



Group of Forty Monthly Newsletter

www.groupofforty.com

Personal Message from David

Gudrun and I co-founded the GOF in 1996 after we received a calling from the Arcturian master Juliano. We were on a camping trip at Sublime Point at the North Rim of the Grand Canyon when Juliano came to me and asked us to start a planetary healing group for like-minded Arcturians and other galactic Starseeds. In the early days, membership grew slowly, but with the publication of my first book "*Connecting with the Arcturians*," and articles of mine that were published in the Sedona Journal of Emergence, more Starseeds began joining. Eventually we were able to get one group of 40 people. We held our first annual meetings in Prescott at our home. Eventually we moved the meetings to Sedona where we met annually there for several years. We had several meetings at Mt. Shasta and one meeting at Carson Valley, Nevada. Then we moved our meeting back to Prescott. Currently we have over 800 members world-wide in over 12 different countries. From the very beginning Juliano emphasized to us the importance of Biorelativity and the Planetary Cities of Light. He explained that other planets that were successful in overcoming planetary crises all used Biorelativity and PCOL work. I am very pleased to see how well our Biorelativity program has grown to a true global program. Now in this time of unprecedented crisis, our planetary healing work is more important than ever to help provide the necessary spiritual transformation for the Earth.



David K. Miller |
Co-Founder
Group of Forty
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STARSEEDS Counseling

Dear Gudrun,

I have been struggling with anxiety since this outbreak of the virus. At times I get depressed as well and see no purpose in my existence. I have spoken with others who find this time relaxing and enjoyable! I wonder what is wrong with me as I can find nothing good about this time. I live alone and worry about dying with no one to care for me or for my cat! Every symptom of illness sends me into a tailspin of worry that I have the virus. I am retired and on a stable income so I really have no reason to worry. How can I access my higher self to help me? My spiritual connection seems to be gone as well! Desperate!

Dear Desperate,

You are describing what many others are experiencing. You didn't say if you watch the news. If you do, I know that it can affect your serenity and create fear! What is happening to many is that the survival instinct is kicking in which is fight or flight. You have this instinct as well but are stuck with no way to fix your fears. Your adrenaline kicks in and causes panic. When that leaves your system, you can crash into depression! The fear and anxiety can weaken your immune system and also cause your emotional resilience to disappear! The buying of toilet paper is a manifestation of the baser survival instinct! I have

seen people fighting each other over TP! Fear brings us down to survival consciousness. It is a low vibration. Not that there shouldn't be some vigilance about self-protection during this time but it doesn't have to be motivated by fear. Technology right now is a saving grace for most of us. Call friends and family. Connect with other GOF members. Sharing your fears can lessen your anxiety. Connecting with others can help you with your sense of isolation. You can help others as well with your support of them! Allow yourself to rest, to play with your cat, to read, to watch movies and to go outside in nature. You may benefit from more structure in the day. Designate times for all the activities and let yourself get distracted from the mass turmoil on our planet. Know that you, as a starseed, are more sensitive to the stress on planet right now. Remember that you chose to be here at this time and that you do have a mission and purpose for your existence! Love and Blessings to you.

Blessings, Gudrun
gudrunaz@yahoo.com



I am Gudrun Miller
and I have been a
professional counselor
for over 30 years.

SAVE THE DATE!



Group of Forty 2020 Annual Conference October 23 -25, 2020

Our annual conference will be held from Friday, October 23
– Sunday, October 25, 2020, at the Prescott Resort Hotel,
in Prescott, Arizona, USA.

Group of Forty Monthly Lectures with David K. Miller



The next lecture is on Saturday, May 2, 2020 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST). We will be meeting on [freeconferencecall.com](https://www.freeconferencecall.com) international phone line, which is specific for each country. An email announcement will be sent out one week prior with the [freeconferencecall](https://www.freeconferencecall.com) phone number and access code.

Contact David Miller at davidmiller@grouppofforty.com for more information.

The re-transmission of the lecture for Europe will be on Sunday, May 3, 2020 at 10:00 a.m. Phoenix, Arizona time. You can check the teleconference/lecture time against your local time by using either: www.timeticker.com or www.thetimenow.com

MEETING OUR GLOBAL MEMBERS Ruben Saufkie (Mumkasi from the Hopi Nation)

Ruben has been a presenter at our Annual Conferences for over ten years. Several years ago, he and his

family invited all of the participants in our annual meeting to the Hopi Nation where we had a wonderful dinner. Ruben has traveled all over the world, including Japan, Germany, and Spain where he has given wonderful presentations on planetary healing from the Hopi perspective. Ruben is part of our GOF family and we appreciate his work, creativity and his presentations which include Hopi dances, songs, and the participation of his family as well. (By David K. Miller.)



Ruben Saufkie

barbsaufkie68@gmail.com

LOLMA, Greetings! I am Mumkasi, from the Hopi People of Arizona. I have been a silversmith since 1988. I am sharing my creativity through the symbols of our ancestors. Each piece of jewelry has a message. Through my own personal experience of healing, I have come to understand a lot more about compassion towards forgiveness. Which is my focus now at this sacred time. We, as humanity, must transform our lives for the betterment. We need to reconnect with our ancestral teachings to be one with Mother Earth and Father Universe. Remember, we are spiritual beings having a human experience!

NAVASYANI – take care and be safe.

NAHONGVITOTANI – BLESSINGS of spiritual strength to everyone. May you all be blessed with “hopiness!” Kwak Kwah, Ruben Saufkie, Jr.

(Above is Ruben's e-mail address if you need to contact him. He is available to talk about Hopi philosophy, he would also gladly share some of his beautiful Hopi jewelry. He has been featured in several Arizona magazines, and he is well known as a master Native American jeweler in the four corners area.)



COUNCIL OF ELDERS REPORT

Not surprisingly, a major focus of the April meeting of the Council of Elders was the coronavirus pandemic. Discussions emphasized the importance of raising our frequency to enhance our immune systems. We should not allow a continuation of humankind's abuse of the biosphere, both for its own welfare and recovery, and also with the understanding that the virus may be considered as a harsh judgment by the earth in reaction to humankind's long history of abuse of the environment. We should strive to promote unity consciousness among the many cultures and creeds on earth. It was noted that the indigenous peoples are conducting special ceremonies in response to the crisis. A positive aspect of the crisis is that people may now be more receptive to a vision of a New Society, a Just Society, and the evolution of humanity toward the Omega Man/Woman may indeed be accelerated.

The meeting concluded with a channeling of Sanat Kumara, who told us that the ascended masters are working to hasten the evolution of humanity. They have been horrified by humankind's wanton destruction of the biosphere. They are hopeful that the Omega Man/Woman will become a new symbol for a new, Just Society. It was pointed out that the Tree of Life emphasizes the importance of a Just Society.

The current situation is an evolutionary crisis and there must be a new response to develop a new immunity. It should be recognized that in earlier historic times, society was not so integrated as it is today. But now, globalization has allowed a tsunami of destructive forces to develop. We need to promote a fifth-dimensional approach, including the vision of a Just Society. A mission of the Council of Elders will be to promote such a Just Society and the evolution of the Adam species. How can we accelerate this? It was noted that the evolution and eventual extinction of the Neanderthals and the pre-ponderance of Cro-Magnon Man took hundreds if not thousands of years. But in today's environment we need a much more rapid evolution; evolution cannot wait in the current crisis. We need a transformation now.

The potential for such a transformation is embedded in the Sacred Triangle, which plays a healing role. The paradigm of healing within the Sacred Triangle is very important at this time and all three sides of the triangle are crucial. There has always been a fear that evil extraterrestrials might try to spread a pandemic on earth. But now humankind has brought this upon itself. Now there is a need for higher quantum thinking, with entanglement of the third dimension with the fifth dimension. The Ascended Masters will send healing techniques to be used in conjunction with planetary healing methods. Understanding of this problem by the Council of Elders and the Group of Forty is now needed more than ever.



Henry Brenner,
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Australia Biorelativity from the Land 'Down Under'

from Jane Scarratt

Every meditation is on the Group of Forty websites. Log in. Go to projects. Then Planetary Healing/Biorelativity. Scroll down the page and click on 'Biorelativity Session Recordings.' Here is the link: <https://groupofforty.com/projects/biorelativity/>

These photos are courtesy of Belinda, Sydney member

Labyrinth in Centennial Park Sydney. (369 hectares) This is a park that is equivalent to Grand Central Park in New York (340 hectares) and is loved and appreciated by all Sydney East residents.



Labyrinth, Centennial Park, Sydney



Lake in Centennial Park, Sydney



Walk in peace amongst the trees



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Planetary Healing **BIORELATIVITY** Earth Balance Teams

Juliano advised us that when we are working with the 3D meridians, we are rehabilitating the meridians. The Arcturians use the 5D meridian system of the twelve etheric crystals to assist us. BECAUSE she knows we are here.

REMEMBER.....A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it. Biorelativity is the ability to interact with the Spirit of the Earth with higher consciousness. On one level, biorelativity can create unity consciousness and a unified energy field.

Keith and Tabitha (Boston) and their Team are focusing on merging the 5D and 3D earth and clearing all meridians and ley lines. They meet every Thursday at 4pm AZ on the phone conference line. Access code 164595#.

All the presenters have selected their own meridian meditation and, as they are rostered through these wonderful small Earth balance teams, the meridians will be covered in a more comprehensive manner.

We will be covering the following meridians:

1. The Gulf Stream
2. The Pacific Ocean Currents
3. The North to South Pole meridian
4. The Equator
5. The Space Time Continuum
6. The Ring of Fire
7. Releasing negative thought forms around the planet
8. The Indian Ocean dipole

[Check the calendar](#) on the web pages for the times and access codes.



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Planetary Cities of Light Report



Robert Maldonado
International PCOL Coordinator
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Monthly Channeling on The Planetary Cities of Light and the Coronavirus
March 29, 2020, Channeled by David K. Miller
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Greetings, I am Juliano and we are the Arcturians.

The Planetary Cities of Light were established to help strengthen the energy fields of each city of light. This will help that city of light in time of crisis or times of intrusions on the city. It is important to note that we have suggested earlier that cities have energy fields just like humans have an energy field, and plants and animals have energy fields.

One idea of the Planetary City of Light project is to help that city strengthen its energy field. This means that there are similarities between what one does on their personal aura and the work that one does on the energy field or aura of the city of light. One main distinction is that the Planetary City of Light is working to fill the city with 5th dimension light. The fifth dimension light strengthens the aura and energy field of the city of light.

Remember, when we do the activation of the city of light, we place crystals around the four cardinal points of that city, and we create a white light curtain around the city in order to strengthen its energy field. Also, the city of light can share its power and energy to other cities of light in need. This was the basis of the founding of the sister cities of light project. That means that at times of need one city of light with strong energy power and protection could send energy to other cities of light around the globe.

I have offered four primary exercises to help protect each person from the coronavirus. These exercises can also be applied and practiced with the planetary cities of light. First, the concept and idea of creating a cosmic shape energy field can be directly applied to a city of light. It is important for the planetary city of light's energy field to be in the shape of the cosmic egg just like it is important for a person to be in the shape of the cosmic egg.

The second aspect is the shimmering. You can also shimmer the city of light and create a line on the

outside of the energy field of the city and then you can shimmer that city of light energy field line and you can visualize and direct that city of light energy field to give off Pac-Man or little icons to eliminate any viruses that may enter the city of light.

Third, we talk about the energy of neutralization. Now in the city of light activation we have downloaded a higher 5th dimensional light in a corridor that I, Juliano have helped establish. This is 5th dimensional energy and it builds up the energy field of the city of light in a beautiful direction and activation energy. Another aspect is you can visualize my starship Athena over your city of light. You can visualize a corridor from my starship downloading what I call the neutralization energy or a grey light and that light neutralizes any negative energies coming from the virus. In fact, it neutralizes the virus so that it falls away and does not enter any living being in the city of light.

The final exercise we recommend working with is the Pung energy field. The Pung energy field is a resilient energy that can repel negative intrusion into that city of light. We have used the example of a balloon and how you can fill it with a certain percentage of air so that it has a resiliency that can bounce away any lower negative energies including viruses.

This exercise of developing the Pung energy field for the city of light is very effective on many levels; keeping lower vibrational people from entering or if they do enter the city of light their vibration is raised, or they find they do not have success in doing what they were going to do that would have had a negative effect on the city. Specifically, we are recommending the Pung energy field also repel the lower energy that comes with the virus.

In conclusion, remember there are energy fields in the city of light and the workers in the cities should be working with these exercises to help strengthen and keep it healthy and filled with 5th dimension light. I am Juliano. Good day!

NEWS from the PCOL Advisory Committee

- We are encouraged by the great participation (35 people!) at the March 29 Global PCOL meeting. Please keep encouraging your members and non-members to attend.
- We are encouraging all PCOL's to incorporate Juliano's exercises and meditations to mitigate & deal with COVID-19.
- The Planetary City of Light Advisory Committee is currently reviewing our Sister City plan in light of our goal to strengthen the global PCOL network. We want a strong sister city program.
- Special country presentations are on-going. These informal chats help everyone to get to know each other.
- The advisory committee is implementing recommendations received from PCOL coordinators on improving participation & format of PCOL global meetings. We appreciate all your inputs and we are incorporating many of your recommendations.
- We are excited that you are all using the digital network and media to work PCOL biorelativity meditations. We are delighted with your initiatives, for example: In Spain, the Arcturian School had over 80 attendees at their monthly online Biorelativity meditation. Brazil launched an initiative offering weekly uninterrupted sessions of Biorelativity for the entire country. In the last meditation session, they had a total of 65 people. In Argentina, members held an intensive meditation and GOF retreat with a group of 32 people from Argentina, Chile, Colombia and USA at Lake Puelo, Argentina. From this interest was generated by people from Talca, Chile, Santiago, Chile. Rafaela, Argentina, Santa Fe, Argentina, Bogota, Colombia in creating a planetary city of light in their respective cities.

CORNWALL CAPERS

Polbathic PCOL in Cornwall, UK

Hello Lightworkers and Starseeds,

We thought this month we would share a photo of our stone medicine wheel which we have erected in our back garden – some years ago! We are spending a lot more time in the garden these days due to lock down because of this exceptional time on the planet. When we are



sitting there, you can feel the energies that are so peaceful, relaxing, calming, harmonious and balancing. When I'm in meditation I feel like I have had a personal healing session in my healing chamber on the Arcturian Starship Athena. There is a sudden boost of upbeat, excitable energy when our five year old resident granddaughter comes into the garden to use her swing and slide!! But when she leaves the energy quickly settles back down.

If you have not set one up yourself – you don't need to buy expensive crystals- you can use any stones out of your garden – just clean them in running water, white light or white sage- or ask the Arcturians to cleanse them (if you feel they need cleansing). Then ask that the stones help with planetary healing for the highest purpose, highest good and highest path of all beings. You

don't need to go further than your garden, but if you don't have a garden, find a few stones and make one in your home. So, get going and enjoy your medicine wheels. – everything helps to raise our Spiritual Light Quotient and anchor in those wonderful planetary healing energies.

Until next month – *Together in Unity Consciousness, Stephen*

Namaste, Stephen
Coordinator of Polbathic PCOL
satcitananda64@yahoo.com



Welcome! New GOF Members

Member Matters

Our Conference Call Phone Line:

Recently, many of us have had problems dialing in and joining our conference calls. I found this helpful information on their website:

My Dial-In is giving a busy signal. How do I join my meeting? For US numbers If you're having difficulty connecting to your meeting, you can send a text message to your conference Dial-In Number.

1) Text "Help" to receive a text message with a temporary backup number. Tap the number in your text to dial it, or you can 2)Text "Call Me" to receive a call that connects you with your Dial-In. Once connected, enter your Access Code as you normally would.

Note: For US Numbers Only. Message and data rates may apply.

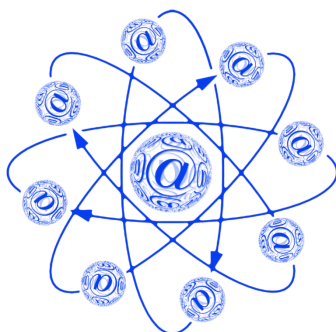
We would like to extend a warm welcome to the following new members who joined the Group of Forty between March 18, 2020 and April 18, 2020.

FIRST NAME	CITY/STATE	COUNTRY
Catherine	Sydney	Australia
Jennifer	Clarksville M/D	USA
Johanna	Solothurn	Switzerland
Judy	Fallmouth / ME	USA
Julian	San Cristoban / NM	USA
Ken	Tesuque	USA
Lina	Hallandale / FL	USA
Marlene	Melbourne	Australia
Marta	Maldonado	Uruguay
Michael (Three Bears)	Arroyo Seco / NM	USA
Nicole	Rendsburg	Germany
Nuala	Thame	UK
Sandra	Sornard	Switzerland
Tanya	Louth	UK



Birgit Smothers
USA Group Coordinator
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Letter from a GOF Member



April 13, 2020 (the day after Easter)

Dear David,
 I had the most wonderful trip to Arcturus today...I want to share it while my memory is fresh.

I was guided to go into the cosmic egg, shimmer, and go through the tunnel.

Once I arrived, I noticed that the area in route to the lake seemed more familiar. Even though it was all ether, there seemed to be "etheric" landmarks, similar to what one would find walking a familiar route. For the first time, I felt like a native rather than a tourist. The tiny

specks of light I noticed when there seemed like friends and neighbors. They were still communicating in the non-verbal manner, but this time with intent. More importantly, I was open enough to connect with their presence in a new and clearer way.

When I got to the lake, I put in the usual concerns to be healed (self-doubt, wellness, etc.), but the lake responded in a way that said: "I am way deeper than that. Take advantage while you are here."

I'll never know what overtook me, but I next threw in the pandemic, followed by WW II (my dad) and WW I (My grandpa).

I stopped there, knowing that I could start to work on global warming on subsequent trips. I already felt like two tons of dark matter had been lifted off my back. What a great feeling it will be to return. I hope to use the next trips to work on the environment and who knows what else.

Using this technique, I am floating around the apartment. I had to put on shoes, which I don't do regularly nowadays, in order to touch earth.

I write you while the memory is fresh. How wonderful the techniques that you teach us are! Thank you, David.

It took a few days to discover that we may all take advantage of the time we have been given to further our inter-dimensional travels.



Dennis Buck,
GOF member in New York City, NY
buckdennis@aol.com

2020 Astrological Insights by Elizabeth HeartStar

As the Arcturian, Juliano, shared with the GOF at the 2019 Arcturian conference in Prescott, Arizona, 2020 a global event would happen that would change the world. It is this pandemic.

Astrologers had been talking for years about the Saturn & Pluto conjunction in Capricorn that happened on January 12, 2020 as a time of radical change. When the conjunction of Saturn and Pluto occurs it propels global shifts. They are never very easy times, even though we know how important change is for humanity's evolution. Thanks to David K. Miller and the Arcturians, we have been given many techniques and tools to help us and in our planetary healing work during these changing times.

In 2020, there will be six eclipses, instead of the usual four. This happens when old Earth eclipse timelines, which last between 1200 to 1500 years, are ending and the new timelines begin. For the last 18 months the signs of the eclipses have been in Cancer: I Feel - Moon -Mother-Home -Family and Capricorn: I Build - Saturn -Time-Foundations- Governments. The last of these Cancer-Capricorn eclipses will be this year on June 20th and July 4th. Beginning May 6th, we will begin to shift into a new 18 month eclipse cycles. This time in the signs of Gemini: I Think - Mercury the-Messenger - Communication - Networking and Sagittarius: I See - Jupiter the Superconscious Mind -Wisdom - Spiritual Path & Guidance. This can bring us more information, innovation, support and wisdom from our Master Teachers and Galactic Guides.

Wednesday, April 22nd, is a New Moon in the earth sign, Taurus governed by, Venus, the planet of Love, Abundance and Beauty. At this New Moon, the Sun and Moon will be very close to the planet, Uranus, crystalline energy and catalyst of change. This which can be unsettling, but with it comes more light, new innovations and awakening for planetary evolution. New Moons are the best time to plant seeds and set intentions. April 22nd is also Earth Day, an annual global event that was started in 1970 to honor and give thanks to our Earth Mother for all she provides and to bring awareness to earth ecology and help with planetary healing. 2020 is a new decade for manifesting the New Earth.

Thank You, Dear GOF friends,
Elizabeth HeartStar



Elizabeth HeartStar is offering online
Astro-Oracle readings by donation till the
end of May for GOF members.
Please go to: www.Astro-Oracle.com and/or
email: elizabeth@astro-oracle.com

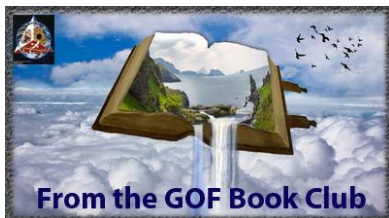
Did YOU Know?

Extract from chapter twenty three "Expand Your Consciousness" by David K Miller.

Juliano, the Arcturian master says: You are participating in the awakening – the dawning – of the Fifth Dimension. This is the key to all the planetary healing ceremonies. This is the key to all the balancing. This is the key to the solutions of all Earth's problems. This is the key to all the polarizations you are seeing. The key is integrating the Fifth Dimension! Now say, "I see the fifth dimensional light entering Earth's noosphere now. I see the fifth dimensional light entering Earth's noosphere, and the spirit of the Earth is receiving the fifth dimensional light in anticipation of the interaction of Earth with the Fifth Dimension." The more people you can gather to meditate and help bring in this attraction, the more quickly the Fifth Dimension will interact in a complete way with Earth.



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GOF Book Club ***Expand Your Consciousness***

Extract from chapter Twenty Three
By David K. Miller

Can the Starseeds contribute to the shimmering of the etheric crystals?

The shimmering energy enables powerful biorelativity streams of energy to be distributed throughout the planet. Starseeds can create a shimmering force field in areas of great power and strength. The places where the twelve Arcturians etheric crystals have been downloaded are boosted energetically by the powerful Arcturian crystal. The boost of energy from this crystal enables the areas where the etheric crystals have been downloaded into the Earth to shimmer almost independently of the interaction of the starseeds. A modest exercise and concentration by the starseeds at places where the etheric crystals are located will increase the shimmering energetic field to be immediately created and activated. It will enable the people there to participate and experience this higher energy.

What are the effects of visualizing and meditating with these crystals?

By visualizing and meditating with these etheric crystals, you will receive the quantum elliptical energy from the shimmering force fields into your atomic cells, allowing you to immediately experience an activational energy field of shimmering.

Explain what Vywamus means 'We are going into new phase of soul work, transformation of total nature'.

We are going into a new phase of soul work, a transformation of total nature. You are becoming a new person. In some cases, you are moving into another lifetime. Perhaps you have heard some of the guides and teachers say that in ascension work you go through karmic work of three, four, and even five lifetimes rapidly. That has to do with what you are learning and assimilating. On a soul level, you can handle this. On a personality level, you are really stretching yourselves beyond what you were even able to consider a year ago. The upliftment and the energy that are being given now have set the groundwork

for a newer connection with your soul essence, which is going to give you an energy source that will make the ride into the next level easier and more comfortable.

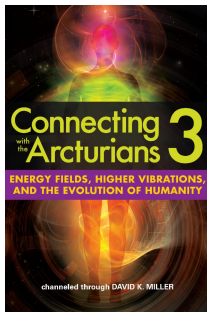
What explanation does Chief White Eagle give when there are contractions on the Earth?

When dark clouds came to the sky, we gathered in a circle and chanted; we would pray. When there is darkness and contractions on the planet, we call on the ancient ones. We call on all our ancestors to help us connect to the force field of transformation, the force field of light. We seek in our circle to uplift ourselves so that we are in greater communication with the ancient ones, our grandfathers and grandmothers, and the wise ones.



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ANNOUNCEMENTS



[This Book](#) is available as an e-book and a hard copy book through Light Technology Publishing.

You can also find it on Amazon at [this link](#). This third book contains the most up-to-date information on ascension that is available, including new spiritual techniques to aid the process.

David's earlier books: "[Connecting With the Arcturians](#)" and "[Connecting with the Arcturians 2](#)" by David K. Miller offer a comprehensive presentation on the ideas and views of an extra-dimensional, extra-terrestrial civilization on the Earth situation from the planet Arcturus.

Subjects included in this fascinating presentation are: 1) the Arcturians' view of the ascension or "rapture;" 2) what is the Fifth Dimension and how we, as the human race, are evolving toward the higher dimension; 3) the impending Earth peril and dangers to the Earth biospheres; 4) Jesus' (or Sananda's) role in the ascension and why he has a new name in the higher realms; 5) The Arcturian Stargate, a soul transfer station referred to in the Edgar Cayce's writings. When we finish the Earth's incarnations, we can travel to the Stargate for our next "soul assignment."

This first book also describes a new concept in spirituality, the Arcturian Sacred Triangle. For the first time, the Arcturians offer a way of uniting Earth's spirituality so that a planetary healing can occur. Readers will learn how ascended Native Americans' mystical Earth spirituality and galactic extra dimensional spirituality can be united to enhance a healing for the entire planet.

- > David's book, [Connecting With the Arcturians4](#) will be available soon from Light Technology Publishing.
- > David's book, [Connecting With the Arcturians3](#), is available for purchase in soft cover from [Light Technology Publishing](#).
- > David's book, [Connecting With the Arcturians2](#), is available for purchase in soft cover from [Light Technology Publishing](#).
- > David's book, [5th Dimensional Soul Psychology: Channelings by Vywamus](#), is available on the [Light Technology website](#).
- > David's book in Spanish, "[Enseñanzas del Sagrado Triángulo Arcturiano](#)," is available in the Amazon.com Kindle Store and may be purchased [using this link](#). The follow-up to this book, "[Connecting with the Arcturians 2](#)", focuses on planetary transformation from a galactic perspective. It covers such topics as embracing galactic spirituality and planetary evolution, the aura enhancing technique known as shimmering and much more. The reader also gains more understanding of the planetary healing technology such as biorelativity and other global healing techniques.

You can buy these books at the following links:

[Connecting With The Arcturians](#) [Connecting With The Arcturians2](#)

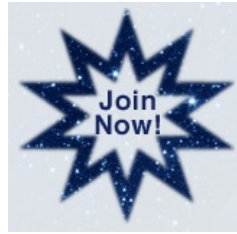
Visit [Light Technology Publishing](#) or call Light Technology at 800-450-0985 to order your hard copy of any of David's books.

All of these books are available as e-books and paperbacks on Amazon. Simply go to: <https://amzn.to/2zY9erY>

"40 Groups of 40 will be formed for Personal and Planetary Healing ~ Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the Fifth Dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.

To join Group of Forty, click the button below or visit
<https://groupofforty.com/register>.



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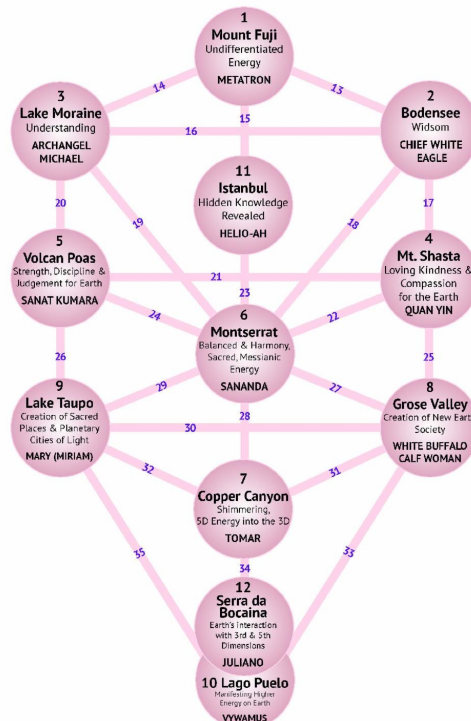
NEW: [Romania website](#)

Newsletter edited by David Miller and Jeri Denniston (jeri@dennergroupp.com) with editorial help from Birgit Smothers. If you have articles to contribute, please send them to: birgit@groupofforty.com by the 18th of each month.

Tree of Life

Arcturian Tree of Life with Numerical Paths

Each Sphere is associated with a Spirit Guide and Sacred Location



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Upcoming Events

25th Annual Conference, Prescott Resort & ConferenceCenter, Prescott,
Arizona,
Friday, October 23rd - Sunday, October 25th, 2020.
More details soon!

[International Activity Calendar](#)

[Spiritual Tools](#)