

# Group of Forty

## Monthly Newsletter

[www.groupofforty.com](http://www.groupofforty.com)

---

## EARTHMATTERS. WORLD. by David K. Miller

We are all amazed at the Black Live Matters demonstrations in the United States and how it has affected the consciousness of racial relations problems worldwide. As I watched the movement gain strength, I asked myself the following question: Is it possible that an “Earth Matters” movement can also gain such strength and raise the world’s consciousness to the ecological destruction that continues to occur on our planet.

In just a few weeks the Black Lives Matters movement has risen to worldwide consciousness and has started to make positive changes. Our world needs a planetary movement to address the sixth mass extinction. We need a new planetary and spiritual focus to begin the repair of our planet. To that end, the Group of Forty has opened up a new website and blog call *earthmatters.world*. Below is the introduction, and I encourage everyone to participate in this site and blog:

Ecocide means ecological suicide, or the destruction of the biosphere, which will lead to the end of all life on the planet. We are currently experiencing ecocide on planet Earth. In fact, we are now in a period called the sixth mass extinction, which is comparable to the extinction of most of the life on Earth, including the dinosaurs, 60 million years ago. That extinction was caused by a large asteroid striking an area close to the Yucatan peninsula, near modern day Mexico. This mass extinction in 2020 is being caused by humanity. No political movement or legal intervention has been able to stop this ecocide.

This website (*earthmatters.world*) and blog is devoted to documenting the currently occurring ecological ecocide. We welcome all links, pictures, and comments about this situation. We believe that perhaps by people seeing the emotional devastation being caused, that perhaps more people will be moved to help stop this mass ecocide of our biosphere, which will lead to the end of humanity as well.

Among current **examples of ecocide** are the **Alberta tar sands, Amazonian logging, oceanic plastic pollution, damage from oil extraction in the Niger Delta, the Bingham Canyon copper mine in Utah**, and so on, along with more dispersed problems such as polluted waters from radiation from the Fukushima accident.

To post any articles pictures or other documentations for the site, please send all such information for posting to: [webmaster@groupofforty.com](mailto:webmaster@groupofforty.com) or [kristine@groupofforty.com](mailto:kristine@groupofforty.com)

**Time is of the essence. Earth matters! Our biosphere matters! Let our Starseed voices be heard!**



David K. Miller |  
Co-Founder  
Group of Forty  
davidmiller@groupofforty.com

---

## STARSEEDS Counseling

*Dear GOF, over a year ago, CoRae, a member of the Council of Elders, a long time member of the GOF and a dear friend of mine asked me a question. I thought it might be interesting for all of you and so I am sharing that question and my answer.*

Dear Gudrun,

To follow up on my comment about persons in this lifetime that have been First Nation People in a past life, have you had Vywamus channel information for you about reclaiming your mission in this lifetime?

Obviously, you are using your artistic talent and creativity. Is it as simple as you are co-founder of the GOF? Or is there more?

I have always felt that the GOF has many members who have memories of how they are custodians for Mother Earth. How would you further see these energies taking shape in regard to the "Sacred Triangle?"

Just musing myself today.  
Blessings CoRae

Hi CoRae,

I had a dream way before GOF that in many of my lifetimes I preferred to be incarnated into the indigenous tribes all over this planet because of the closeness to the Earth that indigenous people experience.

This lifetime then is a coming together of all three aspects of the Sacred Triangle!

I am here to support David in his work and I am here to integrate myself from my soul journey experience on this planet and other places.

I have a deep connection to the indigenous, First Nation experience but in this lifetime, I needed to be Anglo to be able to awaken. I could have chosen a woman body in the Navajo Nation but I knew that I would not be able to overcome the obstacles to achieve awakening.

I am careful not to be a "Wannabe Native" and intrude on sacred space but the indigenous cultures resonate deeply within me, especially the Sioux Nations throughout the Midwest and into Canada.

I have introduced the tipi and the medicine wheel to cultures around the world now. I am not the only one to do that, of course!

Now my focus is to overcome my lethargy and to get back to art! That is what Juliano and Vywamus advise me to do.

I hope that answers your question which I appreciate you asking!  
Love, Gudrun

CoRae responds, Wow! Thank you so Much!!! Beautiful WoMan/Omega Being.



I am Gudrun Miller  
and I have been a  
professional counselor  
for over 30 years.

# 25th annual **Group of Forty Conference**



Ring of Ascension by Laia Romero



Cosmic Egg



Omega Man-Woman



Sacred Triangle

**October 23 -25, 2020**

**Prescott Resort Hotel**  
Prescott, Arizona, USA

Channeled Sessions | Past Life Lectures | Native American  
Spiritual Teachings | Trance Techniques | Qi and the Cosmic Egg

Presenters include Group of Forty Co-Founders **David K. Miller & Gudrun R. Miller**, **Rene Qian**, instructor and author on subtle energy work, and **Ruben Saufkie** of the Hopi Nation.

[Register](#)

## **Group of Forty Monthly Lectures** with David K. Miller



The next lecture is on Saturday, July 4, 2020 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST). We will be meeting on [freeconferencecall.com](http://freeconferencecall.com) international phone line, which is specific for each country. An email announcement will be sent out one week prior with the freeconferencecall phone number and access code.

Contact David Miller at [davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com) for more information. The re-transmission of the lecture for Europe will be on Sunday, July 5, 2020 at 10:00 a.m. Phoenix, Arizona time. You can check the teleconference/lecture time against your local time by using either: [www.timeticker.com](http://www.timeticker.com) or [www.thetimenow.com](http://www.thetimenow.com)

## **MEETING OUR GLOBAL MEMBERS**



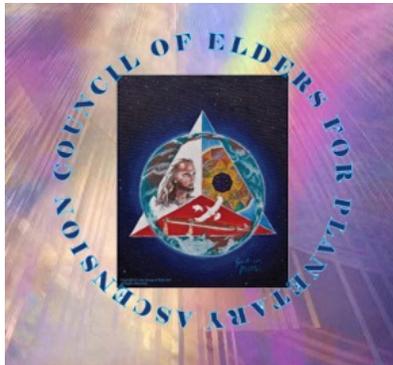
Hi, I'm Charmaine Perera from the Gold Coast, Australia.

I was born in Sri Lanka, grew up in the UK, Singapore and Kuwait, then studied life sciences in the UK and the US before I arrived in Sydney, where I lived for the next 15 years. I met my husband here in Queensland. I gave up science after my first (awful) job and worked in office support for many years. I now do similar work as a freelance. I've been interested in the occult since childhood. I introduced high school classmates to astrology with the book *Sun Signs* by Linda Goodman. This was in a conservative Islamic country and I didn't get my book back for days. I also read their palms for fun. At fifteen I had a vision of some unknown cards with pictures, and an inner voice told me they were tarot cards. I stupidly ignored this until my late twenties, when my life fell apart (existential crisis). I picked up a tarot deck and the guidance I received led me out of the darkness. Twenty years of tarot later and I still felt as though I was scratching the surface, so started learning Kabbalah (ongoing). Looking for healing groups closer to home I discovered a local Meetup group of planetary healers headed by one Jane Scarratt. It sounded good but when Arcturians were mentioned I thought, this is a bit weird (not necessarily a bad thing). When I first looked at Jane's picture, I immediately felt a very bright and positive energy pulling me in, and knew I had to attend. A week before the first meeting the cards showed me that a gathering with a 'soul tribe' was imminent. My first PCOL meeting was not so much an assembly of conspiracy theorists wearing hooded robes with secret handshakes, but a group of old ladies drinking tea and standing around a collection of stones in the backyard. Not sure whether I was relieved or underwhelmed by the lack of weirdness, but that was in September 2018 and I'm still here. I've always had trouble trying to meditate regularly, so I really appreciate the group's regular phone meditation schedule, as it provides structure, practice, and a focus on something bigger than ourselves. On my second attempt to join, I missed the start time by a few minutes, thought I shouldn't interrupt, and decided to meditate by myself during the session. Fifteen minutes in and I suddenly felt

a burst of uplifting energy for about twenty seconds. It felt like I was happy for no reason, and I thought, what the hell was that?! Are those aliens saying hello? (Cue- furtive glances at ceiling looking for aliens). Then there was the time I saw a six pointed gold star radiating light during Stephen's Star of David meditation, and when Jane did the Arcturian Light meditation last June, I was seeing what she described in the meditation before she spoke the relevant words. These experiences challenge the inner critic that constantly wonders if all this woo-woo stuff is real. Recently Jane asked me to be a presenter and I figured it was an opportunity to use my aspected 12th house Mercury in service to others. I look forward to connecting with you all at some stage, wherever you may be on the planet.

:) Charmaine

---



## COUNCIL OF ELDERS REPORT

Dear Planetary Healers,

For many years, our Arcturian family has been transmitting their spiritual wisdom to us through their channel, David K. Miller. This knowledge is based primarily on personal healing and evolution work and planetary healing work. All of us were awakening to the understanding that we are multidimensional beings and that our Mother Earth is a living being that responds to contact with the beings that inhabit it. The understanding of these premises in each one of us made that little by little, these concepts took root in the noosphere as new fields of thought and new constellations of thought. Forming fields of thought in the noosphere with new concepts of multidimensional life and communication with the spirit of the earth is a work that involves evolved starseeds. So, you matter! Each of us matters! And our Earth matters! because between all of us as planetary healers and all the Masters of the Sacred Triangle, we form a unit of consciousness that is becoming more solid, more stable and more evolved to program the noosphere positively.

Each of us with our contribution is helping the paradigm shift of humanity that includes the understanding of the new evolved human species, "the Omega man/woman", and the opening of new spiritual technologies of personal and planetary healing. Another important point that the Arcturian family have brought to our consciousness is "The Ascension". We are at the right time and in the right place to participate in a unique event in the history of humanity, including the history of this Galaxy. Of the billions of people, only a very small percentage will have the ability to leave our body, our attachments, and all our life on Earth to make the great leap of consciousness, transcend the wheel of karma, and go through the Arcturian Stargate. That is why my dear family only remains to thank for having awakened our galactic consciousness and for having the opportunity to fulfill our mission as galactic anthropologists and we, who are part of this council, are honored to be part of this great change of consciousness of the humanity.

Love and Blessings,



**Pepe Lema**  
Council of Elders member,  
San Martin de los Andes, Argentina,  
PCOL and Ladder of Ascension

---



# Planetary Healing BIORELATIVITY Earth Balance Teams

## PREPARING yourself for a GOF meditation

It is important to give yourself a quiet space, relax, and have enough time to quiet your mind. You may have your own peaceful area in your home or outside your home that you can go to. You may want to use a candle or have crystals around you. Creating this space is important, as it will help you reach the meditative space you will need to be in, so your maximum Arcan power can be harnessed for the Biorelativity exercises we do for the planet and for ourselves.

It is not a time to feed the dog, reply to a text or email, wash the dishes, or eat your dinner while you listen to the speaker on your device. This is a time that we ask you to give your full attention to the task ahead, and as you will no doubt agree the tasks at the moment for us all on this planet, are immense. Your Arcan power is so wonderfully powerful, and we need you and it, to be operating at full strength during these meditations. Even if you cannot follow the words, just sit quietly, relax, and allow your higher self to do the work.

Doing these things before the meditation will help the intensity of your meditation, and may even help you to feel, see, and experience more than you ever have

**The U.K** is now presenting a **weekly meditation** every Wednesday at 12:15pm AZ (8.15pm UK time.) The presenter will be either Hannah or Stephen. Contact Hannah at [gofinuk2@gmail.com](mailto:gofinuk2@gmail.com) for dial in numbers and access codes.

The Biorelativity Team is presenting a minimum of 14 meditations per week. We are letting Earth know we are here and we are supporting her and she will respond more favorable BECAUSE she knows we are here. **REMEMBER.....**A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it. Biorelativity is the ability to interact with the Spirit of the Earth with higher consciousness. Biorelativity can create unity consciousness and a unified energy field. Noorelativity is the ability to send thoughts and energy into the Noosphere for the purposes of manifesting a higher healing light throughout that planet. There is a monthly calendar on the web pages. Contact Jane if you would like to be part of the Presentation Team or just need further information. [janesarratt@gmail.com](mailto:janesarratt@gmail.com).

The Biorelativity Committee asked three questions of members of GOF.

- Q1. What is the best part of doing the GOF meditation exercises?
- Q2. What seems to be the biggest resistance or difficulty in you participating in the meditations?
- Q3. How can we, as a Committee, help you be a more effective meditator?

Here is question two and some of the many answers we received:

**Angela:** It varies including time differences, though basically it's about setting commitment.

**Rossy:** Biggest resistance definitely the time difference, life and living commitments are unavoidable.

**Magaly:** work and study but will be improving this soon.

**Antonella:** The later time because I find I am either cooking/washing up then and I sit down...forget the meditation is on and I fall asleep on the couch....or if I do night duty I go to bed at 6 pm to 8 pm for a nap prior work.

**Ulli:** Funny that you are asking this question now Jane for last night I was Intending to participate in the 9am and 10am meditations today and when it came to the crunch it didn't happen. I have been known to feel guilty (pointless)and question if I am not 100% committed to participating then maybe I should withdraw. It's a case of "shape up or ship out".

**Catherine T:** Just started shifts at Woolworth's and most of them in the afternoon/evening pressuring other commitments.

**Natalie:** Attendance - is difficult for me due to having to work and having little kids. I like the recordings though!!!

**Elisha:** I have not any resistance but to the circumstance I made the decision to pack my things last week and concentrate to move out of Spain. I have follow the recorded meditations afterwards. Very good to do.

**Yvonne:** I attend as many meditations as is possible. If I am not on a meditation it is because of 3rd world commitments e.g. appointments, shopping etc. or time, when it is too early or the meditation is on late and I am too tired to attend.

**Marie:** Occasional doubt that we ARE making a difference. Sometimes life gets in the way and you might miss a meditation time.

**Gwen:** When travelling and unable to physically connect. However, tuning in etherically I do enjoy.

**Jeannette:** Sometimes it's the time of day, sometimes the topic. Also, as a presenter, I find some of the scripts too long or including awkward phrasing.

**Fred:** Coordinating my ability, my schedule, to be with the group. So great that it is recorded I can participate later but within the 36 hour window of greater Arcan power.

**Renata:** Most of the times I can't attend the meditations live due to time conflict (unless it's in the US) but since you started sending me the recordings, I've been able to participate in 90% of them

**Lina:** Times in which meditations take place. But I know it's difficult to accommodate when there's people from all over the world!

**Gale:** The only difficulty for me, is that sometimes I am at an appointment or meeting and cannot join at a specific time. On the other hand... now there are frequent meditations, so I can meet up and participate earlier or later!!

**Christofer:** I don't experience any difficulty. I schedule the meditations on my calendar and if it works that day, I join in.

**Tim:** Being in the USA, i.e. the time differences. I am sleeping usually when Australia is awake. Really, none. I believe the scheduling is excellent and provides all of us with times and groupings that work. Oh, did I tell you that I am retired?

**Rhonda:** My biggest problem in participating in a meditation is my fault. I need to remember to set my alarm to remind me.

**Emre:** Some days I feel very heavy and disconnected; so I need to shut down myself from meditation for two or three days, then I turn back to it. And I do like three different in a row ( like this morning) that is why I appreciate your all daily efforts so much. Catching up with group session should be done by me, guess time has the most counter effect, but I suspect I will soon. I have had this wave effect almost whole my life.

**Linda:** The biggest difficulty for me is familial obligations; However, I acknowledge that you do an excellent job of staggering meditation times, as well as offering morning and evening meditations.

**Jasmira:** The difficulty is that I still don't understand the different hours apart from Monday and Wednesday.

**Stephen:** GOF as a group in general needs more transparency openness unity and value it's members and have more of a two way engagement process.

**Joanne Isabella:** The biggest resistance for me in participating in the meditation exercises is that I have to be in the right space to do it, otherwise I find myself not focusing.

**Jennifer:** I'd love to do more but sometimes feel tired after a work day or meditations are on at times I'm at work.

**Mia:** Sometimes I need to sleep.

**Bonnie Sue:** aside from my many projects and too many zooms I feel there is too much redundancy. While the virus is certainly important, there are other issues that need our attention and it would be refreshing to have some new meditations on the fear and chaos out there plus raising our subtle energies. Would also like more Kabbalah webinars. everything old is new again.

**Charmaine:** lack of focus during the meditations.

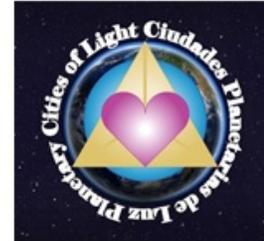


Jane Scarratt  
National Coordinator in Australia  
For the Group of Forty  
[janescurratt@gmail.com](mailto:janescurratt@gmail.com)

## Planetary Cities of Light Report



Robert Maldonado  
International PCOL Coordinator  
[rrmaldo@gmail.com](mailto:rrmaldo@gmail.com)



### June 2020 PCOL Report

The first new PCOL for the 2020 will be activated in San Jose, Costa Rica at the June 28, PCOL Global Meeting.

PCOL Applications from Chile (Talca & Santiago) and Chia Colombia are in the works. The PCOL Advisory Committee will be reviewing the application for Chanupa/Conde PCOL in Brazil. Next country special presentation is with Mexico on July 19, 2020.

The May 31<sup>st</sup> PCOL Global Meeting presented: “Heart-Breath & Global Network meditation and channeling by David focusing on being in the heart and the love for the PCOL and planet. It was well attended with 31 participants.

In addition to strengthening the network the PCOL Advisory Committee is working on the goal of *encouraging better maintenance and enthusiasm in PCOL’s*

Adv Committee initiative to have quarterly global meetings for Spanish speaking members. Updating PCOL Manual to make it simpler, focused and accessible.

PCOL’s reporting lots of activity, meeting regularly online. All doing well, active and passionate.

### South America PCOL Report

Here is a short article with photos of the new GOF group on their trip to Volcan Poas. Also, a New PCOL San Jose Costa Rica:

Volcan Poas, home of the 5 Etheric Arcturian Crystal. Connecting live, directly with the crystal is a wonderful experience. From 200 meters before reaching the volcano, a different energy frequency was already felt. Being there in front of the crater leaves you speechless and especially being aware of the information so enriching for our primordial energy centers, makes you rise and become one with the quantum hologram of information. The Crater Library of Information from Galaxies and the Universe, connected to the history that runs through the Pacific Ring of Fire, take you to very high frequencies, allowing your third dimensional being to access very valuable information held from the Fifth Dimension.



Purvesh San Martin  
GOF Coordinator for South America  
Member, Council of Elders  
[purveshsanmartin1@gmail.com](mailto:purveshsanmartin1@gmail.com)

## *From the* **Land Down Under**



We're slowly lifting all restrictions in this part of the world. COVID-19 cases are few and far between. We've shown great support for the Government restrictions and most people have taken responsibility for their actions. Some wonderful things have happened in many neighbourhoods because of the COVID-19 pandemic. Many people living in the city for example, know little to nothing about those living around him. The mindset seems to be "why make friends with other people on your street" The most interaction most people had was an occasional nod and a 'hi'. It wasn't until COVID-19 hit full intensity and the lockdowns loomed that people started to give thought to getting to know those around them. Two main reasons being you may need assistance if you had to be isolated and the second reason was that there could be some older people who got sick and no one was going to know about it. So people started to reach out and check that everyone was okay. Communities started to be created in the suburbs with everyone looking after each other and it's now burgeoned into a complete support network. People who are Chefs are assisting with cooking meals and then selling them to the community. Other people are supporting with shopping and medical visits. CV19 has had a powerful impact on changing how we live.



We would like to extend a warm welcome to the following new members who joined the Group of Forty between May 18, 2020 and June 18, 2020.

FIRST NAME	CITY	STATE	COUNTRY
<u>Adalia</u>	Winston Salem	NC	USA
Amelia	Lynnwood	WA	USA
<u>Arminta</u>	Prescott	AZ	USA
Betty	Cooper City	FL	USA
Caitlin	Winston Salem	NC	USA
Daniel	Huntington Beach	CA	USA
<u>Floripe</u>	San Jose		Costa Rica
Jodi	Byron Bay	NSW	Australia
<u>Kalavathy</u>	Perth		Australia
Klara	Hamburg		Germany
Laura	Stuart	FL	USA
Lidia	Stuart	FL	USA
Marcela	San Diego	CA	USA
Melissa	Stittsville	ON	Canada
Michele	Kingwood	TX	USA
Ralph	Villa Park	IL	USA
<u>Tikali</u>	Wentworth Falls	NSW	Australia
Tom	Stuart	FL	USA
Tracy	San Diego	CA	USA
Veronica	Palm City	FL	USA
<u>Vianka</u>	Chula Vista	CA	USA



**Birgit Smothers**  
USA Group Coordinator  
[birgit@groupofforty.com](mailto:birgit@groupofforty.com)

---

## Member Matters: Free Conference Calling Phone Line

From Jane:

Members were telling me they had problems getting onto the phone line, so I rang the (freeconferencecall.com) FCC number for Australia. I got USA!

This what they said: "There is no problem with the line. Are they calling in from a landline or a mobile?" I said 'mostly mobiles'. "OK", he said, "this is what they have to do."

**Option one:** Message the FCC number 712 770 5561 on their mobile...text the words "help with phone number". They will receive back an alternative number they can call in with their ring that no put in the access code.

**Option 2:** they can call 209 399 9027....then the FCC number 712 770 5561...then put in the access number and that should connect them."



Jane Scarratt  
National Coordinator in Australia  
For the Group of Forty  
[janscarratt@gmail.com](mailto:janscarratt@gmail.com)

## 2020 Astrological Insights by Elizabeth HeartStar

We are in the womb of the Great Mother now, during these powerful eclipse cycles, between June 5th and July 5th. We are birthing and co-creating the New Earth. Let's visualize a Healthy, happy, peaceful world. Remember, your divinity. You are light, you are love, you were born to assist in this great shift of the ages. We are the ones we have been waiting for. We are one of the Rainbow Tribe - Family of light and loved and supported by the Arcturians with gratitude to GOF and PCOL.



Please go to: [www.Astro-Oracle.com](http://www.Astro-Oracle.com) and/or  
email: [elizabeth@astro-oracle.com](mailto:elizabeth@astro-oracle.com)



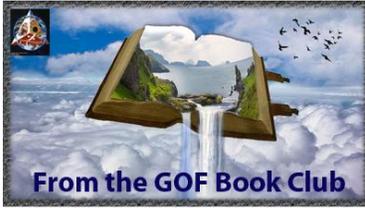
*with Juliano through David K. Miller*

**Q.** Hi Juliano, with the conventional Tree of Life, there were 22 pathways between the sephiroth, each of which corresponded to a Hebrew letter. With the new tree, the one with the 12 sephiroth, are there more pathways, or the same 22?

**A** First, let me explain that in the Hebrew Tree of Life there are 10 spheres with an 11<sup>th</sup> sphere that is called the hidden sphere so even though the Tree of Life in ancient times was presented as 10 spheres or sephiroth, there was actually an 11<sup>th</sup>. Now this has been controversial, like everything when we talk about spiritual descriptions, because they wanted to use the Pythagorean ideal. The idea from Pythagoras stressed the importance of the number 10 and of therefore in the tree of life 10 spheres and 22 letters fitted nicely into 32. In the Arcturian Tree of Life we have said the hidden path, the hidden sphere, which is hidden knowledge, is now a full sphere; therefore the full sphere will make it 11 spheres. Now some of the ancient rabbis would include the hidden sphere but in order to protect the number 10, they would eliminate the top sphere so you can see that there is a lot of play in this. But we include the 11<sup>th</sup> sphere and the top sphere, that makes 11 spheres. Therefore, the lines, the connecting lines, would remain the same. However, we added another sphere to make it 12, but this 12<sup>th</sup> sphere is on the bottom and there is not an actual path because the bottom sphere which is in Hebrew called Malkuth or the kingdom on earth, which is the 3rd dimension, has an aspect of it that is directly interacting with the 5th-dimension and therefore there is not an actual path between them because the bottom sphere is interacting with the 5<sup>th</sup> dimension. Therefore, the two spheres are interacting. Therefore, the answer to the question is there will remain 22 paths but there will be 12 spheres. Now if you look at the Arcturian planetary Tree of Life that David and his colleagues have developed, you will see that there needs to be some adjustments because the paths that are depicted may not equal the 22 paths that we are talking about. This is a complicated geometric diagram and I think that there could be some fine tuning on this and I will add that the meaning of the paths and the drawing of the path lines also has been filled with controversy and different depictions in some of the drawings that have occurred throughout the age. I am not surprised that you would have to fine tune this but basically, we think that you are close to refining it. In the Arcturian Tree of Life there may be 24 paths but it should be fine-tuned to 22. If there are 12 spheres then there is some logic that it will be 24 paths. However, if you make 24 paths then this does not comply or equal the 22 letters of the Hebrew alphabet because you have added two more paths that put it above the 22 letters of the Hebrew alphabet.



Jane Scarratt  
National Coordinator in Australia  
For the Group of Forty  
[janescurratt@gmail.com](mailto:janescurratt@gmail.com)



## GOF Book Club

### *Kaballah and the Ascension*

By David K. Miller

**Describe the first or animal level of self.** You have the lower self, which some call the animal self. That sounds as if you are equal to the animal, which is in one sense true – you are an animal in your day-to-day functioning, and your survival skills are governed by this aspect. Your lower self has a unique ability, though: It can blend with your middle self. Unless your lower self is able to key into this energy, you cannot go into the middle self.

#### **Is physical health important**

Many people on the planet are struggling to get their physical health in balance. There is a misconception that you must be in perfect physical health in order to resonate with the higher energy. Now, of course it is desirable to be in perfect physical health, but realistically, there are not many people who are going to have perfect physical harmony at this time. This is partly due to the fact that Earth is now polluted and that there are many chemicals affecting your body. It is also partly due to the ultraviolet radiation affecting your auric field. Finally, it is simply rare to be 100 percent in harmony. So, go with the best level you can attain. Now, even if you are disabled or even if you have an illness such as cancer, you can still resonate at a very high level. So, don't think that if you are not totally healthy physically or if you have a major illness, you cannot reach the highest level. Of course, you can! In fact, sometimes it is because of an illness that you can be driven to go on to a high energy level. On the other hand, you might be in perfect physical health – and have your animal self in perfect harmony – yet still be unable to reach the higher levels.

#### **Describe the middle or second level**

When you go into the middle level and the higher levels, then you begin to access the highest energy fields and can bring in the soul energy, which will help you learn more about yourself. You will be able to access energy that will expand your light body.

#### **What is the light body?**

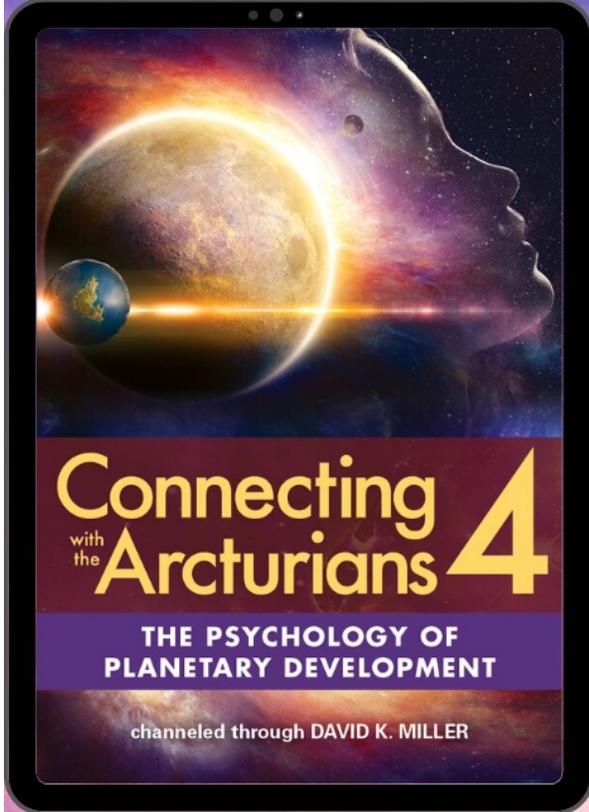
The light body is that part of your higher self that will come down and merge with your lower self.

#### **What is the message of the Kaballah.**

You can receive yourself. I am not saying that you must be selfish or narcissistic. What I am saying is that you have a higher light body that is able to coordinate and merge with your lower self on this plane. When you can do this, you have access to untold secrets of the universe, you have access to fantastic energies, and you can transcend your physical ego and go into higher energies.



Jane Scarratt  
National Coordinator in Australia  
For the Group of Forty  
[janescurratt@gmail.com](mailto:janescurratt@gmail.com)

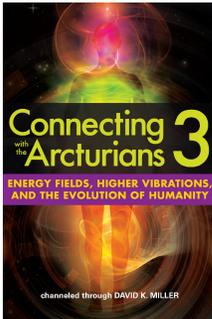


David's new book, **Connecting with the Arcturians 4**, is now available as an e-Book.

It will be available shortly in hard back through Light Technology Publishing.

For ordering information, email or call:  
publishing@lighttechnology.com | 800-450-0985

## ANNOUNCEMENTS



[This Book](#) is available as an e-book and a hard copy book through Light Technology Publishing.

You can also find it on Amazon at [this link](#). This third book contains the most up-to-date information on ascension that is available, including new spiritual techniques to aid the process.

David's earlier books: "[Connecting With the Arcturians](#)" and "[Connecting with the Arcturians 2](#)" by David K. Miller offer a comprehensive presentation on the ideas and views of an extra-dimensional, extra-terrestrial civilization on the Earth situation from the planet Arcturus.

Subjects included in this fascinating presentation are: 1) the Arcturians' view of the ascension or "rapture;" 2) what is the Fifth Dimension and how we, as the human race, are evolving toward the higher dimension; 3) the impending Earth peril and dangers to the Earth biospheres; 4) Jesus' (or Sananda's) role in the ascension and why he has a new name in the higher realms; 5) The Arcturian Stargate, a soul transfer station referred to in the Edgar Cayce's writings. When we finish the Earth's incarnations, we can travel to the Stargate for our next "soul assignment."

This first book also describes a new concept in spirituality, the Arcturian Sacred Triangle. For the first time, the Arcturians offer a way of uniting Earth's spirituality so that a planetary healing can occur. Readers will learn how ascended Native Americans' mystical Earth spirituality and galactic extra dimensional spirituality can be united to enhance a healing for the entire planet.

> David's book, [Connecting With the Arcturians3](#), is available for purchase in soft cover from [Light Technology Publishing](#).

> David's book, [Connecting With the Arcturians2](#), is available for purchase in soft cover from [Light Technology Publishing](#).

> David's book, [5th Dimensional Soul Psychology: Channelings by Vywamus](#), is available on the [Light Technology website](#).

> David's book in Spanish, "[Enseñanzas del Sagrado Triángulo Arcturiano](#)," is available in the Amazon.com

Kindle Store and may be purchased [using this link](#). The follow-up to this book, "[Connecting with the Arcturians 2](#)", focuses on planetary transformation from a galactic perspective. It covers such topics as embracing galactic spirituality and planetary evolution, the aura enhancing technique known as shimmering and much more. The reader also gains more understanding of the planetary healing technology such as biorelativity and other global healing techniques.

You can buy these books at the following links:

[Connecting With The Arcturians](#) [Connecting With The Arcturians2](#)

Visit [Light Technology Publishing](#) or call Light Technology at 800-450-0985 to order your hard copy of any of David's books.

All of these books are available as e-books and paperbacks on Amazon. Simply go to: <https://amzn.to/2zY9erY>

---

## New Bilingual Assistant Coordinator for Latin America

We are excited to introduce a new bi-lingual (Spanish and English) member who has been appointed **Assistant Coordinator for Latin America!** Her name is **Laura Covella** of Stuart, Florida. She is originally from Peru and will become an administrative coordinator of all of our Spanish speaking members in Latin America. Also, she will be helping Spanish speaking members in the USA, who want to conduct the GOF work in Spanish. She will be working closely with David and Purvesh in this important and needed organizational task. We are proud and happy to welcome Laura in this new and important role. We will have more information on her in the July edition of our newsletter. Welcome Laura!

David K. Miller,  
Co-Founder Group of Forty,  
[davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com)

---



1. Dear David, that was a wonderful webinar - I've always loved Helio-Ah's healings. Thank you. The energy was so high that I didn't really care when the sound got interrupted.... I was just going to soak up the energy as the channeling continued, but members started speaking with one another, so I left. The webinar was a timely gift and made me realize how much I miss my star family, whomever they are! Appreciatively, K.
2. Dear David, thank you very much for sending us this letter, David who personally makes me feel accompanied and that I am not alone with my problems. Receive a hug from light and thank you for being with us, R.I.O.

[Birgit Smothers](#)  
USA Group of Forty Group Coordinator  
[birgit@groupofforty.com](mailto:birgit@groupofforty.com)

---

**Our Purpose:**

# "40 Groups of 40 will be formed for Personal and Planetary Healing - Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the Fifth Dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.

To join Group of Forty, click the button below or visit <https://groupofforty.com/register>.



Copyright © 2020 David K. Miller | P.O. Box 4074, Prescott, AZ 86302 USA | [davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com) Phone: 928-776-1717

Visit our websites:

USA/International: [www.groupofforty.com](http://www.groupofforty.com)

[Spanish speaking countries](#)

[Portuguese/Brazil](#)

[German speaking countries](#)

[Japanese](#)

NEW: [Romania website](#)

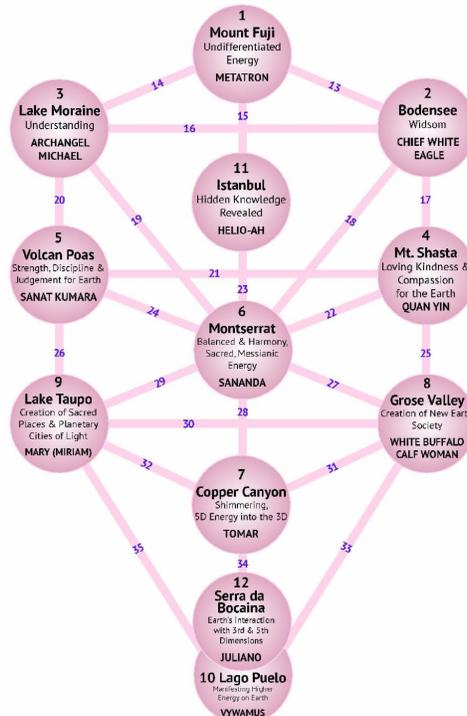
Newsletter edited by David Miller and Jeri Denniston ([jeri@dennergroupp.com](mailto:jeri@dennergroupp.com)) with editorial help from

Birgit Smothers. If you have articles to contribute, please send them to: [birgit@groupofforty.com](mailto:birgit@groupofforty.com) by the 18th of each month.

## Tree of Life

### Arcturian Tree of Life with Numerical Paths

Each Sphere is associated with a Spirit Guide and Sacred Location



## Upcoming Events

25th Annual GOF Conference  
Prescott Resort & Conference Center  
Prescott, Arizona  
Friday, October 23rd - Sunday, October 25th, 2020

[Click here for details](#)

[International Activity Calendar](#)

[Spiritual Tools](#)