

# Group of Forty

## Monthly Newsletter

[www.groupofforty.com](http://www.groupofforty.com)

## Personal Message from David K. Miller

In a channeling in November of 2019, Juliano predicted that there would be two major events in 2020 that would totally change the global situation. Obviously, Covid-19 is one of those events and we can say now that everything has changed in the world and nothing is normal anymore about 2020.

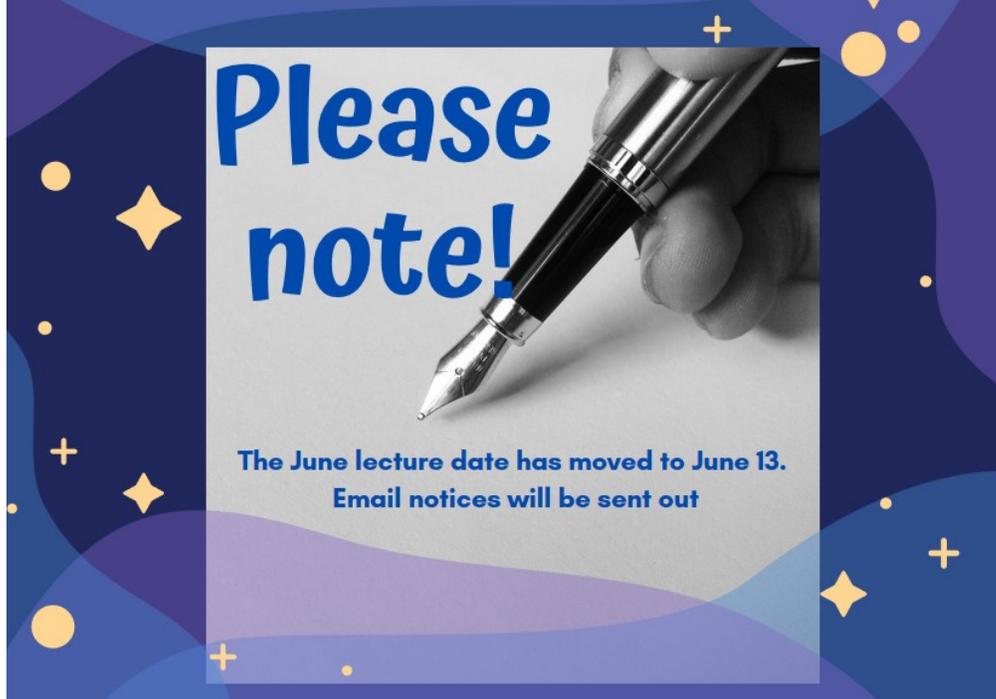
I am wondering what other major or second event could happen in 2020 that could also dramatically affect the world. It is taking all of our energy to deal with the Covid-19 crisis. I cannot imagine what a second major global event would do to the world and how the world would be able to cope with another major change. We have been told by the guides that major disruptions and earth changing events will continue to occur. Despite these warnings, I still have the hope that our lives will soon return to normal. I think we all feel a sense of denial, that is, that maybe the planetary crisis is not that serious and all of the Earth's problems caused by man will soon be resolved. But now with this current crisis, it has become harder to deny that the Earth and humanity is in a crisis.

Several members have asked me if this Covid-19 crisis means that we are coming closer to the ascension. I would say, yes, that ascension is closer, especially because world events and planetary events are changing so rapidly. The Starseeds are ready and waiting for a spiritual intervention to help us out of this crisis.

Let us hope that a second major earth-changing event will be a powerful spiritual upliftment that will shift the consciousness for all of humanity to a new and greater openness to the Fifth Dimension.



David K. Miller |  
Co-Founder  
Group of Forty  
[davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com)



## STARSEEDS Counseling

Dear Gudrun,

I have had mild depression most of my life but have been able to cope and have created an interesting life. Now, with the quarantine, I find myself sinking into deeper depression. I have had counseling which has helped me understand about my emotions and about how to keep my mental and emotional state healthy. Now I am revisiting old self destructive thoughts and behaviors. I work from home and when we have on line meetings, I make myself crazy with self-criticism! I have regressed to being very self-conscious and I think I am doing everything wrong! I hate how I look and sound. I am embarrassed and don't want to participate because I fear sounding foolish. This is like high school all over again!! I sometimes hope I get the virus and that I die so I don't have to continue living in this stressful world. I know my reactions and thoughts are not healthy. Please give me some words of wisdom.

Help!

Dear Help, it sounds like you have overcome personal trauma and have learned how to cope and to be successful in your life on all levels. That is a great achievement. We are now all faced with extraordinary circumstances that we have not prepared for. If you have a history of trauma that you have overcome, any new trauma can trigger old thoughts and beliefs about yourself that were in response to the original trauma. Use the tools you learned to help through this traumatic time. Do not personalize, do not make assumptions, do not project your thoughts about self onto others and be forgiving and kind to yourself. Work with the part of you that had the original trauma and tell that part about all that you have learned and that you got this! You will help yourself get through this because you are capable and competent in self-care. It sounds like you still have much to offer the planet and therefore will do well to live through this planetary crisis event. Trust your inner strength and your perseverance and you will thrive and grow even stronger as a result. By the way, many people that are on chat calls for work are experiencing some of the same awkwardness that you describe.

Love and Blessings, Gudrun



I am Gudrun Miller  
and I have been a  
professional counselor  
for over 30 years.

# 25th annual **Group of Forty Conference**



Ring of Ascension by Laia Romero



Cosmic Egg



Omega Man-Woman



Sacred Triangle

**October 23 -25, 2020**

**Prescott Resort Hotel**  
Prescott, Arizona, USA

Channeled Sessions | Past Life Lectures | Native American  
Spiritual Teachings | Trance Techniques | Qi and the Cosmic Egg

Presenters include Group of Forty Co-Founders **David K. Miller & Gudrun R. Miller**, **Rene Qian**, instructor and author on subtle energy work, and **Ruben Saufkie** of the Hopi Nation.

[Register](#)

## **Group of Forty Monthly Lectures**

with David K. Miller



The next lecture is on Saturday, June 13, 2020 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST). We will be meeting on [freeconferencecall.com](http://freeconferencecall.com) international phone line, which is specific for each country. An email announcement will be sent out one week prior with the freeconferencecall phone number and access code.

Contact David Miller at [davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com) for more information.

The re-transmission of the lecture for Europe will be on Sunday, June 14, 2020 at 10:00 a.m. Phoenix, Arizona time. You can check the teleconference/lecture time against your local time

by using either: [www.timeticker.com](http://www.timeticker.com) or [www.thetimenow.com](http://www.thetimenow.com)

## **MEETING OUR GLOBAL MEMBERS**



### **Meeting Christofer Aven**

Greetings!

My name is Christofer Aven. My mother named me that (changing the spelling to "f" instead of "ph") because she saw a movie where the heroine was named Christopher. In 2016, while flipping through TV channels, I finally discovered that movie. It's called "Home in Indiana." Having a traditionally male first name has provided me with lots of interesting experiences. People usually remember me!

I was born in a small town outside Chicago, Illinois. Our family moved to Oakland, California (across the Bay from San Francisco) in 1956. After marrying, I moved to Hayward, California, another suburb across from San Francisco. I have one son who lives with his wife and 3 children in Melbourne, Australia. That's why I joined the Australian GOF calls - a way to be connected with him even indirectly. I have been involved in extensive spiritual and energy studies for over 20 years, becoming certified in many different processes and techniques. I'm fascinated by how one thing leads to another.

I found and joined Group of Forty because a friend recommended David K. Miller's book "Connecting with the Arcturians." Years ago, I did an abstract photograph I titled "Moonscape on Arcturus" never realizing there was such a place or anything about the wonderful beings who reside there. Now I do! I've read all of David's books. I use the meditations on a regular basis, especially when I'm working with my spiritual studies partner. I am a "stand by" presenter with the meditation team and am proud to present when called upon. I balance my time between my spiritual and energy studies and time spent

creating art.

I've been an artist since the early 1960's (Wow! where did the time go?) I create in a wide variety of media including ceramics, paintings, jewelry and clothing design. You can find out more on my website at [www.christoferaven.com](http://www.christoferaven.com). I am honored to be featured in the newsletter. Thank you.

Christofer Aven

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## COUNCIL OF ELDERS REPORT

Concepts taken from lectures channeled by David K. Miller by Juliano in January 2020, and Kuthumi in February 2020

These current problems that you are now seeing on the Earth, the Corona Virus, the Radiation contamination issues, the sixth mass extinction, and the wars, have all been predicted by the White Brotherhood/Sisterhood. The reason is because it was realized a long time ago that the imperfections of the humanity species would be magnified as the population increased. This means that there now needs to be an evolutionary leap for humanity. A development of evolution is possible but it requires devotion, dedication, and an opening of the heart to the planet, to the planetary consciousness and the concept of the Sacred Triangle. Unity consciousness requires a higher consciousness. We live in a global world and we must focus on the greater good for the planet as well as the good for each nation. This is why the opening of the heart, and the mind to higher light and to the teachings of the Arcturians is important. We need to be able to contribute to the highest possibilities of evolution of humanity. We actually need a higher intervention.

The solution to the Earth problems is going to have to come from the Fifth Dimension. For example, we do not have the time left to process the radiation, to clean the oceans before they collapse. 2020 is a year in which it is going to be very difficult for people to deny the planetary crisis.

However, the solutions lie in an expansion of unity consciousness, of opening up to the Fifth Dimension for solutions to these problems that go beyond a logical answer. There are just a few groups, other than Group of Forty, who are seeking to maintain, and to download fifth dimensional energy into the Earth. One of the main goals of the Group of Forty is to work to bring down and hold the fifth dimensional energy into the consciousness of the planet. What does it mean this "fifth dimensional" energy? Well, there are certain, higher traits, higher emotions, higher understandings on the Fifth Dimension which need to be integrated into the Third Dimension. One of those traits is unity, another is the idea of brotherhood/sisterhood of all people. We have to be able to transcend our differences and realize that there is a unity, a great spiritual light that is for all people. Fifth dimensional energy means that there are ways of connecting to the quantum healing energy field. In quantum healing, what appears to be logically impossible from the third dimensional perspective is possible. We must seek a fifth dimensional intervention that will work to repair, heal, and rebalance the planet, including the political, economic and social crisis we are now experiencing. The Group of Forty is preparing and holding a fifth dimensional, dynamic connection to higher light which is vital to the coming healing process.



Jane Scarratt  
National Coordinator in Australia  
For the Group of Forty  
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## Planetary Healing BIORELATIVITY Earth Balance Teams

So many people say to me that when they are meditating, they find it difficult to visualize the steps of the

meditation being presented. What I suggest to people is:

“Just follow the words and know that your higher self is doing all the work and when that Higher Self returns to the Earth body, everything the etheric body has taken on will go out into the physical body and they WILL benefit from the meditation.”

Personally, I have found that, when you attend meditations regularly, your visualization skills gradually increase and suddenly you find yourself being able to visualize everything. Be patient with yourself.

**The U.K is now presenting a weekly meditation every Wednesday at 12.15pmAZ(8.15pm UK time.)** The presenters will be either Hannah or Stephen. Contact Hannah at [gofinuk2@gmail.com](mailto:gofinuk2@gmail.com) for dial in numbers and access codes.

**The Biorelativity Team is presenting a minimum of 14 meditations per week** We are letting Earth know we are here and we are supporting her and she will respond more favorable *BECAUSE* she knows we are here. **REMEMBER.....**A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it.

**Biorelativity** is the ability to interact with the Spirit of the Earth with higher consciousness. Biorelativity can create unity consciousness and a unified energy field.

**Noorelativity** is the ability to send thoughts and energy into the Noosphere for the purposes of manifesting a higher healing light throughout that planet. There is a monthly calendar on the web pages. Contact Jane if you would like to be part of the Presentation Team or just need further information: [janescarratt@gmail.com](mailto:janescarratt@gmail.com)

The Biorelativity Committee asked three questions of members of GOF.

Q1. What is the best part of doing the GOF meditation exercises?

Q2. What seems to be the biggest resistance or difficulty in you participating in the meditations?

Q3. How can we, as a Committee, help you be a more effective meditator?

Here is question one and some of the many answers we received:

#### **Q.1 What is the best part of doing the GOF meditation exercises**

**Angela:** Strengthening my meditation practice - getting high - and being part of something important, larger than myself, for the good of the planet

**Rossy:** The unity we are creating to heal our beloved planet, also I enjoy being part of the group, sense of belonging for the greater good.

**Magaly:** Being in the same space.

**Antonella:** Being in a Group of like-minded souls and feeling the love and energy pour though. Knowing that this is real and I am not alone.

**Catherine:** it's having a brief but deep meditation every day. I would rather have 5 minutes (which I will usually follow with another 15 of my own 'lost in space' time). Less is more. But I know I am not typical. I like fast space travel.

**Ulli:** The awareness that I am connecting with a group of likeminded, like hearted folk where we are totally focused on Service to our Beloved Planet and beyond. It puts me in a Space which gets me beyond Mind Chatter I enjoy toning along with whoever is presenting. Also being galactically inclined this makes me feel at home.

**Catherine T:** Connection to the group

**Natalie:** Meditations - are good for relaxation, putting issues from my work day in to perspective, feeling like I'm part of a community and feeling like I'm contributing to something positive for others and for earth.

**Elisha:** to connect, heal and to be at service to the earth and the mission we all share.

**Yvonne:** The feelings of comradery, the coming together of people with like minds and doing something that has a lasting importance both for the Earth and my soul journey.

**Marie:** Joining with other participants around the globe, working towards the best for Mother Earth and mankind and being given wonderful tools that make a difference to the whole planet.

**Gwen:** Being filled with the beautiful Masters' vibrations of Love. Strength and Guidance. Also, the joy of friendship as we meet together to bless Mother Earth.

**Jeannette:** The synergy of a group of fellow sensitives.

**Fred:** The best part is joining with a group energy to increase arcan power.

**Renata:** Love doing the exercises, not only knowing we are helping Gaia but also helping our own frequency.

**Lina:** Connecting to levels of consciousness and awareness.

**Gale:** the best part of participating in the Biorelativity meditation exercises is knowing that I am doing my part to help our Home Planet.

**Christofer:** the best part is feeling I'm helping Mother Earth in my own small way by joining the meditations as

often as I can.

**Tim:** Doing the exercises provides me with a great schedule for meditating. It helps me with my mission here and helps me associate with the guiding masters, our ET Brethren, and other Star-seeds. It gives me the ability to be with other Healers and allows me to increase my energies and light in healing and helping Gaia ascend. The exercises provides me with multiple goals or focuses for our/my work in this existence. What is the best part? Working in and between the 5th Dimension and our Father/Mother/Creator.

**Cosmin:** getting together, strengthening the bond of brotherhood and sisterhood and our connection to Mother Earth, cocreating together a higher harmony and balance, a higher reality for humanity and Earth.

**Rhonda:** The best part of meditation exercises is when I go within and feel the high frequency of the meditation and have no problem bilocating.

**Emre:** I believe we do participate in the earth's healing and also our own healing. After each session I feel like I accomplished it one more time, and I feel the energy so strong so I feel joyful and bliss.

**Linda:** The best part of doing the meditation exercises is the feeling that I am able to make a contribution to helping the planet's ascension.

**Jasmina:** The best part for me is during and after the meditation I feel mostly connected to the group and to myself.

**Stephen:** The best part of the meditation for me is helping the planet and everyone on it.

**Joanne Isabella:** The best part of doing the meditation exercises is knowing that I'm working with the GOF and we're working with Gaia and the Arcturians to help move the negative energy of the earth to positive energy. It's not easy to find this many people to do this type of work, and if I didn't have this group, I probably wouldn't be doing it myself, so it's very encouraging to work with people of like minds, and it's a push for me not to be lazy. Also, I absolutely love the energy that Juliano and the Arcturians send to each of us to help us accelerate our spiritual growth and expand our consciousness.

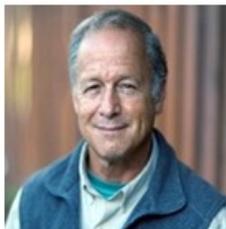
**Jennifer:** I love the feeling of connectedness and the learning of new techniques, also being part of something that really matters, that is helping raise consciousness.

**Mia:** Community / a sense of belonging / a powerful, living nucleus that gives my life a true sense of purpose:  
- supporting the earth  
- learning about a belief system that resonates with me (like coming home), and that is truly useful  
- learning to sense the goings-on of the upper chakras  
- learning to sense the group energy much more deeply  
- opportunity to observe own progress e.g. visualization, deeper state of meditation, easier to get to meditation state, general increased calmness



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## Planetary Cities of Light Report



**Robert Maldonado**  
International PCOL Coordinator  
[rrmaldo@gmail.com](mailto:rrmaldo@gmail.com)



## Report for May 2020

One of the major benefits of our Planetary City of Light Project is the positive effects that we are making in both our personal lives and communities as we bring in higher light into the third dimension. We are sowing the seeds of the Future Earth. On a practical level we see this in the improvements and progress within the Planetary Cities of Light areas and especially during the COVID-19 pandemic.

Here are some examples from some of the Planetary Cities of Light around the world.

**New Zealand PCOL:** "I think one thing here that's noticeable is we have not had one case of COVID-19 in our PCOL. The ones we have had in Auckland have been spread all round and noticeably in parts of town that have a heavier dense energy anyway, but not one in PCOL or close surrounding areas. The current low/nil numbers achieved in 4 1/2 weeks here throughout the country, has to be the attitudes of the people, the willingness to work as one team, and the kindness and respect theme our PM has pushed from the start to each other and the media. She repeatedly said we had to work as one, one team, one unit to try and beat it, and the country listened. That has to be down to an enlightened or light over the entire country which I believe the PCOL has had a lot to do with. I think the Crystal here also has maintained the light for us as well. We are not rioting like the states and other countries. There are no protests, we are just getting on with it under the changing circumstances. For example, look at Anzac Day...we all stood out front in our driveways with candles and homemade red Poppy's in the cold at 6am, and showed respect and solidarity for the Anzacs and the sacrifices they had made. That's one of the many things/events we altered so people could still celebrate it. Thousands came out to the end of the drives throughout the country. You could hear the Last Post echoing out throughout the neighborhood on phones and tablets as we stood there. A very poignant moment. It's the battler spirit of this part of the world that makes us strong and we just get on with it and do it anyway without complaining. This attitude is seen and experienced every day. There is a calmness and a peace and an absolute gratitude and relief amongst the people, that we live down in this part of the world, an increasingly enlightened part of the world."

**Taos, New Mexico PCOL:** reported no people being treated for Coronavirus.

**Switzerland (Herisau) PCOL:** people are putting money together for coupons for small shops, so that people buy stuff there when they open up; nice solidarity, help service for older people because they cannot leave home. Fear has diminished; our work having positive effect on city.

**UK PCOL's:** calm and peaceful and everyone is very community-minded and helping each other out. All shops offering delivery service. People are kind and considerate and looking after elderly and vulnerable.

**Fairhope, Alabama, PCOL:** no reported cases of COVID-19. The city was protected from a large tornado that upon approaching the city suddenly changed track and intensity, with little damage to surrounding communities.

**Spain:** greater attendance at meditations and more people who subscribe to our online activities. and more members being more active because they are seeing and understanding the need for the meeting and joint work for personal and planetary repair and evolution.

It's time for us to share these successes and others and spread the message about the benefits of the PCOL project especially as we continue to grow. Join a PCOL. Start a PCOL and bring positive change to your area!

Join us online for the next PCOL Global Meeting on Sunday, June 28 at 9:am Arizona time

Omega Light Blessings,  
Bob Maldonado

## *From the* Land Down Under and the Land of the 'Long White Cloud'



Australia and New Zealand, almost unique among anglophone countries, have so far been successful in largely suppressing the spread of Covid-19 within their countries, and in particular, keeping deaths low. Australia, with a population of 25 million, has had just over 6,000 infections, and 93 deaths. New Zealand, a country of 5 million people, which closed its borders the day before Australia, has had 1,200 infections and so far, only one death from Covid-19. Both countries have enacted strict physical distancing regimes, enforced by police. Planes have been grounded, workers have been told to stay home, schools have been closed in some places, and entire industries put into hibernation. Despite their reputation for having an independent streak and a benign disdain for authority, Australians and New Zealanders have been overwhelmingly compliant with the restrictive measures.



Bondi Beach during the pandemic shut down



What Bondi Beach usually looks like

Report from Janine, Coordinator in New Zealand

I think one thing here that's noticeable is we have not had one case of Covid-19 in our PCOL. The ones we have had in Auckland have been spread all round and noticeably in parts of town that have a heavier dense energy anyway, but not one in PCOL or close surrounding areas. The current low/nil numbers achieved in 4 1/2 weeks here throughout the country, has to be the attitudes of the people, the willingness to work as one team, and the kindness and respect theme our PM has pushed from the start to each other and the media. She repeatedly said we had to work as one, one team, one unit to try and beat it, and the country listened. That has to be down to an enlightened or light over the entire country which I believe the PCOL has had a lot to do with. I think the Crystal here also has maintained the light for us as well. We are not rioting like the states and other countries. There are no protests, we are just getting on with it under the changing circumstances. For example, look at Anzac Day...we all stood out front in our driveways with candles and homemade red Poppy's in the cold at 6am, and showed respect and solidarity for the Anzacs and the sacrifices they had made. That's one of the many things/events we altered so people could still celebrate it. Thousands came out the end of the drives throughout the country. You could hear the Last Post echoing out throughout the neighborhood on phones and tablets as we stood there. Very poignant moment. It's the battler spirit of this part of the world that makes us strong and we just get on with it and do it anyway without complaining. This attitude is seen and experienced every day.

There is a calmness and a peace and an absolute gratitude and relief amongst the people that we live down this part of the world, an increasingly enlightened part of the world.



Janine Malcolm New Zealand  
Country Coordinator  
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## CORNWALL CAPERS

### Polbathic PCOL in Cornwall, UK



Dear Starseeds and Lightworkers,

This last month my household have been exercising quite a bit!! Mind, Spirit, and Body!

As part of the Covid-19 lock down, we are allowed to exercise for an hour per day with family members. So, we've been making the most of our 'release' and getting active.

One of the exercises we have been partaking of - is going out in our PCOL walking. Polbathic is situated in a rural area - a peninsular of South East Cornwall and we are 3 miles from the coast - there are not many queues or crowds - but there are plenty of big hills so they keep us healthy and fit!

So if you can - join us and get out walking to increase your overall fitness whenever you can - if you're not that active sit outside as it helps you connect physically, mentally and spiritually to our beautiful Mother Earth - actively connecting whilst walking helps your subtle energy bodies stay that

little bit healthier and in harmony and balance. Walking in nature amongst the ancient trees we have felt at one in unity consciousness.

this tree has a huge presence and a fantastic energy, peaceful, calm, balancing, harmonious. The tree is situated on a peaceful Cornish lane where we buried one of our four crystals on the Eastern border of our PCOL and we feel this lovely tree stands over our crystal and helps us with our work.

Sending you all our love and best wishes,

Together in unity consciousness,  
Stephen  
[satcitananda64@yahoo.com](mailto:satcitananda64@yahoo.com)

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## GROUP of FORTY ACTIVITIES in SPAIN

### by Magda Ferrer

Report for May, 2020

The fourth Saturday of each month is the monthly GOF/PCOL meeting day for active groups in Spain. On that day, all the PCOL groups carry out a monthly Reactivation of their PCOL in the time window from 12 to 15:30 and, in the afternoon, both the GOF groups and the PCOL groups meet for the connection with the monthly

online meditation that the Arcturian School organizes. Other GOF meetings are at the discretion of each group.

### Online monthly GOF Biorelativity exercises in Spain

We organize two monthly online meditations in the Zoom Webinar, one on the second Saturday and the other on the fourth Saturday, at 5:00 PM, in both cases with the aim of helping to repair the Earth. It has assistants from Spain, France, Mexico, Brazil, South America and the United States.

### Online GOF meditations at the Arcturian Temple in Spain

The Arcturian Virtual Temple is a virtual global meditation space reserved for the members of the Group of Forty, which is connected with our Temple with the Temple of Tomar in Arcturus. It has been founded by the Group of Forty in Spain and Arcturian School at the direction of Tomar to help accelerate the planetary Noosphere and human evolution. The Temple of Tomar on Earth has 12 Temple Guides and offers a daily meditation on the Wormhole Classroom Webinar in Spanish, French, English and Brazilian Portuguese.

### Online GOF meditations for COVID 19 Protection of the Sant Pere de Ribes Group

We carry out these meditations on the second, third and fourth Saturday of May at 12:00 noon: on the second Saturday we carry out the protection of the Planetary City of Light of Sant Pere de Ribes; the third Saturday the extraction of COVID 19 in Catalonia and the fourth Saturday the exercise for Spain in the Auditorium of the starship Athena of the Arcturians. Members of the Group of Forty from different countries attend.



Magda Ferrer

Links to our web pages:

Arcturian Project: <https://grupo40spain.com/>



## Welcome New Group Of Forty Members!

We would like to extend a warm welcome to the following new members who joined the Group of Forty between April 18, 2019 and May 18, 2020.

FIRST NAME	CITY/STATE	COUNTRY
Emmy	Camas/ WA	USA
Heidemarie	Bonn	Germany
Leanne	Plano/TX	USA



Birgit Smothers

USA Group Coordinator

[birgit@groupofforty.com](mailto:birgit@groupofforty.com)

## 2020 Astrological Insights by Elizabeth HeartStar

Here is the Astro-Oracle message for this month's newsletter.

### What a time we are in on Planet Earth!

We, Starseeds, choose to incarnate on Earth at this important cusp time of the shift from the Age of Pisces to a New Age of Aquarius. We knew it would not be an easy time, and are grateful to David and the Arcturians for

bringing us together and sharing the wisdom and tools to assist us at this time of a great personal and planetary awakening and ascension.

This month, Venus is in Gemini, the air sign of the Twins of Love and Wisdom, turned retrograde on May 13th till June 25th. Venus represents our love and values, and how we attract what we need to enjoy life. The heart is the home of bliss. Venus creates with ease and grace, and expresses through art, beauty, peace and harmony. At retrograde times, the planets are closest to the Earth. This is when we are asked to review the recent past. With Venus retro, it indicates a time to go within the heart, contemplate and to attract all that is needed to survive and thrive. We have had this global pause and reset for a couple months now. We have a lot to recapitulate. The heavy hitter planets, Pluto, the great transformer, is retrograde now till October, also Saturn turned retrograde on May 10th until the end of September. Saturn is the time keeper, and represents form and structure life, in society and governments. In our body, Saturn is our skeletal structure, our bones, teeth, skin and knees, everything that gives us form. Saturn is the last of the earth planets and is determined to build sustainable foundations that support life on earth. With the beneficent planets Venus retro, as well as, giant Jupiter, who is generous, and expansive also retrograde until September. Jupiter brings wisdom through our superconscious connection to the Arcturians, Angelics, Galactics, and Spirit Guides. This month is very important for personal and planetary healing. A valuable time to reevaluate, go within, to listen, sing and follow your heart song. Walk in Peace & Beauty.

Blessed Be



Please go to: [www.Astro-Oracle.com](http://www.Astro-Oracle.com) and/or  
email: [elizabeth@astro-oracle.com](mailto:elizabeth@astro-oracle.com)



*with Juliano through David K. Miller*

**Joanne in Queensland asks:**

**Dear Juliano, would you please tell us more about the Zohar Light, and how we can utilize it at this time. Thank you.**

**A** I am going to turn this question over to Archangel Michael and then I will return.

Greetings, this is Archangel Michael. The Zohar light is the original creative light that was emanating from the Creator at the beginning of this universe. The Zohar light is the brilliant light and the Zohar light has remnants and threads of its brilliant light within each of you living souls. It is contained, the Zohar light, in your higher soul known in Kabbalah as the Neshamah, the higher soul. The higher soul is pure light and it has no darkness, it has nothing in it that can disturb it, there is nothing in the universe that can destroy it or stop it or darken it or diffuse it. It is a pure light from the Creator.

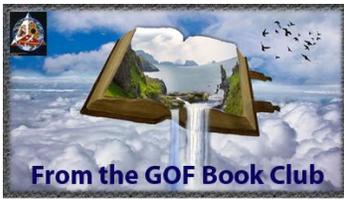
There are, in the Kabbalah, different types of light. Think of the Eskimos and the fact is that they are very sensitive to snow. They have different definitions for snow. Some of the snow is described as hard, some of it is soft, some of it is slushy, some of it is wet and each type of snow has a name. In our mystical works we have different names for light, for example, the Bahar light, the Zohar light also is called the Splendid or light of splendor.

The Zohar light is filled with the mystery of the Creator and those who meditate on the Zohar light can find an avenue to go directly to the Creator's source. The Zohar light is in every dimension including the 3rd dimension and the 5th dimension. The Zohar light also is contained in the mystery of Creation. We talk in the Kabbalah about the deed or the making of Creation [referred to as the big bang in modern cosmology], the deed of Creation. But the deed of Creation is one of the great mysteries. How was the universe created, why was it created, what was the source and the answer is that the source of the Creation was the Zohar light?

The Zohar light is so special that if you were able to see or use the Zohar light you could see across the universe, anywhere in the universe without a telescope. This is the power of this light. You ask how to use this light. The light can be used to call down higher energy for repairing the universe, for repairing the Earth, and for repairing yourself. It can be used for bringing down to you light that will help you connect with the Creator. Remember that in the Kabbalah the goal is to connect and unify with the Creator and there are special prayers for this, to unify with the Creator light.

You may raise your vibration so that you can integrate and receive the Zohar light into your own energy field and this is a healing transformational light that is beautiful, harmonious, peaceful and enlightening all at the same time. So, I bless each of you. May the Zohar light enter your aura today, especially as we are in the weekend of the two famous holidays, the Passover and Easter. The Creator is not separate from this world but is part of this world and the Zohar light is part of this world but it must be recognized, called upon and integrated into your energy field.

I return you to Juliano, this is Archangel Michael. Good-day.



## GOF Book Club

### *Kaballah and the Ascension*

Chapter 1

By David K. Miller

**Why is it important that you be able to access information that is peculiar to the level of your soul?**

Spirit is always with us, and this is a very exciting time in terms of the tremendous changes that are going on. It is important that you be able to access information that is peculiar to the level of your soul. Each of you belongs to a specific soul group. Many of you are already aware of some of your brothers and sisters on the soul level. Those in your soul group are especially able to give you information that will help you to resonate with them.

**Why is the word “resonate” important?**

We need to learn to resonate with the particular frequency that belongs to your soul. There are also other souls who can resonate at your particular frequency and who will help you to raise your consciousness.

**Why is the Hebrew language energizing?**

We are talking about the Kaballah and the particular frequencies of the Hebrew language that are useful in tuning in to your soul vibrations. Hebrew is a special galactic language that was brought to Earth many centuries ago. It has certain sounds that resonate with the galactic core and help to bring in the Creator energy. This is extremely important. Many of the sounds themselves, even if you do not know what their meanings are, can take you into a higher state of consciousness. When you are in a higher state of consciousness, you can access your higher self. This is what you are about.

**What is a reason for incarnating?**

So that you can access your higher self and tune in to the Creator.



Jane Scarratt  
National Coordinator in Australia  
For the Group of Forty  
[janescurratt@gmail.com](mailto:janescurratt@gmail.com)



## Member Letter

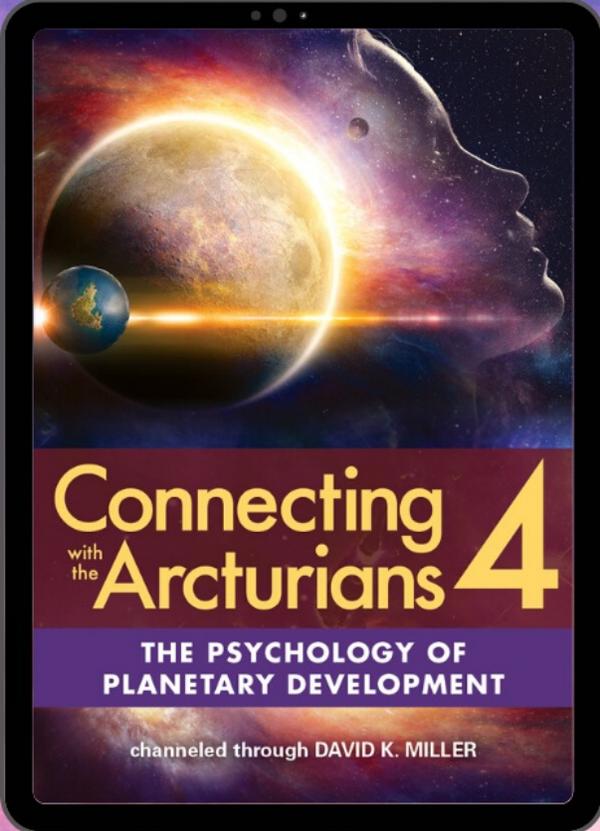
Hi David,

Thank you for a wonderful webinar today, for me it was very powerful & cleansing on many levels & I would appreciate a recording of today's “Soul Purification Webinar” as you had offered, so that I may continue this process.

Many Thanks to you David for a great Meditation & for your continued global service thru the Group of Forty.

Blessings, Margie Rivera

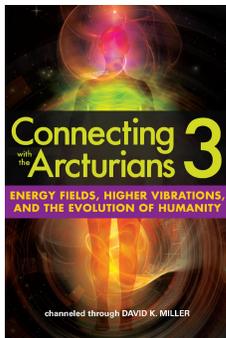
## ANNOUNCEMENTS



David's new book, **Connecting with the Arcturians 4**, is now available as an e-Book.

It will be available shortly in hard back through Light Technology Publishing.

For ordering information, email or call:  
publishing@lighttechnology.com | 800-450-0985



[This Book](#) is available as an e-book and a hard copy book through Light Technology Publishing.

You can also find it on Amazon at [this link](#). This third book contains the most up-to-date information on ascension that is available, including new spiritual techniques to aid the process.

David's earlier books: "[Connecting With the Arcturians](#)" and "[Connecting with the Arcturians 2](#)" by David K. Miller offer a comprehensive presentation on the ideas and views of an extra-dimensional, extra-terrestrial civilization on the Earth situation from the planet Arcturus.

Subjects included in this fascinating presentation are: 1) the Arcturians' view of the ascension or "rapture;" 2) what is the Fifth Dimension and how we, as the human race, are evolving toward the higher dimension; 3) the impending Earth peril and dangers to the Earth biospheres; 4) Jesus' (or Sananda's) role in the ascension and why he has a new name in the higher realms; 5) The Arcturian Stargate, a soul transfer station referred to in the Edgar Cayce's writings. When we finish the Earth's incarnations, we can travel to the Stargate for our next "soul assignment."

This first book also describes a new concept in spirituality, the Arcturian Sacred Triangle. For the first time, the Arcturians offer a way of uniting Earth's spirituality so that a planetary healing can occur. Readers will learn how ascended Native Americans' mystical Earth spirituality and galactic extra dimensional spirituality can be united to enhance a healing for the entire planet.

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- > David's book, [Connecting With the Arcturians3](#), is available for purchase in soft cover from [Light Technology Publishing](#).
  - > David's book, [Connecting With the Arcturians2](#), is available for purchase in soft cover from [Light Technology Publishing](#).
  - > David's book, [5th Dimensional Soul Psychology: Channelings by Vywamus](#), is available on the [Light Technology website](#).
  - > David's book in Spanish, "[Enseñanzas del Sagrado Triángulo Arcturiano](#)," is available in the Amazon.com Kindle Store and may be purchased [using this link](#). The follow-up to this book, "[Connecting with the Arcturians 2](#)", focuses on planetary transformation from a galactic perspective. It covers such topics as embracing galactic spirituality and planetary evolution, the aura enhancing technique

known as shimmering and much more. The reader also gains more understanding of the planetary healing technology such as biorelativity and other global healing techniques.

You can buy these books at the following links:

[Connecting With The Arcturians](#) [Connecting With The Arcturians2](#)

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### **Our Purpose:**

**"40 Groups of 40 will be formed for Personal and Planetary Healing - Bringing us to the Fifth Dimension!"**

We are dedicated to teaching humanity about the ascension to the Fifth Dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.

To join Group of Forty, click the button below or visit <https://groupofforty.com/register>.



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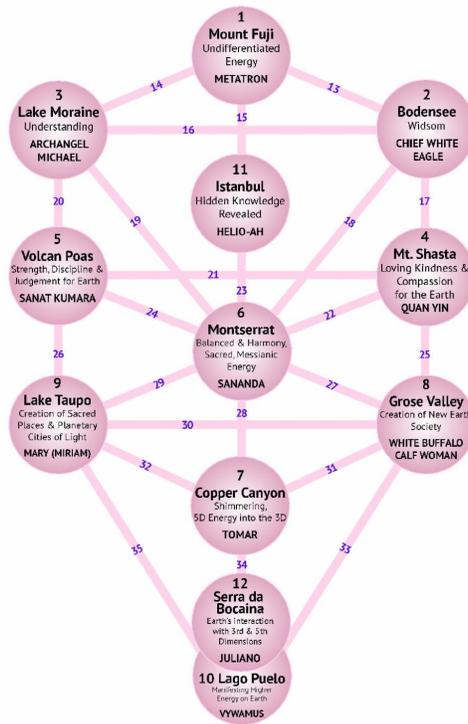
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Birgit Smothers. If you have articles to contribute, please send them to: [birgit@groupofforty.com](mailto:birgit@groupofforty.com) by the 18th of each month.

## Tree of Life

# Arcturian Tree of Life with Numerical Paths

Each Sphere is associated with a Spirit Guide and Sacred Location



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## Upcoming Events

25th Annual Conference, Prescott Resort & Conference Center, Prescott, Arizona, Friday, October 23rd - Sunday, October 25th, 2020.  
More details soon!

[International Activity Calendar](#)

[Spiritual Tools](#)