

# Group of Forty

Australia

[www.groupofforty.com](http://www.groupofforty.com)

David K Miller Founder/Director



**THOUGHTS FROM JANE...** It's important to remember that we drop pieces of our life force everywhere we go – through our breath, our thoughts, our words and feelings. To experience life, we have to be aware of the life around us. We have to be aware that we are a portion of the environment and that we deposit portions of our self wherever we travel. If we practice seeing the life force in and around the physical reality we can note which structures, whether they are natural or man made, hold the most life force and then we can gauge our reaction to the life force within these structures. This will open up our higher senses. We perceive the life force through our feelings. Just as we would take a moment to gauge a reaction to a person, take a moment to gauge your reaction to everything you come in contact with. Even the most inanimate object has some thought form around it. Put a few moments aside each day to open your higher senses and practice closing them again. As you practice this, you begin to release some of the constant bombardment that is always feeding the unconscious mind. You begin to discriminate between 'self' and 'not self'. As you become aware of the life force around you, you become more aware of the life force within you and the truth of the grandeur of all life and the force that animates it. All that is external is a reflection of what is internal.



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Please consider coming to our annual conference on October 19th and 20th 2019. We're meeting at Annandale Community Centre. We will have a webinar workshop with David and Gudrun Miller and also our AGM. Day two we will have meditations and enjoyable talks from our members. Email Jane for more details.

## MEETING OUR MEMBERS

Hello everyone, I'm Annette in Hobart, Tasmania at the bottom of Australia and the world.

I am an Energy worker, Healer, Yoga Teacher, Meditation Facilitator, Steward of Gaia, lover of the natural world and all the beauty it contains. My third dimensional work is in the aged care sector.

As a Mother of seven beautiful souls and Grandmother to 2 Crystal cherubs that are entrusted to my fulltime care, I am very passionate about helping to raise the onsciousness of Earth's population and consequently their ability to care for our precious Planet, Gaia.

I feel honoured and blessed to be a new member of Group Of Forty. I feel excited to be working to create a powerful group of energies in this beautiful part of the Planet. Our focus will be to create a Planetary City of Light in Hobart and eventually an Ocean Reserve of Light into the Great Southern Ocean/Antartic Ocean. I think the beautiful energy in Hobart will be a blessing to share with the rest of the Planetary City Of Light network.

As soon as I came across Personal and Planetary Healing on Instagram, I knew within my heart that this was a group of like minded souls that I wanted to become involved with. Belinda in Sydney, who manages the Instagram for Group Of Forty Australia, encouraged me to make contact with Jane. I know that this is part of my Souls work upon Earth at this time.

We have had our first meditation in Hobart and we know that the participation in this work will expand.

Thank you Universe for supporting me in my heartfelt desire to assist Humanity.

## ANNETTE MAXWELL



The brain is the  
most outstanding  
organ. It works for  
24 hours, 365 days,  
right from your  
birth until you fall  
in love.

## COME TO OUR CONFERENCE IN OCTOBER 2019

Thank you Carel, in Sydney for creating the flyer.



### **SAT 19th & SUN 20th OCTOBER 2019**

It's that time of year again when we all get together to 'share ideas', have fun and laughter as a group. Please bring your friends.  
Non GOF members cost is \$20.

Annandale Community Centre, 79 Johnston St. Annandale, Sydney

#### **SATURDAY 19th**

9 am - 10 am Coffee and Cake

10 am - 12 noon David & Gudrun Miller, live satellite channelling from Arizona Q & A with Juliano included.

12:30 - 2 pm Lunch at cafe next door

2 - 4 pm Annual General Meeting for GOFA then Q & A

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#### **SUNDAY 20th**

9 - 10 am Coffee and Cake

10 - 10:30 am Meditation Grose Valley Crystal & Ladder of Ascension

10:30 - 11:30 am Martha Heeren is giving an interesting talk on Earth Energies & Ley Lines

12 noon Closing ceremony then 1pm lunch at cafe next door

Any questions please ring Jane 0423 054 107 or Carel 0414 939 760



## THE CHANGES IN THE PERSONAL ENERGY FIELD AFTER BECOMING A MEDITATION PRESENTER

### Marie (Gold Coast, Queensland Australia)

As a presenter - I enjoy being part of the global network (I picture a net of us connecting all parts of the globe for healing) to connect with each other and help to give Gaia strength and energy to overcome her devastating pains. For myself, the GoF has given us prayers and guidance to use, Masters and Archangels to connect with and I feel much calmer, can take each day as it comes and generally am more able to be present and live in the moment.

### Christofer (California)

As organizer and regular presenter in my group, yes, definitely I felt and continue to feel connected to Group of Forty. I looked forward to each week's meditation and chatting before the call started. The focus of each meditation we did was timely and important. Being a part of something larger than my own concerns was gratifying. I appreciated the commitment of my team members and, of course, to Jane for overseeing the process for our group and all the other groups. With love and gratitude.

### Micki (The Mornington Peninsula, Victoria Australia)

Presenting the meditations has given me a boost of confidence to trust the flow of what comes through to reach the participants at the end of my yoga classes. Have been told I have a calming voice & has encouraged people to come to my classes.. I do know my voice has changed & is confirmed by others in different situations. I do feel a connection with the group even the ones overseas that I have not physically spoken too.

### Gene Yoder (Oklahoma)

Plus made a lot of like-minded friends!

### Already Under

Late by myself, in the boat of myself,  
No light and no land anywhere, cloudcover thick  
I try to stay just above the surface, yet I am already under  
and living within the ocean. *Rumi*

## Q and A with Juliano through David K Miller

**Member from the Gold Coast asks:**

**Juliano, we have so many young people committing suicide these days. The suicide rate amongst young indigenous people is really high. Could you explain what happens to these souls when they pass over and what karma do they create from doing this?**

**A** I know that many people like to think there is a simple answer to suicide and what happens. For example, there have been writings and speculation that if you commit suicide then you will immediately reincarnate and you will have to deal with that problem again. That is one scenario that seems possible. But there are so many variables to a suicide. You might say that it is morally wrong or wrong in a religious sense to commit suicide however, there are many extenuating circumstances for each suicide case. For example, if you are suffering from amyotrophic lateral sclerosis, also known as ALS or also known as Lou Gehrig's disease and you were in the end stages of that illness, then you would be in a pretty frightening and difficult position. You might think about ending your life to avoid pain. In that type of situation, suicide would not be creating as much negative karma. There are other circumstances of suicide in war that do not create as much negative karma. There is the famous case at Masada in the Roman/Jewish wars in the 1<sup>st</sup> century in which the Jewish warriors were surrounded and they knew that if they were captured by the Romans they would have a horrible death.

They were going to be crucified and tortured and their limbs would be cut off. They chose to suicide as opposed to allowing themselves a horrible death at the hands of the Romans. Now, this type of suicide also would not be considered as a bad thing and therefore when I am saying this I want you to understand that in the consideration of indigenous people or some of the other people who are committing suicide, you have to realize that they are viewing their reality the same way as maybe these Hebrew fighters and Masada, in other words that they felt that there was no other way out and the continuation of life would be comparable to being tortured by the Romans. I do not justify, I do not encourage or say that people should do suicide, but I am only giving you this example so that you understand compassion for people who feel hopeless. I do not believe that everyone who commits suicide then faces hell or goes to dark places. Each case is looked upon by the 'Life Between Life' Masters, based on the circumstances, based on the person's soul evolvment etc. It is always preferable that suicide could be avoided. Also you have to take into consideration that there are some very dark forces on this planet now. We are involved in the 6<sup>th</sup> mass extinction and that there is a lot of difficult energy to deal with and some of these people like the indigenous do not have the ego structure and support to deal with the difficulties caused by the environmental destruction that is occurring to their habitat. I Bless them All. This is Juliano.

## GROSE VALLEY PLANETARY CITY OF LIGHT REACTIVATION



From left: Magaly, Sjoerd, Liz (coordinator), Yvonne at back, Takeli, Monique and Anne.



There were 9 people at the Sydney PCOL reactivation meditation in August.

### *Juliano at PCOL global meeting August*

The basis of our work together in the Planetary Cities of Light project is the network and link with each other. The reason for this link relates to what we call "Global Consciousness". You are at a point in the evolution of the Earth where the opportunities and the necessity for Global Consciousness is arising. In fact, the survival of the biosphere and the survival of the planet is dependent on these steps that lead to Global Consciousness. What do you do with the Global Consciousness? The answer is that you focus the Global Consciousness on specific outcomes, on specific developments, on evolution of Cities of Light, on the creation of opportunities to interact with the spirit of the Earth. The Global Consciousness has been shown to be an existing phenomenon. In fact, there are many examples already through the media of how Global Consciousness can be started and how it can be expanded. The Planetary Cities of Light project is a wonderful idea that is integrating Global Consciousness with creating sacred space and sacred energy. You will find that as this project expands, so the global awareness of sacred energy, so the global awareness of linking with Planetary Cities of Light will have a more powerful effect..



## DID YOU KNOW...

*Extract from "Expand your Consciousness chapter 17 by David K Miller*

In previous lifetimes, many of you have had negative experiences in groups. You have either been, shall we say, prejudiced or abused by groups. On the other hand, you have been part of good groups. The negative groups somehow have been betraying you; some have even become cults. There are many different scenarios that have occurred in the group energy on Earth. However, this does not mean that groups by themselves are bad. It just means that there is a typical force that can use the group energy for selfish purposes. At this time, it is not necessary to worship one leader. Everyone must come into his or her own self-mastery. This is a time when it is necessary to find the master within you. This is one of the interesting lessons now on Earth.

The key paradigm for Earth's transition into the fifth dimension lies in the sacred triangle. The teachings of the sacred triangle focus on the unity of three spiritual paradigms. Each paradigm (galactic spirituality, the White Brotherhood-Sisterhood, and the Native peoples' teachings) standing alone is not strong enough to bring down and manifest in an accelerated way the fifth-dimensional energy. If each paradigm could do it by itself, then, for example, the White Brotherhood-Sisterhood energy field would have transformed Earth. If the Native peoples had been strong enough, they would have been able to bring peace and balance to the planet. If the starbeings were able to do this, they would have done it already. The teachings of the sacred triangle say that all three paradigms must come together to resolve the current planetary crisis.

## FROM THE COSMIC ARROW

From the Cosmic Arrow - Arcturus Connection\_\_\_\_\_By Sjoerd Tyssen  
Use These gifts to help your meditations.

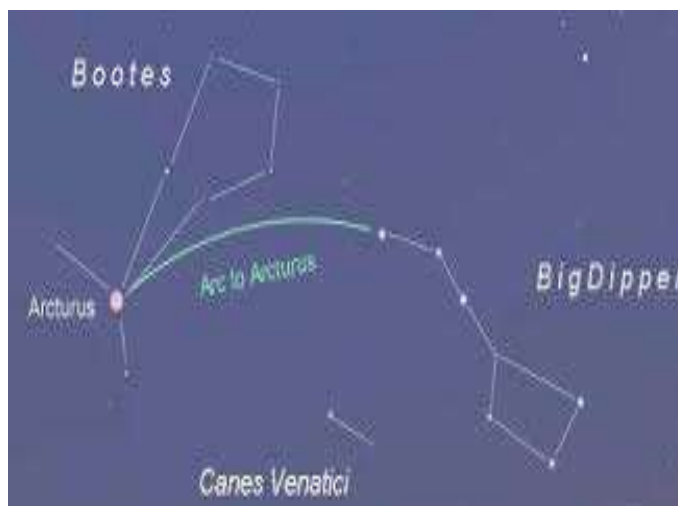
**1st Quarter Moon** - Virgo Cycle -  
6th Sept '19... 13 degrees. Sagittarius  
Arcturian Message:- 'May the sunshine brighten you today'

**Full Moon** - Virgo Cycle 13th Sept  
'19... 21 degrees. Virgo/Pisces  
**Arcturian Message:-** 'The giving of service is a profound gift to oneself'  
**And:-** 'Grant your friends hospitality, food and drink'

**Last Quarter Moon** - Virgo Cycle  
22nd Sept '19... 28 degrees, Gemini  
Arcturian Message:- 'Be kind to the birds of prey they reflect an inner voice'

**New Moon** - Libra Cycle  
29th Sept '19... 5 degrees, Libra  
Arcturian Message:- 'This Challenge is to surmount two worthy obstacles'

[sjoerdtysen@bigpond.com](mailto:sjoerdtysen@bigpond.com)





## MONTHLY PHONE MEDITATIONS IN AUSTRALIA

**Thursday Meditation September 12th** – Cherie 11am EST  
0386720180 164595#

**Q and A with Juliano – Saturday September 14th** 9.30am  
EST 0390280260 164595#

**Thursday Meditation September 19th**- Henry. 11am EST  
0390280260 164595#

**Thursday Meditation September 26th** – Anne 11am EST  
0386720180 396637#

**Thursday Meditation October 3rd- Gene.** 11am EST  
0390280260 164595#

**Oct 6th DAYLIGHT SAVING COMMENCES IN AUSTRALIA**  
**Monthly lecture Sunday October 6th** 11.45am DST  
0390280160 164595#

**Arcturian Group 40 meditation Wednesday October 9th**  
9pm DST Janine (NZ) 0386720180 396637#

**Thursday Meditation October 10th – Marie** 11am DST  
0386720180 396637#

**Thursday Meditation October 17th- Chad.** 11am DST  
0390280260 164595#

**Thursday Meditation October 24th – Jane** 11am DST  
0386720180 396637#

**Thursday Meditation October 31st- Corae.** 11am DST  
0390280260 164595#

**Thursday Meditation November 7th – Janine** 11am DST  
0386720180 396637#

**Monthly lecture Sunday November 10th** 11.45am DST  
0390280160 164595#

**The Earth Balance Biorelativity Meditators meet every  
Monday, Tuesday and Wednesday nights** at 8pm EST on  
the phone conference line. Email Jane for information.

**Conference Call dial in No:-** For Aust: ring (03) 8672  
0180 or (03) 90280260, Access: 396637#  
**For US** meditations, ring (03) 90280260, Access: 164595#

## THE BOOK CLUB



Australia's next book club discussion will be  
**Friday, October 4th 7.30pm EST** We will be  
discussing Chapter Eighteen of "Expand your  
Consciousness" by David Miller.

## Bringing Herbs into your life

**FRANK:** We awaken to our psychic gifts that are in alignment with God's purpose. This means that life purpose, understanding relationships and developing psychic abilities, particularly energies associated with the third eye, may be utilized for spiritual purposes. Deeper states of meditation may result and we develop easier ways to speak what we perceive as the truth. This focusing of energy is an extremely rarefied form of third eye energy. Frank links this energy more with spiritual force and purpose. Applying Frank resin to the third eye has a stimulating effect. You can also apply Frank at each part of the skin opposite any of the major or minor chakras for positive effects. The devic order associated with frank became closely enmeshed in Lemurian society. As the Lemurian culture began dispersing, the planet had to disengage itself but was given the task of carrying on the naturalness of these psychic abilities but you need to be aligned to God's purpose to understand this.



## PCOL Coordinator News

If you are interested in creating a PCOL/PORL in your area, talk to Jane. I am always delighted to assist. A small area is preferable.

**Maintaining a PCOL/PORL** is really a community service. We are benefitting all the inhabitants. We are being of service to our community.

Please be Ambassadors and talk about your Planetary City of Light to people you meet. I'm happy to send information for you.

## Choosing a pathway on the Planetary Tree of Life.

The paths on the Planetary Tree of Life represent a series of steps to achieve overall integration and planetary balance, which includes sustaining all life forms on Earth. We want to associate a Planetary City of Light or Ocean Reserve of Light with each path.

Each numerical path has a mission to explain the method of achieving the connection between the two spheres. EG there is a line connecting justice and compassion. **There has to be a balance, a way in which these two spheres are communicating with each other energetically, not in isolation.** The path is teaching how to create a balance between the two spheres that it is connecting. By associating a Planetary City of Light or Ocean Reserve of Light with the paths on the Tree of Life we are hoping to expand the outreach of this paradigm.

## SPHERES OF THE PLANETARY TREE OF LIFE

### Sphere Two

Lake Constance in the Bodensee in Germany

This crystal provides new information, new codes, new structures, and new dynamics for the Earth's ley lines and allows us access to new information. Chochma (Wisdom). Chief White Eagle, an ascended fifth-dimensional Native American guide who is very connected to Jesus and other higher fifth-dimensional beings. Yah

### Sphere Three

Lake Moraine in Canada

This crystal contains the quantum-etheric, energy-activation light that can bypass the normal laws of linear time/ space and cause/ effect.

Binah (Understanding)

Archangel Michael His name is actually a question: "Who is like God?" He is perhaps the best known of the archangels and is acknowledged by all three Western sacred traditions. He has been called the prince of light, fighting a war against the sons of darkness. In this role, he is depicted most often as winged with an unsheathed sword, the warrior of God and slayer of the dragon. His role in the ascension is focused on helping us cut the cords of attachment to the Earth plane, which will allow us to move up to higher consciousness. In the Kabbalah, he is regarded as the forerunner of the Shekinah, the Divine Mother. Elohim This is the level of divinity that manifested creation, which has a sense of plurality and oneness.

## CORNWALL CAPERS

Starseeds - Ciao!

This month my family and I have recently returned from our annual holiday - this time Italy. We can all feel the changing energies of the Earth and in Europe there was a lengthy heatwave there before we arrived - however it cooled to a reasonable 35oC when we arrived so we were able to walk around and marvel at the wondrous sights of Firenze aka Florence! Before we went we created our crystal medicine wheel - as you can see from the photos - we worked with quite a few crystals who assisted us in our monthly meditation and together with our Arcturian guides, we shimmered the PCOL to the moon planet Alano downloading fifth dimensional energies into our planet raising the SLQ of Mother Earth. At the centre of the table is a card representing the Montserrat Crystal/Sananda to which we have a special connection and a Rose Quartz sphere - then we have around the centre four Strawberry Quartz with four pink Botswana Agates - all focused inside a Copper Pyramid. Surrounding that and facing North we have a card representing the sacred Mount Fuji crystal/Metatron and facing South - we have a card representing the Lake Constance Bodensee crystal/Chief White Eagle and eight Clear Quartz points and around that another ring of eight Rose Quartz crystals - all these elements carefully chosen and placed to weave an energy of Love, Peace, Harmony, Balance. All those wonderful fifth dimensional energies are constantly being attracted to the medicine wheel and this radiated out.

Below at earth level is the second layer of our crystal medicine wheel - in the centre a beautiful Shungite Pyramid with Citrine Quartz points and four Tiger Iron crystals again radiating out a further ring of eight Smokey Quartz with eight Hematite crystals at the outer ring. These crystals weave together the energies of purification/cleansing, grounding and anchoring down all the radiated energies overall.

The crystal medicine wheel with its North South East and West directional alignment helps to attract/maintain and ground/anchor the higher fifth dimensional energies. So we hope you are all enjoying your own crystal medicine wheels - we need all the fifth dimensional energy we can get. Until next Month - Ciao! Together in Unity Consciousness Namaste Stephen



## Biorelativity Coordinator News

If you would like to be part of the Biorelativity Meditation Earth Balance Team, please email Jane Scarratt at [janes carratt@gmail.com](mailto:janes carratt@gmail.com).

**We have found that repeating meditations is a wonderful idea because with repetition our visualisations become stronger as we become more familiar with the meditation.**

## EARTH BALANCE TEAMS

When the Earth Balance Team move onto a new meridian, there is no focus then, on the meridians that they have worked with. So the idea was created to ask members all over the planet to form small groups and take responsibility for a specific meridian. They are asked to meet each week for 15 mins to maintain the focus on that meridian. The response has been wonderful! Please join in this amazing work for Gaia. Juliano has assured us that Gaia is hearing us and is beginning to trust that we are always there supporting her. Gaia thanks you!!

**Monday night meditations** at 8pm DST/2amAZ will include activating the planetary Codes of Ascension, cleansing the aura of the Earth in a planetary crystal healing lake, the Gulf Stream meridian and the Equator meridian. **Both USA teams and Australian teams will be working with this.**

The theme for the **Tuesday night meditation** is **Raising our skills and our energy.** The team meets at 8pm DST/2am AZ Access code 396637#

**Wednesday night** we are working on meditations for Earthxxxxxxxxxxxxxxxxxxxxxxxxxxxx. The team meet at 8pm DST /2am AZ access code: 396637#

**Once a month, on the second Wednesday of each month, we will come together for an Arcturian 40 meditation for Earth. The next meditation will be October 9th at 9pm Aust DST/3am AZ. Janine (NZ) will lead the meditation. Access code 396637#**

## THE CURRENT TEAMS ARE:-

Juliano advised us that when we are working with the 3D meridians, we are re-habilitating the meridians. The Arcturians use the 5D meridian system of the twelve etheric crystals to assist us.

**REMEMBER.....A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it. Biorelativity is the ability to interact with the Spirit of the Earth with higher consciousness. On one level, biorelativity can create unity consciousness and a unified energy field.**

**Keith and Tabitha (Boston)** and their Team are focusing on the Pacific Ocean currents. They meet every Friday at 9am EST/US Thursday at 4pm AZ. Access code 164595#

**Cora (Nebraska)** and her Team are focusing on placing Galactic energy to Earth's subconscious to dissolve negative thought forms and also the Ring of Fire Meridian. They meet every Tuesday at 10AM EST/Aust /Monday at 5pmAZ. Access code 164595#

**Mber Rose (Colorado)** and her Team are focusing on the North to South Pole meridian. They meet every Thursday at 9.30amEST/ Wednesday at 4.30pmAZ. Access code is 164595#

**Jan (New Hampshire)** and her Team are focusing on healing the space time continuum rift. They meet on the first, third, fourth and sometimes fifth Saturday at 11 am EST/US Friday at 6pmAZ . Access code 164595#

**Yvonne (Sydney)** and her team are focusing on the North to South Pole meridian line. They meet as a group every Tuesday.

## BOOK CLUB AUSTRALIA

### Teachings from the Sacred Triangle Vol Three chapter 11

by DAVID K MILLER

#### **Describe what a planetary vibration or planetary thought is?**

Some people understand that it is important to meditate and hold systematic energy fields for a planetary system. this energy field becomes the sustaining pattern and thought wave for an entire system. The Hopi and the Tibetans have practiced this for many years and have contributed greatly to holding the planetary system and energy field on the Earth on a positive and spiritual note.

#### **What is the Stargate and what is its purpose ?**

The stargate is the interactive transition point between the third dimension and the golden entry into the 5D light of the galaxy. It's a portal from the 3D into the 5D. It is overseen by the Arcturians and is a centre point for all galactic spiritual development. All evolving spiritual beings in this galaxy who wish to transition when they have completed their incarnations on Earth or on other planets - and wish to "graduate" and move into a higher realm - pass through the stargate.

#### **Why is it important to travel to the crystal lake on Arcturus?**

The crystal temple has become a focus for the Arcturian star seeds to "hang out" as Tomar puts it. It is a place where we can connect with the 5D. When comfortable with it, the Arcturians can send us higher energy that comes from beyond what is in the crystal.

#### **How do the Arcturians hold the energy field of the Stargate and on their ships?**

Like the Hopi and the Tibetans on Earth, on Arcturus a systematic spiritual network of beings can hold a particular thought wave or thought pattern on the stargate. The systematic holding of spiritual light in their temple is practised by all Arcturian beings that are either traveling or going on intergalactic missions. On their ships, one or two people are designated to continually hold this light and connect with the temple masters, who are also holding the energy field. This is one of the key elements in the systemic energy of the Arcturians. They maintain the spiritual brother/sisterhood and spiritual light.

#### **Why do the Arcturians feel the need to develop systematic groups to input positive, harmonious and spiritual energy into the Earth's thought field?**

Because there are many systems vying for control of the energy field of the Earth. The work of the native Americans and the Tibetans cannot alone override some of these strong and overpowering energies. These thoughts go into the energy field and collective unconscious, that is the initial basis for control of the planet. Therefore, the mission of the Arcturians is to develop systematic groups to input positive, harmonious and spiritual energy into the Earth's energy thought field and to have that thought field counteract what we see as a negative influence from those seeking to control the planet.



## AROUND AUSTRALIA & N.Z.

**Sydney NSW PCOL/PORL** Meditations on **last Saturday of the month** at 12.45pm EST. We have refreshments afterwards. Ring Carel 0414 939 760 or email: [carelfillmer@gmail.com](mailto:carelfillmer@gmail.com)

**GoldCoast, Queensland PCOL/PORL**  
Meditation on **last Saturday of the month** in Helensvale 1.15pm EST. Refreshments after. Ring Jane(07) 56657575 or email: [janes carratt@gmail.com](mailto:janes carratt@gmail.com)

### Brisbane North, Queensland

Meditations are being held monthly in Brisbane. Next meditation will be **2nd Sunday of month** at Brackenridge. 10.45am EST. **AND...**

### Brisbane West, Queensland

Meets monthly for social interaction between GOFA and meet up members. Meeting on **1st Sunday of the month** at Bardon. 10.45am EST  
Email: [janes carratt@gmail.com](mailto:janes carratt@gmail.com)

### Melbourne Victoria Mornington Peninsula

Meets monthly for re activation of PCOL and social interaction between members. Meetings on **the second Sunday of the month at 11 am EST**. Ring Glenda Lancaster for more information. 0439639592 email: [g.lancaster777@gmail.com](mailto:g.lancaster777@gmail.com)

### Grose Valley Blue Mountains NSW

Meditations to maintain the PCOL will be held **every fourth Saturday of month** at Noon EST at the Grose Valley Crystal, Blackheath Contact Liz: 0469 602487 email: [eliz.clarke@yahoo.com.au](mailto:eliz.clarke@yahoo.com.au)

### Applecross/Shelley Perth

Meditations to maintain the PCOL will be held on the **third Sunday of the month** at 1.15pm WA Time in Applecross or Shelley. Contact Michael Maynard: email [michael@smallliving spaces.com.au](mailto:michael@smallliving spaces.com.au)

### Auckland NZ PCOL/PORL

Meet on **second Sunday of each month** at Farm Cove at 2.15pm. Refreshments afterwards. Contact Janine:- [janinemalcolm@extra.co.nz](mailto:janinemalcolm@extra.co.nz)

## UNIVERSAL LAWS

How many people say "I would like to know God's Laws, but I don't know them". So, in this newsletter for the next few months, we're going to give you the Universal Laws. To merely read the Laws isn't enough. You must use the Laws and prove them correct. Everything works by Divine Law as there would be no order in the Universe without these Laws. It's very important for us to practice these Laws because a life without law and order can be a life of trouble, chaos, trial and error, or hit and miss. When you work with law you know the outcome of every venture **because** it is law and therefore it can't fail.

### 41. Law of the Physical.

**The hands and feet; the fingers and toes:** Have you ever thought why we have fingers and toes? Yes, there is a purpose for all things physical. Your fingers are magnetized. It is through them that you draw the life force of the universe. When Jesus told us to "stretch forth your hand" He did it for a purpose. When you stretch forth your hands horizontally, left palm up to receive, right palm down to give, the Life Force flows through the left palm, through the whole body and out the right palm, carrying with it all things NOT for your highest good. Nothing can hinder this flow except your doubt-you need to believe this for it to work. Now the toes: Ten toes to keep you well grounded; your connections with Earth; your contract. Your feet are more than just something to stand on. They are also your understanding. You pick up through the soles of your feet, earth vibrations; your oneness with Earth. You are an earthly being from the waist down; a spiritual being from the waist up. Earth to earth, dust to dust. The spiritual part of you reaches up always. You cannot live in the clouds, and your feet will keep you well grounded. Therefore, take good care of your feet for while your fingers reach upward, your feet will keep you grounded and in balance.

## MEMBERS CREATING MEDICINE WHEELS



Chad in Minnesota created this wheel. It looks wonderful even in the snow.



Claudia in Argentina created this wheel and below, Claudia sits in the medicine wheel with her friend, Dasha dog.



Ariana in Taos, New Mexico takes this wheel everywhere to all the events she hosts - indoors or outdoors..... it's an accumulator.



### To connect with Galactic Kachina energy. Teachings from the Sacred Triangle Vol 1 Ch21

"I know who I am, and who I want to be, and how I want to act. Then I connect to the Galactic Sun and my spirit is filled with the Central Sun energy field. Then I walk tall. I walk with power. I walk with confidence. I soon see the meaning of all actions on Earth."



## Stories from Trent Mills, team member of the Jeanus Wildlife Shelter and Group of Fortv Australia member.



Sanat the eastern grey Kangaroo is nearly a year old.

Here are more temporary residents being beautifully look after and treasured by Trent and the shelter team. They are having to be looked after because of humans, cars and speed. Donations are always gratefully received.



We have the triplets of **Jake** , **Paulee** and **Laura** -all 'not so common' wombats ranging from about 5 months to 9 months old.

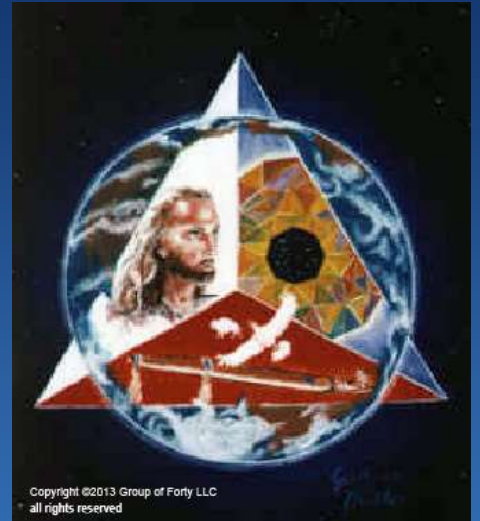


Ursula the swamp wallaby about 7 months old

# "40 Groups of 40 will be formed for Personal and Planetary Healing Bringing us to the Fifth Dimension!"

*We are dedicated to teaching humanity about the ascension to the fifth dimension.*

*We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.*



**David K Miller, Founder/Director Group of Forty**

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