



Group of Forty

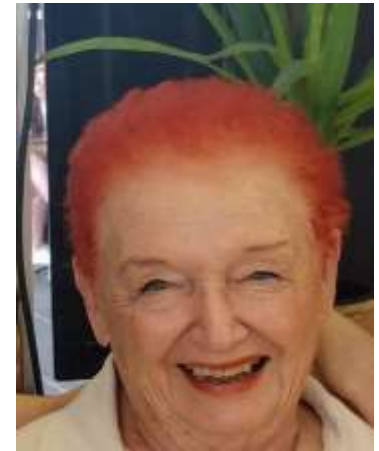
Australia

www.groupofforty.com

David K Miller Founder/Director



THOUGHTS FROM JANE...It is your mind that creates your heaven and your hell, using whatever circumstances are around you. YOU can't decide what Earth will do; YOU can't decide what governments will rise or fall; or even whether humans as a species will survive. We have very little knowledge about what is needed for the wholeness of this planet. **But there is one thing you can do.** Your own life which affects those around you, can either expand and give gifts of peace, humour, love compassion and courage or it can do the opposite. **Your life is under your control.** It is you, moment by moment, thought by thought, action upon action who decides which world you'll create. You have tremendous opportunities to fill your life with the gifts of consciousness, so don't let those opportunities slip past as you look on your future. We always seem to be in a mental battle between positive and negative. Every thought you think, every action you perform, every wish you have, you are making a choice about supporting being positive or being negative. Remember, the one you support will have the greatest impact on your life. When you have negative thoughts, your ego will always tell you that you have plenty of time to change-but have you? **Now** is when the opportunity is strongest for you. Don't listen to the ego and postpone those loving thoughts and loving actions that you never seem to have gotten around to having and doing.



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Please consider coming to our annual conference on September 26th and 27th 2020. We're meeting at the Hydro Majestic, Medlow Bath. We will have a webinar workshop with David and Gudrun Miller and also our Annual General Meeting. There will be two guest speakers. Day two we will have a meditation at the Grose Valley crystal. Email Jane for more details

MEETING OUR MEMBERS

Hi. My name is Warwick Emanuel, and I joined the Group of Forty in August 2019. Why did I join the Group? I read one of David Miller's books and he mentioned the Group there, and it resonated with me, so I followed through. And what a wonderful group to belong to – people who want to make a difference. Fantastic! I find that being in the Group of Forty is a beautiful way to give back to the universe as my outflow. I am also grateful to the Acturians who are so generous with their blessings. I find that every meditation they give each of us something personally out of it, as well as the main theme of the meditation intent/purpose.

Although I have done many things in my life, my current role is a Data Integration Engineer. A fancy title for someone who organizes data in all different types of formats and puts it into a sensible construction/format (makes sense of it) so people can understand it and then make decisions from it for Business Intelligence. I really enjoy the challenge and love it.

When I was 16 I had a prophetic dream of a traumatic event that happened in my life 3 months later, and I can still clearly hear the angel/guide beings in this dream telling me over and over "Isn't it good. Isn't it good." Preparing me for it on a spiritual/mind level. From then on I knew that there was something more to life than what we physically see or hear. I sometimes think that I am obsessed with Ascension. Some of the other groups that I belong to are: School of Remembering, Judy Satori, Eva Marquez, Christine Day, I Am University, QBI Healing

Lots of joy Warwick

WARWICK EMANUEL



It was a quiet Monday morning in September 2053, when John awoke with a need to go to the bathroom. To John this wasn't just any ordinary day! This was the day he would open the last package of toilet paper his parents bought in the year 2020.

MEMBER CONTRIBUTIONS

I thought I would share some pictures from Centennial Park, in Sydney PCOL. A park very similar to Central Park in New York. I am finding great peace there at the moment. Connecting with our Gaia in these momentous times. Everytime I go into the inner earth, either on my own meditation journey or with the wonderfully presented group meditations from GOF members, I am really aware that there has been and is currently occurring, an enormous shift happening in Gaia's core. The light there is expanding daily and is so beautifully brilliant, that words can't express. Our work is doing wonders. This park is a refuge now for plant animal and human. It is bursting with joy after all the rain and all are grateful.

Belinda in Sydney



Labyrinth in Centennial Park, Sydney



Peace in Centennial Park, Sydney



Lake in Centennial Park, Sydney

Half Heartedness

Gamble everything for love, if you are a true human being.

If not, leave this gathering.

Half heartedness does not reach into majesty. You set out to find God

but then you keep stopping for long periods at mean spirited roadhouses.

Rumi

Q and A with Juliano through David K Miller

Dear Juliano, did the Arcturians - ever - during their development, have similar third dimensional technology to what we now have in transportation, communication, medicine, weaponry, astronomy, and space exploration, and if so, about what age were your species when you had these and how different were these devices from ours? Thank you.

A: The answer is that yes, in our earlier development we did have cars, they weren't exactly looking like your cars but we did have oil, we did have radiation from nuclear power, we had a dualistic society and when you say "what age", I mean, it is difficult to explain because how old are humans, the homo sapiens? The different levels of species can go back perhaps a million years and then the Neanderthal, which is one of your descendants, goes back 300,000 years. Do you want to include the Neanderthal as part of you or if you are just going to go through homo sapiens you might say well the homo sapiens himself is 50,000 or 100,000 years old. So let us just go with the past and when civilization began--10 or 12,000 years ago because that is when the traditional time is and it recently has been extended to 12,000 years, originally it was thought 4000 or 5000 years. The human being became "civilized" and left the hunter-gatherer level to participate in this civilization as you know it. So that means that basically from this standpoint, humanity is 6000 years into civilization. That is not a very long time. Now this is not even taking into consideration the existence of Atlantis or Lemuria which could go back to 50 or 75,000 year ago but just leaving that out for now, we will say that you are a young species that has recently become "civilized".

How old were we when this happened, and I would say it was probably a similar time. You remember we talked about different levels of development and we were in stage I of planetary development which is the stage you are in and stage I planetary development is characterized by the ability to develop rocket propulsion and ability to leave the planet. It is true that we did go through stage I just like you are going through stage 1 and our technology was similar and the most important part was that we had the nuclear technology and the propulsion technology to destroy ourselves. We had the ability to leave our planet with that technology. So my answer is that yes, we did go through many of these things, we did have automobiles but we did not call them automobiles of course. We did have duality, we did have disease, we did have an unbalanced planet and these are stages of planetary development that most of the existing planets in the galaxy have gone through.



A LIGHTER MOMENT



Washing your hands for 20 seconds is nothing in comparison to what Bodhisattva had to do.



Social distancing cockatoo style

FROM THE COSMIC ARROW

From the Cosmic Arrow - Arcturus Connection_____By Sjoerd Tyssen
Use These gifts to help your meditations.

Full Moon - Aries Cycle - Easter 2020

10th April' 20... 18 degrees.. Aries/Libra

Arcturian Connection Message:- 'Younger than before.'

And:- 'Everywhere there are signs of life.'

Last Quarter Moon - Aries Cycle -

15th April' 20... 25 degrees.. Capricorn

Arcturian Connection Message:- 'Structure gives form and form gives structure.'

New Moon - Taurus Cycle -

23rd Mar' 20... 3 degrees.. Taurus

Arcturian Connection Message:- 'Women walking freely here

First Quarter Moon - Taurus Cycle -

30th April'20... 11 degrees.. Leo

Arcturian Connection Message:- 'Tens of clouds can make a thunderstorm''

'sjoerdtysen@bigpond.com



MONTHLY PHONE MEDITATIONS IN AUSTRALIA

EASTER April 10th - April 13th

Saturday Q and A with Juliano April 11th 9.30am EST
164595#

Thursday Meditation April 16th - Chad 11am EST
164595#

W.W. Meditation Sunday April 19th 7.30am EST 164595#

Thursday Meditation April 23rd – Charmaine 11am EST
396637#

Thursday Meditation April 30th- Jan 11am EST 164595#

Monthly lecture May 3rd 10.45am EST 164595#

Thursday Meditation May 7th – Anne 11am EST
396637#

Thursday Meditation May 14th- Gary 11am EST 164595#

Thursday Meditation May 21st – Janine 11am EST
396637#

Thursday Meditation May 28th- Margie 11am EST
164595#

Thursday Meditation June 4th – Jane 11am EST
396637#

Monthly lecture June 7th 10.45am EST 164595#

Thursday Meditation June 11th- Gene 11am EST
164595#

Thursday Meditation June 18th – Angela 11am EST
396637#

The Earth Balance Biorelativity Meditators meet every Monday, Tuesday and Wednesday nights at 8pm EST on the phone conference line. Email Jane for information.

Conference Call dial in No:- For Aust: the Access code is : 396637#

For US meditations the Access code is: 164595#

THE BOOK CLUB



Australia's next book club discussion will be **Friday, May 1st 7.30pm EST** We will be discussing Chapter One of "The Kaballah and the Ascension" by David Miller.

Bringing Herbs into your life

Hemp Agimony:- This herb has an attunement with Earth. The energy is really subtle so many people don't understand. The herb provides an individual with more choices which are in harmony with all that they uphold and believe as beautiful and important about the Earth. People who grapple with the more difficult issues of spiritual ecology, of understanding how the entire Earth works together and that they are part of it, would benefit on the mental level by using this herb. As mental clarity opens regarding alignment with the Earth, a deep sense of frustration or anger as if the difficulty the Earth is experiencing is something they want to remove but can't. There is also a strengthening in our desire to stay in incarnation. This is a good herb for people who are suicidal!! There is a greater coherence and integration to bring together many different ideas. There is a deeper understanding of the universal laws as you contemplate and reflect on the world. There is a stimulation and an awakening of the heart. The true birth place and home of universal laws of mankind is in the heart, not the mind. This awakening is strengthened with greater understanding by using this herb.

PCOL Coordinator News

If you are interested in creating a PCOL/PORL in your area, talk to Jane. I am always delighted to assist. A small area is preferable.

I am the coordinator of the Mornington Peninsula Planetary City of Light & live in Moorabbin Melbourne, Victoria. I walk my beautiful dog around 5-6kms every day. Before our confinement due to covid 19, I would always initiate a smile & "Hello" to strangers walking by. People were so deep in thoughts, stressed or unhappy that about 1 in 3 would reciprocate. Now, we are greeted with smiles, hellos & 'wanting to chat'...about anything!!! People are connecting, even offering to help with what they can offer. What a turn around! It's WONDERFUL.

This is my gorgeous boy, Sunny.
With love, Micki



PATHWAYS ON THE

PLANETARY TREE OF LIFE

NSW-SYDNEY PCOL; Spheres: seven - Copper Canyon and nine - Lake Taupo - Foundation and Splendor

SYDNEY HARBOUR PORL; Spheres: four - Mt Shasta and five - Volcan Poas - Loving kindness and compassion and Judgment

NSW-GROSE VALLEY PCOL; Spheres: seven - Copper Canyon and eight - Grose Valley - Foundation and Victory

VICTORIA-THE MORNINGTON PENINSULA PCOL; Spheres: eight - Grose Valley and ten - Lago Puelo - Victory and Kingdom (The Third Dimension)

PORT PHILLIP BAY PORL; Spheres: nine - Lake Taupo and ten - Lago Puelo - Splendor and Kingdom (ThirdDimension)

QUEENSLAND-BRISBANE NORTH PCOL; Spheres: seven - Copper Canyon and twelve - Serra da Bocaina - Foundation and Earth's interaction with the Fifth Dimension

Q'LAND GOLD COAST NORTH PCOL; Spheres: three - Lake Moraine and five - Volcan Poas - Understanding and judgment

PACIFIC OCEAN PORL; Spheres: two - Bodensee and three - Lake Moraine - Wisdom and Understanding

WESTERN AUST PERTH-APPLECROSS/SHELLEY PCOL; Spheres: two - Bodensee and six - Monserrat - Wisdom with Harmony and Beauty

NZ EAST AUCKLAND PCOL/PORL; Spheres: eight - Grose Valley and nine - Lake Taupo - Victory and Splendor

A pathway is a road between two spheres. Each sphere represents a divine energy, such as wisdom, judgement or foundation. The pathway teaches you how to connect the energy of the two spheres for greater balance and harmony in your personal life and on the planet. More information and explanations of this important spiritual tool will be offered in future discussions.

CORNWALL CAPERS

Hello Lightworkers and Starseeds,

We thought this month we would share a photo of our stone medicine wheel which we have erected in our back garden – some years ago! We are spending a lot more time in the garden these days due to lock down because of this exceptional time on the planet. When we are sitting there, you can feel the energies that are so peaceful, relaxing, calming, harmonious and balancing. When I'm in meditation I feel like I have had a personal healing session in my healing chamber on the Arcturian Starship Athena. There is a sudden boost of upbeat, excitable energy when our five year old resident granddaughter comes into the garden to use her swing and slide!! But when she leaves the energy quickly settles back down.

If you have not set one up yourself – you don't need to buy expensive crystals- you can use any stones out of your garden – just clean them in running water, white light or white sage- or ask the Arcturians to cleanse them (if you feel they need cleansing). Then ask that the stones help with planetary healing for the highest purpose, highest good and highest path of all beings. You don't need to go further than your garden, but if you don't have a garden, find a few stones and make one in your home. So get going and enjoy your medicine wheels. – everything helps to raise our Spiritual Light Quotient and anchor in those wonderful planetary healing energies.

Until next month – Together in Unity
Consciousness Stephen



Stephen's garden medicine wheel



Medicine Wheel in Purvesh's Home in Argentina.

DID YOU KNOW

Extract from chapter twenty three "Expand Your Consciousness" by David K Miller.

Juliano, the Arcturian master says:-

You are participating in the awakening – the dawning – of the fifth dimension. This is the key to all the planetary healing ceremonies. This is the key to all the balancing. This is the key to the solutions of all Earth's problems. This is the key to all the polarizations you are seeing. The key is integrating the fifth dimension!

Now say, "I see the fifth dimensional light entering Earth's noosphere now.

I see the fifth dimensional light entering Earth's noosphere, and the spirit of the Earth is receiving the fifth dimensional light in anticipation of the interaction of Earth with the fifth dimension."

The more people you can gather to meditate and help bring in this attraction, the more quickly the fifth dimension will interact in a complete way with Earth.



Biorelativity Coordinator News

If you would like to be part of the Biorelativity Meditation Earth Balance Team, please email Jane Scarratt at janes carratt@gmail.com.

There is a calendar of events for USA and Australia on the web pages. All meditations and their times are displayed there.

EARTH BALANCE TEAMS

When the Earth Balance Team move onto a new meridian, there is no focus then, on the meridians that they have worked with. So the idea was created to ask members all over the planet to form small groups and take responsibility for a specific meridian. They are asked to meet each week for 15 mins to maintain the focus on that meridian. The response has been wonderful! Please join in this amazing work for Gaia. Juliano has assured us that Gaia is hearing us and is beginning to trust that we are always there supporting her. Gaia thanks you!!

Monday night meditations at 8pm EST will include Unity Consciousness, Meridians, Activating Staseeds, Ascension tools. **Both USA teams and Australian teams will be working with this.**

The theme for the **Tuesday night meditation** is **raising our skills and our energy**. The team meets at 8pm EST Access code 396637#

Wednesday night we are working on meditations for Earth. The team meet at 8pm EST access code: 396637#

Once a month, on the second Wednesday of each month, we will come together for an Advanced Arcturian meditation for Earth. May 13th 8pm EST. Access code 396637# Presenter Angela

PLEASE JOIN IN

THE CURRENT TEAMS ARE:-

Juliano advised us that when we are working with the 3D meridians, we are re-habilitating the meridians. The Arcturians use the 5D meridian system of the twelve etheric crystals to assist us.

REMEMBER.....A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it. Biorelativity is the ability to interact with the Spirit of the Earth with higher consciousness. On one level, biorelativity can create unity consciousness and a unified energy field.

Keith and Tabitha (Boston) and their Team are focusing on merging the 5D and 3D earth and clearing all meridians and ley lines. They meet every Friday at 11am DST Aust / in US Thursday at 5pm AZ. Access code 164595#

All the presenters have selected their own meridian meditation and, as they are rostered through these wonderful small Earth balance teams, the meridians will be covered in a more comprehensive manner.

We will be covering the following meridians:

1. The Gulf Stream – Henry and Jan
2. The Pacific Ocean Currents- Gene and Jeannette
3. The North to South Pole meridian – Mber Rose
4. The Equator - Margie
5. The Space Time Continuum - Jane
6. The Ring of Fire – Corae and Cherie
7. Releasing negative thought forms around the planet – Chad and Gale

Refer to the calendar on the web pages.

BOOK CLUB AUSTRALIA

Expand your Consciousness

Chapter Twenty Three

by DAVID K MILLER

What does it mean to release our ties to the 3rd dimension.

By releasing your attachments to the 3rd dimension, you become more of the master of the 3rd dimension, which enhances your abilities as planetary healers. Some of you are just awakening to your mission - the mission of connecting to the star families, the star crystals - and participating in the group energy field. This requires an expanded self image and self esteem, and it includes a humbleness, not an ego inflated energy. It is an expansive energy.

What does Vywamus mean byExpand yourself...Expand.

The problem confronting you on a personal basis will more easily dissolve - not because you have done anything on the 3rd to affect it but because you have expanded. That is the level of shimmering energy Juliano and the guides were talking about. Shimmering is an expansion. One of the interesting levels of intervention on the 3rd dimension is when you are confronted with a problem, you will do something to resolve it. From the 5th dimensional - the shimmering light - perspective, you don't need to do anything. Just expand yourself, and the problem dissolves, not because you did anything, but because you expanded and your perspective changed.

In actuality you did do something by not getting involved in 3rd dimensional activity. Anytime you come across something that contracts you or seems insurmountable, know that this is an opportunity to expand.

How is it easier to unlock the keys in a group?

It is easier to unlock the codes when working in a group. In the past, people might have been able to unlock these codes individually. In Earth's history, fifth dimensional upliftment energy was always processed in a group because a group enhances ascension. However, never before has there been this opportunity to unlock the codes on a global scale and on both a personal and a planetary basis. Groups of higher beings are now given the opportunity to manifest and access these abilities from the 5th dimension simultaneously.

What explanation does Chief White Eagle give when there are contractions on the earth?

When dark clouds came to the sky, we gathered in a circle and chanted; we would pray. When there is darkness and contractions on the planet, we call on the ancient ones. We call on all our ancestors to help us connect to the force field of transformation, the force field of light. We seek in our circle to uplift ourselves so that we are in greater communication with the ancient ones, our grandfathers and grandmothers, and the wise ones.

AROUND AUSTRALIA & N.Z.

Sydney NSW PCOL/PORL Meditations on **fourth Saturday of the month** at 11.45am – 2pm DST. We have refreshments afterwards. Ring Carel 0416 054 818 or email: carelfillmer@gmail.com

GoldCoast, Queensland PCOL/PORL
Meditation on **last Saturday of the month** in Helensvale 1.15pm EST. Refreshments after. Ring Jane(07) 56657575 or email: janes carratt@gmail.com

Brisbane North, Queensland
Meditations are being held monthly in Brisbane. Next meditation will be **1st Sunday of month** at Brackenridge. 10.45am EST.

Melbourne Victoria Mornington Peninsula PCOL/PORL
Meets monthly for re activation of PCOL and social interaction between members. Meetings on **the Third Sunday of the month at 11 am EST.** contact janes carratt@gmail.com for more information

Grose Valley Blue Mountains NSW
Meditations to maintain the PCOL will be held **every second Saturday of month** at Noon EST at the Grose Valley Crystal, Blackheath Contact Liz: 0469 602487 email: eliz.clarke@yahoo.com.au

Applecross/Shelley Perth
Meditations to maintain the PCOL will be held on the **third Sunday of the month** at 1.15pm WA Time in Applecross or Shelley. Contact Michael Maynard: email michael@smallliving spaces.com.au

Auckland NZ PCOL/PORL
Meet on **second Sunday of each month** at Farm Cove at 2.15pm. Refreshments afterwards. Contact Janine:- janinemalcolm@extra.co.nz

Adelaide: South Australia Meet **third Sunday of every month** at 2pm SA time in Westbourne Park. Contact Jen:- j.e.hamilton53@gmail.com

UNIVERSAL LAWS

How many people say "I would like to know God's Laws, but I don't know them". So, in this newsletter for the next few months, we're going to give you the Universal Laws. To merely read the Laws isn't enough. You must use the Laws and prove them correct. Everything works by Divine Law as there would be no order in the Universe without these Laws. It's very important for us to practice these Laws because a life without law and order can be a life of trouble, chaos, trial and error, or hit and miss. When you work with law you know the outcome of every venture **because** it is law and therefore it can't fail.

50. Law of Leadership.

The world needs leaders at this time more than ever. Great leaders who are linked to spirituality. This takes time, effort, and practice. There are many great leaders waiting to be of service. Their greater enlightenment could direct the leaders of the world in the right course of action.

Since all is Mind, we have but to tune into any particular mind to become that mind to identify with. When you do this, and it is possible, you will have access to all knowledge. There is nothing humans cannot know. What do you want to know? Well, ask! Ask, as you tune into the God –Mind and everything that you want to know will be revealed. Do, it otherwise how can it be true for you.

Extract from Hugh de Cruz: New Age Universal Christianity Without Religion

Stories from Trent Mills, Namaste Wildlife Shelter and Group of Fortv Australia member.

Gday beautiful souls, we find ourselves in challenging times, and I am sure that great positive change is imminent. I give eternal unconditional love and gratitude to Mother Gaia and those awesome souls like David, Gudrun and Jane, and many more who started awakening decades ago, to lay the groundwork for the rest of us to achieve the goal of Ascension. I give respect and empathy to all those who have suffered and passed over due to the current pandemic, but to put things in perspective 10,000 children are still dying of starvation every day and over 2 billion of our animal brothers and sisters are being unnecessarily bred and slaughtered for consumption. But, there is so much positivity shining through though. People are caring more for those that need extra assistance like our seniors; there is less pollution; kids are at home with family, there are cleaner waterways; animals are feeling safe enough to venture to places where they normally wouldn't; hunting seasons in Africa are cancelled; the unnecessary murder/cull of our native wildlife is halted and many more positive outcomes. These are only my opinions and experiences and I thank you greatly for allowing me to share them, and now to introduce you to our equal co-stars on the greatest show on planet earth, our animal species family. This month we have the divinely awesome blue tongue Lizard. He is called 'Stumpy', because he is minus his tail. Amazingly, the tails act as a decoy and can detach when attacked. Then the tail heals and regrows, at a reduced size to the original tail, but this is truly a miracle of design.

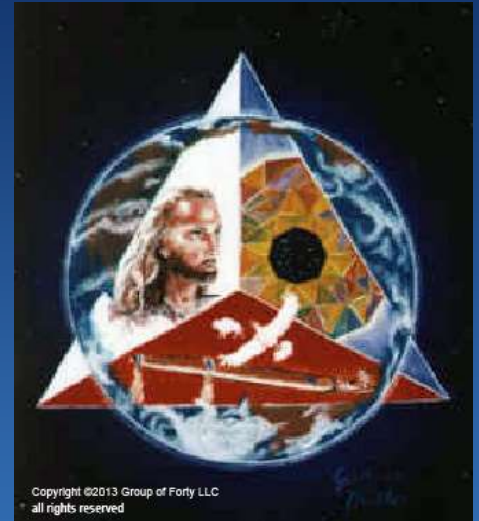
Blue tongue lizards can reach up to 60cm in length, their body is primarily grey or pale brown with around a dozen darker bands around the body and tail. They are usually not aggressive except for defensive purposes and emit a loud hissing sound and **display open mouth with blue tongue**. They live in eastern and northern Australia in their natural habitat of woodlands and grasslands. They consume, vegetation, berries, flowers, insects and snails. Blue tongue lizards give birth to live young up to 30 at a time and during winter they enter into a pseudo hibernation only awakening on warm days to bask in the glorious sun, as you do ! Stay safe, positive and well, beautiful family. Have an awesome month. Namaste- love, light and blessings to you all.



"40 Groups of 40 will be formed for Personal and Planetary Healing Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the fifth dimension.

We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.



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