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Group of Forty GLOBAL Newsletter | Issue 292 | February 2021



The Cosmic Cross: The Ring of Ascension, the Core of the Earth, The Crystal lake, and the Central Sun

By David K. Miller



The Arcturian image of the cosmic egg has been a powerful visualization that we use for healing our auras. During our meditations, when Juliano says command your aura to go into the shape of the cosmic egg, then everybody immediately has that image of the cosmic egg in their mind. We have been looking for a comparable image to be used for strengthening out thought powers or arcan energy, when we are doing Biorelativity exercises for Earth healing. Through discussions with Janine Malcolm in New Zealand and Jane Scarratt in Australia, we found reference to such a powerful image in an earlier channeling from Juliano brought through over ten years ago. In that channeled lecture Juliano said

that one way of influencing the planet is to bring together the ring of ascension, the core of the earth and the Arcturian Crystal Lake and the Central Sun energy. He reported that “sacred codes of light are emanating from the center core of the inner Earth” He went on to say, “We, The Arcturians, have brought our planet into the Fifth Dimension when we went into the core...and we worked in the core intensely for years. We had people continually working with this area.” Further he said: “ If you could have 1600 people focusing simultaneously on the Inner Earth and the Ring of Ascension, then you would be overwhelmed with joy at the effects”. Then Juliano recommended connecting these points to the Arcturian Crystal Lake and to the Galactic Central Sun. In our discussion we decided to call the connection

to these four powerful points, the “Cosmic Cross.” This term was arrived at when we thought of the “Southern Cross,” which is a prominent constellation in the Southern Hemisphere. Janine came up with an initial drawing of the Cosmic Cross and Gudrun Miller used her artistic talents to draw a more elaborate representation of these powerful spiritual points. We are now using this drawing and the concept of the Cosmic Cross to help increase our arcan powers when doing Biorelativity meditations. We will be offering further instructions on how to use the Cosmic Cross in an upcoming worldwide meditation in March.



David K. Miller |
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STARSEEDS Counseling

Dear Gudrun,

In the last lecture by Juliano, he talked about loving the Earth and connecting with her.

You also have said that being deeply connected to Mother Earth can help you expand spiritually.

I understand this concept and agree with it but I do not feel that connection! I'm almost ashamed to admit it. I find nature to be uncomfortable and at times even intimidating. I much prefer to be in my home where I have control of my environment and I feel safe.

Is there anything that I can do to connect with the Earth? I actually just want to be done with my life here.

Thank you for

listening.

Dear Friend.

I will have Spirit Fire address your concerns.

Blessings, Gudrun

I am Spirit Fire and I greet you in the light of this new day. I believe what you are describing is an issue in this modern world where so many of you are not bonded with the Earth, our Mother.

The indigenous peoples had to be closely connected to the Earth because their existence depended on a deep bond with nature. We lived outdoors and walked the Earth with bare feet Every step was sacred.

We understood her cycles so we knew when to hunt and when and where to forage for food.

The animals, plants, wind, rain, insects, minerals and water were brothers and sisters, aunts and uncles and our grandparents. All were our relations. We derived much wisdom from their teachings.

Many in this current existence on the Earth do not connect with source of their water, food, energy and material goods.

That is where I suggest you start in your connection with Mother Earth. Bless the water that you drink. Bless the food you eat. Bless the comfort that she, your Mother provides for you.

Thank her every day and express your gratitude. Without her continued generosity and love, we all could not exist on her and we could not continue in the soul expansion and soul evolution she provides for us. She is a patient, forgiving and loving mother!
I send my love to all of you. I am Spirit Fire.

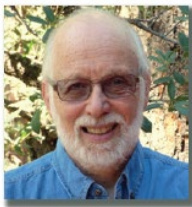
Blessings, Gudrun



I am Gudrun Miller
and I have been a
professional counselor
for over 30 years.

Group of Forty Monthly Lectures

with David K. Miller



The next lecture is on Saturday, March 6, 2021 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST). We will be meeting on [freeconferencecall.com](https://www.freeconferencecall.com) international phone line, which is specific for each country. An email announcement will be sent out one week prior with the freeconferencecall phone number and access code. Contact David Miller at

davidmiller@groupofforty.com for more information. The re-transmission of the lecture for Europe will be on Sunday, March 7, 2021 at 10:00 a.m. Phoenix, Arizona time. You can check the teleconference/lecture time against your local time by using either: www.timeticker.com or www.thetimenow.com



MEETING OUR GLOBAL MEMBERS Carmen Traitel

I am Carmen Traitel and I live in Puerto Rico, an island in the Caribbean. I lived for 14 years in mainland US because my husband was an Army Ranger in the US Army. We returned to Puerto Rico in 2000 and we have been there ever since. I always wanted to be of service to my fellow man/woman, so I started educating myself through various classes and training in healing modalities such as

Reiki, Diamond therapy, rebirthing, Archaic registers, Reiki rainbow crystal, cleaning and equilibrium of auras, hypnosis and healing of planetarium waters and a few others. One day a brother sent me a video of David Miller and his work with Julianos and the Arcturians on the healing of Mother Gaia. I was able to join a group of Spanish speaking people and I became more and more interested in this group. I continued to research everything about the group and I eventually became a member of the Group of Forty. I began to send that video to different brothers and sisters and asked them if they wanted to

join in this work for the healing and ascension of Mother Earth. In this way, we started the Group of Forty in Puerto Rico. By Oct. 31 2020 we activated the first Planetary City of Light and Ocean Reserve on the east side of the island. We continue to work with love

and dedication twice a month for our planet and our PCOL and Ocean Reserve of Light. When I read about the Sacred Triangle and the power of joining the three sides, my heart jumps for joy because I have always worked with this knowledge.

The trails of light are wonderful and they direct and guide into places and people that vibrate with our energy. I will continue to research and study to acquire more knowledge to work with Mother Earth in her healing, equilibrium, and ascension. If we grow in knowledge, we are able to continue healing our spirit, and if we heal, then Gaia heals. Blessings to all.



COUNCIL OF ELDERS REPORT

The Medicine Wheel and the Star Family

Juliano by David K. Miller

We are happy to announce that this is the fourth part of a series of 10 articles from a 2011 channeling by Chief White Eagle and Juliano through David K. Miller. This information is relevant to our planetary healing projects, and we would like to bring this information to the attention of our members again, especially since we have a large number of new members who may have never seen this lecture. For the final installment, we will add updated information on the medicine wheel, given us recently by Juliano.

Part 5

The Medicine Wheel functions as an interactional tool with Man's prayers and telepathic communications with the Earth. Also, the Medicine Wheel functions as a tool to hold spiritual energy. If you look at the crop circle, you will see that the crop circle may exist for a couple of days or for a short time longer. The crop circle is holding the energy. The Medicine Wheel can also hold your energy and can hold your thoughts and communicate those thoughts to the Earth.

We suggested that there could many Medicine Wheels built by the Group of Forty starseed members. We also believe that the Medicine Wheels can and should be built in all the Planetary Cities of Light. The Medicine Wheels can also communicate with each other. The Medicine Wheels have multidimensional abilities, that is, they can communicate with the Earth. They can communicate with other Medicine Wheels, and the Medicine Wheels can increase in power logarithmically. If you had ten Medicine Wheels around the planet, it would be far more powerful than two. The power of the Medicine Wheels would be increasing logarithmically, which is a higher value than just doubling or tripling. Now we are at a time on the Earth where the whole planet can learn about and practice and use the Medicine Wheel.

The third aspect I wanted to talk about is the Medicine Wheel's ability to communicate galactically. We looked at the Medicine Wheel first as a tool for your personal work. We also looked at it as a tool to communicate with the Earth and work with harmonic energies. Now we are also looking at the Medicine Wheel as a tool for communicating with the galaxy.

Many of the Native Peoples in earlier times knew that there were galactic energies, and that the Earth was receiving galactic energies. This has been most often expressed, in one instance, for example, by the exploration and discussions of the Mayans who had a concept of the galactic center. They believed and had a concept that they were in

communications with the galactic center.

What does it mean to communicate with the galactic center? It means that you are receiving galactic energies, but also it means that you are sending galactic energies. Galactic energy is complex because the Earth is in a solar system far from the galactic center. The Earth's solar system is primarily directed by the Sun, and the Sun is on a path going around the center of the galaxy which takes now, according to recent calculations, two hundred and fifty million years for one rotation, for one cycle, to occur. We are now approximately half way through that cycle of one complete revolution.

You go around the Sun in 365 days. You have autumn. You have summer. You have four seasons. You know that each position creates different weather patterns and different energies. Those energies and weather patterns also can be designated in the Medicine Wheel. You could talk about the earlier part of your life; you could talk about the middle and you can talk about your sunset years.

You can understand galactic energies that the Earth is now receiving by beginning to have a conception of where the Earth is in its path and what energies and what patterns are being received. The solar system's path around the center of the galaxy is an important visualization, but also, the Earth's precession or wobble affects what angle of energy it is receiving both from your Sun and from the center of the galaxy. You are in the midst of a great alignment. On 12-22-12, the Earth will be in an approximate alignment with the galactic center. The Earth is in this galactic alignment due to the precession or wobble of the Earth's axis, and also because you are approximately at the halfway point around. Because of these alignments, there is an opportunity for intense newer light and newer energy. This newer light and newer energy is needed on the Earth. You need newer thoughts and newer vibrations to change and repair the Earth.

I want to emphasize the word "repair," because by all scientific observations, the Earth is in quite a quandary or quite a fix right now. That is to say, there are problems on the Earth which seem irresolvable. These problems are already creating damage that seem like they cannot be fixed. In such an alignment with the galactic center that we are talking about, newer vibrations, and newer energies are going to become more available so that new solutions will be emerging.

In one sense, the path of the solar system around the whole galaxy is a gigantic Medicine Wheel. You see, the Medicine Wheel is representative of inherent patterns in the galaxy. Perhaps it is more difficult to understand how the solar system and how the Earth are feeding back information to the center of the galaxy. Maybe you could understand that the center of the galaxy is sending energy to the Earth, and that there is a new vibrational field coming to the Earth. Part of the reason is that a new vibrational field is coming to the Earth, because the Earth and the solar system have come into a new position in their 250,000,000-year path around the center of the galaxy.

What kinds of communications emerge from the Earth, emerge from your solar system? That is where the Star Family comes in. That is where the Star Masters come in. Your vibrational energies are sent out and are picked up by the Star Family members. They are picked up by the Ascended Masters, by the Galactic Council. For example, the Galactic Council and the Star Family knew when the first atomic bomb went off. They know when there are other nuclear experiments. They know when there are experiments done in the time-space distortions. You cannot do a time-space distortion exercise without many other energies in this galaxy picking it up and understanding it.

This means that what is going on here is communicated to other parts of the galaxy,

particularly to the center, especially events involving nuclear energy. Nuclear energy also affects the time-space distortion field. A time warp on occasion has been created in different energy fields on the Earth. That time warp is like a wrinkle in the space-time continuum on the Earth, and that wrinkle is picked up by other parts of the galaxy. The Star Masters and the Ascended Masters and the Galactic Council know that there could be potential problems here on the Earth. They are picking up the waves of energy that are created by the space-time distortions in some of the scientific, military experiments that you have done.

The Medicine Wheel also has the ability to harmonically communicate to the galaxy. The Medicine Wheel has the ability to harmonically receive the highest light from the center of the galaxy, and it can be used by you to send harmonic light outward. This is a good practice because you want to attract higher dimensional energy and beings to the Earth. One of the reasons why the fourth-dimensional Grays came to the Earth is because of the disharmonious energies that were sent out. One of the reasons why many of the Ascended Masters are coming to the Earth now is because many of you are sending out higher harmonic energies. *(To be continued.)*



For the Council of Elders
Birgit Smothers
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Planetary Healing **BIORELATIVITY** Earth Balance Teams

Please note that Elisha in The Netherlands is presenting Biorelativity Meditations in the Dutch language every Tuesday evening at 20.15 PM Amsterdam / 12.15PM AZ time on the free conference call number with the access code 7431713. Email: elisabeth.zon@gmail.com

To all members of Group of Forty, we need Biorelativity Meditation Presenters. Please, if you have the time and the desire to be of service to the Group, would you be in touch with Jane. You will be trained and it's wonderful to be part of that service to Group of Forty members.

Comment from Carel in Sydney:- Whilst training one of the Sydney members in presenting a meditation for the PCOL Sydney, I was musing over the benefits that presenting gives us, telling her that by verbally speaking the meditation, it is very powerful because your mind cannot wander like it does when listening to someone else. In other words you are really in the

present by imagining and feeling the meditation whilst reading. I found that over time the connection with the Arcturian tools as well as the blue tunnel of light became stronger. Now I can instantly access the 5D without even thinking.

All meditations are placed on the closed Facebook page and also on the web pages. There is also a mailing list for anyone who wants the meditations sent to them so they can download to listen to at any time. Just email me janescarratt@gmail.com

The Biorelativity Team is presenting a minimum of 14 meditations per week. We are letting Earth know we are here and we are supporting her and she will respond more favorable BECAUSE she knows we are here.

REMEMBER.....A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it. Biorelativity is the ability to interact with the Spirit of the Earth with higher consciousness. Biorelativity can create unity consciousness and a unified energy field. Noorelativity is the ability to send thoughts and energy into the Noosphere for the purposes of manifesting a higher healing light throughout that planet. There is a monthly calendar on the web pages. Contact Jane for further information you may need. janescarratt@gmail.com

Please note that we have changed the time of the Monday and Tuesday meditations from 5pm AZ to 6pm AZ.

Every Wednesday we have a Meditation from the Masters. There are different presenters for these wonderful meditations taken from the books written by David K Miller. Please note the different access codes for these meditations. We have an Australian presenter one week with access code 396637# and a USA presenter the next with the access code 164595#.



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Planetary Cities of Light Report



Robert Maldonado
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Newest PCOL Activation in 2021

We're off to a great start in 2021 with lots of growth and enthusiasm for the PCOL project thanks to the fabulous support from our coordinators and

members. In January, we activated two new PCOLs: Vicente Lopez, Buenos Aires, Argentina and York, United Kingdom. This month, the PCOL of Palmira, in Colombia, the fifth one in that beautiful country will be activated.

We have started a new initiative at our global meeting to meet and make a really conscious connection with the people behind the planetary cities of light around the world and to make our PCOL network to become stronger. Juliano explained it this way:

“Herewith this discussed with these presentations you are enhancing the thought field created by the Planetary Cities of Light. Therefore, you are increasing the effective thought power. The noosphere is influenced by pictures, influenced by meditation, but it is also influenced by your interaction. Again, I want to return to this principle that interaction is creating a thought network, a thought field. That thought field already is influencing the planet and influencing other Lightworkers...The Planetary Cities of Light project is showing that there is a way to transcend the political boundaries and connect with the unified energy field.”

Everyone is invited to the upcoming meetings in February:

- The USA monthly PCOL meditation will be on Saturday, 20 February at 9 am AZ.
- The Spanish Quarterly meeting is on Sunday, 21 February at 10 am AZ.
- The PCOL Country Coordinators meeting will be on Friday, 26 February at 2 pm AZ.

We have also changed the name of global meeting to “Global PCOL Network Meeting” and the meeting time from 9 am to 1 pm AZ.

Let’s welcome one of our newest PCOL of York in North Yorkshire, United Kingdom. The PCOL has 10 members and the coordinator is Hannah Taylor (who is also the country coordinator.)

York is a beautiful cathedral city just two hours north of London by rail. The city has many beautiful landscaped gardens and parks. Located at the confluence of the Rivers Ouse and Foss, it is the county town of the historic county of Yorkshire. The city is known for its famous historical landmarks such as York Minster and the city walls, heritage architecture of the inner city which makes it popular with visitors locally and from overseas.

The city holds 1900 years of history in its ancient walls. It was founded by the Romans as Eboracum in 71 AD and became the capital of the Roman province of Britannia Inferior, and later of the kingdoms of

Deira, North Umbria and Jórvík. In the Middle Ages, York grew as a major wool trading center and as the capital of the northern ecclesiastical province of the Church of England, a role it has retained.

Here's what some of their members said after the activation:

“It was a beautiful and very special activation which means a great deal to me and our group members; we have been collaborating with the Arcturians and the Angelic realms for many months now, endeavoring to reactivate a true realignment with the spiritual energy field of the Angelic and Cosmic

Hierarchy. The blessing and activation, led through David, by Juliano and Archangel Michael was powerful, awe-inspiring and such a wonderful confirmation of our personal intuitions and humble efforts."

"I felt powerfully uplifted as it felt like the fruition of a lifetime of preparation in many different ways and I am very grateful to all who participated. I am looking forward to working with the 5th dimensional energies that have been activated and pray that this will awaken many more star seeds in the York area."

"I feel filled with deep appreciation for connecting with our Arcturian companions, all the Group of Forty, along with the PCOL's and an enormous privilege to be participating in such sacred activity. Such overwhelming gratitude for the harmonious frequencies of peace, love, light and joy which now prevail."

Be sure to come and join us at our next Global PCOL Network Meeting on February 28, 2021. We are a family and want to help each other in the process of planetary healing. As we join together over and over, we build our unity consciousness and strengthen ourselves and the network. It does not get any better than that!



From the
**Land Down
Under**





*Aerial photo of the Wollomi Standing Stones in western Sydney. They are a replica of Stonehenge.
Photo from Martha in Sydney*

Derry Moroney, an amateur photographer on the north coast of New South Wales has turned the ordinary into the extraordinary by capturing a series of mesmerizing photographs of Lake Cakora at Brooms Head and published in the New Daily newspaper. "If you were to look at the image you wouldn't think it was real at first," he said. "It's sort of like a tree of life. "At the very end of the lake the water runs out and it all spines out into a tree-of-life look." Lake Cakora is a lake and lagoon that is intermittently open to the ocean at Brooms Head, Main Beach near Yamba.

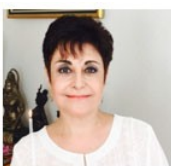




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Report from GOF Mexico By Ana Rosa Moreno

The proposal to form GOF 1 Mexico, one of the first in Latin America, began more than 27 years ago in Mexico City when I was introduced to the Group of Forty project during a visit to San Diego. Since then, we have worked very hard to implement the Arcturian teachings in Mexico. In 2010 we activated the Planetary City of Light of Cuicuilco; it meets once a month on Saturday and Juliano guides the meditation. Her sister city is Montserrat in Spain. The area has a very powerful energy, having been a very important ceremonial center in the pre-Columbian era and the guardians of that time have been maintained. Our meditations continue to maintain and increase the energy significantly. I am a Professor at the National Autonomous University of Mexico with experience working at the United Nations. I continue to maintain many international ties and travel a lot around the world. My mission was to bring the energy and Arcturian work to all the places I visit. On the astral level, I call those who have given me permission to be guided by Juliano in the work he directs. This past year zoom meditations have allowed the group to grow with people from other countries and areas of Mexico. We have a Facebook page, GOF 1 Mexico, with 132 followers. I am very grateful to each member for their commitment and love for the Arcturian work.



Ana Rosa Moreno
GOF Mexico
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Group of Forty activities

The fourth Saturday of each month is the monthly GOF/PCOL meeting day for active groups in Spain. On that day, all the PCOL groups carry out a

monthly Reactivation of their PCOL in the time window from 12 to 15:30 and, in the afternoon, both the GOF groups and the PCOL groups meet for the connection with the monthly online meditation that the Arcturian School organizes. Other GOF meetings are at the discretion of each group.

Online monthly Advanced Biorelativity exercises

The Arcturian School organizes two monthly online meditations in the Zoom Webinar, one on the second Saturday and the other on the fourth Saturday, at 5:00 PM, in both cases with the aim of helping to repair the Earth as a living being. There are more than 50 assistants from Spain, France, Mexico, Brazil and South America attending the meditations.

Online meditations at the Arcturian Temple

The Arcturian Virtual Temple is a virtual global meditation space reserved for the members of the Group of Forty, which is connected with our Temple in the Arcturian School and with the Temple of Tomar in Arcturus. It has been founded by the Arcturian School at the direction of Tomar to help accelerate the planetary Noosphere and human evolution. The Temple of Tomar on Earth has 12 Temple Guides and offers a daily meditation on the Wormhole Classroom Webinar in Spanish, French, English and Brazilian Portuguese.

Online meditations for COVID 19 Protection

We carry out these meditations on the second, third and fourth Saturday of May at 12:00 noon: on the second Saturday we carry out the protection of the Planetary City of Light of Sant Pere de Ribes; the third Saturday we have an exercise of Shimmering to raise the Spiritual Light Quotient of the Garraf area where are the Sant Pere de Ribes PCOL and the Sunway PORL and the fourth Saturday the exercise of Two Earths (2020 and 2022) and the Homo Omega in the Auditorium of the starship Athena of the Arcturians.

Check the calendar on the Facebook Groups:

<https://www.facebook.com/groups/templovirtual/>
<https://www.facebook.com/groups/grupo40Spain>



Welcome New GOF Members!

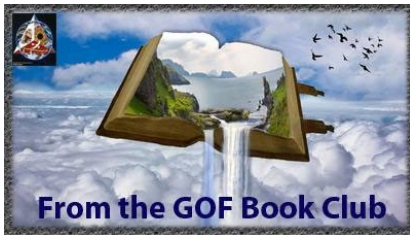
We would like to extend a warm welcome to the following new members who joined the Group of Forty between January 1st, 2021 and January 31st, 2021

FIRST NAME	CITY	STATE	COUNTRY
Alison	Trieste		Italy
<u>Aquanette</u>	Massapequa Park	NY	USA
Barbara	Manchester		UK
Choy			Malaysia
Elizabeth	West Moors		UK
Gustavo	Amsterdam		Netherlands
Iris	Richmond	NSW	Australia
Ivan	Benowa	QLD	Australia
James	Auckland		New Zealand
Kristin	Framingham	MA	USA
Lara	<u>Portarlinton</u>	VIC	Australia
Mary	<u>Sliema</u>		Malta
<u>Michelle</u>	Brisbane		Australia
<u>Nick</u>	Auckland		New Zealand
Rita	<u>Bottmingen</u>		Switzerland
<u>Shuning</u>	<u>Veldhoven</u>		Netherlands
Sophie	Auckland		New Zealand



For the Council of Elders

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GOF Book Club

KABBALAH AND THE ASCENSION

Chapter 9

By David K. Miller

What is Adam Kadmon?

Adam Kadmon represents the perfected soul light. It is the Zohar soul in perfect unity with the light of the Zohar. This is the ultimate unification of the self. The Zohar light is so powerful that you must be specially prepared. For example, you might need to go through repeated incarnations to attain the proper harmony before you can reunite with that light. Then when you are in that light, you can merge with Adam Kadmon. Each of you has a part in Adam Kadmon. That is where this beautiful concept of reunification comes in.

Is there a third adjustment needed for ascension?

The third adjustment is found in J.J. Hurtak's "The Book of Knowledge: Keys of Enoch". The transformation occurring now is a planetary experience. We are speaking of the reunification or the restoration on a planetary basis, not just on an individual or group basis. Keep on the forefront of your consciousness not only your own healing but also planetary healing. Keep in mind not only your own ascension but also planetary ascension. We are working together with the Brotherhood. It is for all to join hands and open their hearts together in this wonderful unification.

We need to keep in mind healing & ascension for both personal and planetary needs. Is there anything else?

There is a final adjustment or correction. You are now in the stage of your evolutionary development in which you are beginning to accept both aspects within yourself, the male and the female. When the feminine side comes into play with the male side and when the male side comes into full play with the feminine side, then you move closer to the energy of God.

From our perspective, I will say that we wish the energy was referred to as "Adam-Eve Kadmon" instead of "Adam Kadmon". It sounds as if it is only the male side. You know that Adam Kadmon is really male and female together, not just male. Adam-Eve Kadmon is a new term you can use to make sure that all understand what we are talking about.



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Alessandra in Washington asks:

Dear Juliano, you mentioned in our last GOF lecture, that there were planetary systems that had **tri polarity and quad polarity**. I have racked my brain trying to figure what those other polarities could be. We on earth have obvious bi polarity, negative and positive. **But could you briefly summarize the third and fourth polarities, of other galactic civilizations, in a nutshell? Also, since everything is numbers, what significance does the number 186, sacred to the Hindis in India, carry?** Thank you, Juliano!

A Well I like that question because she wants us to summarize it in a nutshell. Is the nutshell going to be a positive and negative nutshell or is it going to be a tripole nutshell having three aspects to it? To understand what a tripole universe - and I am only going to talk about the tripole, not the quadrupole or four pole- Think about the Trinity, Father, Mother, Holy Ghost and that would be an indication of what it would be like to think in terms of threes. Think of what it would be like instead of having mother and father, but you would have three parents. Think about what it would be like if you were married but instead of married to one person you were married to two people and had a triad. That would be the only way that I, in your language, could describe what it would be like to live in a tripole universe.

The problem is that you have the linear or conception of positive or negative and you do not have a conception of trinity except in the beautiful Christian theology which is attempting to manifest that and there are aspects of this reality now that have a three-pole system. As I mentioned, the Trinity is the primary example but even the Trinity has only been used in a certain religious formulation, it is not used in other aspects and your society is not trained or you are not brought up that way. You are brought up to be positive or negative, masculine or feminine and your society is evolving because there are now, for example, the transgender which has the aspects of both sexes but is not really both. You are developing to the concept of androgyny which is kind of moving in the direction of that.

So that is the best way that I could describe that using these examples but it becomes more complicated if you think about having the positive and negative, north and south but if I tried to explain to you positive and negative and a third aspect then your mind is not able to comprehend that except if I said that the third aspect somehow has both aspects of the north and south in it in a way that would be described as transgender or trans-covert would be a better way to put it.

When you get into the fours then you are getting into something that is a little more complicated, well a lot more complicated. So that is the best way that I could describe that. There is evolution of dimensions. There is tremendous evolution that is occurring now on this planet that is hopefully moving towards the integration and this is really important for the healing of this planet.

Regarding the number 186, the problem is that the Hindus have literally millions of gods or sub-gods, and the number 186 is referring to a specific formula for connecting with universal godhead energy through a numerical transformation of the recitation of these numbers or the recitation of certain mantras or certain Vedas, 186 times and it is believed by repetition of certain mantras or Vedas 186 times it would create the Samadhi or the universal enlightenment and universal healing. 186 has to do with the energy of this god which is coming from an external source outside of the solar system and their belief of the power of that number.

Greetings, this is Juliano, we are the Arcturians. I welcome your inquisitive minds, especially at this time of dramatic change that is occurring throughout all aspects of your planet. There are many different perspectives and views on events, many different interpretations and it is hard, as seekers, to find the truth but nonetheless as they would say, the truth is out there and it only requires an inquisitive mind and persistence to find the ultimate answers to your questions.

Question from Rhonda in Houston:

Juliano, why do you not hear about the flu anymore? What is really going on with this virus? I feel strongly that we are being misled! Thank you.

A Well, are you asking, Rhonda, for more trouble? (jokingly). Is not the virus enough trouble that you want to get the flu - that is a joke. But anyway, first of all let us just look at one scientific observation and that is the reason why there is not more cases reported of the flu right now. Because the methodologies that are being practiced by hundreds if not millions of people around the planet which include washing of hands, keeping social distance, wearing a mask, being isolated and all the other rather painful methods, do work effectively with the flu as well. So, what is happening is that you are not seeing as many cases of the flu because the methods that are being instituted to fight the Corona virus in a secondary way or coincidental way have prevented more flu outbreaks.

Now the question she asks, what is going on with this virus - I am assuming she is asking about the Corona virus and what is going on with the Corona virus is that it is out of control and that despite any scientific explanation,

the general consensus, from my perspective and our perspective, an Arcturian perspective, is that the scientists still do not understand this virus and that even though they are saying that the vaccination is going to “cure it”, it is not going to cure it. In fact, my estimation is that the vaccination will be about 30% to 33% effective.

Now when I say 33% effective, I am not comparing it to the 90% effectiveness or 90% effective rate, that is the rate where you get the vaccination and 90% of the time you will not get it. 30% means if you take the overall planetary situation the whole vaccination effort will be about 30% to 33% effective in reducing or keeping in maintenance or holding the back the total outbreak.

Now why do I say that because number 1 not everyone is going to take the vaccination and number 2, there is not the technological means to give everybody the vaccination and number 3, it would take probably a year, a year and a half to give everyone the vaccination and number 4 this virus, as I have said earlier, mutates and the mutation would necessitate a second vaccination. Just like you get a vaccination for the flu this winter or this summer but then next year there is a new version and this is the mutation ability this virus has. It has the ability to mutate and it is a very sophisticated virus and I think that even truth of this virus, of how sophisticated it is, is probably being kept a secret from the planet for fear of creating more fear among everyone.

I return to the theme that I have often said which is let us go to the root cause which is the sixth mass extinction and the interface of destruction of the biosphere which causes the weakening of the immune system of humanity. This weakening of the immune system is caused by the many different reasons such as radiation, which is related to the weakening of the Earth’s aura and also related to the weakening of the human aura. Solving these problems is the true cure.

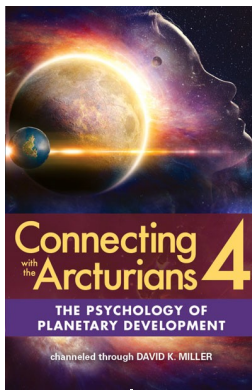


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ANNOUNCEMENTS



We are happy to announce that David's Book, “Connecting with the Arcturians,” has been published in Portuguese in Brazil.



[David's Latest Book, Connecting with the Arcturians 4](#), is available now as an e-book and a hard copy book through Light Technology Publishing.

You can also find it on Amazon at [this link](#). This fourth book contains the most up-to-date information on ascension that is available, including new spiritual techniques to aid the process.

David's earlier books: "[Connecting With the Arcturians](#)" and "[Connecting with the Arcturians 2](#)" and "[Connecting with the Arcturians 3](#)" by David K. Miller, offer a comprehensive presentation on the ideas and views of an extra- dimensional, extra-terrestrial civilization on the Earth situation from the planet Arcturus.

Subjects included in this fascinating presentation are: 1) the Arcturians' view of the ascension or "rapture;" 2) what is the Fifth Dimension and how we, as the human race, are evolving toward the higher dimension; 3) the impending Earth peril and dangers to the Earth biospheres; 4) Jesus' (or Sananda's) role in the ascension and why he has a new name in the higher realms; 5) The Arcturian Stargate, a soul transfer station referred to in the Edgar Cayce's writings. When we finish the Earth's incarnations, we can travel to the Stargate for our next "soul assignment."

This first book also describes a new concept in spirituality, the Arcturian Sacred Triangle. For the first time, the Arcturians offer a way of uniting Earth's spirituality so that a planetary healing can occur. Readers will learn how ascended Native Americans' mystical Earth spirituality and galactic extra dimensional spirituality can be united to enhance a healing for the entire planet.

- > David's book, [Connecting With the Arcturians3](#), is available for purchase in soft cover from [Light Technology Publishing](#).
- > David's book, [Connecting With the Arcturians2](#), is available for purchase in soft cover from [Light Technology Publishing](#).
- > David's book, [5th Dimensional Soul Psychology: Channelings by Vywamus](#), is available on the [Light Technology website](#).
- > David's book in Spanish, "[Enseñanzas del Sagrado Triángulo Arcturiano](#)," is available in the Amazon.com Kindle Store and may be purchased [using this link](#). The follow-up to this book, "[Connecting with the Arcturians 2](#)", focuses on planetary transformation from a galactic perspective. It covers such topics as embracing galactic spirituality and planetary evolution, the aura enhancing technique known as shimmering and much more. The reader also gains more understanding of the planetary healing technology such as biorelativity and other global healing techniques.

You can buy these books at the following links:

[Connecting With The Arcturians](#) [Connecting With The Arcturians2](#)

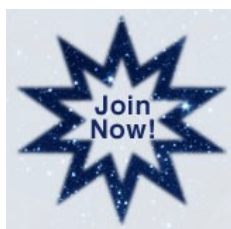
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Our Purpose:
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We are dedicated to teaching humanity about the ascension to the Fifth Dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.

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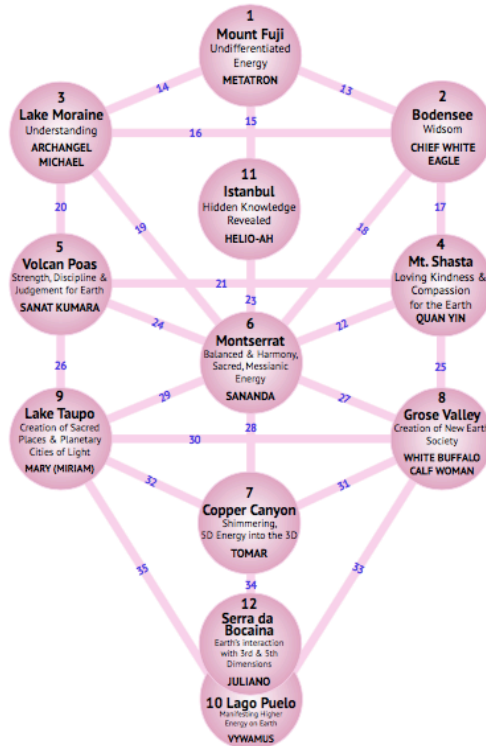
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Newsletter edited by David Miller and Jeri Denniston (jeri@dennergroun.com) with editorial help from Birgit Smothers. If you have articles to contribute, please send them to: birgit@groupofforty.com by the 18th of each month.

Tree of Life

Arcturian Tree of Life with Numerical Paths

Each Sphere is associated with a Spirit Guide and Sacred Location



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