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Hi, just a reminder that you're receiving this email because you have expressed an interest in Group of Forty. Don't forget to add davidmiller@groupofforty.com to your address book so we'll be sure to land in your inbox!

You may <u>unsubscribe</u> if you no longer wish to receive our emails.



Monthly Newsletter GROUP OF FORTY

David K. Miller - Founder/Director

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Connections Issue 267

JANUARY 2019

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The Kiva

By Spirit Fire, channeled through David K. Miller

I want to talk about the kiva today.

The kiva is an underground temple and a kiva is always in a circle. The woman who built this Desert watchtower (this is a famous building dedicated to the native Peoples at the Grand Canyon), Mary Coulter, understood the significance of the kiva. There are several important symbols that she brought with this building. It was a common practice for the Hopi and

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Past Channeled Messages From Juliano

Juliano from February 2009

Part of the preparation for the Ascension is to develop the awareness of your Fifth Dimensional self. We want everyone to remember that you are multidimensional beings, which means that you are living on two dimensions at the same time. You do have a presence on the Fifth Dimension. It is the awareness of that presence and the visitation to that presence that enhances your ability to ascend. You know and you have a focus on where you are going to be. Focusing on projecting yourself is the biggest problem in understanding the Ascension and performing the Ascension. That problem is: where are you going to place yourself on the Fifth Dimension? Where is your other level of consciousness going to be? There are so many loopholes, so many places in the astral realm, the Fourth

the Navajo to use the kiva. Also, earlier Native peoples used the kiva including those who were called the Anasazi. The Anasazi lived all over this part of Arizona. They also lived in Colorado, Utah and in New Mexico. They had very strong spiritual nature and they used many types of kivas in their spiritual work. The most important part of building the kiva was choosing a sacred or high vibrational place so that they can interact and connect with the vibrational, spiritual light in the Earth. The vibrations of the inner Earth can be brought upward into the Third Dimensional world. The work is to concentrate, to focus this vibrational energy into a point. This was the purpose of the kiva. That is that it will provide a focus for the spiritual vibrational energy of the inner Earth.

There is another important aspect of the kiva and the Inner Earth, and that is that these kivas and these portals into the Earth have entrance ways to other dimensions. That means that you can enter other dimensions when you are in the kiva. Also when you go into these powerful openings you have the ability to go to other planetary systems, travel through the dimensional corridors. The kiva in the Inner Earth can be used as a wormhole which would allow you to travel through, what Juliano calls, "hyperspace." Remember, there are many different energies in the Inner Earth. It is necessary to go to the higher, holier points of the Inner Earth. The Hopi were correct that their spirits came from the Inner Earth. This is why they choose to stay on their land because their origin, as a spiritual people, came from the Inner Earth. In the openings like this to the Inner Earth, you have the powerful connection to the source of all life in this galaxy. When you energetically and telepathically connect to this source you have expanded consciousness in a new and exciting way. You can now connect to the Hopi Kachinas and also with the Galactic Kachina as all kachinas open to your work and your vibrational love. The spiritual energies from the Grand Canyon are all over the Navajo Reservation and the Hopi Reservation. This energy is like a blanket which covers this whole plateau which you are visiting and you are connecting with the higher Inner Earth energies.

I am Spirit Fire, good day.

Dimensional realm, where you can become stuck.

People have asked me over the years, "Why are we skipping the Fourth Dimension, Juliano?" Remember that the Fourth Dimension has stages and levels in it, including the lower Fourth Dimension, the middle and the higher. These are simple ways of describing the levels. The higher Fourth Dimensional astral realm is beautiful. The lower astral realm is filled with ghosts and spirits and is more closely described as Gehinnen (biblical Hebrew word for Hell). You can use the word "hell." Hell is on the lower astral realm and is a dark place where you seem to be punished or get stuck in a chain of events that are repetitious. It also makes it seem like you are unable to escape from this place. In many cases, you are repeating a continual unpleasant event. For example, you could be experiencing a violent act and repeating it over and over again. Eventually you can get freed from that. Nothing is eternal on the lower astral realm, even though the experience might seem like it will last forever.

Group of Forty Monthly Lectures

with David K. Miller



The next lecture is on Saturday, February 2, 2019 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST).

We will be meeting on freeconferencecall.com international phone line, which is specific for each country.

An email announcement will be sent out one week prior with the freeconferencecall phone number and access code.

Contact David Miller at <u>davidmiller@groupofforty.com</u> for more information.

The re-transmission of the lecture for Europe will be on Sunday, February 3, 2019 at 10:00 a.m. Phoenix, Arizona time.

You can check the teleconference/lecture time against your local time by using either:

www.timeticker.com or www.thetimenow.com



Planetary Healing Biorelativity Earth Balance Teams

These wonderful groups are meeting weekly to present

Lower astral beings can suck energies from beings on the Earth in order to increase their energy field. There are spirits on the Third Dimensional plane that are of the lower vibrational energy. These lower beings can attach to people and have contributed to their doing some pretty awful things. We give as an example the school shootings. Students may be on drugs and their energy fields were on a lower vibrational field. Ghosts or discarnate spirits can attach themselves to those students and actually direct them to do horrendous things.

All this is a way of explaining that the Fourth Dimension has lower layers and you do not want to stay in those lower layers. The middle astral layer, on the other hand, is a higher energy and there are some very high beings there. Finally, the higher Fourth Dimensional realm is getting close to the Fifth Dimension and closer to the Garden of Eden concepts, and closer to the Heavenly Gates, Heavenly Palaces. It is beautiful there. Certainly, many of you have visited the higher Fourth Dimensional realms. There are many guides and teachers there.

These wonderful groups are meeting weekly to present meditations on the various meridians of Earth. What is happening is that we are letting Earth know we are here and we are supporting her and she will respond more favourable BECAUSE she knows we are here.

REMEMBER...... A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it.

Biorelativity is the ability to interact with the Spirit of the Earth with higher consciousness. On one level, biorelativity can create unity consciousness and a unified energy field.

Noorelativity is the ability to send thoughts and energy into the Noosphere for the purposes of manifesting a higher healing light throughout that planet.

Please consider being involved in this project.

You join in on the phone conference line. Some of the Teams have changed their weekly meditations.

Keith and Tabitha Kreyling in Boston and their Team are focusing on the **Space/Time Continuum Rift**. They meet on a Thursday night at 5:00 pm AZ Access code 164595#

Christofer Aven in California and her Team are focusing on the very important releasing negative thought forms around the earth. They meet Friday afternoon at 4:45pmAZ. Once a month it goes to 4:45pm AZ Access code 164595#

The Gold Coast Team is focusing on the Pacific Ocean currents. They meet Tuesdays at 2:00 AM AZ time. Access code 396637#

The Perth Team with Michael Maynard as coordinator, is focusing on the Gulf Stream meridian. This group meets on Skype on a Tuesday at 1:00 AM AZ time.

Yvonne Villien and her team in Sydney north are focusing on the **Equator meridian line**. They meet as a group.

Incidentally, guides and teachers can go into any part of the astral realms, including the middle, lower or higher levels. The bottom line is this: when you are in the astral realm after you die, you still are in the Earth's incarnational cycle which means that you will be reborn again in the Third Dimension. You will be reborn into another Earth body. In certain situations, you can be reborn in an appropriate energy field on another planet. By staying in the Fourth Dimensional realms after you die vou will remain in a Third Dimensional incarnational process.

The Ascension is teaching you and offering you the opportunity to be free of the Earth's incarnational process and go to a higher realm. This is a process of grace because it takes a higher energy vibration, energy awareness and higher perceptual field awareness, to graduate from the Earth. Many of you are not able to reach that higher perceptual field in this lifetime without some assistance. At the same time, I can tell you that there is so much assistance now available to help you raise your vibrations.

We could do with support from more people as there are three more meditations that need to be continued.

The USA and Australian Biorelativity Teams are now focusing on placing the spheres of the Arcturian Tree of Life into the Ring of Ascension.

We have an **Arcturian 40 Meditation** every month on the second Wednesday of the month at 3:00am AZ. Check your local time to see if you are able to join in.



Jane Scarratt
National Coordinator in Australia
For the Group of Forty
janescarratt@gmail.com

Additional Biorelativity Sessions

Dear friends,

Beginning Friday February 8, and every other Friday to follow, I am resuming leading Biorelativity sessions in English. Starting time is 7:00 p.m. Berlin/Rome/Zürich time, which is 6:00 p.m. in the UK, and 11:00 a.m. AZ time.

One important goal of the sessions is to come together in Europe, get to know each other better and create a stronger bond for the Group of Forty with networking and collaboration.

In these sessions we meditate and discuss themes and issues in Europe and globally - especially for Europe. English speaking worldwide members are also welcome to participate.

Watch for e-mail announcements on how to participate.

Looking forward to connect and collaborate with you all,

Part of the assistance is coming from the energy transformation of the Ascension itself. The energy of the Ascension brings forth new light, new frequencies and new opportunities.

Starseeds Counselling



I am **Gudrun Miller** and I have been a professional counselor for over 30 years.

Dear Gudrun,

I have a family member who is a convicted felon and likely a sociopath. He has manipulated me and my family for most of my life.

With the help of psychotherapy I was able to set and keep boundaries with him. He attempted to turn other family members against me because I would not let him get to me. He did violently physically assault me after which I stopped all contact with him.

Other members in the family did enable him by giving him money whenever he needed it.

He is deceased now under

Many blessings,



Cosmin Supeala Member Biorelativity Committee msupeala@yahoo.com

From the Land Down Under



Grose Valley Crystal

Sydney Planetary City of Light and Ocean Reserve of Light activation.



The group made up of members and friends met at Balmain, beside Sydney Harbour. There is a crystal buried there.

Going anti clockwise: Yvonne Villien, Gwen Bowyer, Mintie, Belinda Simpson, Carel Fillmer (standing), Jurgen, Shane,

dubious circumstances I won't go into.

I am left with some doubt about whether I could have handled this situation differently and maybe been of more help to him.

Should I try to connect with his spirit self? Is there anything I still need to do?

Thank you for your response.

Dear Friend,

What a hard relationship for you to manage and now, on top of that, you are dealing with guilt and grief.

I applaud you for having the courage to set boundaries and not let him manipulate you. It is not a loving act to let someone take advantage of you. You end up storing resentment and anger. This may have been part of your soul lesson.

I know you made many efforts to get him to straighten up as had the rest of the family. It is all that you could really offer him.

He was not able to accept your offers of help because his heart was closed. Also, his connection to his higher self was limited if not absent all together.

Kerry Wilsher, Ulli Hansen, Olga, Magaly Krahel. Jorn Villien was the photographer.

A beautiful breeze, good food, great company and wonderful meditations.



Jane Scarratt National Coordinator in Australia For the Group of Forty janescarratt@gmail.com

Tree of Light Pathways ... PCOL/ PORL Report from Australia & New Zealand

Here are the Tree of Light pathways for each PCOL/PORL in Australia and NZ.

*SYDNEY PCOL; Spheres: seven at Copper Canyon and nine at Lake Taupo - Foundation and Splendor

*SYDNEY HARBOUR PORL; Spheres: four at Mt Shasta and five at Volcan Poas - Loving kindness and compassion and Judgment

*GROSE VALLEY PCOL; Spheres: seven at Copper Canyon and eight at Grose Valley - Foundation and Victory

*THE MORNINGTON PENINSULA PCOL; Spheres: eight at Grose Valley and ten at Lago Puelo - Victory and Kingdom (The Third Dimension)

*PORT PHILLIP BAY PORL; Spheres: nine at Lake Taupo and ten at Lago Puelo - Splendor and Kingdom (Third Dimension)

*PERTH-APPLECROSS/SHELLEY PCOL; Spheres: two at Bodensee and six at Monserrat - Wisdom with Harmony and Beauty When someone is so far off their soul lessons and soul journey, the higher self often calls them home. The current life is forfeit and nothing will be gained by staying longer.

Do not connect with him as he will have a long period of rehabilitation but connect instead to his higher self. Send your love, ask your questions to his higher self. Even though he is deceased, he is still out of balance and can still hurt you when in his lower consciousness.

Love and blessings to you and to your family,

Gudrun Co-founder Group of Forty gudrunaz@yahoo.com

Quick Links...

Monthly Lecture Recordings:
Link for December 2017
Link for January 2018

Group of Forty Website
Books
Groups
PCOLs
More About Us



*BRISBANE NORTH PCOL; Spheres: seven at Copper Canyon and twelve at Serra da Bocaina - Foundation and Earth's interaction with the Fifth Dimension

*GOLD COAST NORTH PCOL; Spheres: three at Lake Moraine and five at Volcan Poas - Understanding and judgment

*PACIFIC OCEAN PORL; Spheres: two at Bodensee and three at Lake Moraine - Wisdom and Understanding

*EAST AUCKLAND PCOL/PORL; Spheres: eight at Grose Valley and nine at Lake Taupo - Victory and Splendor



Welcome New GOF Members!

We would like to extend a warm welcome to the following new members who joined the Group of Forty between December 18, 2018 and January 18, 2019.

First Name	State/Province	Country
Hanne		Denmark
Alex	Mater, CA	USA
Leslie	Edmond, OK	USA
Sebastian	Sibiu	Romania

Activity Calendars Criteria for PCOLs

GOF Handbook & Workbook are now available as an eBook download. Click here for the link.

PCOL Criteria. Download it here.

Your paid membership of \$40 helps support all GOF projects, including the monthly newsletter, the website and other planetary projects.

Please click the button to sign up online.



Many blessings!



David is available for personal healing work in person in Prescott, and he also does

phone readings. Contact him via email: davidmiller@groupofforty.com

ANNOUNCEMENTS



David's book,

<u>Conectándose con</u>
<u>Los Arcturianos 2</u>,
is now available as
an eBook in
Spanish.

The book has recently been translated into Spanish with the great help of



Birgit Smothers USA Group Coordinator birgit@groupofforty.com



Activate Your Recticular System

Go into your mind by visualizing your brain

- Go into the centre of it. It's called Recticular activating system.
- There is a valve.
- Open it slowly
- Feel a rush of light

There is a small portion of the unified consciousness energy field coming into your consciousness Harmony - well-being.

- Feel the aura expanding
- Feel an expansion within you
- Open the valve a little more
- Feel a new flood of unified energy and expansion

Your mind moves up into your Supermind for you to receive energies and abilities to have a wonderful awareness of your soul and stronger healing abilities.

Jane Scarratt
National Coordinator in Australia
For the Group of Forty
janescarratt@gmail.com

Odilia Riveria and Alex Davlar. Light Technology Publishing will soon have it available, and we will send out the information to our Spanish speaking GOF members as soon as it is on line! In the meantime, the eBook is available for purchase on the following two sites:

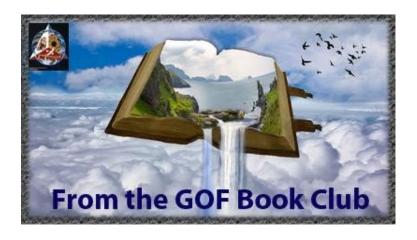
http://www.livrariacultura.com

https://www.kobo.com

- > David's new book, Connecting With the Arcturians2, is available for purchase in soft cover from Light Technology Publishing.
- > David's book,5th Dimensional Soul Psychology: Channelings by Vywamus, is available on the Light Technology website.
- > David's book in Spanish, "Enseñanzas del Sagrado Triángulo Arcturiano," is available in the Amazon.com Kindle Store and may be purchased using this link.

> Next in the series <

"Connecting with the **Arcturians: Volume 3"**



Expand Your Consciousness -Chapter 10

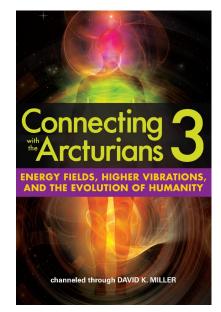
By David K. Miller

How do you know that your spirit exists and how do you know that the spiritual energy field of the planet exists?

Spirituality includes the realm of psychic abilities. Psychic abilities include aspects of telepathy, teleportation, telekinesis, prophecy and ultimately, the projection of healing energy. The highest level of healing comes with the connection and projection of spiritual light, spiritual energy and spiritual unity. When two spirits unite, a new quantum light and energy emerge. Spiritual energy is coming to Earth. Although not described or formulated for inhabitants. Our Third Dimension is filled with a life force energy called chi (gi), or prana that allows this world and this dimension to exist. It would be rare for other planets to have chi.

Describe the biosphere of planet earth.

Earth has an accumulation of life force energy and spiritual energy that has created the biosphere. This is a force field of energy around the planet. It is like an aura. It is an energy field that has many features similar to a person's aura. Earth's aura contains the life force energy field. It contains different paths of force fields coming from many different sources.



"Connecting with the Arcturians 3" is now available as an e-book on Amazon, iTunes, Google, Barnes & Noble, and Kobo. The printed hard back version will be available soon through Light Technology Publishing.

This third book contains the most up-to-date information on ascension that is available, including new spiritual techniques to aid the process.

David's earlier books:

"Connecting With the Arcturians" and "Connecting with the Arcturians 2" by David K. Miller offer a comprehensive presentation on the ideas and views of an extra-dimensional, extra-terrestrial civilization on

These sources are not yet known to humankind. We have been using one such light source - quantum light. It is used for quantum healing. We call it omega light which is a form of quantum light.

What is omega light, and what are some of its properties? Omega light is a spiritual energy force part of the divine life force energy that flows through the universe. Omega light has special power and special characteristics because it comes from a higher source. It has tremendous healing abilities complementary to the biosphere and to all beings who live in the biosphere. All who receive omega light get a boost of energy into their systems. They feel more whole, more unified, and more in touch with the spiritual energy and light that exists at the highest level. The Third Dimension is lower than the Fifth Dimension and the Third Dimension has polarized dense aspects. Yet the Third Dimension is able to vibrate and resonate at very high frequencies. It can receive omega light. When you receive omega light, know that you are rebalancing yourself on the Third Dimension so that you are in resonance with the biosphere and the spiritual light forces of the universe. Omega light is one aspect of the spiritual light force field that exists in the universe. It is not visible in the normal human spectrum of vision. It is not even perceivable by normal human measurement devices. Yes, like dark matter this aspect of the spiritual light force can have a tremendous healing effect.



Jane Scarratt
National Coordinator in Australia
for the Group of Forty
janescarratt@gmail.com

Did you know?

The nature of the universe, the nature of the spiritual world and how the spiritual world interacts with the physical world the Earth situation from the planet Arcturus.

Subjects included in this fascinating presentation are: 1) the Arcturians' view of the ascension or "rapture;" 2) what is the Fifth Dimension and how we, as the human race, are evolving toward the higher dimension; 3) the impending Earth peril and dangers to the Earth biospheres; 4) Jesus' (or Sananda's) role in the ascension and why he has a new name in the higher realms; 5) The Arcturian Stargate, a soul transfer station referred to in the Edgar Cayce's writings. When we finish the Earth's incarnations, we can travel to the Stargate for our next "soul assignment."

This first book also describes a new concept in spirituality, the Arcturian Sacred Triangle. For the first time, the Arcturians offer a way of uniting Earth's spirituality so that a planetary healing can occur. Readers will learn how ascended Native Americans' mystical Earth spirituality and galactic extra dimensional spirituality can be united to enhance a healing for the entire planet.

The follow-up to this book, "Connecting with the Arcturians 2", focuses on planetary

are all intertwined with certain laws. What is downloaded from other realms affects the physical reality. The lower astral plane can bring down energy and that lower energy can manifest.

In the middle and upper astral realms, there are some wonderful energies and there is some beautiful light. There are guides and teachers in the middle and higher astral realms. Also, when you go into the Fifth-Dimensional realm, there is even higher light and even higher vibration. That higher energy is what we, the Arcturians, are working with. We know that you want to work with Fifth-Dimensional energy. We can download greater energy and light, and that energy and light can come into your subconscious. Then that energy and light can manifest into your reality the same way that lower astral light and lower astral energy manifest in a parasitic host.

You increase your vibration when you work with the Arcturians and the Fifth-Dimensional masters. It is a higher downloading. In order to download, you must have a connection, and you must make a space in your energy field for this new light and new energy.

From Raising the Spiritual Light quotient by David K Miller

Jane Scarratt

National Coordinator in Australia For the Group of Forty janescarratt@gmail.com



with David & Juliano

Greetings and welcome to our question and answer session, this is Juliano, we are the Arcturians.

transformation from a galactic perspective. It covers such topics as embracing galactic spirituality and planetary evolution, the aura enhancing technique known as shimmering and much more. The reader also gains more understanding of the planetary healing technology such as biorelativity and other global healing techniques.

You can buy these books at the following links:

Connecting With The Arcturians

Connecting With The Arcturians2

Connecting With The Arcturians3

Visit Light Technology Publishing or call Light Technology at 800-450-0985 to order your hard copy of any of David's books.

All of these books are available as e-books <u>on Amazon</u>. Simply go to: https://amzn.to/2zY9erY



Group of Forty group on

Facebook

We have a closed group, open only to registered GOF members.

There is also an open group for non-

I want to say briefly that it is more important than ever for you, the Starseeds, to connect with your Fifth Dimensional interfaces, to connect with your Fifth Dimensional self and to bring down Fifth Dimensional energy, because truly, this is a time of dramatic changes on the Earth. I know you've heard me and others mention many times that this is a period known as the sixth mass extinction. The point that we need to focus on is that this would be considered a crisis, a major crisis in the planetary history because every time an extinction occurs it is always possible that the life would not recover, even though it has recovered so often and obviously five other times. The second point is that you have to consider that evolutionary change is always the solution to a planetary crisis. We are now, and you are also now, part of and are on the forefront of evolutionary change.

Question from Corine Myers, Washington

Juliano, I am asking about the admonition in one of the meditations not to travel outside the universe when we travel there. When we got to the edge of it I felt the most overwhelming compulsion I have ever felt to go outside it. Several times I did go part way out followed by a return to the inside. Is there anything I need to do about that?

Well the first thing you need to do is be careful. The second thing you need to understand is that if you did go outside the universe, your astral cord would be detached and you wouldn't be able to return to your body. So, I wouldn't consider that a good thing. The third thing is I want to explain to you the paradox - the paradox of the outer edge of the universe.

The universe is expanding and it is expanding at the speed of light. So, if you have in your mind the outer edge, as soon as you think "the outer edge," the outer edge just moved because it is not stable. In essence, you're in a state of paradox. Is there an outer edge? Yes, but then as

members. Simply ask to join either one. Thank you.

New: GOF Biorelativity Page

Das Blaue Juwel

The Blue Jewel (English)

Planetary City of Light Lago Puelo

German Facebook Information page

German Facebook Group

Romanian Facebook page featuring Connecting with the Arcturians.

Additional links...

Argentina is now hosting the official website for all Spanish-speaking people. Please check it out! Thank you, Purvesh and Diana, for your great work.

Spanish GOF website

The Blue Jewel DVD on Amazon http://j.mp/1b8lHFl

The Blue Jewel website

International Activity Calendar

You must log in to view the calendar Click Here

soon as you put your mind on the outer edge, the outer edge just expanded to a further point and then you say, "Well I will go to that further point" and then when you go to that further point it is already too late because it's already expanded. So, the mind cannot comprehend this paradox and it is an illusion to think that there is an outer edge that stops. It's a fluid outer edge.

Now I know that you might think, "Well, I could move at the speed of thought" because the speed of thought is faster than the speed of light. But that requires special skills and training and you're still faced with the paradox. So that's why if somehow you played a trick on your mind and thought you would go past the outer edge, it's an illusion and you would tie your astral cord up and perhaps not be able to come back. It's one of the paradoxes in meditation about the universe and for many, many years people did believe that there was a static outer edge but it has only been recently - and I would say since maybe the late 1920s - that people, the scientists, began to understand that the universe is expanding and that the edge does not act like normal outer edges.

Isobel from the UK asks:

Dear Juliano,

In "Connecting with the Arcturians 2", you say, that we can invite the galactic Kachina to cohabit with us. I tried that but it didn't work. How do we invite a higher being to cohabit and can we also chose a different one to cohabitate with us instead of the galactic Kachina?

Well, there has to be a resonance in order to cohabit with the galactic Kachina. I think you do have a resonance with her or you would not want to try. But I am not sure what methods you used but let me say that part of the methodology has to do with using drumming and with doing meditations in a circle with other people and calling on the guides. The cohabitation

may not happen on the first time. You might expect that you would do some meditation, do the invitation and then she would be there. But I would suggest that it is a process, not just an event and I would suggest that you would engage in certain ceremonies. You might have the picture of the galactic Kachina there and it might take you six months to achieve this state of cohabitation. Now if you were to visit, for example, Arizona and if you were to go to her home on Mt Humphreys in Flagstaff, then you might have a more immediate and activating experience with the Galactic Kachina.

Activating a cohabitation sometimes begins with visiting the power spots where the energy from the being resides. Sometimes encouraging a cohabitation has to do with doing special ceremonies and sometimes it requires that one has be patient. There are so many variables for successfully reaching the state of a cohabitation with a higher spirit.

Your psychic and spiritual level of development is also an important factor in experiencing a cohabitation. Remember the Galactic Kachina may already be communicating to you through symbols. Or she may be communicating to you through visions and pictures and pictures that you have received. Be open to even receiving channeled messages and words from her. You have to be open to your intuitive powers.

I would get her picture of the Galactic Kachina that was painted by Gudrun R. Miller and I would meditate on that picture. I would also create a medicine wheel and then finally I would place a picture of our galaxy, the milky way galaxy, in your meditation room. Finally, I would start studying about the Kachinas in general because the Kachinas are an intimate part of the philosophy of the Hopi nation and the Navaho nation. Study about and learn about the different Kachinas used in the Hopi ceremonies. It would be helpful for you to just understand and work with the whole Kachina energy and that would provide a good foundation for you.

Regional Coordinator Volunteer Positions Available

Dear GOF Members,

Juliano told us that group energy is more important than ever at this time. If you have any intention of becoming more active in putting the cutting-edge techniques for personal and planetary healing we are taught here to work, please join in the wonderful meditations and webinars being offered to our members many of which also include non-members. You may have received an e-mail announcing our FREE to all members webinar on January 19 titled: "Advanced Biorelativity Techniques."

We would like to fill some volunteer positions as we seek regional coordinators for the following regions (you can view a map of the 7 regions our country is divided into on our website). The open regions are:

- Northwest
- Southwest
- Southeast
- Arizona

It would be preferable that you live in the region you would be the coordinator for. You would, together with me, greet new members, add their names to your list, keep tabs on existing members and be available to them for questions and concerns.

We currently have regional coordinators for the following regions of the country. Thank you, regional coordinators for your continued service and dedication!

- South Central AnnMarie Touchette
- Midwest CoRae Lierman
- Northeast Keith Kreyling

We would also like to have some volunteer mentors to assist the regional coordinators in mentoring new members. We have so many Arcturian tools and techniques, let us use them and teach them! Coming soon: A general meeting for all members! Time and date will be announced by e-mail and on Facebook! If you are interested in any of these positions, please attend the upcoming meeting or contact me, Birgit, at: birgit@groupofforfty.com.



Birgit Smothers USA Group Coordinator birgit@groupofforty.com

Our Purpose

"40 Groups of 40 will be formed for Personal and Planetary Healing -Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about To join Group of Forty, click the button below the ascension to the fifth dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.



Visit our websites:

USA/International: www.groupofforty.com **Spanish** speaking countries website

Portuguese/Brazil website

German speaking countries website

Turkish website

NEW: Romania website

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Newsletter edited by David Miller and Jeri Denniston (jeri@dennergroup.com) with editorial help from Gene Yoder. If you have articles to contribute, please send them to: gyoder2@yahoo.com by the 18th of each month.