if you call on me, call on Mother Mary and call on Chief White Eagle, there are ways of inviting cohabitation and perhaps the best method for protecting you from the negative ETs is calling on higher spirits to cohabit with you and especially when you are using spirits that are connected to the Christ light then there is no chance that these lower entities will harm you.

I am Juliano. Good-day.