

Group of Forty GLOBAL Newsletter | Issue 303 | March-April 2022



## Arcturian Temple in Brazil

*By David K. Miller*



About 10 years ago, Juliano channeled information for a design for building an Arcturian Temple on the Earth. The purpose of this temple would be to hold and focus Arcturian fifth-dimensional energy on the Earth at a physical location. In 2012 Gudrun and I went to Brazil to help download an Arcturian etheric crystal and to do a webinar near Sao Paulo. We arranged to have a special ceremony at the Serra de Bocaina National Park, which is approximately 250 miles from Sao Paulo. After the workshop, a Group of Forty member in Brazil, Guillermo Mellado from Curitiba, Brazil, built the temple with donations from the GOF members and friends. He built the temple in a lodge inside the Serra de Bocaina National Park. The lodge is located approximately 180 miles from Sao Paulo. Jose Milton is the owner of the lodge, and he gave permission to Guillermo to build the lodge on the property. Jose now oversees the maintenance and repairs on the temple, and he hosts meditations there. The design of the temple is a combination of a structure based on a Navajo Hogan and a Native American tipi.

The nearest town to the Arcturian Temple is Sao Jose de Barriero in the state of Sao Paulo. During the past years, many GOF members from Brazil have visited the temple. Recently, GOF member Jader Souza visited the temple and in his talks with the owner of the land, Jose Milton, Jader learned that the temple needs some major repairs. The temple is located in the Atlantic Rain Forest, and the summer rains have caused significant damage to the foundation, which results in leaks inside the temple building.

In discussion with the GOF advisory board, we decided to start a fundraising campaign to help finance the needed repairs. The estimated cost to repair the foundation is approximately US \$3,000. In addition, we want to set up a maintenance fund for future improvements which will include the building of a bathroom at the temple site. Jose tells us that many of his guests are Buddhists visiting the site, and the temple is already attracting many Starseeds in Brazil.

I am very excited about the work that is being done, and Marcela, a GOF member from San Diego, has set up a special PayPal address for donations.

The address is:

[arcturiantemplebr@gmail.com](mailto:arcturiantemplebr@gmail.com)

If you feel so moved, please feel free to make any contributions, no matter how small, and send the money to that email address. This will help us to maintain and repair this beautiful Arcturian Temple. I have included in this article two pictures of the temple for your review.



David Miller  
Co-Founder Group of Forty  
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## STARSEEDS Counseling

Dear Gudrun,

I hear the concept that Earth is a free-will planet. Can you help me understand what it means to have free will on a planet? Are there planets without free will? How does free will affect our soul growth?  
Curious

Dear Curious,

I can share with you what I do understand about free will. I am sure there is a lot more to free will than what I know.

When we incarnate into the Earth, we are given an overview of the life we take on. We are guided to choose a life that optimizes opportunities for our life lessons and our soul growth.

Even though it may seem like predestiny to have previewed our lifetime, we still have the freedom to make choices.

Our choices affect our soul growth. As we grow in awareness and expand our consciousness, we understand how our choices affect others and affect the planet. We then can make choices that accelerate our spiritual growth and our soul evolution.

Juliano has told us that there are planets that do not have the diversity that we have on planet Earth. Plus, the social structure can be more rigid, thereby limiting choices. He has told us that ascending from planet Earth is a powerful achievement in our soul journey.

We can travel the universe with the speed of thought. We make choices every day, even about our thoughts! Our thoughts affect our wellbeing and affect the world around us!

I hope this enlightens you a little bit. Thank you for the question.

Blessings, Gudrun



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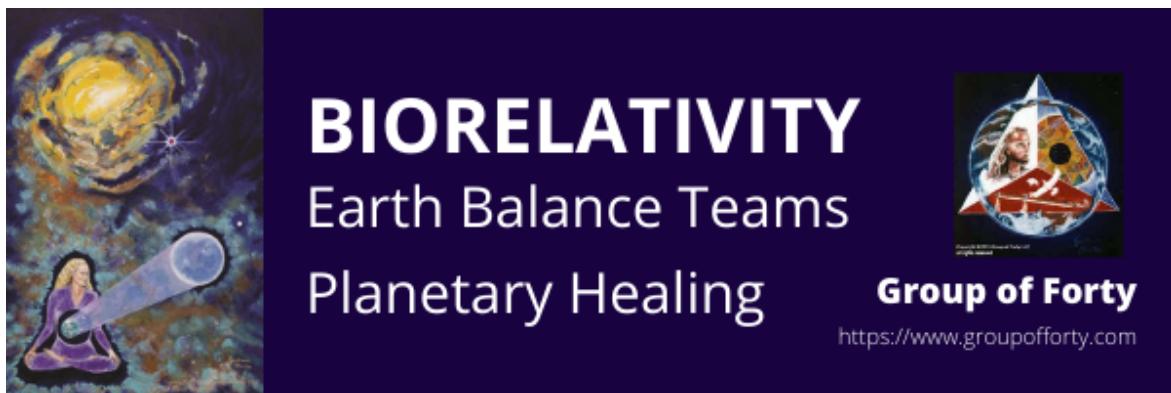
## Group of Forty Monthly Lectures

with David K. Miller



The next lecture is on Saturday, April 2, 2022, at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST). We will be meeting on [freeconferencecall.com](http://freeconferencecall.com) international phone line, which is specific for each country. An email announcement will be sent out one week prior with the freeconferencecall.com phone number and access code. You can check the teleconference/lecture time against your local time by using either: [www.timeticker.com](http://www.timeticker.com) or [www.thetimenow.com](http://www.thetimenow.com). Contact David Miller at [davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com) for more information.

The GOF re-transmission on Sundays has been canceled due to low attendance. If you need to listen to the lecture and cannot make the regular Saturday evening lecture session, then contact David to make other arrangements to hear the lecture.



All meditations are placed on the web pages. There is also a mailing list for anyone who would like the meditation recordings sent to them so they can download them to listen to at any time. Just email:  
[janescarratt@gmail.com](mailto:janescarratt@gmail.com)

**Why is it important to come together in Biorelativity meditation?**

Our purpose is to bring healing and support to our Mother Earth. We also want to learn to listen to what the Earth is communicating to us, both as a group and individually. We work to bring Balance to the Earth herself; her Biosphere; her Noosphere or the mind belt around the Earth; her kingdoms which include humanity as a whole, the entire animal kingdom, the entire vegetation kingdom, the entire mineral kingdom. We normally concentrate on a specific condition or area but very importantly, we also bring Balance to the whole of Earth so that Balance can be attained with intentions of the highest good of all concerned and the least destruction globally.

**Group of Forty members present meditations in English, German, Spanish, Portuguese, Romanian.**  
There is a list on the web pages with a link to download any recording.

<https://groupofforty.com/projects/biorelativity/biorelativity-sessions-recordings/>

There are 74 GOF Biorelativity meditations listed in February 2022 that were presented by the team in the US, Australia, New Zealand, Brazil, Romania, and Germany. This does not include the many GOF meditations presented at the Arcturian Temple in Spain, meditations from Argentina, or the many PCOL meditations presented around the planet.

The Biorelativity Committee is preparing a Biorelativity Tabulation Project to find out how many participants and how many actual minutes are spent in focused GOF Biorelativity meditations. We will be including all countries in this project.



Jane Scarratt  
National Coordinator in Australia  
For the Group of Forty  
[janescarratt@gmail.com](mailto:janescarratt@gmail.com)



## News from the Planetary City of Light Project

We are off to a great start this year. In January we added a new Planetary City of Light of Valle de Tonantzin Tlalli in Mexico and the Planetary Ocean Reserve of Light of Corazon Cristalino in Colombia to our global network. We are very excited to be building the energy in both of these beautiful countries and grateful for the dedication and contributions of the Starseeds and Lightworkers in these cities. Bravo!!

This month we will be activating two new Planetary Ocean Reserves in Colombia; Abuela Tortuga on Sunday, March 13, at 10 am Arizona, and Mama Dragon on March 26, at 10 am Arizona. We encourage all GOF members to participate in these wonderful activations.

Next in line are the activations of:

Santa Isabel, Colombia  
Curitiba, Brazil  
Chapultepec, Mexico D.F.  
Aguascalientes, Mexico  
Malinalli, Mexico  
Remedios, Colombia

The PCOL Advisory Committee appreciates the response that we are receiving from the PCOL's on improving attendance at the global PCOL network meetings. The next Quarterly PCOL Network meeting is on April 24 at 12 pm Arizona.

Let's welcome our new Planetary Ocean Reserve of Light of Corazon Cristalino in the country of Colombia to the global PCOL network.

Corazon Cristalino meaning "Crystal Heart" is located near the city of Niquí in the province of Choco on the Pacific coast of Colombia. It has a population of over 8,000 people of which over 60 percent make a living in the fishing industry.

The Ocean reserve is 2 kilometers in diameter and is considered a very special place energetically. It is called "the Gulf of Tribuga" where three important maritime currents converge, and where whales come to breed and mate.



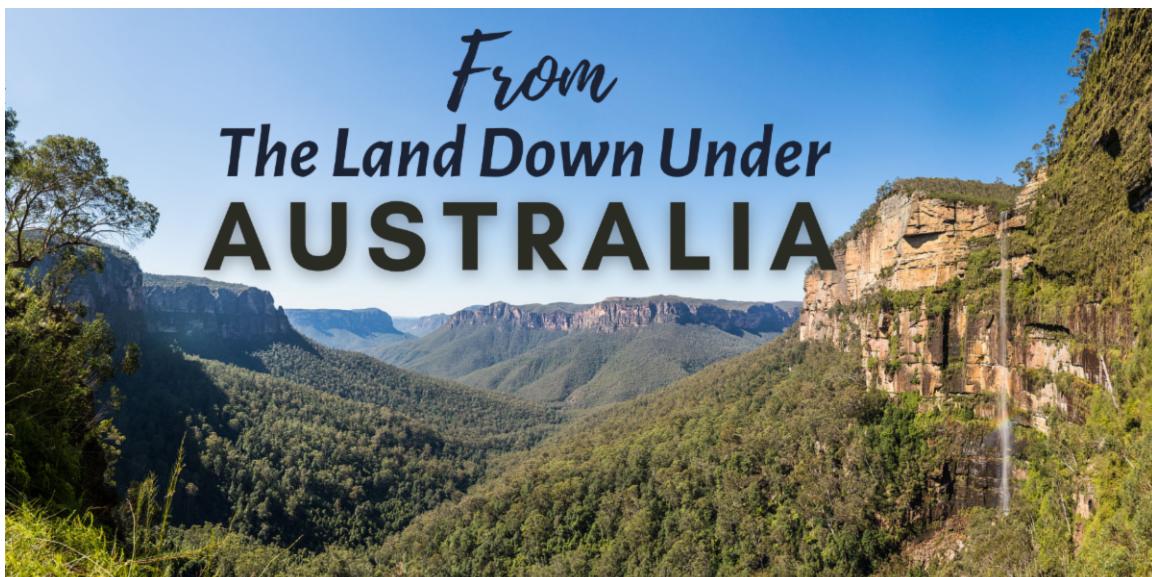
Sadly, there is an ongoing debate of the possible construction of a port at that point, as the current president Iván Duque, seeks to strengthen the infrastructure for maritime transport giving it a new impetus. The complex includes the construction of road corridors, railways, and an oil pipeline to boost trade between Colombia and Asia. The progress of the Archimedes Project has been halted, pending an environmental diagnosis. Additionally, the community is experiencing the dark influence of drug trafficking which has done a lot of damage to the population and the economy.

The coordinator, Martha Inez Perez Arenas, and her six members decided to create an ocean reserve: "It is clear to me that human intervention is indispensable to be able to assist and anchor the help that our Arthurian brothers can give us to help this important planetary energy point."

Blessings,



Robert Maldonado  
International PCOL Coordinator  
[rimaldo@gmail.com](mailto:rimaldo@gmail.com)



## **Australia has 6 Planetary Cities of Light and 3 Ocean Reserves of Light**

Sydney North and Sydney Harbour in New South Wales;  
Grose Valley in Blue Mountains, New South Wales;  
The Mornington Peninsula and Port Phillip Bay in Victoria;  
Stirling Wanneroo in Perth, Western Australia;  
Brisbane North in Queensland;  
Gold Coast North and Pacific Ocean Reserve of Light on the Queensland east coast.

Each PCOL/PORL has devoted spiritual beings meeting monthly, to maintain and raise further the vibrations of the PCOL, Planetary City of Light and PORL, Planetary Ocean Reserve of Light. They understand that creating and maintaining a PCOL is a commitment.



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**Group of Forty**

<https://www.groupofforty.com>

Hello Lightworkers and Starseeds!

This month I thought we will look at a Super Seven Crystal (Melody Stone or Sacred Seven). I have in my collection and often wear - see photo.

It consists of seven crystals in one - these are:

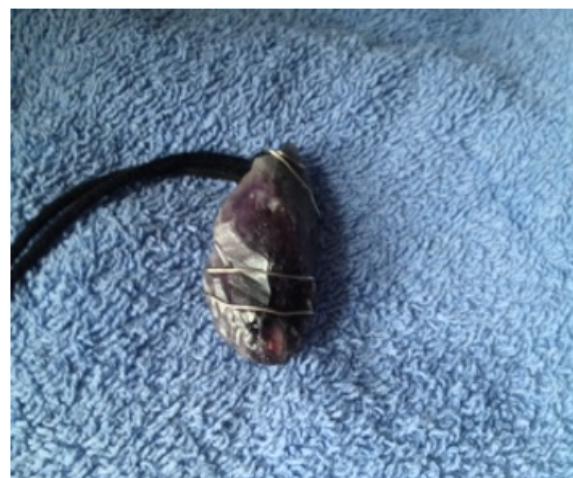
- **Amethyst** - strength, stability, protection, purification
- **Cacoxenite** - spiritual awakening, spiritual cleansing, raising of vibration.
- **Clear Quartz** - clearing, cleansing, amplification, transmitting/receiving connection to the higher self.
- **Rutile** - strength, accelerated body mind spirit, expanding awareness, releasing unwanted energy, psychic ability. Smokey Quartz - grounding, centering, cleansing, clearing negative energy.
- **Goethite** - concentration, focus, emotional healing, and grounding.
- **Lepidocrocite** - communication with the higher self and angelic realm, love, empathy, and emotional healing.

Super seven is good for all chakras and I find this crystal to be soothing, warming, peaceful, nurturing, healing, protecting, balancing, cleansing, purifying, grounding, helping to connect to higher selves, and magnifying love, awareness, and physic abilities. It links well with my energies. Some time ago in meditation, I was gifted an Etheric crystal from the Arcturians at the crystal temple which we downloaded into my super seven to further enhance its abilities to grow and evolve with me as I continue to grow and develop - Food for thought - could we, therefore, call my crystal an Arcturian Super Eight?!! They are quite rare and therefore can be expensive.

Until next time. Together in unity consciousness,

Omega light blessings.

Stephen



**Group of Forty**

**SPAIN Monthly Activities**

<https://grupo40spain.com/index.html>

### **Group of Forty activities**

The fourth Saturday of each month is the monthly GOF/PCOL meeting day for active groups in Spain. On that day, all the PCOL groups carry out a monthly Reactivation of their PCOL in the time window from 12 to 15:30 and, in the afternoon, both the GOF groups and the PCOL groups meet for the connection with the monthly online meditation that the Arcturian School organizes. Other GOF meetings are at the discretion of each group.

### **Online monthly Advanced Biorelativity exercises**

The Arcturian School organizes one monthly online meditation in the Zoom Webinar, on the fourth Saturday, at 5:00 Pm, with the aim of helping to repair the Earth as a living being. There are more than 80 participants from Spain, France, Mexico, Brazil, and South America attending the meditations. The Arcturian School also organizes Moodle courses and Zoom webinars for the training of Planetary Healers in the Arcturian teachings and the expansion of the Arcturian Project on the planet

### **Online meditations at the Arcturian Temple**

The Arcturian Virtual Temple is a virtual global meditation space reserved for the members of the Group of Forty, which is connected with our Temple in the Arcturian School and with the Temple of Tomar in Arcturus. It has been founded by the Arcturian School at the direction of Tomar to help accelerate the planetary Noosphere and human evolution. The Temple of Tomar on Earth has 12 Temple Guides and offers a daily meditation in the Zoom Webinar in Spanish, French, English, and Brazilian Portuguese.

### **Online meditations for Spain**

The group of Sant Pere de Ribes, as the central group of Spain, organizes several meetings and meditations per month in Zoom at 12:00 noon in Spanish time with the Forty Groups of Spain for the protection and maintenance of the Planetary Cities of Light and coherence and strengthening of the peninsular network.

Check the calendar on the Facebook Groups:

<https://www.facebook.com/groups/templovirtual/>

<https://www.facebook.com/groups/grupo40Spain>



Magda Ferrer  
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National coordinator of the Group of Forty in Spain  
Director of the Arcturian School and Tomar Temple on Earth



"Costa Rica is a small middle-income nation with an inspiring story of the power of the right to a healthy environment. Since adding this right to their constitution in 1994, Costa Rica has reversed a decades-long process of deforestation, doubling forest cover from 25% to over 50%. They increased the proportion of protected land in national parks to 28%. They passed laws banning open pit mining and offshore oil and gas development. They generate 98% of their electricity with wind water and sunlight. They use carbon tax revenues to pay Indigenous people and farmers to conserve land. And they plan to be one of the first nations in the world to completely decarbonize their economy."

[The Human Right to a Healthy Environment: Protecting Life on Earth – Pathway to the 2022 declaration](#)

This is one of the reasons why the population of Costa Rica has become enthusiastic about the Arcturian work. Based on its environmental awareness, the population was ready to unite the work of the planet with Arcturians' goals. I have worked long periods of time in Costa Rica and it is a great joy to see how even in the smallest towns there is a conscience for the love of the planet and they act in accordance with that love.



Ana Rosa Moreno  
GOF Mexico  
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## Messages from GOF Members

### Hello from Pam and My Lakota Family!

What is Sundance? Sundance is a 12-day ceremony in which you fast for four days and four nights with no food or water. I received many blessings sun dancing and blessings money cannot buy. To this day I give thanks to have water or when a soft wind blows across my face. I stop and give thanks to that soft breeze remembering and praying that a soft breeze would cool me down when I was out on the prairie dancing, and pray thanks when she did come to cool all of us off.

#### **Yuwipi Ceremony.**

That's when everyone is in a room with all the windows blackened out and there is no light coming in. There is an altar set up and the medicine man is tied up in a blanket. Everything is done in the Lakota language. The spirits come in and doctor the person or family that's asking for help. They also leave blessings for all the people that came to pray for them, that's all I will say about that ceremony. Kenny Farmer (picture below) my teacher, was able to perform this ceremony and helped many people this way.

I always loved sitting in Inipi (sweat lodge). I could listen forever to Lakota Teachings.

The Lakota way taught me discipline on how to build my character and I'm still taking baby steps. One thing I do know is that nothing is impossible, I have seen miracles. Through believing, prayer and compassion.

The spirits always take care of us, they led me to all of you- the Group of 40, one heart, one mind, one spirit. We hold great power. I am humbled when someone is leading a meditation it brings tears to my eyes because it's coming from the power of our hearts.

Pam  
Aka Pehin'Ska  
All my relations





Mitakuya Oyasin  
We are all related

Pam Stark  
[starkgoldiepam@gmail.com](mailto:starkgoldiepam@gmail.com)



## Group of Forty YouTube Channel

I would like to invite you all to explore the Group of Forty YouTube channel:

<https://www.youtube.com/user/groupofforty/>

There are several playlists, one of them is titled “Meditations by others”. These meditations led by various GOF members are either Biorelativity or PCOL meditations. Transcripts are available upon request. Contact me for further information. Here is the link to our playlists:

<https://www.youtube.com/user/groupofforty/playlists>

Please subscribe to the channel, comment, and first of all, share on social media. And don't forget - all videos have subtitles: click on CC button, then on settings button.



Vera LeDoux (Ariana)  
Ariana (arianataos@live.com)



## Welcome New GOF Members!

We are pleased to announce two new regional coordinators who joined our coordinator team! Emmy Leonides of Mesa, Arizona, has volunteered to take over the Arizona group! Here is her email: [emmyleonidas2019@gmail.com](mailto:emmyleonidas2019@gmail.com)

Marcela Estrop of San Diego, California, has volunteered to coordinate the Southwest group.

Her email is: [marcelaestrop@gmail.com](mailto:marcelaestrop@gmail.com)

Thank you and welcome Emmy and Marcela!

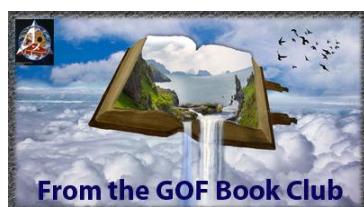
We would like to extend a warm welcome to the following new members who joined the Group of Forty in January and February 2022!

We would also like to welcome the many new members from South America!

FIRST NAME	CITY	STATE	COUNTRY
Catherine	Kissimmee	FL	USA
Diana	San Juan	PR	USA
Dorkas	Kirchzarten		Germany
Emma	Bristol		UK
Eva-Maria	Hinterzarten		Germany
Dasa	Sala		Slovakia
Ewa	Mrozy		Poland
Glory	Everett	WA	USA
Harvey	San Francisco	CA	USA
Karen	Albuquerque	NM	USA
Leny	Bunde		Netherlands
Luana	Hamburg		Germany
Luis		PR	USA
Marcos	Sao Paulo		Brazil
Marie	Sarasota	FL	USA
Michael	Billinghay		UK
Paola	Orlando	FL	USA
Raymond	Meninge	SA	Australia
Richard	Beaverton	OR	USA
Sylvanna	Mackay	OLD	Australia



Birgit Smothers  
USA Group Coordinator  
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## GOF Book Club

**How to Heal, Ascend, and Help Planet Earth**  
Book Two: Chapter 3, Part One, and Chapter 2  
By David K. Miller

We have changed the format of our book club. We all enjoyed the round table discussion format that we had introduced, so we decided to change the Book Club format to something similar. We create a series of discussion points from chapters in the current book we have chosen and the participating members read the chapter, contemplate their understanding of the subject then we pass a talking stick around the table, and members discuss their thoughts.

The discussion at the April Book Club will be:-  
Humanity is in an evolutionary crisis.

An evolutionary shift must be made, incorporating the ability to have a new world perspective based on unity consciousness, on fifth-dimensional thinking.

Homo Omega?

How can a species deal with an evolutionary crisis?  
How can that species make the changes so that it will survive?  
How do you think planet Earth will deal with an evolutionary crisis?



Jane Scarratt  
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**Q** Dear Juliano, You said that Planetary Cities of Light are about sacredness. Can you please comment on the Arcturian view of sacredness and how that is reflected in our Cities of Light?

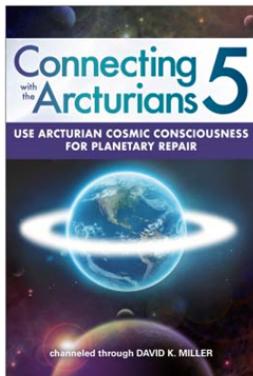
**A** Sacredness is defined as being energetically closer to the Creator. Sacredness is defined as energetically being closer to the higher realms including the 5th dimension. Sacredness is defined as having protection around an area so that that area is shielded from the normal third-dimensional concerns.

Think for a moment about the idea of the Sabbath that is found in many of the world religions, and I am referring particularly to the Moslem, Christian, and Judaic traditions. The idea of the Sabbath is that you would put aside a 24 hour period where you would only be thinking about the Creator, you would only be thinking about the soul, you would only be thinking about ways of being closer to the Creator, you would only do activities that would contribute to that goal of being closer to the Creator or closer to the Fifth Dimension and attracting fifth dimensional light to yourself and you would do that on the Sabbath.

Now think about the Planetary Cities of Light and think that these are Cities of Light that are devoted to higher light, they are devoted to protecting the cities from lower third-dimensional energies. They are trying to create and raise the spiritual light quotient, they are trying to raise higher energy that would bring that City of Light closer to the Creator, closer to divine purpose, and closer to the 5th dimension and that is how I would define sacred and I see this as a commitment. What would you do to a City of Light for commitment, to make it more sacred?

Well, the first thing we say is planting crystals; why are the crystals planted? Well, the crystals are able to hold sacred energy and crystals are programmed. You can program crystals and so the idea that the shielding that you are using in the Cities of Light is keeping out lower energies; even people who have lower energies would not be able to cross into it. Remember I used the example of Shambala or Shangri-La. This is another example where there was a shielding and people of lower energy could not penetrate the doorway into the Shambala or Shangri-La just based on their energetic level and that is how I see the sacredness. Cities of Light are able to raise and hold higher light and keep out darkness and lower third-dimensional densities.

# ANNOUNCEMENTS



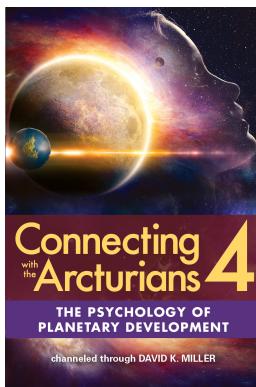
We are happy to announce that David's new book, "Connecting with the Arcturians 5," is now available as an eBook!

Direct Amazon link:

[Connecting with the Arcturians 5: Use Arcturian Cosmic Consciousness for Planetary Repair](#)

Kindle edition by Miller, David K.. Kindle eBooks @ Amazon.com.

It is also available on Apple iTunes, Google Play, Barnes & Noble, and Kobo.



David's Latest Book, [Connecting with the Arcturians 4](#), is available now as an e-book and a hard copy book through Light Technology Publishing.

You can also find it on Amazon at [this link](#). This fourth book contains the most up-to-date information on ascension that is available, including new spiritual techniques to aid the process.

David's earlier books: "[Connecting With the Arcturians](#)" and "[Connecting with the Arcturians 2](#)" and "[Connecting with the Arcturians 3](#)" by David K. Miller, offer a comprehensive presentation on the ideas and views of an extra-dimensional, extra-terrestrial civilization on the Earth situation from the planet Arcturus.

Subjects included in this fascinating presentation are: 1) the Arcturians' view of the ascension or "rapture;" 2) what is the Fifth Dimension and how we, as the human race, are evolving toward the higher dimension; 3) the impending Earth peril and dangers to the Earth biospheres; 4) Jesus' (or Sananda's) role in the ascension and why he has a new name in the higher realms; 5) The Arcturian Stargate, a soul transfer station referred to in the Edgar Cayce's writings. When we finish the Earth's incarnations, we can travel to the Stargate for our next "soul assignment."

This first book also describes a new concept in spirituality, the Arcturian Sacred Triangle. For the first time, the Arcturians offer a way of uniting Earth's spirituality so that a planetary healing can occur. Readers will learn how ascended Native Americans' mystical Earth spirituality and galactic extra dimensional spirituality can be united to enhance a healing for the entire planet.

- > David's book, [Connecting With the Arcturians3](#), is available for purchase in soft cover from [Light Technology Publishing](#).
- > David's book, [Connecting With the Arcturians2](#), is available for purchase in soft cover from [Light Technology Publishing](#).
- > David's book, [5th Dimensional Soul Psychology: Channelings by Vyvamus](#), is available on the [Light Technology website](#).
- > David's book in Spanish, "[Enseñanzas del Sagrado Triángulo Arcturiano](#)," is available in the Amazon.com Kindle Store and may be purchased [using this link](#). The follow-up to this book, "[Connecting with the Arcturians 2](#)," focuses on planetary transformation from a galactic perspective. It covers such topics as embracing galactic spirituality and planetary evolution, the aura enhancing technique known as shimmering and much more. The reader also gains more understanding of the planetary healing technology such as biorelativity and other global healing techniques.

You can buy these books at the following links:

[Connecting With The Arcturians](#) [Connecting With The Arcturians2](#)

Visit [Light Technology Publishing](#) or call Light Technology at 800-450-0985 to order your hard copy of any of David's books.

All of these books are available as e-books and paperbacks on Amazon. Simply go to: <https://amzn.to/2zY9erY>

## Our Purpose:

### "40 Groups of 40 will be formed for Personal and Planetary Healing - Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the Fifth Dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.

To join Group of Forty, click the button below or visit <https://groupofforty.com/register>.



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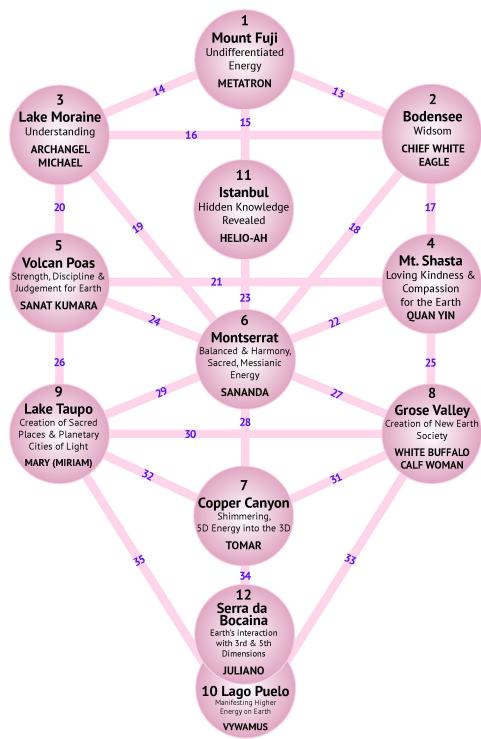
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[Romania website](#)

Newsletter edited by David Miller and Jeri Denniston ([jeri@dennergrou.com](mailto:jeri@dennergrou.com)) with editorial help from Birgit Smothers. If you have articles to contribute, please send them to: [birgit@groupofforty.com](mailto:birgit@groupofforty.com) by the 18th of each month.

**Arcturian Tree of Life with Numerical Paths**

Each Sphere is associated with a Spirit Guide and Sacred Location



**Join the GOF Facebook Group and subscribe to our GOF YouTube channel  
and stay connected!**



[International Activity Calendar](#)

[Spiritual Tools](#)

Group of Forty | P.O. Box 4074, Prescott, , AZ 86302

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