

# Group of Forty

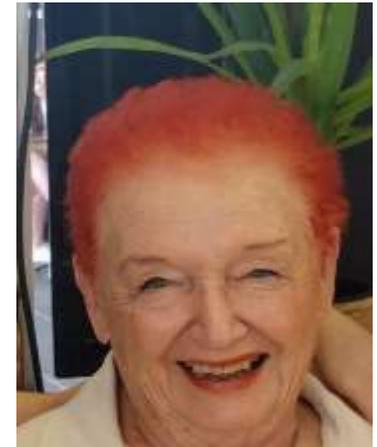
## Australia and New Zealand

[www.groupofforty.com](http://www.groupofforty.com)

David K Miller Founder/Director



**THOUGHTS FROM JANE...** One of the main aspects of the spirituality path is the development of a higher mental body or the capacity for abstract, creative and intuitive thinking. This is the tool for opening and developing the third eye chakra and may be seen as a precondition for illumination. Wrestling with fundamental spiritual questions in order to gain a deeper understanding not only helps to develop our higher thinking but frequently is a trigger for illumination experiences. We know we're doing well on the spiritual path when we display more and more spiritual qualities of compassion, faith, forgiveness, harmony, high ideals, kindness, patience, self-responsibility, tolerance, wisdom and love for all that is. Also, can we be a master as well as a servant? Can we show our male qualities of assertiveness and power as well as our female characteristics of gentleness and yielding? Can we have strong beliefs, but still be open to change? Some people think they will get a mind blowing illumination of something they have to change, but the light globe in your head will sometimes go off when you least expect it. Patience is one virtue we must learn. Loving service is one of the greatest things we can do. Just do things in the moment and become competent at handling anything life throws your way with a feeling of joy. All your life you will continually be changing your perceptions and your attitudes. Make a choice everyday to be joyful or sad, peaceful or angry. We live in a Free Will Zone. There is a Buddhist saying -"Before enlightenment he gathered wood and carried water, after enlightenment, he gathered wood and carried water"



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**2022 Australian GOF Annual Conference**

**October 14/15th 2022**

## HELLO FROM OUR LAKOTA FAMILY

This is John Brave Hawk my Sundance Chief spiritual guide and a dear friend. I thought I would share a little something about Sundance. I would like to tell you that in setting up the Sundance lodge we are really making the universe in a likeness. The cottonwood tree is put in the center of the sacred hoop, It would be good to explain why the cotton wood tree is so very scared. Long ago it was the cottonwood tree that taught how to make tipis, for the leaf of the tree is an exact pattern of the tipi, This was learned when two old men were watching children making play houses from these leaves. This shows us how much grown men may learn from very little children, for the hearts of little children are pure and, therefore the Great Spirit may show to them many things which older people miss.



## BIORELATIVITY SNIPPETS

Group of Forty Australia and New Zealand present or participate in up to **16 Arcturian Group of Forty meditations per week.**

Group of Forty will present a **World Wide Meditation** at the **Spring Equinox** on March 19th at 3PM AZ. In Australia and New Zealand it will be Sunday March 20th at 9AM DST. The Biorelativity Committee is deciding on the theme. It will be presented on "go to meeting".

### What is biorelativity?

**Biorelativity** describes the ability of human beings to telepathically communicate with the Spirit of the Earth. The goal of such communication focuses on influencing the outcome of natural Earth events such as storms, volcanoes and earthquakes. The practice of Biorelativity has been ongoing through recorded history and includes such events as Native Americans praying for rain, biblical figures asking for weather changes and other native peoples using ceremonies, such as the Hopi Kachina dance, to influence proper weather conditions for favorable planting and favorable growing seasons.

The planet Earth actually has a response mechanism. This response mechanism has been referred to as the Earth's feedback-loop system. Some responses such as cyclones, flooding and strong storms are in response to man's actions. Changing man's actions and how we think and act towards our Earth can influence the Earth's responses.

The Biorelativity meditations are normally focused on global issues (macro) as well as issues having to do with humanity overall (macro). We deal with the large issues. Biorelativity is not for personal issues such as someone requesting a healing for disease, etc. Nor is Biorelativity for political, social, personal or tribal issues. Biorelativity is communicating with Mother Earth's consciousness, to facilitate healing on a global scale. Everything in Biorelativity is done on a large scale; a global scale. We take a 3rd dimensional issue (drought, depression) and facilitate the healing by applying the 5th dimensional Arcturian tools or for instance, working from the Ring of Ascension (5th dimensional). We want to raise that 3rd dimensional global issue (drought, depression) into 5th dimensional vibrational frequencies, and by doing this, we raise the vibration of the Earth to help with her ascension process.



Nat – Hope Island Gold Coast Qld  
 Shara – Upper Coomera Gold Coast Qld  
 Adele – Omeo Victoria  
 Anne - Cape Jervis South Australia  
 Stephanie – Parkdale Melbourne  
 Sylvanna- Mackay Qld  
 Ray – Meningie South Australia

## Question from Q and A with Juliano through David K Miller

**Shalom, shalom, shalom. Greetings, this is Juliano, we are the Arcturians. I welcome all of you advanced starseeds. Yes, you are advanced because you have made so much progress in understanding the soul, understanding yourself in relationship to this journey on Earth and of your role of the galaxy. I am pleased that so many of you have grasped the meaning of galactic spirituality. This is a high point and it is a marker for your soul journey and for your progress.**

**Nadia in Melbourne asks:**

**Juliano, I want to visit your starship, either in lucid dreams or out of body. Can your team assist interested Group of Forty members with this and which technique would be most suitable? Thank you.**

**A** The technique I recommend is that before you go to sleep, call on the Arcturian starship, call on me, Juliano, or call on Helio-Ah or the other guides that you feel connected to on our starship or on a Pleiadian starship and ask that a corridor of light, a specific corridor of light be sent from the starship to your room where you are sleeping and ask that that corridor be over you during the entire night.

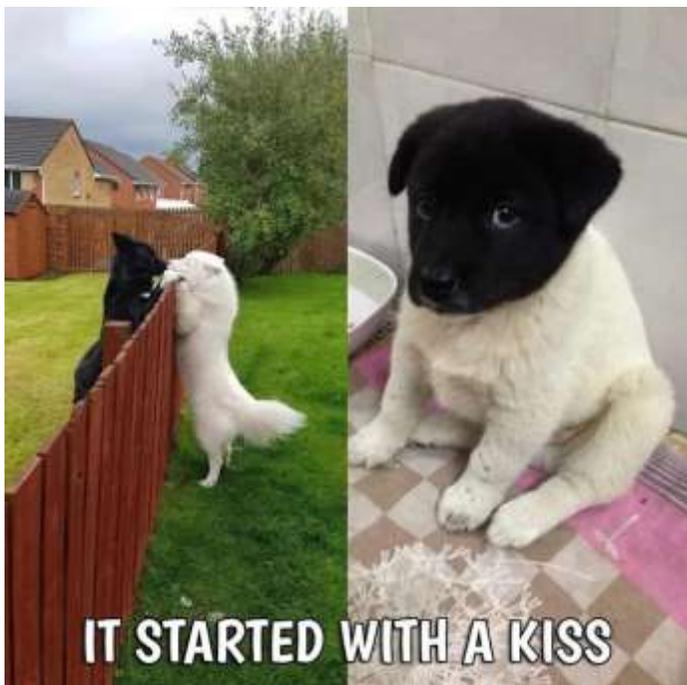
Now program yourself by creating that visualization to occur during your sleep state. Visualize that your spirit body rises up in the sleep state, through the corridor and goes to my ship. This visualization is part of the lucid dreaming technique used in modern psychology. The technique of lucid dreaming is based on you pre-programming your subconscious to perform certain tasks when you are in the deep dream

state and that will occur during what is called the lucid dream. But now, before you are going to bed you are calling up the corridor and a meditation, either right before you fall asleep or in an earlier time during the day, you visualize yourself going up the corridor to my ship and we will welcome you. We want to have you come to visit us and this is a safe way. I always emphasize that you should come through a corridor because the corridor protects you from lower 4th dimensional energies when you are travelling inter-dimensionally.

Nadia has presented a powerful exercise and a powerful experience. You could bring down certain gifts from the starship because we are able to give you instructions, we are able to help you, we are able to do healings for you in this state. It is very protected and very safe and we are eager to have you visit us in that state of consciousness and many of you are ready and are prepared to do so.

I send you blessings from my Starship Athena and the welcome mat is open and we are eager to work with you and be of assistance on all levels.

## A LIGHTER MOMENT



## FROM THE COSMIC ARROW

From the Cosmic Arrow - Arcturus Connection By Sjoerd Tyssen

Use These gifts to help your meditations.

**New Moon** - Aquarius Cycle – Chinese New Year 1st Feb'22... 12 degrees.. Aquarius.

**Arcturian Connection Message:-** 'You Graduated in this field of knowledge, can you give more insight?'

**First Quarter Moon** - Aquarius Cycle - 8th Feb'22... 19 degrees.. Taurus.

**Arcturian Connection Message:-** 'Trees are the Earths greatest friends.'

**Full Moon** - Aquarius Cycle - 16th Feb'22... 28 degrees.. Aquarius/Leo.

**Arcturian Connection Message:-** 'Being free is an honour and more importantly a state of knowing.' **And:-** 'Kindness always shows the way forward.'

**Last Quarter Moon** - Aquarius Cycle - 23rd Feb'22... 5 Degrees.. Sagittarius.

**Arcturian Connection Message:-** 'There under the stars are the Lovers.'

[Sjoerdytysen@bigpond.com](mailto:Sjoerdytysen@bigpond.com)



## GREETINGS FROM POLBATHIC

Hello fellow lightworkers and starseeds, I'm sharing with you all a photo of our latest Crystal medicine wheel - if you haven't got a medicine wheel, you can set one up yourself and it can be as simple - if you have just one Crystal - or complex - as you like - depending on the number of crystals you have.

As you can see from the photo the crystals in this part of the Crystal medicine wheel consist of Rose Quartz, Pink Kunzite and Strawberry Quartz because Pink is the colour of LOVE These types of crystals radiate and hold the Love vibration which is exactly what everyone needs rightnow! These crystals through the love vibration and the divine feminine, bring peace, harmony, healing and emotional balance which we can radiate out into our environment. They help us to tune into the divine feminine, our higher selves and soul light energy which will help to balance the male dominant energy which prevails in our world at the moment. These crystals will help raise your spiritual light quotient and that of our planet Mother Earth Feel the flow of unconditional love and expand into this vibration. Never under estimate the power of LOVE!

Together in Unity Consciousness  
ArcturianLightBlessings Stephen

## Bringing Herbs into your life

**Loquat...** Its signature is the unique taste. This engenders an emotional response so there is a deeper sense of understanding nature and civilization and praise for how civilization can function with nature. Hopefully, occasional exposure to loquat will generate an inner appreciation of the sweetness and bitterness of civilization and co-shared creative reality as a part of daily life. Individuals, as they work with this spiritual energy, may unite in a sense of deeper love. This inner sweetness opens the heart in a way that is a little more grounded, firm and clear than many other heart opening techniques. It is a way of absorbing and realizing spirituality as it exists, not as you wish it to be. Some images that are incorrect are dispersed, so individuals cut to the truth of the matter, or they see things in a clearer and more loving light.



## PCOL/PORL MEDITATIONS AND TIMES

### Mornington Peninsula Victoria PCOL/PORL Co-ordinator, Micki Kellett

Contact: [marcellakellett@hotmail.com](mailto:marcellakellett@hotmail.com)

Meets monthly for re activation of PCOL and social interaction between members. Meetings on **the Third Sunday of the month at 10.45 am DST**. Also phone conference line

### Gold Coast Queensland PCOL/PORL – Co-ordinator Jane Scarratt

Contact:-[janescarratt@gmail.com](mailto:janescarratt@gmail.com)

Meditation on **last Saturday of the month** in Helensvale 1.30pm Q'land time. Refreshments after. Ring Jane 0423054107

### Brisbane North PCOL Contact Jane

Meditations are being held monthly in Brisbane. On the **1st Sunday of month** at Brackenridge and on go to meeting 10.45am Q'land time.

### Newcastle meditation Coordinator Carel Fillmer

Contact : [carelfillmer@gmail.com](mailto:carelfillmer@gmail.com)

Meditations on 1<sup>st</sup> Saturday month at 2PM DST in Toronto and on phone conference line.

### Adelaide Meditation Coordinator Jen Hamilton

Contact: [j.e.hamilton53@gmail.com](mailto:j.e.hamilton53@gmail.com)

Meditations held 2nd Sunday of month at 2PM SA time at Marion and on phone conference line.

### Sydney PCOL/PORL

Contact:- **Committee chairperson-**  
[yvonnevillien@gmail.com](mailto:yvonnevillien@gmail.com)

Meditations on **fourth Saturday of the month** at 12pm – 2pm DST **at various locations and on phone conference line**

### Perth Stirling-Wanneroo PCOL. Co-ordinator Kala Govindarajoo

Contact: [gkala@gmail.com](mailto:gkala@gmail.com)

Meet **third Sunday of each month** at various venues at 2.15PM Perth time and on go to meeting.

### Grose Valley PCOL Co-ordinator Liz Clarke.

Contact: [eliz.clarke@yahoo.com.au](mailto:eliz.clarke@yahoo.com.au)

Meditations to maintain the PCOL will be held **every second Saturday of month** at Noon DST either at the Grose Valley Crystal, Blackheath in summer or Lawson in winter. Contact Liz: 0469 602487

### East Auckland PCOL/PORL Co-ordinator Janine Malcolm

Contact: [janinemalcolm@xtra.co.nz](mailto:janinemalcolm@xtra.co.nz)

Meet on **first Sunday of each month** at Farm Cove at 2.15pmNZST. Refreshments afterwards.

### Hobart Meditation Coordinator Annette Maxwell

Contact: [anet.maxwell@gmail.com](mailto:anet.maxwell@gmail.com)

Last Sunday of month at 2PM DST in person Mt Stuart and on phone conference line. We have a drumming session beforehand.

## INCREDIBLE FACTS ABOUT CRYSTALS

Here are a few incredible facts about crystals and how we interact with them:-

- Crystals are Frozen Light
- Each Crystal is a Living Being
- Each Crystal is a Library with vast information
- All Crystals have cubic form. Quartz is a Star Tetrahedron ('Star of David').
- Our bones are Crystal. They have the same geometry as Garnet.
- We have Crystals in our blood in the form of the Torus.
- Our DNA is composed of Pentagons and Hexagons.
- We can enhance our health and well-being by tuning into crystals.
- The Crystals inside our body are reflected in the outer world.
- Nicola Tesla, the father of modern technology, experimented a lot with Quartz. Tesla's work gave rise to TV, Radio, Computer, Mobile Phones, Satellite, the Electric Car, and much more. Crystal is at the core of all these technologies. Tesla recognised the Piezo Electric energy emanating from Quartz, and realised that the entire Earth is emitting electrical frequency, which we know as the Schumann Resonance.

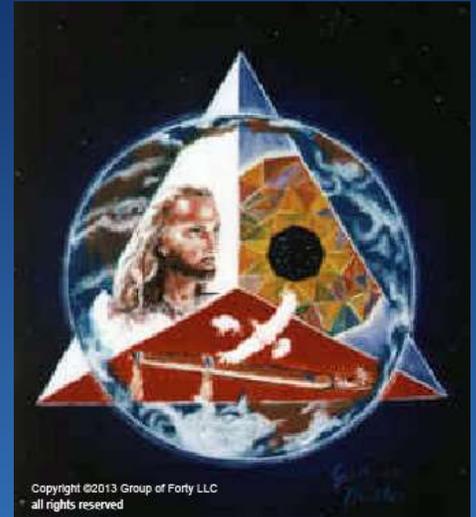
It's little wonder we humans have always loved Crystals, not just for their beauty, but for their energy and their healing ability. We are instinctively drawn to them because they reflect our own internal geometry, and because of the information and wisdom they share with us.



# "40 Groups of 40 will be formed for Personal and Planetary Healing Bringing us to the Fifth Dimension!"

*We are dedicated to teaching humanity about the ascension to the fifth dimension.*

*We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.*



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