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I Will Be That I Will Be – A New Paradigm for the Ascension

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Greetings, this is Juliano. We are the Arcturians. We will begin our discussion today by looking at the Biblical phrase from Genesis “I will be that I will be.” If you remember, the common translation of that phrase from the Hebrew Bible is “I am that I am.” The common understanding leads one to the I Am Presence, which is focused on one’s immediate or present existence. Today I want to use this term “I will be that I will be” to help you understand your ascension and your Future Self. (Author’s note: The Hebrew phrase is from Genesis when Moses was at the Burning Bush and learns God’s name: *Ehyeh Asher Ehyeh*. The correct translation of this phrase is in the future tense: I will be that I will be. It is not in the present tense, I am that I am, which is the commonly mistranslated version. Ancient Hebrew strangely has no present tense!) If “I am that I am” is focusing on the present, “I will be that I will be” is focusing on the future. More importantly, in the phrase “I will be that I will be,” we are looking at “becoming” as an indication of where, or what, or who you are going to become.

This is an interesting philosophical discussion, that is, the comparison between “I will be that I will be” and “I am that I am.” The first focuses on the Future Self and the latter focuses on the Present Self. But for this Arcturian discussion, we find that becoming works with the Future Self, and this is an important key to your soul journey and soul development.

We look at the Future Self many times in our work. Helio-Ah’s Arcturian Healing Chamber has specific exercises that deal with the Future Self, and some of the Future Self exercises are focused on your becoming, resolving, growing into a higher-dimensional being. In the healing context, you often are using that energy of the future,

which can be brought back into the present to help you integrate and grow more quickly and with a steadier hand.

If you look at the Third Dimension from the standpoint that I am suggesting, which is the Future Self, then you might be surprised how future oriented your society is, and how future oriented your whole life is. You plan for retirement and you plan for your children's college education. You plan for your vacation, and you also are planning for your ascension. It is interesting because you have a personal focus on the future, and you also have a planetary focus on the future. If you ignore the future of the planet, that is, if you are not concerned about whether the resources that are available now will be available in the future, then you would use the resources in any way that you want without any consideration for future generations.

In planetary work and planetary healing, focusing on the future would provide the most logical way for healing the planet. One would think that, based on current assessments, those who are using the resources of the planet for personal gain would be concerned that these resources may not be available in the future. But actually, we are seeing more present oriented thinking. This thinking is: these resources are available now, so let us use them. Or to put it another way: we are not going to be planning for the future because we just want to benefit from the present. The biggest error that the developers who use natural resources make is believing that the resources are plentiful so we should use all of them, and there is no need to worry about the future. In fact, sometimes people say there will be newer technology to replace the resources, therefore let the future generations worry about the depletion of the natural resources on the Earth.

We can look at environmental problems in the future. We already see what is happening in Chernobyl and Fukushima where the damage to the environment can take 300 to 400 years or longer to heal. And that means that the future generations must figure out how to solve this problem. What a gift! And I say this sarcastically, that this generation is giving environmental disasters to the future generations.

But on a personal basis, and on the spiritual work, I am suggesting that we want to focus on the future and the Future Self, and that this focus on the Future Self becomes an important part of spiritual development. This is not as controversial as you might think because many of the world religions are focusing on what is called "the world to come", the future world.

There is a belief that what you do now on this planet, how you act, how you think, and deeds that you do, will affect your Future Self. Therefore, it is a warning, if I may use that word, for future actions. Act correctly and humanely or one could be punished in the future. This threat of future punishment has become a major focus and is used by religions to control people, and to demand that people act in accordance with higher principles. But is there a world to come? Should you be concerned about the Future Self? And the answer is yes, there is a world to come and there is a Future Self.

This theme of the Future Self leads to the discussion of death. Let us talk about death because many have asked the Arcturians this question: “Yes, I am concerned about the future. I want to know when the Ascension is going to occur. But what happens if I die before the Ascension occurs?” A very interesting question. My answer is simple: You can ascend from the death state. The word “death state” is a misnomer, because when you think about death, you might think about the end of your existence, but nothing could be farther from the truth. You are eternal beings, and death really means you are entering into a transitional state.

You can ascend from the death state. I hope that that is encouraging and comforting to you. You may already know lightworkers who have died, and they may have asked that question to you before they died: “What is going to happen if I die before the Ascension?”

Let us look at how it is possible, and what circumstances are important in understanding how one can ascend from the death state, or the transition. The spiritual work that you do in this lifetime and other lifetimes is accumulative. That means that, in a simple way, you are earning credit for the spiritual work that you are doing. Sometimes in your life, you may have been more spiritual than at others. For example, you may find that you might have lived in an ashram for two years, and you will look back and say: “That was the most spiritual experience I have ever had in this lifetime. But now I am involved in the Third Dimension, and I am really involved in the dense energies, and I have lost my spiritual focus that I once had when I was younger.” But I do not look at this that way, because work that you did in an ashram when you were younger is cumulative. It does add to your spiritual bank account, if I may use that word, and when you transition into the death state before the Ascension, you bring this bank account that contains your lifetime of spiritual work with you.

This leads to one of the great spiritual laws on the Third Dimension. This law works with the Arcturian exercises, and it also works in the transitional state as you enter the world to come. This law is stated as such: **Where you put your mind is where you go.** If you are concentrating on thinking about being on the Arcturian Crystal Lake and higher fifth-dimensional energy, then that is where your energy and your spirit will go.

Some have said, “I cannot visualize the Arcturian lake,” or “I cannot imagine myself traveling there through a corridor.” Just think about these words: where your mind focuses is where your spirit is. I did not say that you have to have the right image. I did not say that you have to have the correct visualization. The image and visualizations do help, and I agree that it is to your advantage to have a good visualization and that will enhance your experience, but it is your mind and where you place your mind that is the key for your spiritual development.

How does this apply to the transitional state of death? Some mystics talk about the death state and that transitional moment, and there is a discussion about being able to have conscious awareness at the transitional point. Because at that transitional point, if you have your consciousness, then you can use your mind to direct your spirit to go

into the Fifth Dimension, and go into the gardens, and be with Sananda/Jesus or any other guide and teacher that you wish. This means at that transitional point consciousness is valuable.

I know what it is like to die in this Western culture, because for the most part, the death occurs in a drugged state, either on pain killers, opioids or some other medication to mitigate the suffering. How can you be totally conscious if you are on these drugs, and then you are passing in a state of unconsciousness? This comes back to the spiritual bank account because when you are now in a state of higher consciousness, you can program yourself for that moment, and you can “borrow”, or you can go into the future. You can see yourself having that kind of focus at the moment of transition.

The Future Self responds to earlier programs and instructions, and you can program yourself to go to the higher light and to the higher realms. The common understanding of the Future Self and future time is based on linear thinking. You are in a situation, and you must have this awareness at that moment when you transition, but in the future time and Future Self, time is a circle, and in your current state, you can work on future events for yourself.

This is why the phrase “I will be that I will be” is so important. It means you are in a state of becoming, and this is a state in which you are able to project yourself into the future to make the correct spiritual decisions and spiritual choices. Future Self is one of the most important aspects of the spiritual work for the Ascension and for your development as a lightworker and soul being.

Future Self work includes future lifetimes. Is that not an interesting thought, that in your meditations, you can project yourself to a future time when you are not in this lifetime, but you are in another lifetime? What would that be like? Imagine that you are back on your home planet. The home planet is that place that you feel most spiritually connected to, and it is that planet where many of you began your spiritual journey in higher consciousness.

Think about projecting yourself into a future on a planet that is in Planetary Stage 2 of development. Think about how wonderful it would be to live on this kind of planet where there are no wars and no diseases, and the planet is living on spiritual principles, and there is only higher consciousness. Imagine how the Earth brings together one billion people for a soccer match. Then imagine an advanced planet could bring millions of people together for a spiritual meditation. Thought project yourself into that future lifetime and think and feel the power of that Future Self. I will be that I will be. I will be in a higher plane in my future.

Working with the Future Self does not mean that we neglect the present. Imagine that a student is studying to become a doctor. He still has to do things in the present to gain the knowledge and the expertise that he will need for his future profession. He would receive great respect from his family and relatives if he told them that he is planning to become a doctor in the future. All the studying and all the money he is

going to make in the summertime for college will all be focused on his Future Self. He is in the process of becoming a doctor in the future.

You are now in a position of becoming an Ascended Master. Think about that and compare it to the status of a teenager or a young adult studying to become a doctor, and the student does many things to gather knowledge and learn many different subjects in order to pass the courses. He is doing this for his Future Self. You are studying ascension, and you are doing your spiritual work for your future as an ascended being.

You, as an ascended person on the Fifth Dimension, will have choices, just like you have choices on the Third Dimension. Some of these choices include: "Shall I return to the Earth as an Ascended Master, or shall I go on with my soul journey and return to my home planet where I can experience more spirituality and more harmony and peace?" I recommend that you do not try to make that decision until you are there, in the Fifth Dimension, and you are ascended. Then, make a decision about whether or not you can or should go back to the Earth. I say that for the purposes of your soul development.

Now project yourself into the future, going onward to other planets. Project that Future Self into higher, fifth-dimensional planets where you are enjoying the rewards. You will be cashing in your spiritual bank account and are deserving of a higher planetary experience.

The Earth is a difficult planet to be on now. Many of you are struggling with the terrible wars, the frightening health issues that are occurring around the planet and, of course, the issue of the sixth mass extinction. If we were to categorize planetary events and the comfort zone in being on planets, then I would say being on a planet that is going through mass extinction would definitely be very high on the uncomfortable scale. If I had a choice to be on a planet in my soul journey, I would not choose to be on a planet that is going through a mass extinction.

What are you to do with yourself, and how are you to deal with these planetary problems? You are experiencing, perhaps, anxiety and nervousness about the future, based on what you are seeing now on this planet. What kind of future is there going to be with everybody destroying themselves with bombs and tanks and bullets? What kind of future is this planet going to have with the oceans being filled with pollution, and major governments are ignoring paying attention to the environment? And, what kind of future is there if there is a mass extinction occurring?

We are right now more than one-third of the way through the mass extinction. The mass extinction is a hard event to stop. It is not something that can be stopped easily, even if the correct moves are made by all the political leaders on the planet. It would require a major intervention to stop the sixth mass extinction. Doing a minor intervention would be like trying to stop a train with a wheelbarrow; the train would throw the wheelbarrow off the tracks.

I do have advice for the lightworkers. Focus on your personal and planetary missions, no matter what is going on around you. Your Future Self will be rewarded by how you are dealing with your personal and planetary mission. I hesitate to use the word “rewarded” because of the language problems in trying to translate these higher thoughts. Your soul and spiritual development in this time of great upheaval needs to focus on your personal and planetary mission. Even at the darkest moment, even when things look hopeless, it still is important for you to work on your mission, whatever that might be.

The planetary healing mission is involved in the Biorelativity (planetary healing meditations) and the Planetary Cities of Light projects. Work to raise higher consciousness. These are all important parts of the planetary healing mission for the lightworkers. One of the reasons why you came to the Earth at this time is to do this planetary mission. So do not neglect it, and do not think “I am not making any difference,” because you are making a difference. You are helping to set the patterns, and you are helping your own spiritual bank account, because you are focusing on your spiritual mission. Remember that you want to project yourself into the future to a planet that has successfully resolved this Planetary Stage 1 development conflicts.

The Planetary Stage 1 conflict centers on spiritual wisdom vs. technology, and to put it another way, the conflict is about planetary survival. If the Planetary Stage 1 development conflict is not resolved, then there will be destruction of this planet. I want to share with you an interesting observation. The destruction of this biosphere does not mean the end of life on the Earth. One Earth scientist recently observed that 99 percent of all life forms that have been on the Earth since the beginning are now extinct. That means that only one percent of all life forms still exist. One percent! That means that there have been other planetary extinction events besides this one. There have been mass extinctions before.

It does require a huge amount of effort to recover, sometimes millions of years. The fifth mass extinction, which was caused by an asteroid striking the Yucatan Peninsula approximately 66 million years ago, resulted in the death of the dinosaurs and many other plants and animals. By removing the dinosaurs, many new mammals were able to evolve and thrive. Yes, it took millions of years for life to recover. Now we do not want to wait a million years for a recovery.

This leads me to the other major point about planetary evolution. The Future Self is based on the evolution of *Homo omega*, the next new species of humans. I have predicted many years ago that the situation on this planet could get worse, and you are seeing some of it now. The galactic anthropologists on Arcturus have this observation: The emergence of a higher evolutionary species happens during a planetary crisis. A planetary crisis means that there is a threat of extinction. It is only when there is the threat of extinction that higher evolutionary change emerges.

I wish it were different, and I wish that I could tell you that there are other ways of accelerating evolution. You and I and other lightworkers are trying to find an alternative

because we do not want to see the Earth degrade itself to a point where there will be the extinction of humanity. The extinction of humanity on the face of this planet is closer than you and I would like to believe, especially when you think about it in terms of evolution. Evolution happens in thousands of years, or even a million years, or a couple hundred thousand years. The threatened extinction of humanity is less than 50 years away if the situation stays the same.

Focusing on the future and the fifth-dimensional Earth is another powerful exercise for planetary evolution and planetary repair. I call this focusing on the ascended Earth. We can do meditations for the ascended Earth and for the future Earth. There is a fifth-dimensional Earth; there is a future Earth in which these issues are resolved. There is a future for planet Earth. It is a great feeling to know that there is a future Earth, and that now you, with your meditations and your work in our planetary healing chamber, can participate in the evolution of this future Earth.

How do you deal personally with the issues of the extinction and the issues of the acceleration of the negative events which are occurring? Focus on your personal mission and planetary mission and your sphere of influence. The personal mission has to do with your own sense of Self and your personal development. In previous lifetimes you may not have had the freedom of spiritual choice that you now have. Personal issues and missions can include your development in relationships and business and even how you relate to the planet. The sphere of influence is an important theme. Each of you has a sphere of influence, and part of your mission is to influence, teach, and work with those who are in your sphere of influence. The sphere of influence could include your family as well as other people.

Let us focus on the future fifth-dimensional Earth and come with me now to the planetary healing chamber on my starship Athena. You can thought-project yourself there at the count of three. One, two, three. You are now in the Gaia planetary healing room in my starship Athena, and in front of you is the holographic image of the future Earth. Meditate with me today on the future Earth. When is this? 100 years? 200 years? It does not matter. It is the future, and the Earth is going to ascend. The Earth is going to resolve the planetary issues. The Earth is going to graduate from Stage 1 to Stage 2 of planetary development. You may be here on the Earth when it happens. You may not be, but you are part of the process, and you are participating in the evolution of the fifth-dimensional Earth.

(Tones "Oohh.") We are sitting around the holographic fifth-dimensional Earth, and I want you in this meditation to see, to the best of your ability, how exactly the future fifth-dimensional Earth looks with the green forests, blue oceans and clean air. See the future Earth being led by leaders with a spiritual wisdom and spiritual awareness. Spiritual teachers will be guiding this planet. This is the future of the Earth, no matter what is happening now, no matter what the outcomes are of the current events. This is what the eventual outcome is. The Earth is going to ascend, and you are going to ascend. As we are sitting around this holographic image of the future Earth, let us

connect our Third Eye to the future fifth-dimensional Earth and meditate and enjoy this connection. We will be in silence. (Silence)

See the aura of the Earth as being in a healthy state. See fifth-dimensional masters around the Earth. See new spiritual leaders working on the Earth, and if you feel this is your role, see yourself on the new fifth-dimensional Earth as an Ascended Master and teacher.

(Tones “Oohh.”) Now, we are still in the planetary Gaia holographic healing room, and I want you to use a new image of yourself. In front of the holographic image of the future Earth, see this gigantic white screen, and on that screen I want you to imagine and project your Future Self into the next lifetime. This is your Future Self as a fifth-dimensional being on Earth, or this could be your Future Self on the Arcturian moon-planet Alano. Your Future Self may be in the star system known as Antares. See yourself in the future as a fifth-dimensional being of light on a fifth-dimensional planet. You could be in a temple, attending a spiritual class on this planet. See and focus on that image now in the future. We are not putting any date on this future Earth. You are going to be an Ascended Master and a fifth-dimensional master. See that image. Let us go into silence. (Silence)

As you are projecting yourself into the future, and as you see yourself as an Ascended Master, I want to add one important addition. If, for some reason, you must transition through the death state before this planetary ascension, understand that there are ascension schools in the other realm. I want you to understand that, if you transition to the other side before the planetary ascension, there are still great opportunities for teaching and learning. There are still Ascended Masters there to teach you. Your soul development does not stop when you transition to the other side through death, and you will be pleased at the opportunities for ascension work on the other side. (Tones “Ho, I will be that I will be. I will be that I will be.”) You are becoming an Ascended Master. Carry that Future Self with you. See on the screen yourself as a future Ascended Master. You are becoming that now.

We have dual meditations going on. We have the meditation on the screen of your Future Self as an Ascended Master, and behind the screen we have the holographic image of the future ascended fifth-dimensional Earth. You are brave spiritual warriors. In many cases, you have volunteered to be on this planet at this time.

Now, let us say goodbye to the healing chamber room and the image of future Earth, and your ascended Self in the future. Now, bilocate back into your room on Earth. Reenter in perfect alignment into your physical body, bringing with you the strength, and knowledge, and excitement of your Future Self and the Earth’s future.

You are becoming Ascended Masters, and “you will be what you will be.” You must expand on this and define it further and say: “I will be an Ascended Master that I will be an Ascended Master. I will be on the Fifth Dimension that I will be on the Fifth Dimension.” And using this tool for becoming is why we say: “You are created in the

image of the Creator.” This is a special power that the Adam species has, that is, the power **to become** what he will be! I am Juliano. Good day.