



Group of Forty

Australia

www.groupofforty.com

David K Miller Founder/Director



THOUGHTS FROM JANE... When we are contributing, the experience of energy is in the outward direction only. We release from our physical body some 'gift' or 'activity'. Real contribution is a two way flow. You allow energy to flow out from the physical self while it flows in from the Higher Self. So rather than just contribute from the physical self, offer yourself as a channel through which a higher energy can flow. An example of true contribution is a bee. The bee is being helpful as it gathers its honey. Flowers are helpful as they turn into fruit. The performance of your divine mission is the essence of true contribution. Humans give earth harmonious energy and dissonant energy. But what earth needs is the energy of spiritual contribution from us. We allow a flow of spiritual self into and through our physical self. Spirit is a vibration; religion is a thought form. Be aware of your own energy flow so you can determine the true nature of what you are contributing to earth. You have to view yourself in an objective manner; to raise your consciousness to a state where you are free of attachment to the physical. You know when you are there because you feel a deep inner peace and a lack of desire for anything the earth can offer. You can then feel the flow of cosmic energy about you and through you. When you detach from the earth you no longer operate from it and then you can guarantee the flow through you is from the higher portions of yourself. As the body's vibration rises your perceptions widen. Your higher sense become the normal senses. There is no feeling of separation from the Creator. True contribution begins when you raise your own vibratory rate so that others will also find it easier.



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Please consider coming to our annual conference on October 19th and 20th 2019. We're meeting at Annandale Community Centre. We will have a webinar workshop with David and Gudrun Miller and also our AGM. Day two we will have meditations and enjoyable talks from our members. Email Jane for more details.

MEETING OUR MEMBERS

Hello my name is **Janine Malcolm**, and I am the co-ordinator in New Zealand for the Group of Forty. The journey that led me to meet my galactic family began back in 1996. I was not someone who had been spiritual since childhood, having experiences that they did not understand. I knew nothing about this way of life until I was my mid-forties and was catapulted into something so unusual, secretive, and strange, that I wondered if these people I suddenly found in my life were even real, and if they were, could I trust what they were telling me. Raised and educated in a Catholic family my beliefs were solid....there was god, heaven and hell and if you sinned you went to the latter when you died. After a sudden traumatic event 20 years ago, which devastated myself and my immediate family, and had me asking questions about religion and life, the reason and purpose for it, and was it worth being here when it was so painful....I had sunk so low I saw no way out. Home alone one day, I crawled up the hall to my bedroom where I intended to bury my head yet again in my pillow, and block out the world. I stumbled upon a small note lying on the floor. What was this? pieces of paper don't just lie around on my floor. There was no-one home but me, and it had not been there earlier, and I did not put it there. Where did it come from? Painted pale blue, with white angel wings across its corners, a picture of a dove in the centre, and the words "peace and love". It went on to say, "Meditation heals...come and learn to find peace for your heart." This felt like a lifeline which it was. So I did, and this is when my journey began. It was an invitation to join a local group who were starting up meditation classes in my suburb. To this day I cannot physically explain how it came to be looking at me on my hallway floor. Spiritually, I now know better. Over the years since, I have been in a number of spiritual circles. I have studied and practiced mediumship, tarot, I-Ching, crystal healing, numerology.

Janine Malcolm



I am a practicing Reiki Master and a Selenite wand practitioner, and an Esoteric Acupuncturist. I have had meditation groups in my home. I have studied the healing ways of our indigenous Maori people. Healing is my passion so when I was introduced to the GOF on the Gold Coast in Australia in 2016, the Arcturian energy and love for earth felt perfect for me. Their work to help the planet find peace harmony and balance reminded me of when I also needed those things, and this was now my opportunity to return the gift. I worked with a group of other members and we created a Planetary City of Light in East Auckland and also a Planetary Ocean Reserve of Light in Half Moon Bay. It's wonderful to get together each month to maintain the 5D energy the Arcturians placed there and I am grateful to be a part of a group of dedicated hard working selfless people, that have an honest desire to heal our precious home. I am also honoured to be part of the amazing meditation team in Group of Forty.

UNDERSTANDING YOUR PLANETARY CITY OF LIGHT AND ITS IMPORTANCE AND HOW YOU CAN MAKE IT STRONGER

Excerpts from a Lecture March 4th 2017 Juliano through David K Miller

Now the mission of the Ascended Masters has shifted, and with their and your work and cooperation, we want to begin to create the Planetary Cities of Light and have them modeled after Shangri-La. We realize that there will be many problems and much resistance to the Cities of Light. **To help each City of Light, we suggest that each City of Light choose an Ascended Master to be its guardian, overseer and guide.** For example, let us say one City of Light chose Kuthumi to be the guardian and overseer of their City of Light. That city could then call on the energy of Kuthumi to be downloaded into their area. His energy would begin to permeate many people's consciousness in the city, and hopefully even his name as the guardian of your city would be taught. One of the goals of developing and holding the energy of the Planetary Cities of Light is to **create a special energetic field so that lower vibrational people cannot or will not enter.** It is difficult on the Third Dimension to totally block a City of Light so that only certain people can enter. I sympathize with you in your efforts to create these Cities of Light. I know that in many places of the world there is lots of violence, corruption, contamination and conflict. It is very difficult in these situations to establish this energetic boundary of light around a city. I could say that if you're working only with higher beings like in Shangri-La, then of course it's much easier to hold the white sheet of light around a city. Higher beings in Shangri-La can hide the doorway or the entrance path into their City of Light. In the stories of Shangri-La, people "accidentally" found the entry portal. But accidentally in this sense means that they already had a vibrational frequency that was compatible to the entryway into Shangri-La. In your efforts to create Cities of Light, I also encourage you to **create protective shields around your city, and state the intention that only higher beings will be attracted and want to enter into your city.** You do this to the best of your ability. But you are on the Third Dimension and the City of Light is on the Third Dimension. You are not going to be able to hide the entranceway to your city. It would be great if you were able to do that; then you'd have great control over allowing only higher beings to come in. But our concept is that by focusing on higher light and higher energy in the City of Light, you are creating a vibrational energy field that will attract other beings that are also of higher light. Those who are of lower light will not be attracted even if they knew where the entrance was. They would not be interested in coming into the city. The Planetary Cities of Light hold foundational thought patterns that go into the Collective Unconscious and to the Noosphere. Eventually the Planetary Cities of Light can create the energy to connect with the ascended, fifth-dimensional Earth. There are two options that the Ascended Masters see:

HEALING POWER OF GROUP MEDITATIONS

A quote from Albert Einstein.....

"The field is the soul governing agency of the particles.
We must therefore speak to the fields."

What does this mean?

It means that the field is what motivates, instigates, plans, pushes, operates and drives changein other words, makes things happen.....and what makes us tick! Without the field, the matter is stationary. We need only connect with the fields to make a difference.

The field of our hearts is connected to the fields all around us.

The power of many hearts in the state of unity have the awesome potential through the field to bring peace to our planet.

All things in the universe are connected and like never before we can feel this.

The healing power of group meditations is far more powerful than meditating alone.

Studies that have been done about group meditation have confirmed there is a "ripple" amongst a group.

You create synergy which translates to the combination of two or more parts achieving something bigger than what one can do.

When you belong to and meditate in a group, your motivation is higher, and it encourages you to be more consistent with the practise.

We feel better, we create connections to others, as we tap into the same source that the meditating group creates. You feel comfortable, supported and safe.

A psychological study has proven that the brainwaves can synchronise during meditation, so the connection you feel with your buddies is not just an emotional one, but a physical one also. There is power in numbers big or small , and benefits for all when meditating in groups.

As Margaret Mead, the American Anthropologist once said....

"Never doubt that a small group of people can change the world. Indeed, it is the only thing that ever has."

The Yoga International and Conscious Reminder.com

Q and A with Juliano through David K Miller

Question from Christopher (NSW)

Hi Juliano,

There are so many narcissists in this country and probably the world. They insist on stealing energy from everyone, and refuse to see any truth. How is the world going to move forward if the majority insist on belittling, abusing and stealing from the rest of us.

My question is:

Does the narcissist have to wait for their next life to awaken or is there a solution to flipping the narcissist into a self-empowered human being.

A Well it's a fascinating question and I don't think it's a tricky question, I think that the person who asked that question, Christopher, is a very deep thinker and concerned about this planet. I would answer this question like this: most of humanity now is still operating from the animal self. What you call narcissism I call the animal self because the lower animal self is concerned about itself only and what it can gain for the self. The animal self is interested in what it can accumulate and what it can control. Narcissism is another way of describing the animal self, which is also called the lower animal self. And what we need is for people to go into the middle self which is the more ethical self.

There is a greater need to try to correct and save and work for all of humanity and for the saving of the Earth.

The main way the Earth situation is going to change is through some major intervention and that could be a first contact, or it could be a messianic intervention. A major change could also come from some overwhelmingly influential event on this planet that forces people who are self-centred to begin to look to the higher self.

One of the roles of Jesus is to help humanity connect with the higher self. One of the roles of the higher Ascended Masters is to really elevate people so that they can connect with the higher self. It is true that the narcissist can only be shaken by some overwhelming spiritual or messianic energy and we believe that there will be such an event that will shake them loose out of their lower thinking.



A Grape

If you would say I don't exist, I would be grateful.

When this longing makes me disreputable, then I have a little self-respect.

A vine begins to become wine when you say,

Pressure is necessary to burst open. Rumi

GLOSSARY OF TERMS

Glossary from books written by David K Miller

Altered states of consciousness

A term in modern psychology used to describe different states of consciousness. This includes the dream state, trances, meditation, and heightened perceptions of reality. The latter state is usually described as being able to see ultimate truth and experience the present more fully. In the 1960s, the term was also used to describe drug-induced changes in consciousness.

Arcan

An Arcturian term used to describe the energetic power of thought forms. It is compared to watts. The higher the wattage in a light bulb, the brighter the light. Likewise, the higher the arcan power of a thought, the greater effect it can have on this reality.

Archangel

The highest rank of angels in the angelic hierarchy. The Kabbalah cites ten archangels. They are considered messengers bearing divine decrees.

Ascension

A point of transformation reached through the integration of the physical, emotional, mental and spiritual selves. Unifying the bodies allows you to transcend the limits of the third dimension and move into a higher realm. It has been compared to the rapture in Christian theology. It has also been defined as a spiritual acceleration of consciousness that allows the soul to return to the higher realms, freeing it from the cycle of karma and rebirth.

INDIGENOUS WEATHER KNOWLEDGE

The D'harawal Country and language area extends from the southern shores of Port Jackson (Sydney Harbour) to the northern shores of the Shoalhaven River, and from the eastern shores of the Wollondilly River system to the eastern seaboard.

D'harawal seasons

Time of Marrai'gang



April-June

Bana'murrai'yung—wet becoming cooler
The time of the year when the cries of the Marrai'gang (Quoll) seeking his mate can be heard through the forests and woodlands, and when the lilly pillies ripen on the trees. However, when the lilly pillies start to fall, it is time to mend the old warm cloaks from last cold season, or make new ones, and begin the yearly trek to the coastal areas.

Permission to use the D'harawal seasonal calendar is granted by the D'harawal Traditional Knowledgeholders' and Descendents' Circle.

www.bom.gov.au/iwk/dharawal/burrun.shtml

GROSE VALLEY PLANETARY CITY OF LIGHT REACTIVATION



Grose Valley May 2019 - Members and guests at the re-activation of PCOL



East Auckland New Zealand, May 2019-
Tracy, Janine, Renata

APPLECROSS/SHELLEY, PERTH PCOL



Setting up the seminar room with the two Michaels; Michael Maynard on the left and Michael Andrijich on the right. The boys were wonderful and we couldn't have managed without them. The yellow roses were a gift from Monika Jakli, the coordinator in Perth. The workshop with David and Gudrun was very enjoyable. We had 11 members there and others in Aust and overseas on the link. *Photo; courtesy of Belinda Simpson, Sydney PCOL*

DID YOU KNOW...

Taken from Miller, David K.. *Fifth-Dimensional Soul Psychology* chapter one. I am Vywamus - I am very fond of saying that many souls line up to come to Earth — even you. Many of you will say that Earth is a hard place to live, but from our perspective, these souls are coming here because there is something special about this opportunity to be here for soul development. This is especially true because Earth is known as a freewill zone. A freewill zone means there are greater choices. When there are greater choices, there are opportunities to make greater advancements. One favorite example is that we know there have been many women who, in previous lifetimes on Earth, were dominated by men and by a strong male culture. They were not able to pursue their own individuality or their own spirituality. Now, in this lifetime, they are able to manifest great freedom to pursue their spirituality. But at the same time, they may feel confused because they feel as though they don't belong to any one group. They don't feel as though they belong to any group, any religion, or any structure. Sometimes the soul wants freedom. Yet, paradoxically, when the soul finally gets the freedom, it may have difficulty, discomfort, and anxiety about how to deal with it. Thus, having freedom is exactly what you need to experience, and it's not a fault or weakness that you don't feel like you belong to anyone. You have to look at the freedom and the problems that come with it as a positive opportunity for your soul development. Sometimes having freedom in choosing relationships can be a soul lesson. Sometimes people need to have freedom. So the perspective of the relationship becomes very important in processing this. Sometimes it's important to learn to accept the freedom. Having freedom to choose who you marry, for example, can be a challenge, but having that freedom of spirit in this lifetime is also wonderful. There are souls now that are awakening in male-dominated cultures, and they need to have their freedom, but they cannot have it now because of their situation in the male-dominated cultures. However, there still are things they can do in that situation for soul evolvment. So this is the basic groundwork.

FROM THE COSMIC ARROW

From the Cosmic Arrow - Arcturus Connection_____By Sjoerd Tyssen

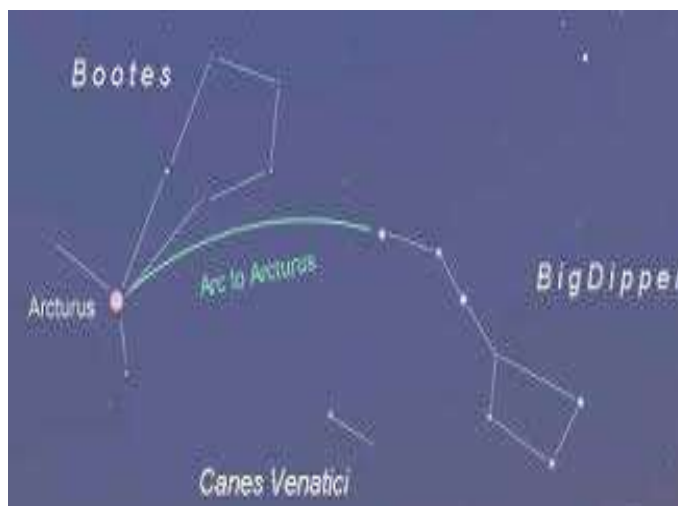
New Moon - Gemini Cycle -
3rd June '19... 12 degrees. Gemini
Arcturian Message:- 'Do not be alarmed at the change of planes'

1st Quarter Moon - Gemini Cycle -
10th June '19... 19 degrees. Virgo
Arcturian Message:- 'Freedom is respected and takes work at keeping'

Full Moon - Gemini cycle
17th June '19... 25 degrees.
Gemini/Sagittarius
Arcturian Message:- 'See the arrow pointing North'
And:- 'Your lucky number can guide you along your path'

Last Quarter Moon - Gemini Cycle
25th June '19... 3 degrees Aries
Arcturian Message:- 'Giving a flower'

sjoerdtysen@bigpond.com



MONTHLY PHONE MEDITATIONS IN AUSTRALIA

Saturday Q and A June 15th – Juliano/David
9.30am EST 0390280260 164595#.

Webinar Sunday June 16th 8am. Sacred sounds for healing. Small cost of \$US22. Go to meeting link will be sent to you.

Thursday Meditation June 20th – Marie Ashworth
11am EST 0386720180 396637#

Webinar Sunday June 23rd 8am EST Demonstrating various biorelativity techniques. Go to meeting link will be sent to you.

Thursday Meditation June 23rd – Gary Chaunce
11am EST 0390280260 164595#

Thursday Meditation July 4th – Jane Scarratt
11am EST 0386720180 396637#

Sunday monthly lecture with David Miller and Juliano.
July 7th 10.45am EST 0390280260 164595#

Thursday Meditation July 11th – Mber rose Love
11am EST 0390280260 164595#

Thursday Meditation July 18th – Janine Malcolm (NZ)
11am EST 0386720180 396637#

Thursday Meditation July 25th – Jan Dugan
11am EST 0390280260 164595#

Thursday Meditation August 1st – Anne Scarratt
11am EST 0386720180 396637#

Thursday Meditation August 8th – Jeannette Carlisle
11am EST 0390280260 164595#

The Earth Balance Biorelativity Meditators meet every Monday, Tuesday and Wednesday nights at 8pm EST on the phone conference line. Email Jane for information.

Conference Call dial in No:- For Aust: ring (03) 8672 0180 or (03) 90280260, Access: 396637#
For US meditations, ring (03) 90280260, Access: 164595#

THE BOOK CLUB



Australia's next book club discussion will be **Friday, July 5th 7.30pm EST** We will be discussing Chapter Fifteen of "Expand your Consciousness" by David Miller.

Bringing Herbs into your life

EYEBRIGHT: The plant represents the eyes of God and on a spiritual level actually assists individuals to view the eyes of God, to be in the presence of the light that they might imagine as the most powerful that they would come to know truly and understand. Individuals plagued with difficulties of conscience, particularly if born under the sign of Sagittarius, benefit from using eyebright. This energy distinct from the Virgo conscience which generally relates to self-judgment. Here it is judgment in the eyes of God in which there is some difficulty. The ability to behold the truth through the eyes of God is also enhanced. This means as you look at another, you see them and the truth and love they present. You understand and absorb this without judgment and without seeking to block what you experience. You truly allow this clearer sight.

PCOL Coordinator News

If you are interested in creating a PCOL/PORL in your area, talk to Jane. I am always delighted to assist. A small area is preferable.

Maintaining a PCOL/PORL is really a community service. We are benefitting all the inhabitants. We are being of service to our community.

Please be Ambassadors and talk about your Planetary City of Light to people you meet. I'm happy to send information for you.

Choosing a pathway on the Planetary Tree of Life.

The paths on the Planetary Tree of Life represent a series of steps to achieve overall integration and planetary balance, which includes sustaining all life forms on Earth. We want to associate a Planetary City of Light or Ocean Reserve of Light with each path. Each numerical path has a mission to explain the method of achieving the connection between the two spheres. EG there is a line connecting justice and compassion. **There has to be a balance, a way in which these two spheres are communicating with each other energetically, not in isolation.** The path is teaching how to create a balance between the two spheres that it is connecting. By associating a Planetary City of Light or Ocean Reserve of Light with the paths on the Tree of Life we are hoping to expand the outreach of this paradigm.

UNDERSTANDING THE ARCTURIAN PLANETARY TREE OF LIFE

Extract from a PCOL lecture in April 2019 Juliano through David Miller

The Tree of Life contains a blueprint for the "Just Society" and for the Planetary Cities of Light. It also contains a blueprint for Shangri-La. A fifth-dimensional society on Earth would have problems. In fact, one of the goals of you, the Starseeds, and enlightened beings is to raise the vibration of the Third Dimension. The Third Dimension was created for a specific purpose, and as I said, there is a theme in the Third Dimension, which is duality, separation and free will. Those three things have to exist on the Third Dimension in order to create the environment for the soul growth.

Connecting with the Arcturians 3 by David K Miller. Refer to the Glossary.

Arcturian Planetary Tree of Life — The updated version of the Kabbalistic Tree of Life. The Arcturians have modified the ten-sphere Kabbalistic Tree of Life, expanding it to twelve spheres and assigning updated spirit guides (Sananda, Chief White Eagle, Quan Yin, etc.) to each sphere instead of using biblical matriarchs and patriarchs (e.g., Jacob, Moses, Aaron, King David, and so on). The Arcturians have described in more detail how the Arcturian Planetary Tree of Life can be interpreted and used for planetary healing. Therefore, twelve geographical locations around the planet have been assigned to hold the specific energy of the spheres.

CORNWALL CAPERS

HelloStarseeds/Lightworkers

This month I thought we will look at a Super Seven Crystal (Melody Stone or Sacred Seven). I have my collection and often wear it - see photo.

It consists of seven crystals in one - these are:-

Amethyst - strength, stability, protection, purification

Cacoxenite - spiritual awakening, spiritual cleansing, raising of vibration.

Clear Quartz - clearing, cleansing, amplification, transmitting/receiving connection to higher self.

Rutile - strength, accelerated body mind spirit, expanding awareness, releasing unwanted energy, psychic ability. Smokey Quartz - grounding, centering, cleansing, clearing negative energy.

Goethite - concentration, focus, emotional healing and grounding.

Lepidocrocite - communication with higher self and angelic realm, love, empathy and emotional healing.



Super seven is good for all chakras and I find this crystal to be soothing, warming, peaceful, nurturing, healing, protecting, balancing, cleansing, purifying, grounding, helping to connect to higher selves and magnifying love, awareness and psychic abilities. It links well with my energies. Some time ago in meditation I was gifted an Etheric crystal from the Arcturians at the crystal temple which we downloaded into my super seven to further enhance its abilities to grow and evolve with me as I continue to grow and develop - Food for thought - could we therefore call my crystal an Arcturian Super Eight?!! They are quite rare and therefore can be expensive - Until next time. Together in unity consciousness Omega light blessings. Stephen

Another example of a Sacred Seven crystal.



Biorelativity Coordinator News

If you would like to be part of the Biorelativity Meditation Earth Balance Team, please email Jane Scarratt at janes carratt@gmail.com.

We have found that repeating meditations is a wonderful idea because with repetition our visualisations become stronger as we become more familiar with the meditation.

EARTH BALANCE TEAMS

When the Earth Balance Team move onto a new meridian, there is no focus then, on the meridians that they have worked with. So the idea was created to ask members all over the planet to form small groups and take responsibility for a specific meridian. They are asked to meet each week for 15 mins to maintain the focus on that meridian. The response has been wonderful! Please join in this amazing work for Gaia. Juliano has assured us that Gaia is hearing us and is beginning to trust that we are always there supporting her. Gaia thanks you!!

Monday night meditations at 8pm EST will now be called Arcturian Tree of Life meditations. We will be placing the 12 spheres of the Arcturian Tree of Life into the North Pole to activate the planetary Codes of Ascension.. **Both USA teams and Australian teams are working with this.**

The theme for the **Tuesday night meditation** is **Raising our skills and our energy.** The team meets at 8pm EST Access code 396637#

Wednesday night we are working on strengthening the aura of the Earth. The team meet at 8pm EST access code: 396637#

Once a month, on the second Wednesday of each month, we will come together for an Arcturian 40 meditation for Earth. The next meditation will be June 12th at 9pm EST. Jane Scarratt will lead the meditation. Access code 396637#

THE CURRENT TEAMS ARE:-

Sydney north members GOFA members in the North of Sydney are working with the Equator meridian. They meet together as a group every Tuesday.

Corae Lierman in Nebraska and her team will work with the Ring of Fire meridian/the aura of the earth/negative thought forms around the earth. They meet every Tuesday morning at 10am EST. Access code 164595#

The South Central Biorelativity Team with Mber Rose Love are looking after the north to south pole meridian. They meet Thursday morning at 9.30am EST. Access code 164595#

Jan Dugan in Alabama leads a team working on the Equator. They meet on access code 164595# at 11am EST Saturday except for the second Sat of the month when we have Q and A with Juliano.

Keith Kreyling in Boston, Massachusetts leads a team working with the Gulf Stream meridian. They meet on 164595# every Friday morning at 9am EST.

Juliano advised us that when we are working with the 3D meridians, we are re-habilitating the meridians. The Arcturians use the 5D meridian system of the twelve etheric crystals to assist us.

REMEMBER.....A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it. Biorelativity is the ability to interact with the Spirit of the Earth with higher consciousness. On one level, biorelativity can create unity consciousness and a unified energy field.

BOOK CLUB

'Teachings from the Sacred Triangle'

by DAVID K MILLER

All questions and answers from Chapter 26 Vol 2 Teachings from the Sacred Triangle by David K Mille and the GOFA Book Club members.

Why is It is necessary to align ourselves to multilevel manifestation, multilevel existence and multilevel communications?

We are striving to align ourselves heliographically with all levels that we have come to experience and become aware of. We live in a multidimensional world. We need to integrate the concepts of what we are doing and what is affecting us based on multidimensionals.

What happens to us when we can't achieve this?

When we can't do this we find discomfit in our manifested energy on earth levels. Perhaps you will find yourself dizzy and confused.

What is multi energy?

The multi energy is a conduit that is able to find expression on this earth body. You will than ask "how is it that I could manifest this multi awareness in an earth body? Everything that you do and think is related to higher realms especially when you have connected to your starseed mission, the arcturian corridors and other realms. You have a responsibility to make the conduit clear and also align yourself with the appropriate energy fields.

Describe energy fields...what they look like?

Energy fields are complex. You have multiple layers in your aura. These bodies are shaped like multi eggs. These are auric eggs that are in existence on different levels. We have an earth shaped egg and this is our earth aura. We also have an aura in another realm that is 5D. We have remnants of other auric eggs in other planetary systems. When you go on your galactic journey through incarnations, you gather an auric egg. When you leave a planet there is a shell or wisp of that auric egg. You have connections with the Sirians, Andromadans, with different extra-planetary systems on extra-solar systems. The different auric eggs are part of the holographic meaning of being multi level.

What is spiritual blueness?

An awareness of completion of manifested form on the 3D and even manifested form on the 5 level.

What level is Andromada energy and how are they perceived?

The seventh level and they exist only in thought.

Explain what it would be like to exist only in thought?

You are close to the Adonai Creator Light. The Creator exists in a realm not easily understandable to the inhabitants of the universe. Creator light exists in thought

AROUND AUSTRALIA & N.Z.

Sydney NSW PCOL/PORL Meditations on **last Saturday of the month** at 12.45pm EST. We have refreshments afterwards. Ring Carel 0414 939 760 or email: carelfillmer@gmail.com

GoldCoast, Queensland PCOL/PORL

Meditation on **last Sunday of the month** in Helensvale 1.15pm EST. Refreshments after. Ring Jane(07) 56657575 or email: janescarratt@gmail.com

Brisbane North, Queensland

Meditations are being held monthly in Brisbane. Next meditation will be **3rd Saturday of month** at Brackenridge. 10.45am EST. AND...

Brisbane West, Queensland

Meets monthly for social interaction between GOFA and meet up members. Meeting on **1st Sunday of the month** at Bardon. 10.45am EST
Email: janescarratt@gmail.com

Melbourne Victoria Mornington Peninsula

Meets monthly for re activation of PCOL and social interaction between members. Meetings on **the last Sunday of the month at 11 am EST**. Ring Glenda Lancaster for more information. 0439639592
email: g.lancaster777@gmail.com

Grose Valley Blue Mountains NSW

Meditations to maintain the PCOL will be held **every second Saturday of month** at Noon EST at the Grose Valley Crystal, Blackheath Contact Liz: 0469 602487
email: eliz.clarke@yahoo.com.au

Applecross/Shelley Perth

Meditations to maintain the PCOL will be held on the **third Sunday of the month** at 1.15pm WA Time in Applecross or Shelley. Contact Michael Maynard:
email michael@smalllivingspaces.com.au

Auckland NZ PCOL/PORL

Meet on **second Sunday of each month** at Farm Cove at 2.15pm. Refreshments afterwards. Contact Janine:- janinemalcolm@xtra.co.nz

UNIVERSAL LAWS

How many people say "I would like to know God's Laws, but I don't know them". So, in this newsletter for the next few months, we're going to give you the Universal Laws. To merely read the Laws isn't enough. You must use the Laws and prove them correct. Everything works by Divine Law as there would be no order in the Universe without these Laws. It's very important for us to practice these Laws because a life without law and order can be a life of trouble, chaos, trial and error, or hit and miss. When you work with law you know the outcome of every venture **because** it is law and therefore it can't fail.

38. Law of the Subconscious.

That mighty power that obeys without question what you command. Give it much to do as there is no limit to what it can, or will do, for you. But, you are the captain; you are the one that must direct the course. It is law: whatever you command it to do, it will do it because that is its function. The conscious mind is the analyser, or reasoner. You reason things out and if you believe that what you desire can be accomplished, then give the command. It must be obeyed. However, do not outline this work. The subconscious mind knows how and what to do. You need not know the 'how' of it. The Superconscious Mind of man is the highest Mind that contacts the God Mind. It supplies, or gives you these 'ideas' – the conscious mind either accepts or rejects the 'idea'. If accepted, then passed to the subconscious to be carried out. However, your conscious mind has to first accept and know it can be accomplished because the subconscious will not to the work unless you believe in it. Actually, this belief must go beyond mere believing. It must know that it is already done. This is the heritage of humans. All power was given to us to create our own world. What would make your life fuller? Speak to your subconscious. It shall be done.

OYR VISIT TO PERTH



Angela, Michael, Monika, Jane, Kathryn and Belinda. We were all at Monika's beautiful home for a scrumptious afternoon tea.



Beautiful tree outside the seminar room.



Scene from the seminar room of the Canning River.

To connect with Galactic Kachina energy. Teachings from the Sacred Triangle Vol 1 Ch21

"I know who I am, and who I want to be, and how I want to act. Then I connect to the Galactic Sun and my spirit is filled with the Central Sun energy field. Then I walk tall. I walk with power. I walk with confidence. I soon see the meaning of all actions on Earth."

Stories from Trent Mills, team member of the Jeanus Wildlife Shelter and Group of Fortv Australia member.

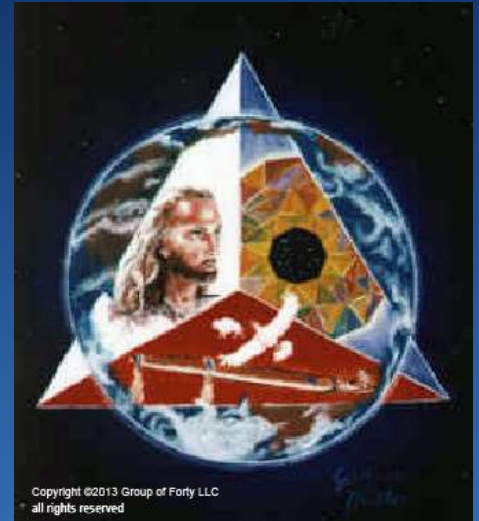
G'day dear ones, this divine little creature is a feather tail glider, also known as the pygmy possum and is a marsupial, native to eastern Australia. They are a protected species, and are the only mammal to have a 'feather like' tail as you can see in picture. A beautiful divine soul bought her into the wildlife shelter to be assessed and cared for. She was found lifeless in the back yard , but after being warmed up on a heat pad, regained consciousness. Because they are so small, Feather tail gliders, have trouble staying warm when it is cold or when there is a shortage of food. They then enter a state known as 'torpor', this means that for short periods their breathing slows down and they become unresponsive. Their body temperature drops to almost that of the surroundings. This is not to be mistaken for hibernation which happens for much longer periods and is not known to occur in marsupials. They are at home in trees and eat pollen, nectar and sometimes small insects. They are able to glide from 14-28 metres at a time. For a creature weighing, full size, 10-15 grams is AMAZING. Living in communal groups of 5-30 is common and they live for around 4 years. They are a truly intelligent design at work as are all creatures and creations. Animals are something I can give my unconditional love and gratitude to, as I am sure we all do. Have an awesome month. Namaste, love, light and blessings to you all.



"40 Groups of 40 will be formed for Personal and Planetary Healing Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the fifth dimension.

We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.



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