



Group of Forty

Australia

www.groupofforty.com

David K Miller Founder/Director



THOUGHTS FROM JANE... So many of us are 'nice' rather than honest. Helpfulness can be based on many illusions. It actually represents the whole concept of the many small illusions of things that we should say or do because they are 'nice'. Helpfulness is caring for someone else because you are a 'good person'. The truth of helpfulness is actually beyond words because it is a quality that is not spoken or titled but is a basic attitude towards life. It's important to differentiate a deed done and a deed lived. TRUE helpfulness is not done but is a product of the way you live. As soon as a behaviour is labelled as 'helpful' it lowers the vibration because it's done as a 'goal directed action' rather than a quality of life. To understand TRUE helpfulness you must understand the concept of pure, unconditional sharing. Ask for help when you need to determine when you are living in a pure divine manner and when you are polluting your thoughts and feelings with empty words and ideas. When you get to live in the purity of thought, feeling and action, you will find that the purity within yourself gives you a deep peace and understanding of all life. There is a difference between helpfulness and you actually contributing. When you contribute, you release from your physical some gift or activity. True contribution is when you allow energy to flow out from the physical and inflow from the Higher Self. I'll continue this concept next month.



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Please consider coming to our annual conference on October 19th and 20th 2019. We're meeting at Annandale Community Centre. We will have a webinar workshop with David and Gudrun Miller and also our AGM. Day two we will have meditations and enjoyable talks from our members. Email Jane for more details.

MEETING OUR MEMBERS

Hello my name is Glenda Lancaster, I live in Melbourne, Australia. I was born in Christchurch, New Zealand where I was brought up in a family who followed Church of England teachings; we did Sunday school when I was young. Growing up we also spent time at the Maori Marae (Maori/tribal meeting grounds) where we had family meetings, funerals and social events with hangi's (feast cooked in earth ovens). These teachings always left me with a sense of a higher self, along with an interest in astrology and a huge connection to the moon. Together, this combined to make me inquisitive and searching for something more. After moving to Australia in my mid 20's and meeting a friend who tried to teach me to meditate. I couldn't do this at first as trying to slow my mind proved very difficult. I had to spend a lot of time working on it. After a couple of years we became a couple and had two beautiful boys. This taught me patience, which then helped me to move more into meditation. I started Thai Chi with a group and enjoyed moving meditations. Then I read/studied books from Thich Nhat Hanh on walking meditations. This then lead into meditations with the Kadampa group, teachings, books retreats with a friend, all the while developing meditation practices. While I resonated with the meditations, something seemed to be missing. Then a friend took me to a group meeting with a work colleague, where we met with likeminded people and started studying soul psychology, the rays, dousing, David Icke, David Wilcock and many, many things which led us to the Arcturians and David Miller. As a group, we do work on healing the planet when needed e.g. Fukushima, America, New Zealand etc. Eight or nine years ago, at a workshop, my friend Maralyn Palamara met Micki Kellett who invited us to a Gof meeting at her home. This opened up a lot of new learning which built on the readings and study we had been doing.

GLENDALANCASTER



What felt right for me, was the connection with Mother Earth and Noosphere. The sense of making a difference in helping Gia and humanity to be better, healthier, healed. The huge bonus has been the beautiful friendships that have flourished, developed and grown along the way. The GOFA annual meeting was a testament to this. Meeting the names on the end of the phone. Faces to names, likeminded people with amazing knowledge and gifts to share. The willingness to share their knowledge and learning was amazing. There is still a lot of learning for me to do with the reading of David Miller's books. I have become part of the meditation presenter's team and the coordinator for the PCOL in the Mornington Peninsula. Namaste Glenda

STONEHENGE REPLICA IN ESPERANCE, PERTH



The Stonehenge was built to align with the Solstices here in Esperance. On the morning of the Summer Solstice (22nd December) the sun's rays align with the Station Stones and shine through to the altar stone. The sunset of the Winter Solstice (21st June) repeats the same alignment in reverse. Both are an amazing sight to witness.

The Esperance Stonehenge is the only full size replica of the original Stonehenge in the UK. It appears as the original would have looked around 1950BC. It consists of 137 stones of Esperance Pink Granite that were all quarried locally less than 1km from the Stonehenge's final resting place.



Ten Inner Trilithon Stones form a horseshoe and weight between 28-50 tonnes each with an 18 tonne lintel laying over each pair reaching a height of 8 metres. Inside the Trilithon Horseshoe stands another smaller horseshoe of 19 blue stones. Lying at the base of the tallest Trilithon Stone lies the Altar Stone which weighs 9 tonne. Outside the Trilithon Horseshoe lies a circle of 40 smaller stones that are referred to as the Bluestone Circle.

The perimeter consists of 30 Sarsen Stones weighing 28 tonnes each with 8 tonne lintels lining the top. Together they reach a height of nearly 5 metres. And it seems accurately mirroring the formation of the real Stonehenge was the easy bit. The West Australian man, Kim Beale worked to the architectural plans drawn up for the original client — "that was just a floor plan and the stone sizes". The real risk came when transporting the 137 pink granite stones from the quarry next door to the site.

A paddock on Beale's 404-hectare farm — which he runs with his wife, Jillian — became home to the 2,500 tonne stone circle, which he pretty much assembled himself.

Reference: <http://esperancestonehenge.com.au/>

Q and A with Juliano through David K Miller

Hi Juliano, I understand that "Uluru" or Ayers Rock in Australia is the heart chakra of Gaia. I have three queries: 1. How did this enormous rock in Australia come to be? 2. What lies beneath the rock? 3. Is there extra-terrestrial activity in the rock?

A First let me say that Uluru is one of several points on the earth that connect to the heart of Gaia. There are other points so I don't want to say that this is the only point but it is one of the most powerful points on the earth that relates to the heart of Gaia. Australia was visited by extra-terrestrials many, many centuries ago and when I say many centuries, I am going back into even the early aboriginal history. We are talking 40, 50, 100,000 years ago and this rock was elevated, it was levitated from a quarry that was in another part of the planet and it was brought there, in a similar way by this levitation methodology. I would like to make a comparison. There is the rock in Mecca called the Kaaba which is appearing to be a black onyx type rock that also has extra-terrestrial origins and that rock predates Muhammad. Muhammad was there approximately 636AD but that rock has been recorded historically long before the time of Muhammad and this rock was brought by extra-terrestrials to that place and it represents again, what you would call a heart energy to Gaia.

Now millions of people come to Mecca to be around the Kaaba and even to this day there has never been any geological permission given to evaluate or to determine the origin of the rock but it is considered sacred and I would compare Uluru to the sacredness of the Kaaba in Mecca. I would also say that the Kaaba was planted or brought there. It was brought there because there is a heart opening to Gaia there. Attenuation is a term in radio theory where if a signal is so strong it could blow out your receiver and therefore the signal has to be attenuated or lessened in intensity so that you can receive it without any harmful effect. Both rocks (Uluru and the Kaaba) were put there because they people needed to attenuate the energy so that it could be received without harmful effects to people. At the current moment the only "terrestrial or extra-terrestrial" activity there underneath the rock is from the inner earth. Uluru rock is connected to the energy in Mount Shasta and it is also connected to the Ascended Masters including Adama. Uluru does have wonderful, powerful connections and it is good that so many people are attracted to it. The light workers are working with that energy and it is becoming more acknowledged and more useful in being able to communicate with Gaia.

Childsplay

There is no one with intelligence in our town except that man over there
playing with the children.

He has keen fiery insight and vast dignity like the night sky,
but he conceals it in childplay. . . *Rumi*

GLOSSARY OF TERMS

Andromeda

A large spiral galaxy 2.2 million light-years from the Milky Way. Andromeda is the largest member of our local galactic cluster. It is commonly referred to as Earth's "sister" galaxy.

Andromedans

An advanced, higher-dimensional race of beings from the Andromeda galaxy. A specific group of Andromedans is currently working with the Arcturians in their effort to facilitate the planetary ascension process of Earth.

Assemblage point

1. A concept that appears in the shamanistic world. The assemblage point is a point in the aura. Some people think it is in the back below the neck. That point is like a valve. When that point is opened, you have an input of higher perception. That means you can see the dimensional worlds; you can see the spirits that are around us all the time.

2. The place where things come together and, through their resonance of frequencies, the whole becomes greater than its parts. The amazing thing is that there are many assemblage points (of frequency) within the Hebrew letters that relate to the Sephirot (spheres) in the Tree of Life. Once you have come to an assemblage point and know that frequency, you resonate with it and internalize it until the unity in resonance leads to entrainment. Also, the assemblage point can spread and expand on this entrainment. Assemblage points are necessary for interdimensional interaction.

Glossary from books written by David K Miller

INDIGENOUS WEATHER KNOWLEDGE

The D'harawal Country and language area extends from the southern shores of Port Jackson (Sydney Harbour) to the northern shores of the Shoalhaven River, and from the eastern shores of the Wollondilly River system to the eastern seaboard.

D'harawal seasons

Time of Burran

January-March

Gadalung Marool—hot and dry



The behaviour of the male kangaroos becomes quite aggressive in this season, and it is a sign that the eating of meat is forbidden during this time. This is a health factor; because of the heat of the day meat does not keep, and the likelihood of food poisoning is apparent.



The blooming of the Weetjellan (*Acacia implexa*) is an important sign that fires must not be lit unless they are well away from bushland and on sand only, and that there will be violent storms and heavy rain, so camping near creeks and rivers is not recommended.

Permission to use the D'harawal seasonal calendar is granted by the D'harawal Traditional Knowledgeholders' and Descendents' Circle.

www.bom.gov.au/iwk/dharawal/burrun.shtml

SYDNEY PLANETARY CITY OF LIGHT



Back row: Olga, Ann, Mike, Peter, Jane, Kathryn, Yvonne, Magaly
Front row: Helen, Carel, Kylie and Wendy took the photo

PHOTO FROM LONDON GOF



Kilianj Becker sent this photo from a recent trip with starseeds-friends from London. They visited Stonehenge, Avebury and Glastonbury. Wonderful spiritual time experienced by all.

APPLECROSS/SHELLEY, PERTH PCOL



Easter Sunday. A beautiful day in Applecross. Photo by Angela Burchardt.

Jane will be travelling to Perth, Western Australia in June 2019 to meet with the wonderful GOFA members there. David and Gudrun will be providing a webinar, "connecting with the Arcturians" based on the three volumes channeled by David K Miller. The workshop will be open to non members so if you know someone who may be interested, ask them to contact me at janescarratt@gmail.com. Perhaps interstate GOFA members may like to come and meet the Perth members as well!!

It Feels
GREAT
To Participate!

DID YOU KNOW...

Many people on the planet are struggling to get their physical health in balance. There is a misconception that you must be in perfect physical health in order to resonate with the higher energy. Now, of course it is desirable to be in perfect physical health, but realistically, there are not many people who are going to have perfect physical harmony at this time. This is partly due to the fact that Earth is now polluted and that there are many chemicals affecting your body. It is also partly due to the ultraviolet radiation affecting your auric field. Finally, it is simply rare to be 100 percent in harmony. So go with the best level you can attain. Now, even if you are disabled or even if you have an illness such as cancer, you can still resonate at a very high level. So don't think that if you are not totally healthy physically or if you have a major illness, you cannot reach the highest level. Of course you can! In fact, sometimes it is because of an illness that you can be driven to go on to a high energy level. On the other hand, you might be in perfect physical health — and have your animal self in perfect harmony — yet still be unable to reach the higher levels. When you go into the middle level and the higher levels, then you begin to access the highest energy fields and can bring in the soul energy, which will help you learn more about yourself. You will be able to access energy that will expand your lightbody. Now, what do I mean by lightbody? The lightbody is that part of your higher self that will come down and merge with your lower self. This is the message of Kaballah: You can receive yourself. I am not saying that you must be selfish or narcissistic. What I am saying is that you have a higher lightbody that is able to coordinate and merge with your lower self on this plane.

Kaballah and the Ascension Chapter 1 by David K Miller

FROM THE COSMIC ARROW

From the Cosmic Arrow - Arcturus Connection_____By Sjoerd Tyssen

New Moon - Taurus Cycle -
5th May '19... 14 degrees. Taurus
Arcturian Message:- 'There are two kinds of beetles to gather dust - mites and mill worms'

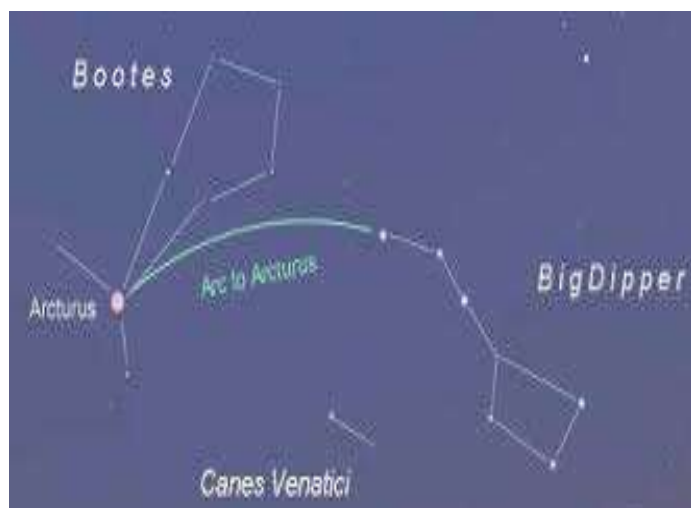
1st Quarter Moon - Taurus Cycle -
12th May '19... 21 degrees. Leo.
Arcturian Message:- 'Gain always comes when we take a positive position'

Full Moon - Taurus Cycle
19th May '19... 29 degrees. Taurus/Scorpio
Arcturian Message:- 'Nature can always revive itself'
And:- 'May the best team win'

Last Quarter Moon - Taurus Cycle -
27th May '19... 5 degrees Pisces
Arcturian Message:- 'Living spiritly is always a worthy effort'

Use These gifts to help your meditations.

sjoerdtysen@bigpond.com



MONTHLY PHONE MEDITATIONS IN AUSTRALIA

Thursday Meditation May 16th – Gene Yoder
11am EST 0390280260 164595#

Webinar Sunday May 19th 8am EST Activating the Ascension codes for Earth. Go to meeting link will be sent to you

Thursday Meditation May 23rd – Janine Malcolm
11am EST 0386720180 396637#

Thursday Meditation May 30th – Chad Neiberger
11am EST 0386720180 164595#

Monthly Lecture – Sunday June 2nd David Miller
10.45am EST 0390280260 164595#

Thursday Meditation June 6th – Anne Scarratt
11am EST 0386720180 396637#

Thursday Meditation June 13th – Corae Lierman
11am EST 0390290260 164595#

Saturday Q and A June 15th – Juliano/David
9.30am EST 0390280260 164595#.

Thursday Meditation June 20th – Marie Ashworth
11am EST 0386720180 396637#

Webinar Sunday June 23rd 8am EST Demonstrating various biorelativity techniques. Go to meeting link will be sent to you.

Thursday Meditation June 23rd – Gary Chaunce
11am EST 0386720180 164595#

Thursday Meditation July 4th – Jane Scarratt
11am EST 0386720180 396637#

The Earth Balance Biorelativity Meditators meet every Monday, Tuesday and Wednesday night at 8pm EST on the phone conference line. Access code 396637# Email Jane for information.

Conference Call dial in No:- For Aust: ring (03) 8672 0180 or (03) 90280260, Access: 396637#

For US meditations, ring (03) 90280260, Access: 164595#

THE BOOK CLUB



Australia's next book club discussion will be **Friday, June 14th 7.30pm EST** We will be discussing Chapter Fourteen of "Expand your Consciousness" by David Miller.

Bringing Herbs into your life

Everlasting: there is an inner persistence that is transferred to people. It is not an energy to powerfully change you, however, it gives you extra patience and a willingness to stick at things a bit longer than has previously been the case. There is an inner balancing effect from this herb. This takes place on many different levels simultaneously and will help a person stick with a particular problem, be it a mental or spiritual concern, for a longer period of time. This is because they are willing to see new ways to approach the problem, new points of view, and new possibilities for energy. The herb allows a gentle balance; an inner strength is discovered in the person. You might ask deeper questions. The contextual shift is welcomed and this is enhanced greatly by this herb. You will not feel the change as imposed from outside, instead you would be aware of it as if you created it.

PCOL Coordinator News

If you are interested in creating a PCOL/PORL in your area, talk to Jane. I am always delighted to assist. A small area is preferable.

Maintaining a PCOL/PORL is really a community service. We are benefitting all the inhabitants. We are being of service to our community.

Please be Ambassadors and talk about your Planetary City of Light to people you meet. I'm happy to send information for you.

Choosing a pathway on the Planetary Tree of Life.

The paths on the Planetary Tree of Life represent a series of steps to achieve overall integration and planetary balance, which includes sustaining all life forms on Earth. We want to associate a Planetary City of Light or Ocean Reserve of Light with each path.

Each numerical path has a mission to explain the method of achieving the connection between the two spheres. EG there is a line connecting justice and compassion. **There has to be a balance, a way in which these two spheres are communicating with each other energetically, not in isolation.** The path is teaching how to create a balance between the two spheres that it is connecting. Each of the 11 Australian and NZ PCOL/PORL's pathways will be discussed individually and in detail in our newsletter, each month. By associating a Planetary City of Light or Ocean Reserve of Light with the paths on the Tree of Life we are hoping to expand the outreach of this paradigm.

UNDERSTANDING THE ARCTURIAN TREE OF LIFE

To understand the idea of the Arcturian Tree of Life, one has to understand that there is a balance and there is a counterbalance. On the left side of the Tree of Life, as you are looking at it, is the concept of the holiness of sacred spaces. On the right side is the creation of a new Earth order, a creation of new Earth society. Therefore, the designation of holy, sacred Planetary Cities of Light also means that you are helping to lay the foundation for the creation of a new Earth society based on higher spiritual principles. *Extract from lecture in June 2010. Juliano through David K Miller*

The Arcturian Planetary Tree of Life is not a static matrix. First of all, the sphere is holographic and it is also fifth dimensional. Each sphere has a back and a front. The spheres are really interdimensional. The second feature of the Tree of Life is that it is active. The spheres are interacting with each other. One role of the Planetary Cities of Light is to help create greater interaction among the spheres.

Extract from a lecture in April 2019 Juliano through David Miller

The Arcturian Tree of Life is a spiritual tool to assist in planetary healing. The Arcturian Planetary Tree of Life shows how the forces on a planet can be brought into balance. In fact, one of the teaching on the Tree of Life has to do with balance. When a planet becomes out of balance, then there can be a planetary crisis. This is what you are now experiencing on the Earth. Because the Earth and the energies on the planet are so far out of balance, the biosphere is in danger of collapsing. *Extract from PCOL lecture April 2019*

CORNWALL CAPERS

Hello Starseeds and Lightworkers
Raising our skills and energy - I thought we could look at this subject together. There are many aspects of our lives which need healing and would benefit from raised energy but I think some of the main ingredients to raising our skills and energy is consistency, discipline, dedication and moderation in a balanced way - it is the key!

Practicing what you preach; living in impeccability for example, using environmentally friendly products, eating healthily, exercising, self healing, meditation, going to the Arcturian Crystal Temple for healing and realignment, or the Arcturian starship Athena - regularly rather than once in a while! This helps create a healthy and balanced mindset and lifestyle.

This will definitely help raise your skills and energy as you are creating an environment to receive and absorb more fifth dimensional energy and light. Remember practice makes perfect - I know we all have and live busy lives but let's set aside regular time for our spiritual practices - ultimately our planet Mother Earth will also benefit - your planet needs you!

Life is all about choices - but the trick is to choose with discernment! Together in unity consciousness. Omega light blessings
Stephen Moore, PCOL coordinator
Polbathic, Cornwall, England.

CONFIGURATIONS OF CRYSTALS

The asterated (star) crystalline structure exhibits the rays of a star within the structure, when held in direct light. The asterism usually occurs as a four ray or six ray star. The energy available brings forth the light of the universe, integrating it with the light of the inner self, such that one may speak, act, and perform the will of the Divine. The associated attributes are not exhibited by fabrication of this form.



The barnacle is recognized as a crystal covered or partially covered with smaller crystals. The associated attributes will not be exhibited by fabrication of this form.



Biorelativity Coordinator News

If you would like to be part of the Biorelativity Meditation Earth Balance Team, please email Jane Scarratt at janes carratt@gmail.com.

We have found that repeating meditations is a wonderful idea because with repetition our visualisations become stronger as we become more familiar with the meditation.

EARTH BALANCE TEAMS

When the Earth Balance Team move onto a new meridian, there is no focus then, on the meridians that they have worked with. So the idea was created to ask members all over the planet to form small groups and take responsibility for a specific meridian. They are asked to meet each week for 15 mins to maintain the focus on that meridian. The response has been wonderful! Please join in this amazing work for Gaia. Julianio has assured us that Gaia is hearing us and is beginning to trust that we are always there supporting her. Gaia thanks you!!

Monday night meditations at 8pm EST will now be called Arcturian Tree of Life meditations. We will be placing the 12 spheres of the Arcturian Tree of Life into Earth's noosphere and Ring of Ascension. **Both USA teams and Australian teams are working with this.**

The theme for the **Tuesday night meditation** is **Raising our skills and our energy.** The team meets at 8pm EST Access code 396637#

Wednesday night we are working on strengthening the energy field of Australia and NZ The team meet at 8pm EST access code: 396637#

Once a month, on the second Wednesday of each month, we will come together for an Arcturian 40 meditation for Earth. The next meditation will be June 12th at 9pm EST. Janine Malcolm (NZ) will lead the meditation. Access code 396637#

THE CURRENT TEAMS ARE:-

Sydney north members GOFA members in the North of Sydney are working with the Equator meridian. They meet together as a group every Tuesday.

Corae Lierman in Nebraska and her team will work with the Ring of Fire meridian. They meet every Tuesday morning at 10am EST. Access code 164595#

The South Central Biorelativity Team with Mber Rose Love are looking after the north to south pole meridian. They meet Thursday morning at 9.30am EST. Access code 164595#

Jan Dugan in Alabama leads a team working on the Equator. They meet on access code 164595# at 11am EST Saturday except for the second Sat of the month when we have Q and A with Julianio.

Keith Kreyling in Boston, Massachusetts leads a team working with the Gulf Stream meridian. They meet on 164595# every Friday morning at 9am EST.

Juliano advised us that when we are working with the 3D meridians, we are re-habilitating the meridians. The Arcturians use the 5D meridian system of the twelve etheric crystals to assist us.

REMEMBER.....A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it. Biorelativity is the ability to interact with the Spirit of the Earth with higher consciousness. On one level, biorelativity can create unity consciousness and a unified energy field.

BOOK CLUB

'Teachings from the Sacred Triangle'

by DAVID K MILLER

The next step in evolution involves the transfer of energy between dimensions, who and how can this be achieved?

Well, the next step revolves around our ability to evolve. This evolution is a complex, divine and unique process. The uniqueness lies in the fact that the evolutionary step involves transferring energy between dimensions and interacting simultaneously with the 3 and 5 realm. Those who are in participation of this evolution are developing the ability to interact, download and transfer energies between these two realms. This ability rests on your intention to project energy between the realms.

How can we help Sananda's mission?

It is the fulfilment of Sananda's work to bring forth the codes of Adam and Eve through the ages, and to come before you as an activator and bridge between the 3D and the 5D, helping you to cross the corridor. You are helping Sananda's mission by agreeing to participate in the Earth embodiment of this transformation

Is there any resistance toward this next evolutionary step, and what is involved in overcoming these insecurities?

There is a good deal involved in the intent to evolve and to clear any blocks or densities from yourself. There is a good deal of resistance on the planet to this next evolutionary step even within your own personal history. This resistance has to do with the lack of confidence in your abilities to, with intent, project your evolutionary process and abilities. We know that the codes the abilities and all the cellular knowledge are within your structure to evolve. Evolution and knowledge is within your mental spiritual and emotional body. It is even within your physical body. Therefore, unlocking these codes and the energy within becomes primarily important in working toward your evolution and that of the species. Meditate on this responsibility that you have accepted in coming to earth at this time, the responsibility of participating in the evolutionary leap of the human race. Many of you had previously questioned your mission and said "What can I contribute to this overall process." Only a relative small number would understand what we are discussing and that they can participate in the evolution of humanity. Unlock the energy within you to allow your full participation in the evolution of humanity and in linking humanity to the interdimensional and fifth realm.

All questions from vol 3 Chapter eight

AROUND AUSTRALIA & N.Z.

Sydney NSW PCOL/PORL Meditations on **last Saturday of the month** at 12.45pm EST. We have refreshments afterwards. Ring Carel 0414 939 760 or email: carelfillmer@gmail.com

GoldCoast, Queensland PCOL/PORL

Meditation on **last Sunday of the month** in Helensvale 1.15pm EST. Refreshments after. Ring Jane(07) 56657575 or email: janescarratt@gmail.com

Brisbane North, Queensland

Meditations are being held monthly in Brisbane. Next meditation will be **3rd Saturday of month** at Brackenridge. 10.45am EST. AND...

Brisbane West, Queensland

Meets monthly for social interaction between GOFA and meet up members. Meeting on **1st Sunday of the month** at Bardon. 10.45am EST
Email: janescarratt@gmail.com

Melbourne Victoria Mornington Peninsula

Meets monthly for re activation of PCOL and social interaction between members. Meetings on **the last Sunday of the month at 11 am EST**. Ring Glenda Lancaster for more information. 0439639592
email: g.lancaster777@gmail.com

Grose Valley Blue Mountains NSW

Meditations to maintain the PCOL will be held **every second Saturday of month** at Noon EST at the Grose Valley Crystal, Blackheath Contact Liz: 0469 602487
email: eliz.clarke@yahoo.com.au

Applecross/Shelley Perth

Meditations to maintain the PCOL will be held on the **third Sunday of the month** at 1.15pm WA Time in Applecross or Shelley. Contact Michael Maynard:
email michael@smalllivingspaces.com.au

Auckland NZ PCOL/PORL

Meet on **second Sunday of each month** at Farm Cove at 2.15pm. Refreshments afterwards. Contact Janine:- janinemalcolm@xtra.co.nz

UNIVERSAL LAWS

How many people say "I would like to know God's Laws, but I don't know them". So, in this newsletter for the next few months, we're going to give you the Universal Laws. To merely read the Laws isn't enough. You must use the Laws and prove them correct. Everything works by Divine Law as there would be no order in the Universe without these Laws. It's very important for us to practice these Laws because a life without law and order can be a life of trouble, chaos, trial and error, or hit and miss. When you work with law you know the outcome of every venture **because** it is law and therefore it can't fail.

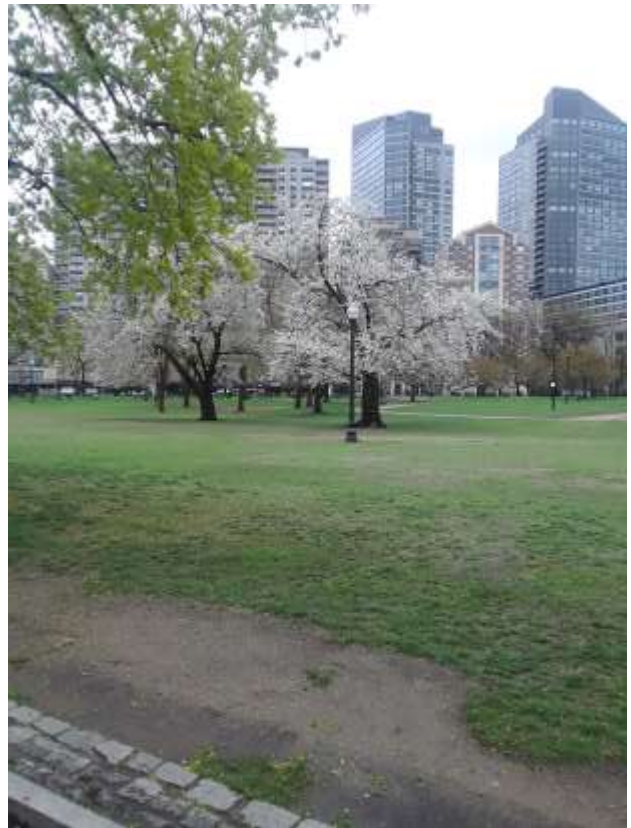
37. Law of the Physical Body. The flesh, bones, muscle and blood that go into the perfect functioning of your 'wonderfully made' body, this house in which you dwell. Since you live on the earth plane, your body is made up of this type of substance. You are celled quite differently than beings on other worlds. And would the Great Creator give you a Light body if you still have work to do in the flesh? How could you function as Light on this earth if your tasks on this earth are of a physical nature? You need the physical body to do the work of the physical man/woman that you are. It is all very well to work towards perfection. But what good is a Light body if you still have work to do in the flesh. You have been given the fleshy body because God knows in what 'form' you must be to do certain work. Now, when you have finished your work here, you already have your etheric body which shall be what you need to function on the astral plane, and so on. Your body is wonderfully made to accomplish your work in this lifetime. Each lifetime has a new form to start its mission. Don't be concerned about that lifetime; today is the day; now is the time. Rejoice in it. Keep your body clean, rested well fed with physical and spiritual food. Feed the mind, too and be in balance.

GOF MEMBERS TRAVELLING

Jasmina in Brussels sent these photos from her annual trip to Sataya (Dolphin Bay), near Marsa Alam in Egypt, Red Sea (next to Sudan)



Jasmina said: I connect so easily with dolphins since I was initiated by them 11 years ago, so these trips bring joy to my heart



Keith and Tabitha Kreyling went to the Japan Festival in Boston.



To connect with Galactic Kachina energy. Teachings from the Sacred Triangle Vol 1 Ch21

"I know who I am, and who I want to be, and how I want to act. Then I connect to the Galactic Sun and my spirit is filled with the Central Sun energy field. Then I walk tall. I walk with power. I walk with confidence. I soon see the meaning of all actions on Earth."

Stories from Trent Mills, team member of the Jeanus Wildlife Shelter and Group of Fortv Australia member.

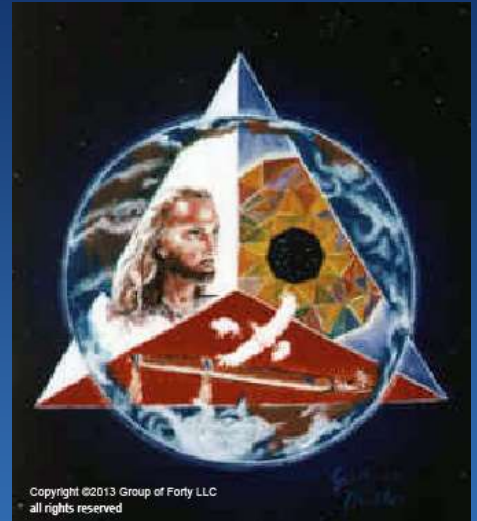
Gday all, this pair of not so common brushtail possum's are a beautiful mother, daughter combo called Mary and Alano. Mary, the mother was found in a tool shed wrapped around her divine little daughter, Alano, Mary had a bad head injury. I had no trouble in placing them in a carrier to take them home. The first couple of weeks were touch and go for Mary, but she has pulled through marvelously. She received a lot of love from her daughter and myself. She will have a couple of months of rehabilitation and will then be released. Brushtail possies, as their name suggests, have a very distinctive brushy tail, that is easily identifiable. They are nocturnal marsupials who carry babies in a pouch and live primarily all around Australia. Their favored habitat being rainforests, eucalyptus forests, wooded garden areas and, as we further encroach on their homes, the roof of your house. They are primarily herbivores but sometimes have been known to eat insects and eggs. Mum carries bub in her pouch for up to 5 months and then on her back till bub is about 9 months. Most research indicates they only have one baby at a time, but I had twin pinky(no fur) brushtail possum's come to me last year that were found in mums pouch after she had passed. Unfortunately, they didn't survive because they are so small. That doesn't stop us from trying. It's wonderful to at least make them warm and comfortable with some milk in their tummies and lots of love and blessings to before they pass over. Have an awesome month. Namaste. Love, light and blessings.



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