

Group of Forty

Australia

www.groupofforty.com

David K Miller Founder/Director



Jane and all the members in Group of Forty Australia, wish each of you, wherever you are, a very happy and loving Christmas with family and friends and a peaceful, healthy, positive, spiritually uplifting 2019.



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Please consider coming to our annual conference on October 19th and 20th 2019. We're meeting at Annandale Community Centre. We will have a webinar workshop with David and Gudrun Miller and also our AGM. Day Two will consist of meditation and informative talks and general conversation between members. It's wonderful to meet other members face to face. Email Jane for more details.

MEETING OUR MEMBERS

I am a Spiritual healer and meditator. I have been a member of the Group of Forty Australia since 2012. I have been a member of the Group of Forty Australia since 2012. I was always on the spiritual path and studied various disciplines under different masters. As my interest in energy work grew, so did my hunger to learn as much as possible. When I attended a workshop on the Arcturians, I immediately felt a strong connection. Through reading the book 'Connecting with the Arcturians' by David Miller I discovered the website and consequently joined the Australian Group of Forty. I finally found my spiritual family; like-minded people with similar goals. My work in the creative Arts (as artist and designer) compliments the spiritual work I do. Painting and drawing is a meditative practice in itself, so in my daily work I see the benefits of this. I have taught meditation and hatha yoga and facilitated meditation and art therapy groups as well as counseled people over the years. Since joining GOF I have more confidence in trusting my guidance. I always had a connection with Chief White Eagle long before joining GOF, but it wasn't until I went to Arizona and had a Soul Journey session with Gudrun that I realized CWE was in fact my spiritual guide. It was a very enlightening experience for me when I visited the Ladder of Ascension at Bell Rock, Sedona. I was feeling 'low' after having re-lived past lives as an Indian warrior/Shaman, forced to witness the slaughter of my people and the desecration of our lands. At Bell Rock, Chief White Eagle spoke to me and reassured me that we had a lot of work to do and not to grieve about the past traumas, because there is always a positive side to any negative event. The American Indian and other indigenous tribes around the world have always had a strong connection with the spirit of Mother Earth. and have connected with her spirit through song, dance and art, but this connection has been weakened by colonisation. Then I realised that some of these colonisers, who are sensitive, can pick up on the higher vibrations that the indigenous peoples have created and continue this work to strengthen the connection, which brings me back to the valuable work we do in GOF with bio-relativity, and the importance of working with the Sacred Triangle. Since Jane came onboard and fired up the whole GOFA with her dynamic energy, I initially helped to co-write the bio relativity meditations and frequently participated in the meditations and book club.

CAREL FILLMER



With family responsibilities I have had to take a back step, so now I co-ordinate the Sydney PCOL and recently took on the role as editor for Planetary Healing Australia. What is interesting is that my meditations just flow without the need to write them up now. I jot down a theme the day before and, when I start the meditation, I convey the images I see and trust my spiritual guidance. I have also started using the shamanic drum which CWE said was one of the ways to connect with him. In the PCOL meditations we start with toning and drumming which activates the energy before the meditation. For those who are interested in making an etheric shield for protection, CWE also told me to use branches or flexible twigs and weave them to create a circle, then attach a stretched white cloth, which can have a painted totem animal or other image on it, to the circle of branches. I am also going to make a similar circle with twigs and attach crystals for the medicine wheel in the PCOL meditations. My goal is to see as many people in Australia and around the globe raise their vibration by meditating together and therefore help the ascension of the planet.

carelfillmer@gmail.com

MEETING OUR GLOBAL MEMBERS

Hello all, I am Elisabeth Hoogduin. I lived in the Netherlands, in The Hague. I was married with 1 son. I stayed at home to raise him with all the love and nourishment he needed. One day, when I was 26. I laid down for a rest. It was cold, dark and cloudy. When I woke up my room was full of light even though it was still dark outside. Then I realized that the light was coming from my own forehead. This event changed my life. A few weeks later, in meditation, I felt a huge column of energy coming out of my spinal column. This had never happened before. I began to attend yoga classes and studied to become a yoga teacher. When I was 29, I started a Yoga School and I began to give meditations and also studied and practiced Shamanistic Healing, Cranio Sacral Therapy, Shiatsu and how to re balance people in many different ways. I began to create a wonderful healing practice. After many years, I started to work with children and started a practice that focused on children and their parents. My main focus was on teaching the parents to raise their children from the heart, to look at them differently, to speak to them in a new way and to also learn from their children. I was guided beautifully in new ways to do this. I then developed a Holistic School for children and taught many people how to deal with children with ADHD, Dyslexia and many other "so called" ailments. It was very successful and I had amazing people assisting me now. We were working with the energies of BODY, SPIRIT, MIND and SOUL. I found a book by Vywamus from the ACTURIANS talking about the same methods that I was teaching. Amazing! This wonderful work was filling my entire life now. I had separated from my husband, who really just wanted me to stay at home. My son went to University in Leiden, Netherlands and was very successful and moved to Harvard and

ELISABETH HOOGDUIN



became a professor in Bio Neurology and more. Four years ago, I left everything and moved to Salobrena in Spain because I wanted to be close to the sea. Now, the sea surrounds me everywhere I look. Living here is important as it gives me the quiet and peace I need to be happy. When I had been there one month, I caught a cold and became quite ill. Then, I found the music from the Arcturians presented by Tom Kenyon and I healed in a very short time. I began to search the internet and I found Group of Forty and went to one of the conferences in Prescott. I have just returned from the latest conference this year. This is my life story. I have known from childhood that I wanted to heal people and to work with children. I have fulfilled this 'knowing' in many ways and I have been very, very happy with my life and my work.

Let the Beauty We Love

Today, like every other day, we wake up empty and frightened.

Don't open the door to the study and start reading. Take down a musical instrument.

Let the beauty we love be what we do. There are hundreds of ways to kneel and kiss the ground .

Rumi

THE ARIZONA ANNUAL CONFERENCE



The two little aussies, Jane and Angela are in the middle. Mark Lefko, one of our members in Victoria, is the very tall energy on the back line.



Angela Burchardt from Perth, with Mountain Eagle (left), Denise Sheehan and 'Booker' Evans.



Mavis Kwarteng from New Jersey and Ellie Phuong D. Nguyen from Oklahoma



Kaye Baron, from Colorado with Jane at the conference. Kaye joins in a lot of our meditations.



Keith and Tabitha Kreyling from Boston with Jane. Keith and Tabitha are an important part of our biorelativity presentation team. Keith is also a coordinator in USA.

CORNWALL CAPERS

Seasons Greetings, Starseeds,

This month I thought I would share a little about Polbathic PCOL. Our PCOL has been active now for over 8 years (how time flies when you are having fun). Over the 8 years we have downloaded and anchored lots and lots and lots of fifth dimensional energy and light - but you know we still have to dig deep and keep working for the greater good - there is still lots and lots and lots to do! At our last meditation we worked with our guides and crystal medicine wheel (I think you can just about see it in the photo). we shimmered the PCOL to the moon planet Alano and downloaded as much fifth dimensional energy and light as possible into our PCOL and radiated this out to the rest of our country - which is much needed at the moment!

This time of year is a time of reflection as we say goodbye to the old year and welcome in the new year - from our family to yours we send you much love and a Merry Christmas - hope you like the photo - it was taken by our daughter and granddaughter - I'm the middle aged 'off duty santa' in the middle!! See you all next year.

Shimmering Blessings

Together in unity consciousness

Stephen



FROM THE LAST OPEN PCOL MEETING.

Juliano told us; One of the most effective ways to increase the focus on Global Consciousness for planetary healing is through the Planetary Cities of Light project. It is our impression that the change, the planetary change that is so necessary, is going to come from small groups working together towards planetary change around the globe. It is our impression that the coming together of the Cities of Light will create a wave of energy for planetary healing. The Planetary Cities of Light project is a wonderful idea that is integrating Global Consciousness with creating sacred space and sacred energy. You will find that as this project expands, so the global awareness of sacred energy, so the global awareness of linking with Planetary Cities of Light will have a more powerful effect. So, use these tools and understand that the Planetary Cities of Light project is deeply connected to the techniques of Global Consciousness and how to focus. But also remember that this is new technology to the planet. This is part of the evolution, to learn how to focus the consciousness of the planet for planetary healing.

Q AND A WITH JULIANO

Could the recent earth events with the excess weather and rain etc and tsunamis be a result of that added turmoil in the galaxy?

Well, the answer is yes, but perhaps in a different way that you might think, because we look at the solar system, your solar system, during – in one huge revolution round the centre of the galaxy and each revolution may take as long as 330 million years. So that means that certainly in your lifetime and even in the lifetime of the human civilisation, the earth is moving in different parts of the galaxy that at no other time has civilisation experienced that movement, so I hope that is clear. So that means that one of the issues, yes, is the energy from the galaxy but it is also that the earth is in a different position in the galaxy so it is not like the earth going around the sun every 365 days, so that means that you have, for example, at the equinoxes you come to the same point each time; but in the revolution around the galaxy you never come to the same point because who lives 365 million years, no-one – at least, no human - so I am wanting to clarify that. The second thing is that the changes from the centre of the galaxy which are being received now are primarily of an electromagnetic or an electro-magnetic source and that means that there are different variations of electromagnetic energy from the galaxy that is reaching this. Now this is affecting the earth's energy field, the electromagnetic energy belt around the solar system - I think it is referred to in your technology as a Van Allen belt - but is also affecting the belt, the electromagnetic energy belt around the earth and of course you are electromagnetic beings and so you're very sensitive to shifting. So it is a combination and finally I want to say, the main cause – and as much as many people do not want to hear this – the main cause of the turmoil and weather is from man-made sources, namely the global warming, the blocking of the earth meridians through pollution and related blockages environmentally. So this is the source. It is not from the galactic sources but I will say that the galactic sources can be responsible for the imbalances in the electromagnetic energy field.

FROM THE COSMIC ARROW

From the Cosmic Arrow - Arcturus Connection_____By Sjoerd Tyssen
Use These gifts to help your meditations.

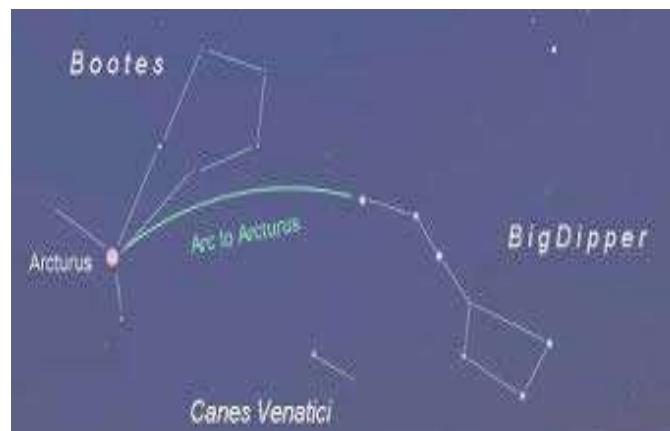
New Moon - Sagittarius Cycle
7th December '18... 15 degrees.
Sagittarius

Message: 'Recent rains helped the undergrowth'

1st Quarter Moon - Sagittarius Cycle
16th November '18... 23 degrees. Pisces
Message:- 'Dining out tonight in company'

Full Moon - Sagittarius Cycle
23rd December '18... 1 degrees.
Capricorn/Cancer
Message: 'Upon a hill sat a man to think about his next step'
And:- 'No Man is alone on the Earth'

Last Quarter Moon - Sagittarius Cycle
29th December '18... 7 degrees. Libra
Message: 'There are times to Listen and times speak'.
sjoerdtyssen@bigpond.com



MONTHLY PHONE MEDITATIONS IN AUSTRALIA

Thursday Meditation December 13th – Christofer Aven
Noon DST, 0390280260 164595#

Sunday meditation December 16th – Janine Malcolm NZ
9.15am DST 0386720180 396637#.

Thursday Meditation December 20th – Belinda Simpson
Noon DST, 0386720180 396637#

Sunday meditation December 23rd – Kerry Wilsher
9.15am DST 0386720180 396637#.

Thursday Meditation December 27th – Gary Chaunce
Noon DST, 0390280260 164595#

Sunday meditation December 30th – Jane Scarratt
9.15am DST 0386720180 396637#.

Thursday Meditation January 3rd – Jonathan Bell
Noon DST, 0386720180 396637#

Thursday Meditation January 10th – Jan Dugan
Noon DST, 0390280260 164595#

Sunday meditation January 13th – Micki Kellett
9.15am DST 0386720180 396637#.

Thursday Meditation January 17th – Anne Scarratt
Noon DST, 0386720180 396637#

Sunday meditation January 20th – Belinda Simpson
9.15am DST 0386720180 396637#.

Thursday Meditation January 24th – Nick Bray
Noon DST, 0390280260 164595#

Sunday meditation January 27th – Maralyn Palamara
9.15am DST 0386720180 396637#.

The Earth Balance Biorelativity Meditators meet every Monday and Wednesday night at 8pm EST and every Tuesday night at 7pm EST on the phone conference line.
Access code 396637# Email Jane for information.

Conference Call dial in No:- For Aust: ring (03) 8672 0180 or (03) 90280260, Access: 396637#

For US meditations, ring (03) 90280260, Access: 164595#

THE BOOK CLUB



Australia's next book club discussion will be **Friday, February 1st 7.30pm DST** We will be discussing chapter Ten of "Expand your Consciousness" by David Miller.

Bringing Herbs into your life

Dong Quai. In Chinese medicine this herb is a tonic for the blood and is used in a wide variety of circulation, female and rheumatic disorders. It has a strong ability to bring you to several levels of consciousness in alignment with Christ by understanding what stands between you and the Christ-like principle. This often means emotional release. It is important to realise that as spiritual properties are activated there is a release of blockages. Those blockages are more clearly seen and understood. You will see your path more clearly, to know what is coming in the future. This is not seeing the future for someone else but deals specifically with you and what you see developing in your life so you can focus loving energy on these areas.

PCOL Coordinator News

If you are interested in creating a PCOL/PORL in your area, talk to Jane. I am always delighted to assist. A small area is preferable.

Maintaining a PCOL/PORL is really a community service. We are benefitting all the inhabitants. We are being of service to our community.

Please be Ambassadors and talk about your Planetary City of Light to people you meet. I'm happy to send information for you.

Choosing a pathway on the Planetary Tree of Life.

The paths on the Planetary Tree of Life represent a series of steps to achieve overall integration and planetary balance, which includes sustaining all life forms on Earth. We want to associate a Planetary City of Light or Ocean Reserve of Light with each path.

Each numerical path has a mission to explain the method of achieving the connection between the two spheres. EG there is a line connecting justice and compassion. **There has to be a balance, a way in which these two spheres are communicating with each other energetically, not in isolation.** The path is teaching how to create a balance between the two spheres that it is connecting. Each of the 11 Australian and NZ PCOL/PORL's pathways will be discussed individually and in detail in our newsletter, each month. By associating a Planetary City of Light or Ocean Reserve of Light with the paths on the Tree of Life we are hoping to expand the outreach of this paradigm.

Here are the pathway thoughts for:-

THE MORNINGTON PENINSULA PLANETARY CITY OF LIGHT, VICTORIA

The Mornington Peninsula Planetary City of Light is on path # 33 that connects sphere 8, the Grose Valley and Sphere 10, Lago Puelo in Argentina. This Planetary City of Light has the mission of learning and then teaching and explaining how the Lago Puelo energy of beginning, of initiation and activation of the entire planet begins with establishing a new earth society based on unity consciousness. Of bringing the energies from above to produce a kingdom of living in harmony and balance with nature, of protecting the Earths meridians and balancing the feed back loop system. To teach that even though we are on the third dimension, by bringing the higher energy down into the third dimension, we can create a kingdom where there is social justice and sacredness. The designated Spirit Guides for this Planetary City of Light are White Buffalo Calf Woman and Vywamus.



DID YOU KNOW...

You can be personal corridors for the omega light. Your thoughts can help to transform the nature of the third-dimensional reality. Your understanding of how the fifth dimension connects to the third dimension will allow you to receive the omega light for your personal healing and repair. I know that each of you on the physical level may be struggling with health issues or financial issues. You may be struggling with getting along in your own way in this difficult time. Many of the problems that are manifesting now are direct results of the lower astral realm. These are inputs of lower animalistic energy, of ego energy—an energy of domination and control powerfully inputted into the lower astral realm. That energy often enters unfiltered into the minds of the world's leaders. Many people are not even trying to grasp the nature of the universe, how the universe and the spiritual laws of the universe work and how the influence of other realms affects the primary realm on which you exist. For example, it is well known that in the lower astral realm there are unattached spirits. There are wandering, confused and discarnate spirits. Those unattached spirits are stuck in the lower fourth-dimensional realm. They don't know how to find the way out. They don't have people instructing them. In fact, most people of a higher light wish to avoid going into this lower dimensional realm. This would be like going into a dark cellar. Even if there is a flashlight, you still don't know what you are going to run into. So these discarnate spirits instead look down on the third

dimension to find the light. The only energy that they see is what is below. They look for ways to attach to those in the third dimension in the same way as a parasite would attach to a host and find the life force in that host. That attachment allows the parasite to exist without fear. We see many examples on Earth now of these lower astral discarnate spirits attaching and even controlling the actions of people on the third dimension, especially people who are using drugs or alcohol in great quantities. They also attach to people who are mentally confused and don't have a properly shaped aura. These people become susceptible to parasitic attachments from these discarnate spirits. This is why we have repeatedly asked you to work on solidifying and reformulating your aura into the shape of the cosmic egg. When the aura is in the shape of the cosmic egg, then these parasitic discarnate spirits bounce off. They can't penetrate.

SPIRITUAL EXERCISE:-

Even now, recalibrate your aura into the shape of the cosmic egg and I, Juliano, am going to send omega light to coat your cosmic egg with a new light. Feel the omega light reformulating your aura into the shape of the cosmic egg. As it comes into that shape, it will build a great energy boost into each of you. You feel a new vibratory thrust in your spirit and your physical body as you connect with this fifth-dimensional light. Meditate for a few minutes as you work on receiving this light.

Extract from "Raising the Spiritual Light Quotient" by David K Miller. Ch 23.

Biorelativity Coordinator News

If you would like to be part of the Biorelativity Meditation Earth Balance Team, please ask Carel Fillmer for details. carelfillmer@gmail.com

We have found that repeating meditations is a wonderful idea because with repetition our visualisations become stronger as we become more familiar with the meditation.

EARTH BALANCE TEAMS

When the Earth Balance Team move onto a new meridian, there is no focus then, on the meridians that they have worked with. So the idea was created to ask members all over the planet to form small groups and take responsibility for a specific meridian. They are asked to meet each week for 15 mins to maintain the focus on that meridian. The response has been wonderful! Please join in this amazing work for Gaia. Juliano has assured us that Gaia is hearing us and is beginning to trust that we are always there supporting her. Gaia thanks you!!

Please join in any of the Earth Balance Teams meditations. Jane and her group meet on a Tuesday night at 7pmEST. Magaly and her group meet on a Wed night at 8pmEST. 0386720180 396637#

Monday night meditations will now be called Arcturian Tree of Life meditations. We will be placing the spheres of the Arcturian Tree of Life into Earth's noosphere and Ring of Ascension.

Juliano advised me that when we are working with the 3D meridians, we are re-habilitating the meridians. The Arcturians use the 5D meridian system of the twelve etheric crystals to assist us.

The Wednesday night team will continue to focus on meditating to shift the high pressure system over Australia at the moment.

THE CURRENT TEAMS ARE:-

Perth members have taken responsibility to work with the Gulf Stream meridian. The team comprises GOFA members Michael Maynard, Monika Jakli, Kathryn Whitehand and Sofia Souklis and supporters.

Sydney north members GOFA members Yvonne Villien, Pat Scheveling and Gwen Bowyer are working with the Equator meridian.

Gold Coast and overseas members have taken responsibility for the Pacific Ocean Currents which are considered meridians. Jane's team comprises GOFA members and also overseas members from Spain and UK.

Christofer Aven in California leads a team work on dissolving negative thoughts forms in Earth's subconscious. The team includes Jan Dugan from Alabama, Gary Chaunce from Ohio, Jeannette Carlisle from Texas.

Keith Kreyling in Boston, Massachusetts leads a team working with the Space Time Continuum Rift. The members of the team are Keith and Tabitha Kreyling, Gene Yoder, Marc Alexander and Bonnie Sue Rauch.

Sydney members: Magaly Krahall and her large group have taken responsibility for asking Gaia for more rain in drought affected areas in Australia. Other members include Carel Fillmer, Ulli Hansen, Belinda Simpson, Kerry Wilshire, Rebecca Gresham. There will be guest presenters as well.

REMEMBER.....A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it. Biorelativity is the ability to interact with the Spirit of the Earth with higher consciousness. On one level, biorelativity can create unity consciousness and a unified energy field.

BOOK CLUB

'EXPAND YOUR CONSCIOUSNESS'

by DAVID K MILLER

Why is earth exceptional in dealing with her imbalances and how do we assist

The imbalances that are now on Earth are dangerous. Other planets have not even been able to survive such extreme imbalances. Earth's survival is an indication of the resolution of the planetary healers and starseeds and the other great spiritual leaders and teachers on this planet. The work of downloading higher light and communicating through the noosphere is helping earth. Biorelativity is creating new healing light and the ring of ascension and the pcol project are also helping. The numerous other works of native peoples and countless other spiritually minded people all contribute positive healing energy to earth.

Explain how the thought field creates a new reality. What is the highest ability in existence.

You see, the entry of the Messiah is actually based on the creation of energy and the creation of a thought field. We don't need end times for Messianic light to be present. Messianic light is the downloading of 5D light. The transcendence energy over the 3D will bring forth the new laws of reality. Remember, as you get closer to understanding the relationship between spirituality and materialism you get closer to understanding the creation of reality. The creation of reality is the highest ability in existence. It relates to the end time events in current theoretical and religious spiritual thinking. End time event scenarios continually appear.

How are humanity and earth similar. Give examples

The fact is that earth has great flexibility in rebalancing to create a new homeostasis. This is also true of you. You can survive with many imbalances, which is an interesting paradox. You can readjust your homeostatic balance. EG cancer. In the early 1990's if you had cancer you were likely going to die. Now there are more and more people surviving cancer. Many chemicals and medicines have been developed, and there has been a change in the thought field related to this disease. People have come to the realisation that they can live with cancer. The fear and the thought field that go along with cancer have shifted: You are flexible. Your immune system is flexible. Part of the new thinking and the new balance is learning to adjust your homeostasis and learning to communicate with your subconscious. People are saying "I can live with this. I can rebalance this so I can survive." This is similar to your planetary issues. The planetary issues are more complex, but consider that part of planetary healing should include direct communications with Earth. One of these direct communications you can say is "M.E. you can rebalance yourself to accept this new homeostasis". Realistically, concerning everything that is occurring you have to agree that earth is amazing. I don't think it is unreasonable to compliment earth. "M.E. is it wonderful that you have been able to maintain this balance. Frankly, we didn't think you could do it, but you did!" This is a deep communication to ME.

Stories from Trent Mills, team member of the Jeanus Wildlife Shelter.

This is my favorite rescue story to date as it is all about life with no death involved. We received a call from a lady stating she had seen a possum caught in a barb wire fence. It was about 20 mins from where I live so I got to the address and after a quick search found this little sugar glider, lifeless and hanging on the fence. I quickly jumped the fence and made my way to him expecting the worse. As I reached down to try and remove him, there was a slight movement and I felt for his heartbeat. It was very faint and he was so cold. As I tried to free him and the webbing that they use to fly I found it was really entangled around the barb so after trying to gently release him I had no choice but to just pull and get him off as quickly, as he wouldn't have lasted much longer. I put him in a pouch in front of the car heater and rushed him home to put him on a heat pad and assess his injuries. I left him in peace to warm up and I checked on him regularly over the next 24 hours as this is the most critical time for an injured animal. Minimum handling is really important. After seeing his wounds I was quite surprised; the injury was superficial. I cleaned him up and provided him with a nesting box in a cage, with food and he felt secure. He had rehabilitation work, which includes traditional veterinary medicines. (Unfortunately, a lot of vets, are more concerned about the financial side of things and are quicker to euthanize than treat). I also did some energy and sound healing as well. After a week and a half he was zooming around the cage and on release day as I went to transfer him to a carry cage, he got loose and went whizzing around the room just to remove any doubt I might have that he was ready to go back into the wild. After a quick reminder about the dangers of barb wire, I released him in the tree right near where I found him. Merry Christmas and a happy 2019 to everyone.



You can pick up hitch hikers when you go for a run in the Australian bush.



Sugar Glider

COLOURS OF THE GOLD COAST PLANETARY CITY OF LIGHT



Jacaranda Tree in the west corner of the PCOL, at Tamborine Mountain.



Flame Tree in the south corner of the PCOL at Helensvale.

AROUND AUSTRALIA

Sydney NSW PCOL/PORL. Meditations on **last Saturday of month at 2pmEST**. If any members are interested in joining us, please email Carel on carelfillmer@gmail.com or phone 0414 939 760.

GoldCoast Queensland PCOL/PORL

Meditation on **last Sunday of the month** in Helensvale 1.00pm. Ring Jane(07) 56657575 or email: janes carratt@gmail.com

Brisbane North Queensland

Meditations are being held monthly in Brisbane. Next meditation will be **1st Sunday of month** at Brackenridge 10.30am. MeetUp: Arcturian Lightworkers Brisbane North email: natalie_rankin@hotmail.com

Melbourne Victoria Mornington Peninsula

Meets monthly for re activation of PCOL and social interaction between members. Meetings on **the last Saturday of the month at 10.30amEST**. Ring Glenda Lancaster for more information. 0439639592 email: g.lancaster777@gmail.com

Grose Valley Blue Mountains NSW

Meditations to maintain the PCOL will be held **every second Saturday of month** at Noon EST at the home of Kelly Albers Massage Centre. Contact Liz: 0469 602487 email: eliz.clarke@yahoo.com.au

Applecross/Shelley Perth

Meditations to maintain the PCOL will be held on the **third Sunday of the month** at 2.30pm WA Time in Applecross or Shelley. Contact Monika: email monika@lippert.hu

Auckland NZ PCOL/PORL

Meet on **second Saturday of each month** at Farm Cove at 2.30pm. Refreshments afterwards. Contact Janine:- janinemalcolm@xtra.co.nz

Perth PCOL Re-Activation



Back row: Anita, Greg, Brendan, Gerard, Michael, Sophia, Isabel. Front row: Monika and Kathryn. Angela was the photographer.

Grose Valley PCOL Re-Activation



Lovely group of members and guests.

UNIVERSAL LAWS

How many people say "I would like to know God's Laws, but I don't know them". So, in this newsletter for the next few months, we're going to give you the Universal Laws. To merely read the Laws isn't enough. You must use the Laws and prove them correct. Everything works by Divine Law as there would be no order in the Universe without these Laws. It's very important for us to practice these Laws because a life without law and order can be a life of trouble, chaos, trial and error, or hit and miss. When you work with law you know the outcome of every venture **because** it is law and therefore it can't fail.

32. The Law of Mind

Humans, being a three fold entity are governed by laws pertaining to the mental, spiritual and physical laws. Let's speak about the Law of the Mind. Because humanity dwells in the ONE MIND, this ONE MIND consists of the thoughts of all minds that make up this ONE. You can tune into the highest mind, or the lowest, but each person gravitates to that which they attune to. Now suppose you wish information of a scholastic nature. Then you tune into the 'storehouse of knowledge,' or Mind which contains all knowledge. The Bible says; "If any person lacks wisdom, let them ask of God." It is as simple as that. Just ask of God, or tune into the God Mind and receive that which you are attuned to, or think about, or ask for. You see, thinking of any certain thing is the 'asking.' So be it.

ALIVE POETS SOCIETY

WOLLEMI STANDING STONES

Pale Pink granite standing tall.

Silver splayed grey stones, some two metre's tall. Walk around, embrace each strong stone invite shadow intimacy, banishing all gloom.

Whispering goodbye to memories of soldiers with guns, wiping out an ancient race, people gone, no place.

Windradyn, great warrior, come and with fire stick, take aim with flame and steam, lead your people home again.

Wiradjuri learning and Druidic past, delivered by one who was born between worlds and holds the land fast.

Paper bag, shredded bark, gathered from a healing space.

Fire blazes, then cools, water streams from sacred pools. White smoke drifts south from Rylstone through gap to Capertee, singing spirits home.

Private land invitations sent "Visit stone circle" and away we went.

Proud horse lady's stones settle and gleam. Astronomical star points, seen. Ringed all around north, south, east and west with Garden of Stones, ancient ones, at rest.

A mystical volcanic wilderness of wonder. Pantoney's Crown, nor Blackman's blunder. Government's war, 1824, massacred plenty.

Greed for land left nation empty.

Allow old pains to dissipate and, with rising smoke, sleep with clouds above.

This ancient land repair, with love.

Possum Woman Dreaming.

VGow

07/11/18

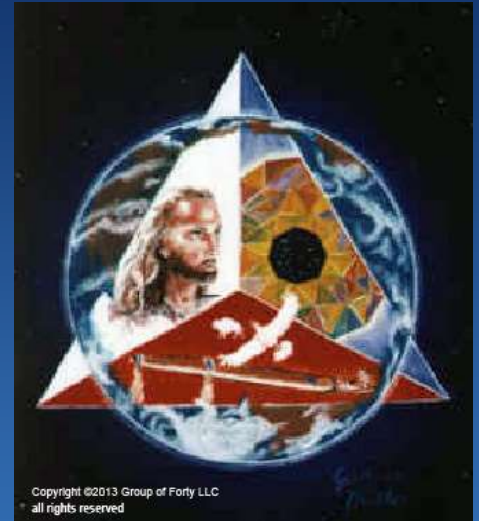
To connect with Galactic Kachina energy. Teachings from the Sacred Triangle Vol 1 Ch21

"I know who I am, and who I want to be, and how I want to act. Then I connect to the Galactic Sun and my spirit is filled with the Central Sun energy field. Then I walk tall. I walk with power. I walk with confidence. I soon see the meaning of all actions on Earth."

"40 Groups of 40 will be formed for Personal and Planetary Healing Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the fifth dimension.

We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.



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