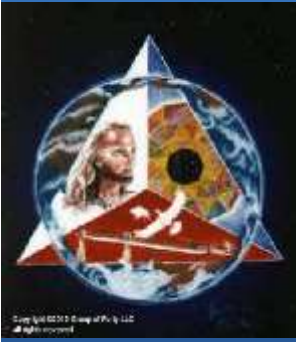


May 2021



Group of Forty

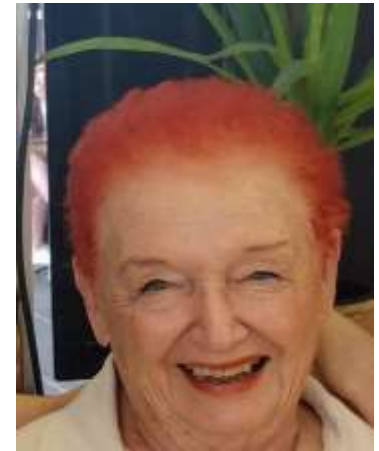
Australia

www.groupofforty.com

David K Miller Founder/Director



THOUGHTS FROM JANE... The first step towards spiritual intelligence is giving yourself time for this **STILLNESS** of your being. Spirit exists at a subtle level of reality. You will not see it with your outer eyes or hear it with your physical ears. Spirit is not physical, so it cannot be perceived with your senses. Spirit is not thought, either, so there is no way you can think yourself into spirit. This is why people who rely only on their intellects can quite blithely say nothing spiritual exists because they have never used the faculties that could detect its existence. The access to spirit is through **stillness**, so you need to have some sort of practice that encourages this. The activity can be as simple as going for a walk or sitting in a park or by the sea. It doesn't need to be extraordinary, just something different from your normal activities, something that gives the 'doing' a rest and allows the mind to be quiet and give space for the soul. The soul is the intermediary between spirit and yourself. When you are still, your soul's inner senses become active. You can 'see' spirit with your inner eyes when you recognise and appreciate beauty. Beauty is an expression of spirit and we respond to it with our soul. You can 'hear' spirit's message with your inner ears through inner knowing and intuitions that just feel right even though you don't know how you know. You can feel spirit's touch upon your inner self when you experience peace, serenity or joy. These are not emotions; they are spiritual feelings. They touch your whole being and leave you transformed. If you fill up your life with activity you may actually forget the whole point behind what you were doing and why you were here. By staying still often enough and long enough you can remember your true spiritual nature and what you are here to do.



Content

Page 2	Meet our members
Page 7	Q and A
Page 8	Cosmic Arrow
Page 9	Herbs
Page 10	PCOL news
Page 11	Biorelativity news
Page 13	Book Club
Page 15	Namaste wildlife news.

2021 Australian GOF Annual Conference

October 16th and 17th 2021

Hydro Majestic Hotel, Blue Mountains NSW

Details later.

MEETING OUR MEMBERS

Hello wonderful Group of Forty members. My name is Gayle Landers and I live in Mt Gambier in South Australia. I am So glad I have finally found you! When I was 18, my perception of reality was changed when I was hit by a car in Melbourne, while crossing a road. It catapulted me out of my body, in a near death experience. After that, I really wanted to work with people who were preparing to pass over. I worked as a Nurse, in many different fields, including palliative care. After my children became adults, I mainly worked in the Aboriginal Communities sector. I Loved the people. I found it heartbreaking to see the "loss of their Souls". The world really needs the re learn the connection with Gaia, that Indigenous people once had so strongly and are finding again. I backpacked around the world, living in places like India for extended times mainly Varanasi. I traveled to Tibet, South America and so many other countries. Now, I am focusing on my passion for Energy Healing. It is strange that for about 10 years, I had a constant "assistant" All I could see was a brilliant blue light. To me, the presence felt Angelic. So I thought of her as "Blue Angel". It is only after someone recommended a book by David Miller, that my Guide introduced herself to me as Arcturian! We are living in Interesting times! I enjoy the meditations presented by the Group and attend the book club and the Round Table Discussion. I love the goals of the Group of Forty and I truly believe that by participating in the biorelativity meditations we can really assist Planetary Ascension.

GAYLE LANDERS



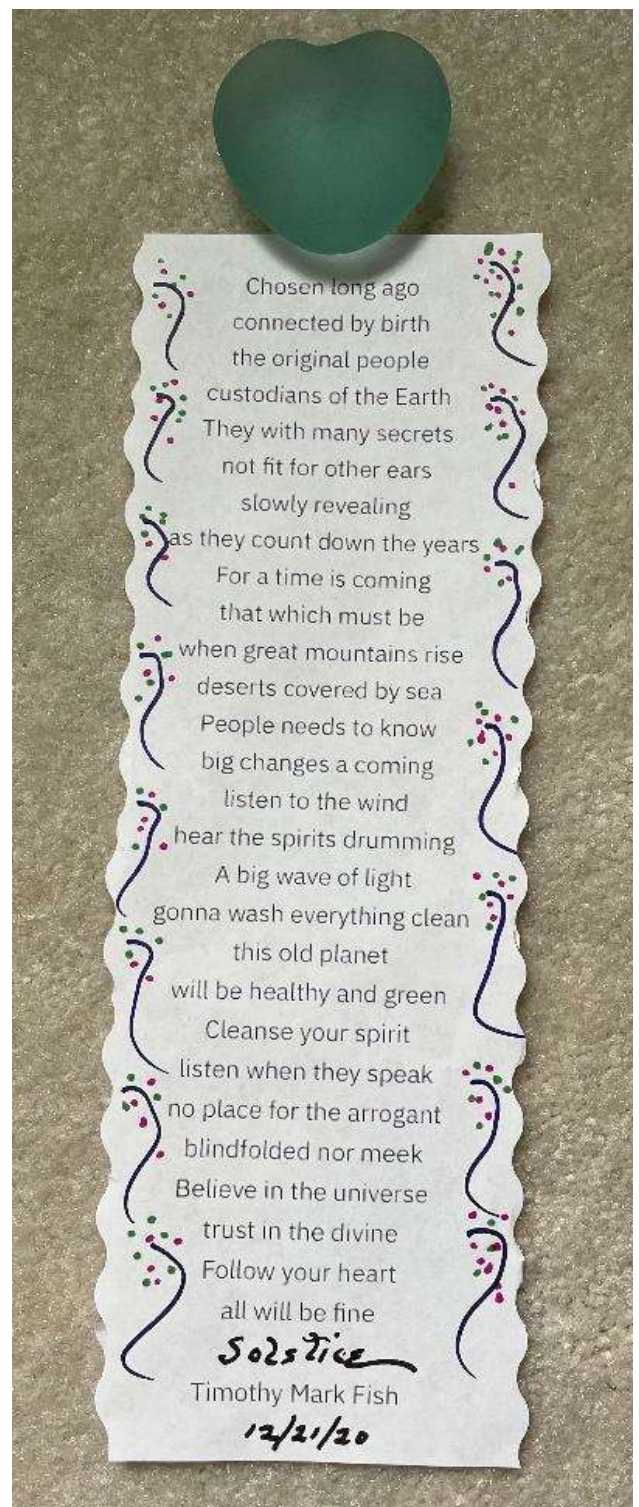
This photo is the only one I currently have of myself. It was taken 4 years ago in Quito, Ecuador when I was living there. I like the way it looks as if a Space ship is on my head. The location is the Royal Palace. With the soldiers, it really represents a 3D world.



Renae – Stirling-Wanneroo PCOL
PERTH

Craig – Auckland East PCOL
New Zealand

**Photo of Scorpio superfull moon
April 27th taken by Anne
Craven, member in Sydney
PCOL**



From Jan Dugan- Alabama

The Milky Way cuts a colossal path through the night sky

It is the nebula of our galaxy that has inspired a sense of awe and mystery in humankind throughout history. It was this sense of wonderment that photographer JP Metsavainio hoped to capture with an extreme long-exposure composite image of the Milky Way. It took Metsavainio 1,250 hours of exposure and nearly 12 years, as reported on his website, to map out in high resolution a vast celestial panorama. The end result seems to capture some of that glorious wonder. "I can hear music in this composition," Metsavainio said of his work, "from the high sounds of sparcs and bubbles at left all the way [to] deep and massive sounds at right." *Contributed by Jan Dugan, Alabama*



TRIBUTE TO OUR “DIGGERS” ON ANZAC DAY

One thousand men are walking

Walking side by side
Singing songs from home
The spirit as their guide
they walk toward the light milord
they walk towards the sun
they smoke and laugh and smile together
no foes to outrun
these men live on forever
in the hearts of those they saved
a nation truly grateful
for the path of peace they paved
they march as friends and comrades
but they do not march for war
step closer to salvation
a tranquil steady corps
the meadows lit with golden beams
a beacon for the brave
the emerald grass untrampled
a reward for what they gave
they dream of those they left behind
and know they dream of them
forever in those poppy fields
there walks one thousand men

Lest we forget

Joshua Dyer (aged 14) was tasked at school to write a poem for Remembrance Day. An hour later (without any help) he produced this and the painting.

Anzac Day, 25 April, is probably Australia's most **important** national day of remembrance for Australia and New Zealand. It marks the anniversary of the first campaign that led to major casualties for Australian and New Zealand forces during World War One and commemorates all the conflicts that followed. **Anzac Day** broadly commemorates all Australians and New Zealanders "who served and died in all wars, conflicts, and peacekeeping operations" and "the contribution and suffering of all those who have served"



MESSAGE FROM CORNWALL- ENGLAND

Hello Lightworkers and Starseeds,

My wife and I would like to share with you some of the things we've been up to in the UK's third lockdown. Now that we are slowly beginning to come out of lockdown and a return to the 'new' normal. As you can see from our photo's - we've been visiting the boundaries of our PCOL where we buried our crystals – nearly eleven years ago. That's me, Stephen, next to the big tree with our Crystal under buried there in Mother Earth (aka we call the tree our Green Man. In the other picture my wife is on one of our coastal walks - made possible by the reinvigoration of the Spring energies (its put a 'spring' in our steps!) We managed a six mile hike at the weekend!! We felt a fantastic connection to Mother Earth and her boundless gifts and energies. We hope that wherever you are or whatever season you're experiencing, that you're able to take time to connect with our beautiful Mother Earth in any way you can. Together in Unity Consciousness "We are all brothers and sisters" Shimmering Arcturus Light Blessings

Stephen and Becky



What Makes These Changes?

**Who makes these changes? I shoot an arrow right. It lands left.
I ride after a deer and find myself chased by a hog.
I plot to get what I want and end up in prison.
I dig pits to trap others and fall in.
I should be suspicious of what I want.**

Rumi

Q and A with Juliano through David K Miller

Juliano are the Australian aborigines from a particular star system (eg. Pleiades, Sirius)?

A The aboriginals are truly indigenous which means that they originate from this continent of Australia. However, over the eras that they have been living they have received many different visitors. Australia itself has very strong corridors to other realms, to other planetary systems and even to other galaxies. The Andromedans, for example, are very fond of Australia and have visited them and visited the continent also. But the interesting thing about the aboriginal people is that they are really native, that they began their journey in Australia even though they have had higher connections to different starseeds. They maintain their deep roots to their home which is Australia.

This is very instructive because they are a devoted group to their land and to the dimensional power of the continent. Now of course other continents do have powers but there are special interdimensional powers in Australia that the aboriginal peoples use and have been accessing their own personal power for survival on the continent.

Juliano, an energy called Seth is being channeled and I would like to know if this is the same Seth who is the third son of Adam and Eve in the Bible and if so, could you please give us a bit more information about him and whether you think his teachings are important and why?

A Seth is an entity that originally has been channeled by Jane Roberts who is now on the other side, by the way. Seth is an entity that was deeply connected to Jane. It is not the same Seth as in the Bible. Seth is related to the soul group and to the school of soul psychology associated with Vywamus. Vywamus is the soul psychologist that several people on the planet are now channeling, including this channel and there were several earlier channels in the '80s and '90s who were bringing forth Vywamus and Vywamus is related to the same energy school as Seth. Jane Roberts' books are beginning with the phrase "Seth speaks" and we think very highly of Seth because he is offering fantastic information about the subconscious, fantastic information about the super conscious and also about the mission of the world and those who are of higher consciousness and how to attain higher consciousness.

I encourage you to study Seth. The work that Jane Roberts did do is fantastic. It is interesting to study her life and see how a channel develops, see how she developed with this energy and how to interact with another entity who is offering so much information. Yes, I encourage you to study with Seth and to read Jane Roberts and she brought through this energy of Seth whom I congratulate because he is in alignment with the soul psychology information that is brought through from Vywamus.

A LIGHTER MOMENT



FROM THE COSMIC ARROW

From the Cosmic Arrow - Arcturus
Connection By Sjoerd Tyssen
Use These gifts to help your meditations.

Last Quarter Moon - Aries/Taurus Cycle -
4th May '21... 13 degrees..
Aquarius.

Arcturian Connection Message:- 'Being shy is not a handicap, it gives you time to observe.'

New Moon - Taurus Cycle -
12th May '21... 21 degrees.. Taurus.
Arcturian Connection Message:- 'New growth is a necessary cycle of life.'

First Quarter Moon - Taurus Cycle -
20th May '21... 29 degree.. Leo.
Arcturian Connection Message:- 'Wave after wave flooded the ship.'

Full Moon - Total Lunar Eclipse –
Taurus/Gemini Cycle – 9pm EST
26th May '21... 5 degrees..
Gemini/Sagittarius.
Arcturian Connection Message:- 'Can you see the tower ahead.'
And:- 'There under the stars are the lovers.'

Sjoerdytyssen@bigpond.com



PCOL NEWS

Juliano said:- I would like you in Australia to work on listing and bringing forth the strengths that your cities have as spiritual areas and what and how they could be transmitted to other Planetary Cities of Light.

Grose Valley (pathway 31) will share **Love and Understanding** of the importance of PCOL's on the planet. Juliano said it resembled Arcturus.

Mornington Peninsula (pathway 33) will share its **Joy and Calm**. It's just beautiful there.

Sydney (pathway 21) will share its **Unity Consciousness and Responsibility**. It's a city where you are an honoured friend.

Gold Coast (pathway 20) is a holiday destination and will share its **Light heartedness and welcoming energy to all**

Brisbane North (pathway 34) has a great energy of **Self love and Acceptance of all**. It's a city comfortable with itself.

Perth (pathway 18) will share its **Inner Peace and Harmony**

East Auckland and Half Moon Bay (pathway 30) will share its energy of **Appreciation of Earths beauty**.

We have **four Ocean Reserves of Light** and they will all share **respect and determination to preserve the purity of the waters of the oceans of the world**.

SydneyHarbour	Pathway	21
PortPhillipBay	Pathway	35
Pacific Ocean	Pathway	16

Bringing Herbs into your life

Ladies Slipper... this affects people on two essential levels. Ne of these is the level by which the feet come in contact with the Earth.- the way Earth speaks to you by motion. This enhances the ability to achieve a trance state while dancing, called trance dance. It makes it easier to achieve ecstatic states brought on by Sufi dancing and other similar techniques. Individuals who seek greater energy through the feet will find this accelerated and assisted by the energy of this herb. The technique of walking ion the dew in the morning may be supplemented afterwards by drinking some lady's slipper tea. **When the dew is still fresh on the ground, walk on it in your bare feet. Visualise the sun and its light coming into your body, passing through the body to the centre of the Earth. Then bring energy from the centre of the Earth through you to the heavens, releasing all negativity and imbalance. This gradually establishes a much deeper spiritual connection with the Earth, certain physical imbalances are alleviated and emotional calm is easier to attain. Do this several times a week for up to a few minutes each time.** The other spiritual effect is what happens to this energy. It is not only achieving a deeper trance state and a willingness to experience God's energy in such a state., but to utilize it in a way of fluid grace- a way the Earth is connected through your being to God, and together God and the earth dance through you. A gentleness and grace may be achieved. Being alive in itself is often a state of stress. It is important that this process be resolved so that the life you live is graceful on an internal basis.

PCOL Coordinator News

Mornington Peninsula PCOL/PORL Co-ordinator, Micki Kellett

Contact Micki:- marcellakellett@hotmail.com

We had 13 participants at this re activation; 7 in person at my home and 6 on the phone. Wonderful comradery as we enjoyed meditations, talks and each others company not to forget a lovely morning tea.

Gold Coast Queensland PCOL/PORL – Co-ordinator Jane Scarratt

Contact Jane:-janescarratt@gmail.com

We had 7 members and guests here for our re activation. Lovely conversation flowed over good food. We had a meditation, then a short talk on the power of PCOL's and why we are creating them. We presented the Cosmic Cross re activation meditation.

Brisbane North. Contact Jane as above

We met in person and on 'go to meeting'. We had 9 participants. We presented a meditation to activate starseeds to awaken to their planetary mission, we had a talk on PCOL's and the power of our thoughts and then we presented the Cosmic Cross meditation.

Perth Stirling-Wanneroo PCOL. Co-ordinator Kala Govindarajoo

Contact Kala:-gkala@gmail.com

We met at Angela's home in Balga. We also welcomed members all over Australia on Go to Meeting. We enjoyed a meditation followed by a talk about the power of the PCOL network and then we re activated the 5D energy of our PCOL. We had visitors and one of them promptly joined GOF after the meeting.

The PCOL Australia Committee of all the coordinators in Australia and New Zealand meet bi-monthly. Our next meeting is in June 2021

Sydney PCOL/PORL Reactivation

Contact Yvonne for more details:- yvonnevillien@gmail.com

We met at the Annandale Community Centre. We had great participation from members and visitors alike. Kerry presented an interesting and beautiful introduction and Mia presented a powerful meditation.

Report from Grose Valley by Co-ordinator, Liz Clarke.

Contact Liz:- eliz.clarke@yahoo.com.au



Wonderful gathering as usual. Beautiful weather at the Grose Valley crystal.

East Auckland and Half Moon Bay PCOL/PORL

Contact Coordinator Janine Malcolm: Email janinemalcolm@extra.co.nz

We had a gathering of 12 people. We were honoured to welcome a Maori elder to our group and she shared some wonderful information with us and gave us the coordinates of a Maori sacred site that she suggested we visit.

BIORELATIVITY SNIPPETS

To all GOF Aussie and NZ members,

We need more Biorelativity meditation presenters. You will be trained and supported. It's great being part of the Team and being of service to other members and to the Planet. Contact Jane: janescarratt@gmail.com

The Australia, New Zealand and United Kingdom Biorelativity Committee meet bi-monthly to discuss our presentations and concerns. The next meeting will be in June 2021

The **global Biorelativity Committee** will be presenting another world wide meditation on June 19th/20th. This will be on a go to meeting link. Time will be 8am EST.

The Biorelativity Committee have requested members in GOF to create their own image of Homo Omega.

We are organizing with Jader Antunes in Brazil to present meditations in Portuguese.

We have changed the time of our Mon/Tues/Wed evening meditations to 7PM EST to accommodate our New Zealand members.

The next **Round Table Discussion** is May 21st. 6.30PM EST Go to Meeting. We will begin discussing the Arcturian Planetary Tree of Life and the various pathways. What they mean and how we can incorporate their qualities into our lives.



MEDITATIONS FROM THE MASTERS AND PCOL RE-ACTIVATIONS

Thursday Meditation May 13th- Gene 11am EST 164595#

Saturday Q and A with Juliano May 15th 9.30am EST 164595#

Sunday Mornington Peninsula Re activation.

April 18th 10.45am EST in person

Sunday Adelaide meditation May 16th 2.00pm SA 396637#

Sunday Perth Stirling-Wanneroo. April 18th

2.15pm WAT Go to Meeting link

Thursday Meditation May 20th Charmaine 11am EST 396637#

Round Table Discussion on Tree of Life May 21st 6.30PM EST Go to meeting.

Saturday Sydney PCOL ReActivation May

22nd 1.00pm EST in person Annandale

Thursday Meditation May 27th – Tim 11am EST 164595#

Saturday Gold Coast Re activation May 29th

1.15pm EST In person

Sunday Hobart meditation May 30th 4.00pm EST 396637#

Thursday Meditation June 3rd – Angela 11am EST 396637#

Book Club June 4th 6.30PM EST Go to meeting

Sunday Monthly lecture June 6th 10.45am EST 164595#

Thursday Meditation June 10th ??? 11am EST 1645957#

Saturday Q and A with Juliano June 12th 9.30am EST 164595#

Saturday Grose Valley Re activation. June 12th 12pm EST In person at GV crystal

The Australian Biorelativity Planetary Healing Meditators meet every Monday, Tuesday and Wednesday nights at 7.40pm DST on the phone conference line. Email Jane for information.

MEETING THE REGULAR BIORELATIVITY MEDITATION PARTICIPANTS



Maralyn –the Mornington Peninsula



Tabitha- Boston



Nazreen in Brisbane



Gary and Debbie Chaunce - Ohio

BOOK CLUB AUSTRALIA

The Kabbalah and the Ascension Chapter Twenty

by DAVID K MILLER

This is available as an e-book or hard copy through [Amazon.com](https://www.amazon.com)

What is the message we need to be convinced of and need to focus our energies on?

Unity and sacred codes. Unification will occur. There is a process now occurring throughout the 3D. Some of it causing major separations and disharmonies but there are also major unifications that are coming about. The Sacred Triangle is a unification and there are others at different levels.

Describe these unifications which refer to codes and what is the new code emerging in the third dimension.

There are genetic codes, spiritual codes, ascension codes all within our structure. In fact, the Sacred Triangle is a new code that is emerging in this dimension. It is a code that will gather people together. A code that will be used by others to expand and create a corridor to bridge the 3D and 5D. The 3rd and 5th are closer now and we are continuing to build bridges from where we are to the 5D.

The third and fifth dimensions are becoming closer, but we need to build bridges. Why is the importance of this tied into unification?

Each bridge and each corridor we connect with is bringing the 5D light that much closer

to the third realm. The importance of this is tied into unification. What is happening is a unification that is going to occur with the 3D and the 5D. That moment of unification will be the ascension. From one perspective, that moment will last only for a brief moment. From another perspective it will last as long as you need to come into the proper energy to move into the 5D.

What is it we need to release?

Many of you are coming here to accomplish some wonderful releasing. You know the importance of releasing attachments, negativity, conflicts and the completion of your karmic debts. Know of the power of grace. You will have the opportunity to accelerate your release and your karmic process. You can be very accelerated; you can move very quickly toward releasing. Releasing karma is not a matter of time. It is a matter of intent. It is a matter of consciousness of beauty and acceptance.

THE NEXT BOOK CLUB MEETING

Australia's next book club discussion will be **Friday, June 4th 2021 7.30pm EST** on Go to Meeting. We will be discussing Chapter Twenty four of "The Kabbalah and the Ascension" by David K. Miller. Our next book for discussion will be "How to heal, ascend and help Planet Earth". **We are introducing a new format to our book club**

AROUND AUSTRALIA & N.Z.

Sydney NSW PCOL/PORL Meditations on **fourth Saturday of the month** at 12pm – 2pm DST. We have refreshments afterwards. Email Yvonne: yvonnevillien@gmail.com

GoldCoast, Queensland PCOL/PORL
Meditation on **last Saturday of the month** in Helensvale 1.30pm EST. Refreshments after. Ring Jane (07) 56657575 or email: janescarratt@gmail.com

Brisbane North, Queensland
Meditations are being held monthly in Brisbane. On the **1st Sunday of month** at Brackenridge. 10.45am EST. contact janescarratt@gmail.com

Melbourne Mornington Peninsula PCOL/PORL
Meets monthly for re activation of PCOL and social interaction between members. Meetings on **the Third Sunday of the month at 11.0.45 am EST.** contact janescarratt@gmail.com for more information

Grose Valley Blue Mountains NSW
Meditations to maintain the PCOL will be held **every second Saturday of month** at Noon EST at the Grose Valley Crystal, Blackheath Contact Liz: 0469 602487 email: eliz.clarke@yahoo.com.au

Auckland NZ PCOL/PORL
Meet on **fourth Sunday of each month** at Farm Cove at 2.15pm NZST. Refreshments afterwards. Contact Janine:- janinemalcolm@xtra.co.nz

Perth Stirling-Wanneroo PCOL
Meet **third Sunday of each month** at various venues at 2.15 Perth time. Contact Kala:- gkala26@gmail.com

FUTURE PCOL ACTIVATION

Adelaide South Australia

Hobart, Tasmania

SUB CRYSTAL DOWNLOADED INTO THE CAPE YORK PENINSULA

Australia has 5 sub crystals around our coastline. They are all a duplication of the Grose Valley crystal and were downloaded by Juliano, with GOF members assistance. The sub crystals are the same size as the Grose Valley crystal but less powerful. Their job is to support the work of the Etheric Crystal at Grose Valley and can only be used in this country.

There is a sub crystal at Burrunggui (sometimes spelled Burrunguy, previously called **Nourlangie Rock**) is located in an outlying sandstone formation of the Arnhem Land Escarpment within the World Heritage listed Kakadu National Park in the **Northern Territory**. It is the traditional Country of the Gun-djeihmi speaking people and according to Traditional Owners, was shaped by Ancestral beings in the creation period of the Dreaming. The area contains amazing paintings that represent the Aboriginal Dreaming, with depictions of Namandi spirits, both male and female figures and one with six fingers on each hand.



Stories from Trent Mills, Namaste Wildlife Shelter and Group of Fortv Australia member.

G'day all, this is Yinn, a beautifully divine musk lorikeet , who was found by a lovely lady by the side of the road, unable to fly and very distressed. The lady bundled her up and delivered her to me. The hot weather effects birds greatly , but with fluids, some good food and a safe environment, they usually rehabilitate themselves easily , as was the case with this lovely girl. After two months rehabilitations, Yinn was released this morning and flew awesomely. Musk lorikeets are found primarily in south eastern Australia, from east N.S.W , spanning all of V.I.C and south east S.A. They generally feed on nectar and pollen from plants and flower, but, as I have discovered, most lorikeets they do like a variety of green leaf vegetables, such as lettuce and kale and fruits like apples and pears. Be well in these glorious times. Namaste, love, light and blessings to you all.



Yinn resting in his cage



Close up

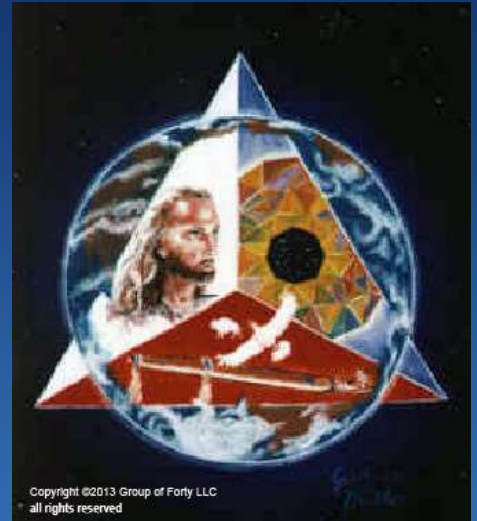


Back in the wild

"40 Groups of 40 will be formed for Personal and Planetary Healing Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the fifth dimension.

We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.



**David K Miller, Founder/Director
Group of Forty**

Email: davidmiller@grouppofforty.com



**Gudrun Miller, Founder/Director
Group of Forty**

Email: gudrunaz@yahoo.com



Jane Scarratt, Coordinator Australia

Email: janes carratt@gmail.com



**Janine Malcolm, Coordinator
New Zealand**

Email: janinemalcolm@xtra.co.nz

