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The Interaction of the Third Dimension with the Fourth and Fifth Dimensions

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Greetings, this is Juliano. We are the Arcturians. You are multidimensional beings, and part of the expansion of your consciousness involves the recognition of your multidimensional experiences and awareness. In this lecture, we want to explore the nature of the dimensions, and in particular, how the Third Dimension interacts with Fourth and the Fifth Dimensions. We talk about ascending, and in the ascension process, we always mention that you will bypass the Fourth Dimension, and I will explain in detail why that is necessary. But in a sense, you are not bypassing it, but you are going through it and on to the higher dimensions.

The Fourth Dimension is the dimension which holds incarnational energy for planet Earth. Most people, when they pass on, will go into the Fourth Dimension. The Fourth Dimension has layers or sections. Put simply, there is the lower section, middle section and the higher section. The higher section does contain Ascended Masters, gardens of light, and other fantastic and high energy experiences. The lower Fourth Dimension though is a different story. The lower Fourth Dimension contains ghosts and lower beings that are parasitic and like to attach to humans. They are other negative entities on the lower Fourth Dimension. The problem that has emerged is what I call “the bleeding of the dimensions”; in particular, the lower Fourth Dimension can bleed into the Third Dimension.

There is a veil between dimensions, and there certainly is a veil between the Fourth and the Third, and the Third and the Fifth. There are also fractures in the dimensions, and these fractures have created many problems. You are seeing now on the Earth a lot of dark energy. And I say that this dark energy and dark entities are coming from the fracture of the veil between the Third and the Fourth Dimensions. This means that lower beings and lower energies can come through the fracture and do mischievous deeds. They can attach themselves to people, and in some instances, control people. One example is school shootings. There are often unexplainable hostilities in which school children become murderers, even though they have no previous history of violence. This is an example of the bleeding of the dimensions or the fracture of the dimensions, because lower entities can more easily pass through and attach themselves to vulnerable school children.

. What contributes to vulnerability that can lead to attachments? Vulnerability can be caused by trauma; it can be caused by depression, and it can also be caused by diseases and also drugs. I am referring specifically to street drugs as well as alcohol. So we have a combination of two

factors. You have the first factor, the vulnerability of the person, and the second factor, or ingredient, is the fracture of the dimensional veil or the dimensional screen which then allows the lower dimensional energies to come through.

The Earth is now experiencing wide dimensional fracturing and wide parasitic attachments. The problem is not just with school children and school shootings. There are so many wars now on planet Earth, and there are lower energies in many parts of the planet that continue to maintain and perpetuate global violence. These numerous wars are also examples of the effects of dimensional fractures and the bleeding of the dimensions. Lower fourth-dimensional beings are able to attach themselves to people and contribute to and encourage global violence, genocides and even the destruction of the environment.

What causes the dimensional fracture, and why is it such a huge problem now on the Earth, and how can you, as starseeds, protect yourselves? And finally, how can you, as planetary healers, work to repair the dimensional fractures so that you can stop the dimensional bleeding? These are important questions that will be explained later on in this lecture.

First, I will go through a list of several factors that have contributed to the dimensional fractures. One main contributing factor to the fractioning of the dimensions, or in particular the fracture of the Third Dimension, is nuclear explosions. The core energetic release found in uranium creates shock waves throughout a planet's aura, and the planet cannot recover very quickly from the shock waves. I have seen various estimates as to the number of nuclear explosions above ground and below ground that have accumulated over the years. I realize that, as far as we know, no one is doing nuclear testing now, but the damage done during the earlier years of the late 40s and 50s, and early 60s, caused significant damage to the aura of the Earth. The aura of the Earth is multidimensional, just like you are multidimensional. Your aura is multidimensional. You may not consciously experience yourself as multidimensional, however, remember, that 80 to 90 percent of the functioning of your body goes on unconsciously. It is not surprising to us that you would not be aware of this higher spiritual function within your aura.

You are perhaps, aware of 10 percent of what is going on in your physical body. If I look at the aura and your energy field, I would say that your knowledge and awareness of your energy field is below 10 percent. That means that you might not experience or see the damage that was done to the Earth's aura from these nuclear experiments. Aboveground nuclear testing in particular has caused major damage to the Earth's energy field. But also belowground testing has also been damaging to the Earth's aura. Other factors that have damaged the Earth's aura include military experiments that have been done secretly, especially in the United States, but also in Russia. These experiments were described in one movie and in several articles. The movie I am referring to is "The Philadelphia Experiment". That was an experiment in which, through high frequency radioactive radiation, scientists attempted to project people into the future. By using this approach, they had some success and were able to project several people into the future.

It is possible to travel into the future, and it is possible to travel into the past. The only way that you can do this is through what I call an "interdimensional corridor". There are acceleration methods that would enable you to do this. There are specific rules that must be followed in time

travel. What would be the advantage and what is the military advantage of time travel and how would that military experiment affect the dimensional bleeding or the dimensional fractures? By traveling in the future, military experts could see what their enemy was planning.

Modern scientists on Earth had no idea of the multiple dangers of nuclear energy, and this is demonstrated by the fact that, in the early experiments with nuclear bombs, soldiers were sent in directly after the bomb to examine the results of the bomb. The scientists had no idea they were putting the soldiers at risk. That is just one example that tells you there were unknown dangers at that time, but there are even deeper long-term unknown dangers from nuclear explosions that affect the dimensions.

In the time travel Philadelphia Experiment, the idea was to accelerate a specific point and bombard that point with high frequency radiation, and the person's aura and physical body together would be projected through a dimensional corridor into a future time. Militarily, this would be of many benefits because you would see what your enemy was planning; you would see where their troops are, and you would have information that would only be available from the future. But again, the scientists did not really know what they were working with, and they did not know what they were doing, and they did not realize that they were not following the proper protocol. For example, they damaged a dimensional portal and created a leak that still today is causing problems. Those experiments that were promoted from the Philadelphia Experiment are still continuing today, only they are top secret. There is some knowledge about what experiments the United States has been doing, but there is little known about what the Russians have been doing with time travel and dimensional shifting.

We, the Arcturians, are encouraging dimensional shifting or traveling to other dimensions, because your true nature is multidimensional. Your true nature is that you have awareness in the Third Dimension, and you have awareness in the Fourth Dimension, and you have awareness in the Fifth Dimension. The awareness that you have in the Fourth Dimension is really critical. Most people have no awareness of the Fourth Dimensional bleeding until it is too late. By too late, I mean until they have interactions with lower spirits that have come through the fractures. But there is strength in awareness; there is strength in knowledge; there is strength in understanding that there are levels of multidimensional layers in the Fourth Dimension. One can send back or remove lower energies. Lower energies can be sent back from where they came, and the portal or the fracture from which they came from can be sealed so that they would not be able to come back.

We are in a situation now on this planet where there are multiple fractures and multiple bleedings. We are in a situation now on planet Earth where these lower beings are experiencing free will to roam around the planet. People ask: "Why is there so much evil? Why is there so much disruption? Why is there so much chaos? Why is the environment being destroyed so quickly, and why is there not higher awareness, and why can we not come into Unity Consciousness?"

The answer in part is because of the lower dimensional fracturing and the wide spectrum of lower energies coming down onto the Earth. These lower energies accumulate over many millennia. Look at the history of planet Earth. Look at the history of this cycle over the past

4,000 years. There has been continual war and continual violence. There has been a high incidence of lower entities and lower energies coming in and influencing people and influencing leaders to do negative and mischievous acts of violence. This is totally out of control. I say this because, just for example, think now of the number of wars that are going on at this moment. We are talking 50, 60, 70 wars, and that is just a rough estimate; there might be more. Think of all the violence that is occurring on this planet and think of all the polarization. The lower entities that are bleeding through encourage polarization because they know that polarization is a first step towards global violence and chaos.

But there is hope. I am not giving you this information to make you feel hopeless. Change comes through awareness and through knowledge. Change comes through the revealing of secret knowledge. This was the basic message of the Gnostics, which was an early Christian sect in the first century A.D. that had contact with the Arcturians and had contacts with other higher celestial beings. The Gnostics were given secret information about the workings of the universe. They were also told that there were problems with interactions of the lower dimensions, and that these interactions could be damaging to the world. These lower energies could be neutralized. You can protect yourself from these interactions. The lower energies do not have to interfere in your ascension or in your spiritual upliftment.

You as a starseed can navigate around this problem so that lower energies do not affect you. But then we have the second issue which deals with how the lower energies bleeding into the Third Dimension can affect the global planetary healing situation. We, as planetary healers, want to heal the dimensional fractures. On a global basis, there are exercises; there are techniques for sealing the dimensional fractures.

We also have a positive interaction with the dimensions, which includes the interaction of the Third Dimension with the Fifth. There are negative aspects of the interaction of the lower Fourth Dimension with the Third. We can also emphasize the interaction of the Third Dimension with the Fifth Dimension. It is for that reason that there is going to be an ascension. It is for that reason why I can say that at this moment on the Earth, despite these widespread problems from the lower Fourth, despite those negative problems, this is also a time of high spiritual light. This is a time of high spiritual growth and high spiritual possibilities. Again, I refer you to the Gnostics who emphasized that once this special knowledge about the workings of the universe was given, then the starseeds, or the higher beings like yourselves, could find the way and the path back to the Fifth Dimension.

But the Gnostics were not teaching and focusing on planetary healing work globally. They did possess concepts of the creation of the universe, and they believed that there was a breaking or fracturing of the Earth's energy fields. And in the Gnostics early terminology, there was the concept that the higher energies were brought forth to the Earth in special spiritual containers, but those spiritual containers or vessels ruptured. After this rupture began, then the fracturing of the dimensions occurred. From the Gnostic standpoint, and also from the Kabbalistic standpoint, that fracturing is the source of the lower energies that are now being experienced.

But now the Fifth Dimension is interacting with the Third Dimension. Dimensional fracture is a term more appropriate for the negative interaction between the lower Fourth and the Third

Dimension. The interaction with the Fifth Dimension is positive, and I am encouraging you to interact with the Fifth Dimension. In fact, a point is coming which is called the “Ascension Point”, in which the Third and the Fifth Dimensions are going to intersect. This intersection is going to occur in a brief moment in time, which we compare to an eclipse of the Sun.

The total eclipse of the Sun can last for seven or eight minutes, but the approach of the Moon in front of the Sun could take one or two or three hours. The beginning of the eclipse begins several hours before the totality of the eclipse. I like this analogy in understanding the intersection of the dimensions. You can view the intersection of the Fifth and the Third like a solar eclipse. The approaching of the intersection is creating a situation where higher light and higher energy is coming into the Earth and into the starseeds’ consciousness. The intersection of the Fifth Dimension as one point can be compared to the short eight-minute total eclipse experience.

Also think of the spiritual energy now occurring on the Earth as an approach, and then totality would be the moment of ascension. You may know that the eclipse is not experienced by everyone; even though it is happening, some people ignore it. Some people just simply have no interest in astronomical events and do not see any significance in it. It is the same thing with the Ascension and the intersection of the dimensions. There are people of lower consciousness who simply have no interest and no curiosity about the intersection of the dimensions or how this will spiritually affect the planet.

There are also ways that we can accelerate the fifth-dimensional downloading of energy. The negative energies of the lower Fourth can be healed. There are fifth-dimensional repair techniques. The techniques to do these repairs between the Fourth and the Third require a quantum energy field. In some cases, it even requires time traveling. It may even require going backwards in time to help repair the holes and the fractures that previously had occurred. This means that these techniques for a planetary repair of fractures require a higher consciousness and a higher scientific knowledge of the interactions of the dimensions.

There are places on the Earth that have high energy that are sacred and filled with light. There are ways that these places offer protection from dimensional fracturing and dimensional negative energy input. One good technique for protection from lower energies is going to a sacred place. The sacred energy field is strong where we have established and downloaded one of the 12 Arcturian Etheric Crystals. These areas around the downloaded Arcturian Crystals are immune to the dimensional fractures and to dimensional bleeding. Sacred Planetary Cities of Light also create an energy field that is also able to block dimensional fracturing.

I would like to compare the issue of dimensional bleeding with the human aura, and dimensional bleeding with the planetary aura. I will start first with the human aura. There are various reasons why your personal aura can be compromised. Some of the weakness in your aura can occur from past lives. Some problems can come from entity cohabitation of a negative source and other problems can develop from parasitic attachments. Exposure to radiation can weaken your aura. Serious aura problems can come from emotional trauma.

Fortunately, the aura can be sealed and repaired. Techniques used for aura healing include the placing of the aura into the shape of the Cosmic Egg and the spinning of the chakras clockwise or counterclockwise. Additional techniques include the pulsing of the aura and shimmering of the aura. All of these techniques can repair any fractures in the human aura. Additional advanced techniques for repairing the aura include thought projection of the aura to the Fifth Dimension and bilocating to Helio-Ah's Arcturian healing chambers.

Now I will talk also about the planet and corridors. The planet's aura is fractured, but it can be repaired. The Earth's aura can be healed through planetary meditations and through the downloading of light from the Central Sun. In some cases, it could be improved through time travel where the planetary healer could go back to a time period in an area where a nuclear bomb was exploded and begin the repair at that point. The planetary healer could work to heal the dimensional rift that occurs, through going back in time and using planetary healing skills to close that dimensional fracture.

There was an interesting experience at Tunguska, Russia which demonstrates the dangers of dimensional fractures to the planet. Tunguska is in Siberia in Russia. In 1908, a dimensional rift occurred resulting in a powerful negative explosive force, which came through the rift and caused a tremendous explosion, destroying thousands of miles of trees and did other extreme damage to the environment. (Author's note: The Tunguska event was a 12 megaton explosion that occurred on June 30, 1908 near the Tunguska River, Siberia, Russia. It flattened 80 million trees over 830 square miles. Scientists say the event was due to a meteor strike, but no impact evidence or crater has ever been found to verify that it was a meteor strike.)

At Tunguska, there was a dimensional rift in this area. There has been deep scientific exploration and research on why this event happened. There was no nuclear energy at that time, so it could not have been caused by a nuclear bomb, even though the forcefield of that energy that came through the rift was equivalent to several nuclear bombs.

There was also a dimensional rift when the dinosaurs died and when those asteroids came and caused the dramatic explosion at the Yucatan Peninsula. Dimensional rifts do happen periodically through the evolution of a planet. In doing a planetary healing, you could go backwards in time and energetically prepare the Earth's aura for the shock and work to stabilize the aura. This requires a huge amount of thought power, and it requires a huge amount of concentration. There are tools in Helio-Ah's chambers for planetary repair of these rifts. One can go into a planetary healing chamber and go back in time and use Arcturian planetary healing techniques to heal that rift.

I want to compare these types of planetary events again to the personal healing because when you do personal healing, especially of trauma, you often have to go back in time to when the traumatic event occurred. Your aura is like an Akashic Record, and your aura records everything that has happened to you over the centuries and over the years and over lifetimes. In our dimensional healing and dimensional work, then, going backwards and forwards in time are part of the healing repair process.

Let us take a moment and bring our thoughts and energies together in a healing way. (Tones “*Oh, oh, eh, oh.*”) Take three deep breaths as we go into a meditative state and connect with healing energy. Become aware of a corridor of light over you in the room that you are in. This corridor of light has special healing powers. In the corridor, the normal laws of physics do not operate. In a corridor, the highest force is your thought; the highest speed in the corridor is the speed of thought, not the speed of light. So feel this corridor of light and know that this corridor of light is connected to the Fifth Dimension. Know that this corridor of light goes through the Fourth Dimension, and know that this corridor of light protects you from any lower, negative forces. Your Spirit Body, your higher spiritual energy, rises out of your physical body and enters the corridor. Remember that your Spirit Body is a Doppelganger, that is, an exact duplicate of your physical body in its shape and size. In the corridor your Spirit Body now enters and begins to travel. You have higher spiritual powers that you do not have in your third-dimensional body. You are in the corridor, and we are going to travel at the speed of thought through the corridor. (Tones “*Ohhhh.*”)

We are now traveling through the Fourth Dimension. You can look out and see some of the entities and lower spirits as you are traveling. You can look out and see some of the fractures in the energy veils between the Third and Fourth. Do not stop; just keep on traveling upwards at the speed of thought. Enjoy being in this corridor. You are now traveling at the speed of thought, and you have finished traveling through the Fourth Dimension, and you now approach the Arcturian Crystal Lake, a fifth-dimensional area. You arrive at the lake.

You leave the corridor, and you see below (because you are now above the lake) your fifth-dimensional body. You are multidimensional. You have a fifth-dimensional body, just like you have a fourth-dimensional dream body that is always ready. Any time you enter that state of consciousness of deep dreaming, your fourth-dimensional dream body is ready. Likewise, your fifth-dimensional dream body is now ready for you. Find your multidimensional body on the lake, sitting around the edge of the lake and go to a place right above it, and now enter your fifth-dimensional body. There exists now a connective energy between your third-dimensional body and your fifth-dimensional body.

Let us go into meditation now as you and I together experience your fifth-dimensional presence. We will go into silence. (Silence) Waves of fifth-dimensional healing light come to you, healing all aspects of your aura, repairing all personal fractures, all leaks, and most important, strengthening your energetic aura connection to your fifth-dimensional body. We want you to have a solid connection with your fifth-dimensional body. State this affirmation now: “I (state your name) am establishing a permanent and powerful connective energy link with my fifth-dimensional body that will be with me at all times on the Third Dimension.” Again, we will return to silence. (Silence)

While you are here at the Arcturian Crystal Lake, I and my colleagues are cleansing and repairing any breaks, fractures, leaks, in your aura. Your energy field that you brought with you is now totally repaired. I ask that you prepare to leave your fifth-dimensional body as you return to the Earth. Your Spirit Body rises up out of your fifth-dimensional body. This is a renewed, a healed, a totally repaired Spirit Body which is going to bring back to you an important,

connective link to your third-dimensional body, so that you will be in permanent union with your fifth-dimensional body on the Earth.

You rise up out of the fifth-dimensional body, and you see above the lake the corridor through which you came. Travel into the corridor where the laws of physics are suspended and the speed of thought is the priority. Travel now at the speed of thought through this corridor. (Tones “*Ohhh.*”) As you are traveling at the speed of thought, feel what it is like to be free of all restraints from the Third Dimension. You are free of all cause-and-effect influences. You are a fifth-dimensional being of light, traveling through the corridor, arriving at your third-dimensional physical body, above the room. The corridor is in alignment with your Earth room.


When you re-enter your body, you do have to contract your energy field. Coming from the Fifth Dimension, you are in an expanded state, and your physical Earth body is not in the same state. When I say “come into alignment”, in some cases that can only be achieved by a contraction, but that is normal. This is a high-level-energy entry as you come into alignment with your third-dimensional body. Re-enter in perfect alignment. You are feeling a huge burst of light and spiritual unity with your fifth-dimensional energy.

As you are re-aligning yourself, think for a moment about the planetary repair. Part of our technique for planetary repair is to travel backwards in time to when the event occurred. You can go backwards in time two ways. The easiest way is to come in Helio-Ah’s planetary auditorium where she has a gigantic screen, and she has the ability to bring you back to any event in the planet’s past. You can do that healing of the planetary aura that would repair the fractures. The second method has to do with traveling backwards in time by projecting and traveling with your aura above the Earth and then circling the Earth counterclockwise at an accelerated rate.

Time travel also includes future beings coming into your present. There are future time travelers now on the Earth. In the future time, and I am talking perhaps 400, 500 years in the future, time travelers will come back to this time in an attempt to correct and repair rifts because of the long-term consequences of current activities for future Earth. These time travelers are extremely trained, knowledgeable, and will follow the rules for time travel.

Breaking the rules for time travel happened when the U.S. military was doing experiments with time. They were doing it not for higher good. They did it without awareness of what the rules are, and without awareness of what the dangers are, because time travel has the possibility of damaging the veils between the dimensions when it is done wrong.

Take three breaths again. You are now totally into your third-dimensional body, but you feel the powerful, connective link with your fifth-dimensional body, and you can comfortably download light from your fifth-dimensional body into your third. Please do that now. See a cord of light coming out of your Crown Chakra. The cord now is going through the corridor you just came through, traveling at the speed of thought (it is just your cord, not you). The cord travels through the corridor at the speed of thought and connects through the Arcturian Crystal Lake into your fifth-dimensional body. You now have this beautiful, etheric cord of light between your fifth-dimensional body and your third-dimensional body. And your fifth-dimensional body is

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pumping higher, fifth-dimensional light into your third-dimensional body. Your aura is singing with happiness and unity and healing. (Tones “*Ohhhhh*.”) Remember, you can keep and activate this cord whenever you want. This cord can be a permanent part of you wherever you go. I am Juliano. My love to you all. Good day!