



Group of Forty

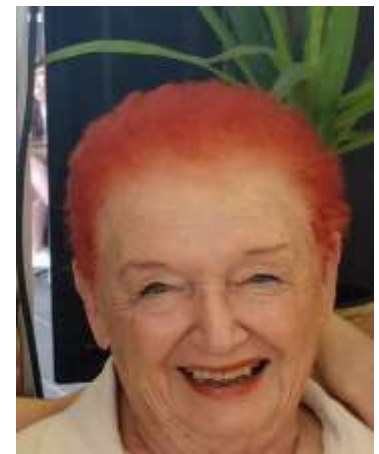
Australia

www.groupofforty.com

David K Miller Founder/Director



THOUGHTS FROM JANE... It isn't what you do physically that determines an outcome of what you are wanting or doing. Outcomes are determined by the **belief** in the outcome! Visualisation helps determine belief. Look at yourself - look at what you are visualising about yourself, about other people in your life- and about difficult situations- and you will find that most of the time you are dwelling on what is wrong. You will never get anywhere gazing at a problem. Gaze with complete confidence on what you **see as the perfect solution to the situation**. You may not believe it works...but hey, try it anyway! What have you got to lose? Remember, what you concentrate on will manifest. Ask yourself what pictures you are showing your psyche because your psyche will reproduce those pictures for you in your life. **This is how you shift old patterns**. It takes mental energy so go for something really important...really vast...rather than something mundane. To ride the crest of your own thought waves is difficult in the beginning because your mind wanders, and doubts and boredom will arise to block you. Have determination, will and patience to see it through. Make the picture of your dream as beautiful, dynamic and extensive as you can and support it with all the power you have and that is what the psyche will reproduce for you. You can do it. Of that, there is absolutely NO DOUBT!!



Content

Page 2	Meet our members
Page 4	Q and A
Page 5	Cosmic Arrow
Page 6	Herbs/monthly M'ations
Page 7	PCOL news
Page 8	Biorelativity news
Page 9	Book Club
Page 10	PCOL Re-activations
Page 11	Namaste wildlife news.

MEETING OUR MEMBERS

My name is Manish Kumar and I was born and educated in Delhi, India. I first travelled to Australia in 2004, and fell in love with this beautiful country. After living in Melbourne for few years, I permanently migrated to Sydney in 2010 and have lived there since then. I am a Senior Manager in one of the Technology companies in Sydney.

I have lived in a spiritual environment since childhood, because my family were religious. I had difficulty with this because I could not fully connect with the religious beliefs. My expansion commenced during the period between 2012-2013 when I went through some health challenges. I turned towards alternative medicines and energy work during this time. Over the next 5-6 years, I learnt meditation techniques (incl Transcendent Meditation) and explored more about Energy Healing. I was inspired by many teachers during this time, including Deepak Chopra, Eckhart Tolle and others.

In Dec 2019, I connected with the Arcturian Council Of Light (7D) and have been going through a journey of remembrance, transition and expansion with their guidance. I have made quantum jumps in my consciousness since then and am in process of aligning to my soul mission. I was guided to GOF group through various downloads, and through reading articles on the internet.

The Earth is going through a big transition, and so are all her inhabitants.

MANISH KUMAR



Since humans have the most influence on Earth at this stage, I believe it is the responsibility of all of humanity to come into unity and take conscious actions in healing of Earth and its inhabitants.

It is great to be part of this wonderful community.

Regards, Manish

COMMENTS ABOUT OUR FIRST “FRIDAY’S NIGHT IN IS THE NEW GOING OUT”.

I enjoyed “Friday Night” In for many reasons. It was lovely to have a round table discussion with people of like mind. I was very conscious that every person was coming from their Presence/Higher Self because of their ability to see things in a fun way which usually means their Higher Self is in charge. A few people just listened to the interesting comments and experiences that were expressed. It was uplifting and enlightening. Many thanks to all who participated. Anne

The discussion was interesting and some people were so articulate. I enjoyed the evening and seeing some GOF members in person. I would be fascinated to know about the concept of Grace as understood by people in the group. Martha

Friday nights is a good initiative: - It's good to get to link faces with familiar names. Happy to be involved! Angela

I I was surprised at how much I learned, in some cases, about the speaker, hearing a couple of full sentences beyond the usual hello, welcome, thank you, good night. Had the impression this new format could serve This Group's Cohesiveness (grin), cementing us additionally from this different angle. Mia

The meeting for me was enlightening, giving me a lot to take in and work on. I would love for the meetings to continue. I particularly like it when books are recommended as I'm at a loss to know which to read as there are so many of them. If you could recommend what books I should read, it would be very helpful. Wendy

I thought the Friday night discussion was very interesting, learnt some new stuff. I guess I was expecting more info on the moment of ascension, for example, what exactly is going to happen to us, what will see if anything? How long will it take? Other than that, it was great to hear other people's views & thoughts. Ann OM

Great concept and very informative I feel. Thank you. It was all pretty wonderful to connect more socially. A testament to the relaxed atmosphere you create that I could be in bed in my pjs online! Without makeup! I loved hearing everyone's thoughts. I showed my daughter the section where I talk about her grandmother and 4D and she said “they're your people aren't they even though they're scattered around” and I said “yeah, they're my tribe”. The clan! And she kinda got it about 5D work. So connecting in such a warm authentic space was really special. Jen



Friday's night in is the new going out

FRIDAY NIGHT ROUND TABLE DISCUSSION
Will be on 'GRACE'

Friday November 13th 7.30pm EST

**'Go to meeting link' will be sent to
everyone on
Wednesday November 11th**

Log onto the web site www.groupofforty.com and put the word GRACE into the search engine. Start reading and understanding about this fabulous dispensation for you. Think about it. Write down your observations and thoughts and share them with us.

MAGPIE STORY FROM MAGAER IN THE NORTHERN TERRITORY

This is a Dreamtime story from the Wathaurong People. The traditional boundaries of the Wathaurong people span the coastline from the Werribee River to Lorne peninsula and traverse inland in a north-westerly direction towards Ballarat.

'Long time before today...The sky covered the earth making everyone crawl around in the dark. The Magpies, being proud and industrious, gathered and worked to raise the sky so everyone could move about freely. They gathered some long sticks and fighting hard they lifted the sky up. They placed the long sticks on small and big rocks; they fought to lift the sky even higher. The sky split open, showing the beauty of the first sunrise. They were so overjoyed to see the light and feel the warmth of the sun's heat, they burst into song. As they sang, the blanket of darkness broke and drifted away like clouds. To this day the Magpies greet the sunrise with their joyful song.'

Re-told by Uncle David Tournier

I read this story many years ago and had an interesting experience afterwards. I'd read it just before going to sleep. The next morning I woke and was still in between dream space and waking when I heard a magpie sing. Immediately I felt my 3D mind – my everyday mind - clear and I felt a spaciousness in my mind that I hadn't felt before. I have since come to know this spaciousness through meditation and many years of spiritual practice. So the story to me, reflects this process of clearing the dense material mind and opening to the spacious divine mind.

Many people see these stories as myths. But they are far from that. You see these stories are told to children and people grow up with them. When a person is ready to understand the wisdom in the story, it will show itself. I believe that is what happened to me. So the wisdom is not communicated in language but by experience. This is the only way true wisdom can be 'learnt'. If you are a 'teacher' in this field it's not about inculcating people with theory and concepts, it's about trying to awaken the wisdom within each person. It is already there, we just have to allow it to surface.

In a way it's more unlearning than learning, because in order to allow the wisdom to arise within, we often need to deconstruct the 'normal' thinking that is instilled in us from childhood.

I hope this gives the reader a better understanding of Aboriginal Dreamtime stories and how profound they are. And I'd just like to mention also that the term Dreamtime was the nearest the English translators could come to translate the concept of the parallel realities – time without time – that this term

seeks

to

describe.

Magaer Lennox

This Dove Here

Someone who does not run toward the allure of love

walks a road where nothing lives.

But this dove here senses the love hawk floating above,

and waits, and will not be driven or scared to safety. Rumi

Q and A with Juliano through David K Miller

There are a lot of theories about 5G being rolled out by the tech giant Huawei. My question is in two parts: 1. Is it true that we will be affected by more radiation? If so, is it more harmful than the radiation we are already exposed to, if so how? 2. Will the Chinese government be using 5G for the purpose of more surveillance on foreign governments?

A We'll do the second part first and the answer is yes, they will be using 5G for surveillance and they will use any method they can to do surveillance. Now 5G is potentially harmful but it is only harmful if you are in close proximity to it. Close proximity means that it is by your ear, that it is close to your head. In the world of electromagnetic energy the higher the frequency the more dangerous it is to your brain and other parts of your system. I am not concerned about that harmful effects of this electromagnetic radiation from the perspective that by itself the 5G is not that harmful to you because you are able to tolerate it. What is more concerning is that this is an additional exposure to electromagnetic radiation that is accumulative. You already have a plethora of exposures to radiation from your computers, from your regular cell phones, from cell phone towers, from your televisions, from the games, even your cars now are filled with electromagnetic radiation. Now in some ways it is amusing that everyone is concerned about the 5G yet I do not hear many of the starseeds worried about the electromagnetic radiation in your cars which is using some pretty intense electromagnetic radiation and if you saw all the electromagnetic radiation in your cars, in the newer cars in particula. All these new devices in your newer cars emit electromaagnetic enaray.

Now the danger of the 5G is if you get close to it. They will be putting up more 5G towers and the closer you are, the more potential it is for harm. I look at it this way, is that going to be the straw that breaks the camel's back, because of the other accumulative exposures. So my answer is that by itself, if this was the only exposure you had, no, it is not harmful but if you look at the accumulative exposure that you are having, then we are just adding one more layer of electromagnetic energies that you are being exposed. Would that one layer be enough to set you off or cause problems? It depends upon your situation, how close are you to the tower, how close you use your cell phone, are you wearing any protection. What happens at night because night time you are much more susceptible, you are much more vulnerable, to the harmful effects of radiation exposure. It is a continual incremental problem. Now, of course, the advantage of 5G is the bandwidth and that you are able to add more surveillance cameras, videos, things that take more bandwidth. This is part 2 of the Question. Yes, the Chinese will be more likely to use 5G for government surveillance or any type of surveillance because with the increased bandwidth it is easier to hide your interference and remember a lot of surveillance is in video and when you use video, video is a wide bandwidth and 5G has wider bandwidth so the answer is yes, they will be able to use this for intrusions and they will be able to hide it more easily, that is, hiding who is doing it and where it is coming from.

A LIGHTER MOMENT

**Only an Aussie could pull this one off!
A true story from Mount Isa in Queensland.**

Recently a routine Police patrol car parked outside a local neighbourhood pub late in the evening. The officer noticed a man leaving the bar so intoxicated that he could barely walk. The man stumbled around the car park for a few minutes, with the officer quietly observing. After what seemed an eternity and trying his keys on five vehicles. The man managed to find his car, which he fell into. He was there for a few minutes as **a number of other patrons left the bar and drove off.**

Finally he started the car, switched the wipers on and off (it was a fine dry night), then flicked the indicators on, then off, tooted the horn and then switched on the lights. He moved the vehicle forward a few metres, reversed a little and then remained stationary for a few more minutes **as some more vehicles left.**

At last he pulled out of the car park and started to drive slowly down the road. The Police officer, having patiently waited all this time, now started up the patrol car, put on the flashing lights, promptly pulled the man over and carried out a random breathalyser test.

To his amazement the breathalyser indicated no evidence of the man's intoxication. The Police officer said "I'll have to ask you to accompany me to the Police station - this breathalyser equipment must be broken."

"I doubt it," said the man, "tonight I'm the designated decoy"

FROM THE COSMIC ARROW

From the Cosmic Arrow - Arcturus

Connection By Sjoerd Tyssen

Use These gifts to help your meditations.

Full Moon - Libra Cycle -

2nd Oct' 20... 9 degrees.. Libra/Aries.

Arcturian Connection Message:- 'Give yourself time to take in this important message.'

And:- 'Most people we know are here.'

Last Quarter Moon - Libra Cycle -

10th Oct' 20... 17 degrees. Cancer.

Arcturian Connection

Message:- 'Movement toward integration maybe an art of creation.'

New Moon - Libra Cycle -

16th Oct' 2020 23 degrees.. Libra/Scorpio

Arcturian Connection Message:- 'Birds commonly fly in pairs.'

First Quarter Moon - Libra/Scorpio Cycle -

22rd Oct'20... 0 degree.. Aquarius

Arcturian Connection Message:- 'Having awareness to see courage is in the benefit of hindsight.' *sjoerdtysen@bigpond.com*



MONTHLY PHONE MEDITATIONS IN AUSTRALIA

Saturday Grose Valley Re activation. October 10th

Noon DST 396637#

Sunday Auckland Re activation. October 13th

12.15pm DST 396637#

Thursday Meditation October 15th – Gene 12pm DST

164595#

Saturday Q and A with Juliano October 17th 10.30am DST

164595#

Sunday Mornington Peninsula Re activation. October

18th 10.45am DST 396637#

Sunday Perth Re activation October 18th 5.15pm DST

396637#

Thursday Meditation October 22nd - Angela 12 pm DST

396637#

Saturday Sydney Re activation. October 24th 12 noon

DST 396637#

Sunday Global Conference 3am DST-5am then 8am

DST-10am go to meeting October 25th

Sunday Adelaide Meditation October 25th 3pm DST

396637#

Thursday Meditation October 29th – Corae 12pm DST

164595#

Saturday Gold Coast ReActivation October 31st 2.30pm

DST 396637#

Brisbane Re activation November 1st 11.45am DST

396637#

Thursday Meditation November 5th- Mia 12pm DST

306637#

Sunday Monthly lecture November 8th 11.45am DST

164595#

Sunday Auckland Re activation. November 8th

12.15pm DST pm DST 396637#

Thursday Meditation November 12th – Henry 12pm DST

164595#

Saturday Q and A with Juliano November 14th 10.30am

DST 164595#

Saturday Grose Valley Re activation. November 14th

Noon DST 396637#

The Australian Biorelativity Meditators meet every Monday, Tuesday and Wednesday nights at 7.40pm EST on the phone conference line. Email Jane for information.

Conference Call dial in No:- For Aust: the Access code is : 396637#

For US meditations the Access code is: 164595#

Bringing Herbs into your life

Indian Pipe... There is an enhanced ability to receive love. But the love will pass through if you don't understand its vibration. This is not necessarily love from a person or a group, but universal love in the highest sense. This is very specific in an individual because this receiving may be only one part of the process. Sometimes awareness of this love and the ability to put yourself in a position to receive it are needed. The plant increases the ability to know the correct time to open, to be mentally quiet, and to fully receive this energy. Sometimes this loving energy may be all around a person, yet they do not know it. Those who feel starved for love would certainly be advised to work with this herb. Taking this herb gives an individual a chance to understand more carefully the difference between what might be termed 'personality love' and 'universal love'. The goal is to raise the vibration to work with these higher love energies. You might ask "what is the source of this energy? Where should I direct this ability to receive?" On the highest level, universal love floods the planet and floods your being. You need not figure it out, but merely open to it. If you do need to focus on it, be aware of the Sun and its energy pouring into you. Imagine the heart opening and being strengthened by this love. It is useful as the love is with you that you then let it go. Find some way to receive it and let your body be nurtured by it, and then send it elsewhere. Perhaps allow it to pour into the Earth or send it across the world to another being. This may come to be one of the first plants that will assimilate and work with human love. As a result, the energy associated with the planet will spread.

PCOL Coordinator News

If you are interested in creating a PCOL/PORL in your area, talk to Jane. I am always delighted to assist. A small area is preferable.

Juliano said:- I would like you in Australia to work on listing and bringing forth the strengths that your cities have as spiritual areas and what and how they could be transmitted to other Planetary Cities of Light.

Could you think about your Planetary City of Light and email Jane with your thoughts about the strengths of your city.



Medicine Wheel created by Karen's daughter, Rainbow, in Healesville, Victoria.

Liz (Grose Valley coordinator) has created a mobile Medicine Wheel that she takes to each re activation. Each member then brings something to place inside the Medicine Wheel. This is a brilliant idea if you move around to the different burial places of the crystals marking the boundary of your PCOL. If you would like to know how Liz made it- email me janescarratt@gmail.com



Back row: Laura, Anne and Gus
Front row: Glynnis, Catherine and Renee.
Jane was the photographer. We also had 7 people on the phone conference line.



Mike, Liz (Coordinator), Sjoerd and Takeli at the re activation of the Grose Valley PCOL.

BIORELATIVITY SNIPPETS

If you would like to be part of the Biorelativity Meditation Earth Balance Team, please email Jane Scarratt at janescarratt@gmail.com.

There is a calendar of events for USA and Australia on the web pages. All recordings of the meditations are there as well.

Remember to keep checking out the new web site we have created. www.earthmatters.world. There are up to date articles about what is actually happening on the Earth that is not reported in the media. There are links for more information.

Our Australian Biorelativity Committee decided to add the Kadoish mantra to the beginning of our meditations to intensify our thoughts and focus.

Thoughts from Trent, member Victoria

Our 'other than human' species family are helping us more then we could ever know. When we concentrate only our human perception, it is easy to forget, that every creature and creation here with us at this time are working towards the ascension of Mother Gaia and her inhabitants, and they selflessly and lovingly pick up the slack and work needed to be done under great duress. This is not to diminish our own challenges or accomplishments on ascension and transcendence of duality though. We are all truly one harmonious family, even if some of us are yet to remember that.

What is one of the most useful Hebrew prayers one can use to go into an altered state of consciousness?

"Kadosh, Kadosh, Kadosh Adonai Tzevoth" (Holy, Holy, Holy, is the Lord of Hosts)

Why are the words and their meanings important and how do you use the sound?

It is the whole experience of working with the sound and understanding what you are trying to do. As you use the sounds, hold the attitude that you are accessing another state of consciousness. As you chant the sounds, you will feel that you can transform your awareness and enter into a different realm. While chanting this prayer, you might feel as if you are in tunnel. You might feel streams of light moving through the tunnel. You might even find that you are accelerating through this tunnel, reaching out for a higher realm. In the realm into which you have expanded your consciousness, you can receive information and energy that will be healing. Then feel yourself coming out of the other end of the tunnel. Now picture yourself perhaps in a garden or in an open field where the colours are extremely bright.

Please check the access number for the meditations. We use the same phone number but to join in meditations from Australia you use a different access code to the USA. The weekly



BOOK CLUB AUSTRALIA The Kabbalah and the Ascension Chapter Eight

by DAVID K MILLER

Give an example of belief systems

Death is a good example. Many people interact with beings conforming to their own view of death. If you believe in angels...you will be met by angels. Even belief systems about ascension are based on your religious beliefs. Some even have a problem with ascension because they believe it has already happened.

What is the most important perspective about belief system

You add the words "This is from my perspective" To exercise your belief system is the ultimate test of free will.

What is the best way to approach life with various belief systems around you.

The best way to be is 'to be'. Eh'yeh asher Eh'yer...I will be that I will be. Approach from your own perspective with an open heart not a critical mind

What is the highest gift of spirit

To be free to explore our belief systems and act them out to the highest degree possible without condemnation and without fear. The greatest gift is to experience what you believe. Pain and suffering are rampant on this planet that doesn't occur on other planets.

16. What is the benefit of experiencing what you believe

You find out whether or not those beliefs are good for you or not. If you have a belief about yourself it can take time to manifest on this plane. It would manifest immediately on a higher dimension and the adjustments would be quick.

17. Do other people have the answers and what is the solution

No one has the answers or all the information. Take anything with a grain of salt from someone who says they have all the answers. The fact that they are here in manifestation means they have become limited. Limitation is part of the incarnational process that even Sananda experienced. His task was to go through everything a mortal man would experience. That was the task. To experience being cut off. His coming was not to condemn any belief. The answers all come from the Creator.

THE NEXT BOOK CLUB MEETING

Australia's next book club discussion will be **Friday, November 6th 7.30pm DST** on Go to Meeting. We will be discussing Chapters Twelve and Thirteen of "The Kabbalah and the Ascension" by David K Miller.

AROUND AUSTRALIA & N.Z.

Sydney NSW PCOL/PORL Meditations on **fourth Saturday of the month** at 12pm – 2pm DST. We have refreshments afterwards. Ring Carel 0416 054 818 or email: carelfillmer@gmail.com

GoldCoast, Queensland PCOL/PORL
Meditation on **last Saturday of the month** in Helensvale 1.30pm EST. Refreshments after. Ring Jane (07) 56657575 or email: janescarratt@gmail.com

Brisbane North, Queensland
Meditations are being held monthly in Brisbane. On the **1st Sunday of month** at Brackenridge. 10.45am EST. contact janescarratt@gmail.com

Melbourne Mornington Peninsula PCOL/PORL
Meets monthly for re activation of PCOL and social interaction between members. Meetings on **the Third Sunday of the month at 11.0.45 am EST.** contact janescarratt@gmail.com for more information

Grose Valley Blue Mountains NSW
Meditations to maintain the PCOL will be held **every third Saturday of month** at Noon EST at the Grose Valley Crystal, Blackheath Contact Liz: 0469 602487 email: eliz.clarke@yahoo.com.au

Applecross/Shelley Perth
Meditations to maintain the PCOL will be held on the **third Sunday of the month** at 2.30pm WA Time in Applecross or Shelley. Contact: Angela: info@angelaburchardcelebrant.com.au

Auckland NZ PCOL/PORL
Meet on **second Sunday of each month** at Farm Cove at 2.15pm NZST. Refreshments afterwards. Contact Janine:- janinemalcolm@xtra.co.nz

Adelaide: South Australia Meet **third Sunday of every month** at 2pm SA time in Westbourne Park. Contact Jen:- j.e.hamilton53@gmail.com

Hobart: Tasmania **Last Sunday of the month** at 3pm EST contact Jane: janescarratt@gmail.com

Passing on knowledge to the next generation



The waterlilies come into bloom after the rain. (Supplied: Shaina Russell) As well as environmental benefits, traditional burning that the Yugul Mangi Rangers do in the South East Arnhem Land Indigenous Protected Area helps to pass on culture, Mr Thompson said.

"Our younger ones are starting to realise it's going to be their turn when they gonna become caretakers for their country," he said. "We're passing that knowledge to them as well." Yugul Mangi Ranger Jana Daniels is one of several younger women in the group. "I love being a ranger, caring for our country," she said. Traditional burning in the IPA is also done to protect rock art, Ms Daniels said. "We do early burning around the rock art areas, so the wildfire doesn't come through and destroy the paintings on the rock."

Stories from Trent Mills, Namaste Wildlife Shelter and Group of Fortv Australia member.

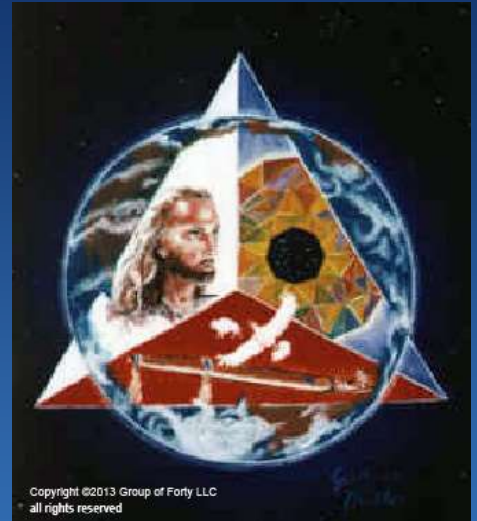
G'day beautiful souls, spring is here, baby's everywhere. I feel so blessed, as always to be there to help those in need. This divine lady is Tula, the feather tail glider. A wonderful family rescued her from inside their house. Their cat was toying with her and they thought she was a mouse. She had been inside for a couple of days. Because of their small size and weight, approximately 80mm and 15grms, they are very delicate and when I got her home she was close to death. Usually, if small creatures get bitten by cats they need antibiotics within 6 hours, otherwise infection sets in and death is almost certain. The fact she was still with us gave me hope. To my great delight, after syringing her a special mix of nectar and special emergency formula, she responded immediately and started to show life and steadily improved. After a week of intensive care, I introduced her to a nesting box I had attached to a tree for her, to make her new home. Feather tail gliders are elusive little kids spending most of their time in tree tops, usually up to 15 m from the ground. Amazingly, for such a tiny critter they can glide or fly up to 25 to 30 metres. They are very social and live in large community's of 30 and more. They snuggle together for warmth. Their habitat ranges over Qld, NSW, Vic and SA. They live in all types of trees and rainforests. Their diet includes pollen, seeds, nectar and sometimes insects. Breeding season is from June to January. They have up to 4 babies at a time and 2 litters a year. They can live up to 8 years. Thanks for allowing me to share such a great story. Have a great month. Namaste, love, light and blessings to you and your family. Trent



"40 Groups of 40 will be formed for Personal and Planetary Healing Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the fifth dimension.

We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.



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