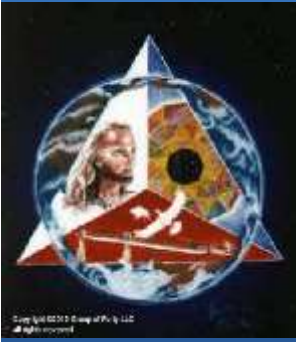


October 2021



Group of Forty

Australia

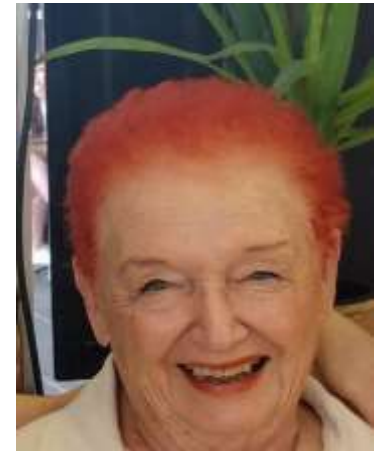
www.groupofforty.com

David K Miller Founder/Director



THOUGHTS FROM JANE...

It must never be forgotten that the physical body is only the earthly habitation of the Soul for a short time so that we can live in the world for the purpose of gaining experience and knowledge. Without identifying too much with our bodies, we should treat them with respect and care, so that they are healthy and last longer to do our work. We should never become engrossed or over anxious about our bodies, but use it as a vehicle of our Soul and mind and as a servant to do our will. External and internal cleanliness are of great importance. We use our water too hot; this opens the skin and allows the admission of dirt. Also, the excessive use of soap renders the surface sticky. Cool or tepid water keeps the body healthier; only a small amount of soap should be used, and this should always be well washed off in fresh water. Internal cleanliness depends on diet, and we should choose everything that is clean, wholesome and fresh as possible, mainly natural fruits, vegetables and nuts. Animal flesh should be avoided if possible or limited; first, because it gives rise to much physical poison in the body; secondly, because it stimulates an abnormal and excessive appetite; and thirdly, because it necessitates cruelty to the animal world. Plenty of fluid should be taken to cleanse the body, such as water and natural wines, avoiding the more artificial beverages of distillation. Sleep should not be excessive as we have more control over ourselves whilst awake. Clothing should be lightweight and allow air to reach the body, and our skin exposed to sunshine and fresh air as much as possible. Water and sun bathing are excellent for health. Doubt and depression are not our reality. Always remember, your soul only knows joy and happiness.



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2021 Australian GOF Annual Conference

October 16th 2021

This will be an online conference.

MEETING OUR MEMBERS

Hello, I am Mariana. I am from Brazil, currently living in Sydney – Australia. I have a Masters and a Doctor Degree in Psychology and Human Development and I have worked teaching kids and adults (mostly teachers and school principals) for over 20 years.

Since I was a child, I have loved everything Spiritual. Growing up in Brazil led me to study and learn about various religions which was great. However I always thought that there was something “missing”.

Moving to Australia in 2014 was amazing yet challenging (as any big moves, especially one across the world!). Those challenges led me to search for tools to support myself and my family during tough times. I came across Coaching where I learned various techniques such as NLP, Hypnosis, mBit, Tapping (EF), Archetypal Coaching, Reiki, Access Consciousness. Even though they were amazing I still felt that there was a “gap” inside.

In 2020 I came across the Quantum Stellar Board, which is a tool that helps to clear, harmonize and balance our physical, emotional, mental and spiritual bodies. As the name indicates, it is “Stellar” and it works with the support of various Commands such as Ashtar Sheran’s. My rational mind at the time was telling me that the things I was learning were “crazy” and could not be true.

My heart, on the other hand, was telling me “Yes! This is it!”.

Working with the Board has broadened my mind and spirit to Extra Dimensional life. In June this year my Quantum Stellar Board teacher introduced me to another technique: the Arcturian System of Multidimensional Healing, channeled by Clarindo Melchizedek.

MARIANA WREGE



I felt a deep connection with the Arcturians and, as a good lifelong learner, I started researching about these amazing loving beings.

That is how I came across David's book: “Connecting with the Arcturians”.

I am just starting to learn more about Extra Dimensional civilizations and each thing I learn makes my heart warmer with love.

Nowadays I work as a holistic healer and teacher of these wonderful techniques, and I can say that I now found the pieces that were missing.

Thank you for the opportunity to learn with you all, it is a great honour for me. Much love, Mari

HELLO FROM OUR LAKOTA FAMILY

My son, Jesse, and I went up to this scared site, what a wonderful Place to meditate and pray , and talk to the standing people and are mother. I really was feeling the little people around me. I just thought I would share my sons' web site with you. I am really lucky because any time I have a block, I ask Jesse to do a sound bath on me. My son is a Tibetan bowl sound healer. His work is to wake people up. He has done some great work with David and other people.

Here I will share his web site

www.Singingbowlhealing.com

Jesse Stark



ONLINE ANNUAL GENERAL MEETING 2021

Group of Forty Australia Saturday

October 16th

TWO LINKS WILL BE SENT TO ALL GOFA MEMBERS

10:00AM DST Greeting and 'Welcome to Country'
presented by Elizabeth Clarke

10:15 AM DST -12:15 PM DST Online Webinar with David K Miller and Gudrun Miller –
Homo Omega - the next evolutionary stage in human consciousness

Open to non members for a small fee of \$20

Email: janes carratt@gmail.com for information and a link

12.30 PM DST -13:30 PM DST
Break for Lunch

Jane will open the link for the Second half at 1:00 PM DST

13.30 PM DST -17:00 PM DST

- **Report** on Group of Forty Australia for 2021 by Jane Scarratt, Coordinator Australia
 - Report from Janine Malcolm, Coordinator New Zealand.
 - **Lecture** on 'The Practice of Dowsing' by Olga Kosterin
 - **Lecture** on 'Sacred Geometry' by Martha Heeren

ARCTURIAN TOOLS-SHIMMERING

Shimmering is one of the main spiritual technologies for the Ascension. Shimmering can be defined as the rapid acceleration or rapid increase of your aura and its pulse. The aura, or your energy field, has a pulse. This pulse can be compared to the pulse in your circulatory system in some ways, but there are also major differences. In the human circulatory system, if the pulse becomes too high and too rapid, then you can get into serious cardiac problems and even have a heart attack. There is a range of the human pulse that is optimal for your physical health. The aura has a pulse also, but unlike the physical pulse, the auric pulse is able to go at very high frequency. In fact, the higher the frequency or pulsing of the aura, then the greater your spiritual awareness and the greater your spiritual energy becomes. With an increase in your pulsing of your aura, you will also experience an increase in your spiritual abilities. Ultimately, in order to ascend, one's aura and pulsing of the aura must be at a higher rate and higher vibration. In order to ascend, you must cross the veil between the third and the fifth dimension. There is a vibrational curtain that separates the two dimensions. This vibrational curtain is useful and has many functions with the foremost function being to protect the fifth dimension from intrusions through the lower dimensions. Thus people of lower vibration, including those who experience hatred, jealousy, and desires to dominate and harm others, cannot go through this veil or this curtain. You must have a higher spiritual vibration overall to go into the fifth dimension. The concept of shimmering is based on these explanations. The practice of shimmering allows you to increase your vibrational speed of the aura, and with that increase of the speed, you are able to go through the veil and the curtain of the third and fifth dimension and begin to experience more basic fifth-dimensional energy. When the person is vibrating at a higher speed, there could be amazing and miraculous healings of the aura. You will also find that the shimmering is basically an acceleration of the aura, and even illnesses can be healed while one is accelerating the aura. Many of the illnesses come from holes in the aura which are causing energy leakage or parasitic attachments. In fact, even parasites or pathogens must travel through the aura and reach you. There are vibrational defense systems in place. When the aura is being shimmered and vibrated at higher speeds, then the pathogen can be more easily repelled. Also, those people who may want to harm you for any reason will also find that your accelerated auric speed repels them, and they will have difficulty getting through and harming you. Already you can see there are many benefits to shimmering, and we haven't even discussed or explored the main goal in shimmering, which is to thought project yourself into the fifth dimension. There are important tones and sounds that are helping one in the shimmering process. In fact, there are several different recommendations for how to use shimmering energy most effectively: Use sacred tones and sounds before you begin to shimmer. Practice shimmering in a sacred space. Practice shimmering at sacred times. Use crystals and special stones for assistance in increasing and holding the vibrational frequency. Taken from a Lecture August 1ST 2015

Understanding

Learn the alchemy true human beings know. The moment you accept what troubles you've been given, the door will open.

Welcome difficulty as a familiar comrade. Joke with torment brought by the friend.

Sorrows are the rags of old clothes and jackets that serve to cover, and then are taken off.

That underdressing, and the naked body underneath, is the sweetness that comes after grief. Rumi

Q and A with Juliano through David K Miller

Anne in Sydney asks: I would like to know if we in GOF and the Arcturians can do something to break the mass hypnosis that is creating what I see as a "Covid" cult around the globe, and especially in Australia.

A There is an exercise that you can do and I will explain the exercise but also there is some explanation because I want people to understand that the Covid-19, even though it is man made, still is part of the whole sixth mass extinction event. The problem is that everyone who was trying to cure the Covid is addressing it singularly as opposed to holographically and one of the reasons why Covid-19 has gotten so virulent is because humanity's immune system has become greatly weakened. Why has humanity's immune system become weakened, because of many of the reasons we have talked about and which include the degradation of the biosphere.

So if man's immune system was stronger then Covid 19 would not have taken such a hold. Another factor is the fear factor and no-one is discussing the emotional factor. I won't say no-one, I mean most of the people on a governmental level do not talk about the mind/body intersection. Fear contracts the aura and weakens your immune system and so the general approach to this situation is to create fear and then out of fear they hope that you will do some action. Now it is well known in psychology, fear and stress lower the ability of your immune system to fight off things and so what I am suggesting is that the whole situation needs to be looked out from a broader perspective, the perspective of the sixth mass extinction, the perspective of the destruction of the biosphere, the perspective of the

elimination of fear and why is man's immune system weakened and also from the perspective that the newer man, Homo-Omega must evolve to a higher immune system and what I believe is that we must be talking about how to strengthen the entire humanity's immune system.

Now in order to work with that, these are complex matters and I do not expect government officials to be open to these matters but you are asking what can we do and it would be the teaching of that perspective. The other thing is that we have given a biorelativity exercise which is calling on this. There is a mass consciousness about Covid-19 and the virus, there might be trillions and trillions of viruses but they all are part of this mass consciousness and the mass consciousness is perpetuating the strength of the virus.

The exercise that I gave was to visualize a whirlwind or like a cyclone-like system that is swirling around the entire Australia or any country, gathering up all of the trillions and trillions of these little viruses and sending them up in a whirlwind out into the ethers and outside of the planet and going into outer space where they would be sent away from the earth. I know they are already dead but they would all be pulverized and away from the planet.

A LIGHTER MOMENT

NO, I'M NOT COMING DOWN!
We've been on 20 walks today. Leave me alone.



FROM THE COSMIC ARROW

From the Cosmic Arrow - Arcturus Connection By
 Sjoerd Tyssen
 Use These gifts to help your meditations.

New Moon – Libra Cycle -

6th Oct'21... 13 degrees.. Libra.

Arcturian Connection Message:- 'The present is a powerful moment for choices.'

First Quarter Moon - Libra Cycle -

13th Oct'21... 20 degrees.. Capricorn.

Arcturian Connection Message:- 'Have no fear there is always an alternative approach.'

Full Moon - Libra Cycle -

20th Oct'21... 27 degrees.. Libra /Aries .

Arcturian Connection Message:- 'Have today your bread prepared.'

And:- 'Jumping around the tree.'

Last Quarter Moon - Libra Cycle

28th Oct'21... 5 Degrees.. Leo.

Arcturian Connection Message:- 'Inside everyone there is a little ray of sunshine.'

Sjoerdyssen@bigpond.com



GREETINGS FROM POLBATHIC

Hello Starseeds- I thought this month we would talk a little about Rose Quartz Crystal. This is a popular love Crystal and appears in many shapes and sizes. (see attached photo). We regularly work with this Crystal in our PCOL meditations. The energies are always amazingly gentle yet powerful! We also have Rose Quartz Crystals in a grid around our house and around the boundary of our PCOL which we buried in Mother Earth at the time of download and activation of our PCOL. Rose quartz - as many of you probably know - has a very warm loving calming nurturing supportive and compassionate energy and is a divine feminine energy encouraging self love, self worth and self healing – it's ideal for healing –especially the heart chakra! Having Rose Quartz around you, your home or your PCOL will attract unconditional love energy which will naturally raise your vibration thus increasing the spiritual light quotient of you and Mother Earth – a boost towards ascension!! Until next time.

Together in Unity Consciousness
Arcturus Light Blessings
Stephen



Bringing Herbs into your life

Lions Foot... the shape of this planet looks like the foot of the lion. The planet stimulates the development of **deeper courage**. On a higher level, **praise develops**. This praise strengthens the desire for life. Indeed, in the essential form of beingness, the first thing considered is life, whether one is to be, to experience the properties of life and beingness. This is what the kingdom of air contends with. This property is again nourished when an individual takes this herb. There is an enhanced ability to commune with the nature kingdom. This includes **greater telepathy with plants and animals** if this is what the person desires. This develops from a strengthening of a deep sense of praise within the person. Visualise this energy as a powerful sense of love for someone you love dearly, and project that feeling outward to the nature kingdom around you. the herb allows the response to form into a deeper sense of praise. As a result of this you become more aware of the nature kingdom. Welcome the nature kingdom and be aware of the energies of love that you transmit because this is the key to making that contact stronger. This was one of the **early plants used most often in the beginning of time on this planet**. The original use for lion's foot in Lemuria was to ease the thought form of fear. However, other plants and techniques were developed to deal with this issue, as it was seen that fear would become more prevalent. After a while, it was seen that understanding fear could lead to a deep sense of praise, towards the original beingness principle. The devic order readily and lovingly took on these characteristics to remind humanity of this, which is its purpose.

PCOL Coordinator News

Mornington Peninsula Victoria
PCOL/PORL Co-ordinator, Micki Kellett

Contact: marcellakellett@hotmail.com

Because we are in lockdown, we are grateful to have a phone conference call with members of the PCOL and members from all over Australia. We have three presentations by three different members. A meditation, then a talk and then a re activation meditation.

Gold Coast Queensland PCOL/PORL – Co-ordinator Jane Scarratt

Contact: janescarratt@gmail.com

We had a lovely afternoon with 10 members present and 10 on the phone conference call. We had a talk about the tools we use in the meditation then we connected to the star Arcturus. We used the basket to lift the PCOL/PORL energy to Alano. Lovely afternoon tea afterwards.

Brisbane North PCOL Contact Jane

We meet in person and on a 'Go to Meeting' link. This way members all over Australia are able to join in and support the PCOL. Meditation, talk and re activation meditation. Members who are meeting in person then enjoy conversation and refreshments.

Newcastle meditation
Coordinator Carel Fillmer

Contact : carelfillmer@gmail.com

We have three dedicated members in our proposed PCOL. While in lockdown we enjoy a phone conference with members from all over Australia.

Adelaide Meditation
Coordinator Jen Hamilton

Contact: j.e.hamilton53@gmail.com

We meet in person and on the phone conference call. We always have an enjoyable talk and a meditation and refreshments afterwards.

Sydney PCOL/PORL

There is a Committee to Coordinate

Contact:- yvonnevillien@gmail.com

Sydney is in lockdown so we had our re activation meditation as a group on the phone conference line. Yvonne presented a talk about Homo Omega and then we had a meditation as well as a re activation meditation.

Perth Stirling-Wanneroo PCOL.
Co-ordinator Kala Govindarajoo

Contact: gkala@gmail.com

we always enjoy a go to meeting presentation. We also have members coming together and we will discuss having meditations at the various burial sites of the crystal.

Grose Valley PCOL
Co-ordinator Liz Clarke.

Contact: eliz.clarke@yahoo.com.au

We are in lockdown, so the meditation was held on the phone conference line. We had 21 on line. Always enjoyable connecting with members.

East Auckland PCOL/PORL
Co-ordinator Janine Malcolm

Contact: janinemalcolm@xtra.co.nz

We're still in lockdown. Good attendance on zoom. The group found it powerful as they are used to meeting face to face. Conversation was good afterwards. We talked about the Sacred 'triangle and what it signifies.

Hobart Meditation
Coordinator Annette Maxwell

Contact: anet.maxwell@gmail.com

We didn't have a meditation this month because the coordinator had a cold. We look forward to the next session in October.

BIORELATIVITY SNIPPETS

The Global Biorelativity Committee believe that people get confused with the word biorelativity and we really need to simplify this. We thought "Planetary Healing Mediations" is a phrase members could use when 'selling' GOF to outsiders. We would still use the word 'biorelativity' within the Group of Forty.

We're presenting an additional meditation on a Sunday evening at 7pmEST. The focus is purely on the meridians. To keep the meridians filled with 5D light, in balance and harmony is a wonderful task for Gaia's well being. It's the same with us- when our meridian flows are strong and in balance, we feel well and happy. Gaia, too appreciates this work.

A new practice: Before we start the meditation, the first 2 mins are spent in silence. We are asking the participants to think words like 'Arcturian' and 'Arcturus'. This is successfully bringing peoples thoughts into the Arcturian thought field before the meditation and it is making our arcan power stronger.'



Belinda in Howick, Auckland

Eleanor in Sunny Hills, Auckland

Ana in Thornbury, Melbourne

Michael in Sydney

CONCEPT OF FREE WILL

Taken from Chapter 5 Connecting with the Arcturians Book 1 by David K Miller

The Concept of Free Will Free will is a concept that you have on the third dimension. It is part of the training that you must go through on the third dimension. Free will implies that you do not know the outcome. You do something, and you think the result will end up one way, but you do not know for sure. If we were to come into the third dimension with you, we would not define our actions as partaking of free will, because we could see immediately all of the consequences of our actions. From our perspective then, what we have described of us coming into your dimension would not be free will, because we would not choose something to do that would be harmful. This concept of free will does not make sense on the fifth dimension. Do not try to carry it over from the third because you will become totally confused. It is not the same life. You do things with total knowing on the fifth. On the third, you are living in the dark. Even those of you who are choosing to live as spiritually as possible do not know the outcome.

QUESTION AND ANSWER FROM THE BOOK CLUB

We are discussing concepts in “How to Heal, Ascend and Help Planet Earth” by David K Miller Book 2 Part 1 Chapter 1.

The **Earth's feedback loop system** is a self-regulating planetary system that keeps the Earth in a balance on hundreds of different levels. The most obvious levels are the temperature. We know that humanity and most animal and plant life need a special, moderate rate of temperature in order to survive. Besides maintaining a moderate temperature, the feedback loop system moderates the chemical composition of the atmosphere. The plants, animals and Man need a certain percentage of oxygen and nitrogen in the air. There are other systems that have to do with the ocean current systems, jet streams and production of oxygen in general that are regulated by the Earth's feedback loop system. Much of the production of oxygen on this planet is coming from the rain forest. It has been said that the rain forests are the lungs of planet Earth. How has humanity been treating its lungs lately? Are we honoring the lungs of the planet, or are we destroying them? **Where is the feedback loop system of the Earth located?** The Earth is a living being. It is a living spirit, and we can call it a living spirit because it does have characteristics that are well known for a living spirit and a living being. The most prominent feature is self-regulation, the ability to maintain certain temperatures and chemical composition, for example. The Industrial Age has been going on for three to four hundred years, and much of the contamination could have tipped the balance earlier, but the Earth's self-regulation system was able to adapt and keep the parameters of the temperatures and chemical percentages in accordance with the needs of humanity and life throughout the planet. **The feedback loop system is in the mind of the Earth**, which is multi dimensional. The Earth's mind is similar to the human mind in that it is transcending the physical reality. You can stimulate certain parts of the Earth's mind by working with the Earth meridians. The Earth feedback system then is a program for the purpose of maintaining a biosphere in which life and, in particular, humanity can exist. The feedback loop system has a certain program which is not easy to access. **Why is that?** This system is closely guarded. There are even today some Native People, such as the Hopi, who are working throughout the year who guard the Spirit of the Earth and the Earth's feedback loop system. The Hopis are devoted to protecting and interacting with that system. I realize that many people from the outside world consider what the Hopi are doing as rather primitive, but the exact opposite is true. They are using highly advanced ceremonial techniques to interact and to talk to the Spirit of the Earth. In order to access the feedback loop system in the mind of the Earth, you must have a certain level of spiritual advancement. This means not just anyone is allowed to interact or to try and change the feedback loop system program. A person must be of certain emotional and spiritual standing in order to communicate with the Earth's feedback loop system. You must have dedication and an open heart for the Earth, and the person must also be willing and ready to follow ceremonies. In working with the Earth's feedback loop system, you must have the global perspective and take into consideration the whole system

GROUP INFORMATION

Any question you have can probably be answered by going to the group web page.

www.groupofforty.com

Log in

Top right hand corner is a **search box**.

Put in a **couple of words** that describe your query. Research the information given.

If it's information about the 'tools', then **click on 'GOF Spiritual Tools'** tab on the top line

If its information about **Biorelativity or Planetary Healing**, click on that tab. You can also access the meditation recordings here

Need copies of newsletters or want to view the monthly calendars? Go to **activities and events**. Scroll down the list.

Scroll down to bottom of the home page to '**media**' to find short videos explaining Group of Forty.

Want to listen to meditations on UTube?...then we have a **Group of Forty UTube channel**. Explore the home page, videos and playlists.

THE NEXT BOOK CLUB MEETING



Australia's next book club discussion will be

Friday, November 5th 2021 6.30pm EST on Go to Meeting. "How to Heal, Ascend and Help Planet Earth" by David K Miller.

Our format for the book club is to create questions on the chapter and each participant is given a question to research and then present their answer. We then discuss with each other, our own thoughts and perceptions on the subject. We have members who just like to join in and listen and that is a wonderful addition to the energy. Email Jane or Yvonne for more information.

janes carratt@gmail.com
yvonne villien@gmail.com

AROUND AUSTRALIA & N.Z.

Sydney NSW PCOL/PORL Meditations on **fourth Saturday of the month** at 12pm – 2pm DST. We have refreshments afterwards. Email Yvonne: yvonnevillien@gmail.com

GoldCoast, Queensland PCOL/PORL
Meditation on **last Saturday of the month** in Helensvale 1.30pm Q'land time. Refreshments after. Ring Jane (07) 56657575 or email: janescarratt@gmail.com

Brisbane North, Queensland
Meditations are being held monthly in Brisbane. On the **1st Sunday of month** at Brackenridge. 10.45am Q'land. contact janescarratt@gmail.com

Melbourne Mornington Peninsula PCOL/PORL
Meets monthly for re activation of PCOL and social interaction between members. Meetings on **the Third Sunday of the month at 10.45 am DST**. contact janescarratt@gmail.com for more information

Grose Valley Blue Mountains NSW
Meditations to maintain the PCOL will be held **every second Saturday of month** at Noon DST either at the Grose Valley Crystal, Blackheath in summer or Lawson in winter. Contact Liz: 0469 602487 email: eliz.clarke@yahoo.com.au

Auckland NZ PCOL/PORL
Meet on **first Sunday of each month** at Farm Cove at 2.15pm NZST. Refreshments afterwards. Contact Janine:- janinemalcolm@xtra.co.nz

Perth Stirling-Wanneroo PCOL
Meet **third Sunday of each month** at various venues at 2.15PM Perth time. Contact Kala:- gkala26@gmail.com

FUTURE PCOL ACTIVATION

Adelaide South Australia – Jen Hamilton
Hobart, Tasmania – Annette Maxwell
Newcastle, New South Wales- Carel Fillmer

LADDER OF ASCENSION

Dome of the Rock-Jerusalem



We have helped to download **a Ladder of Ascension at the Dome of the Rock**. This Dome of the Rock has a great deal of spiritual energy. It is the place where the Israelites built the first temple on the rock, and then of course, it was eventually destroyed. It is the place where it is believed that Abraham was to sacrifice Isaac, and in the Muslim religion they believe that Abraham was going to sacrifice his son Ishmael. This is the place where Mohammed had a night journey and went up to heaven from the Dome of the Rock. The Dome of the Rock actually is a rock, and they built a dome around it so that when you, as a spiritual seeker, go there, you begin to feel that energy. There is a high thought form vibrational energy there that makes it a sacred place, and if you have seen pictures of the Dome of the Rock, then you know that it is a golden dome, and it has been standing there for 1500 years or more. It has the collected energy vibration of millions of seekers of light, and this is one of the reasons why we wanted to download the Ladder of Ascension there. It is also a place where higher dimensional beings visit the Earth.

NAMASTE ANIMAL SHELTER.

G'day dear ones, this divine little creature is a **feather tail glider, also known as the pygmy possum** and is a marsupial, native to eastern Australia.

They are a protected species, and are the only mammal to have a 'feather like' tail as you can see in picture. A beautiful divine soul bought her into the wildlife shelter to be assessed and cared for. She was found lifeless in the back yard , but after being warmed up on a heat pad, regained consciousness. Because they are so small, Feather tail gliders, have trouble staying warm when it is cold or when there is a shortage of food. They then enter a state known as 'torpor', this means that for short periods their breathing slows down and they become unresponsive. Their body temperature drops to almost that of the surroundings. This is not to be mistaken for hibernation which happens for much longer periods and is not known to occur in marsupials.

They are at home in trees and eat pollen, nectar and sometimes small insects. They are able to glide from 14-28 metres at a time. For a creature weighing, full size, 10-15 grams is AMAZING. Living in communal groups of 5-30 is common and they live for around 4 years. They are a truly intelligent design at work as are all creatures and creations.

Animals are something I can give my unconditional love and gratitude to, as I am sure we all do. Have an awesome month. Namaste, love, light and blessings to you all.

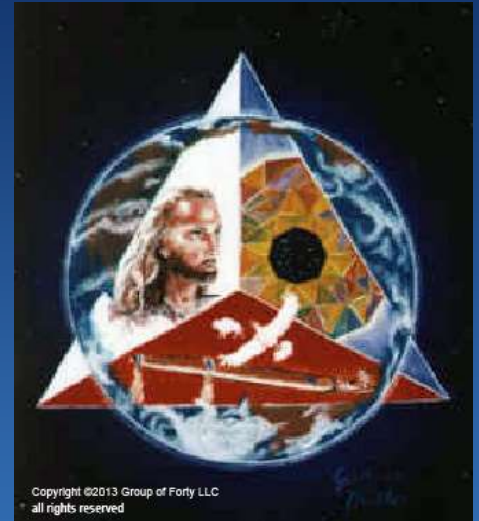


Donations always gratefully received.
Trent –Email: lgotchills208@gmail.com

"40 Groups of 40 will be formed for Personal and Planetary Healing Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the fifth dimension.

We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.



**David K Miller, Founder/Director
Group of Forty**

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