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## Connections Issue 250

**AUGUST 2017**

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## Featured GOF Member of the Month

## The Arcturian Perspective on First Contact

Juliano, channeled by David K. Miller

Greetings, I am Juliano, we are the Arcturians!

You are willing to unite your consciousness in order to bring forth a contact from a higher, extraterrestrial civilization. One of the most important aspects of First Contact is the ability to have an expanded consciousness. Let me spend a brief time with you talking about expanded consciousness and how it relates to unity consciousness because you are students of psychology, of humanity and many of you are what I call "Galactic anthropologists," that is Starseeds who have been on other planetary systems. You are Starseeds who have studied the civilizations and the societies and you have participated in other societies such as the Pleiadian and Arcturian society. You are not novices to this energy but rather you are knowledgeable and experienced people, and you know from your direct experience that connecting with higher dimensional beings takes an expansion of the normal day-to-day consciousness, it takes an expansion of self-centeredness, it takes an expansion so that you are able to use your telepathic, your higher healing, bilocation, shimmering, thought projection and ascension skills. These are all tools of spirituality that are part of the necessity for participation in First Contact. Part of our work together is to



Shawnna  
Donop

**Shawnna Donop, from Austin, TX, is our Member of the Month for August.**

First, I wish to thank each of

you for joining together in these planetary efforts. What a blessing it is to connect with like-minded souls devoted to our lovely planet! I also wish to honor David and Gudrun for creating this extended family.

I am grateful for the invitation to connect with the Group of Forty, and I always enjoy learning the wisdom and guidance shared by the Arcturians. I have been drawn to the Arcturian teachings since my spiritual awakening when I received confirmation of a connection. It is apparent that they are assisting with the unfoldment of the Divine Plan, and it has indeed been an interesting journey!

Along my pathway, the Arcturian teachings regarding unconditional love, masterful co-creation, meditation, and Higher Self connection have been so impactful that I found myself transitioning from student to co-teacher with Dr. Suzanne Lie. Together, we conduct Multidimensional Leadership Training, and it is an honor to be in connection with devoted Lightworkers ready to step into purposeful action.

The recent unified Arcturian Perspectives webinar, which Juliano requested to manifest, is just a first step in the evolvment of Lightworker collaboration. We are all being called to unite in order to enhance and amplify our collective power, influence,

learn to ascend as a group. This ascension energy requires the intersection of the Fifth Dimension with the Third Dimension. At that point of intersection, there will be a download of light and energy never before seen on this planet and this will be a boost to each one of you. The First Contact is part of the energetic boost that you need. The First Contact is like a prelude. It is like an introduction into the intersection of the Dimensions, which will cause and begin the ascension.

I want to talk about First Contact from the Arcturian perspective. From our perspective First Contact is an important and necessary part of the evolution of humanity, or the Adam species as we call humanity. You, Planet Earth, are in an evolutionary crisis. Crises occur when there is the threat of annihilation of the Biosphere and when there is threat of annihilation of civilizations of large groups of humanity.

We view our role as interacting and helping to provide First Contact as a way of accelerating the evolution of humanity. The First Contact is not just for curiosity or for fun. First contact is a serious matter in which we are looking to help humanity evolve and complete this evolutionary crisis and evolutionary cycle to help humanity stop the destruction of this biosphere. To help humanity stop war, to help humanity stop destroying the environment and killing each other and to help humanity live in a new harmony with Gaia and the spirit of this planet.

We're not talking about a First Contact of the Grays. We're not talking about a First Contact of a group of people who are going to share military secrets so you can destroy yourselves or destroy each other. We're not talking about a First Contact where a group of Extraterrestrial Aliens seeks to dominate the planet. No! We are talking about a First Contact in which a higher group of beings are going to help accelerate and bring forth the evolution of humanity so that this crisis will be resolved and humanity will evolve into its highest form. We are here to work with you toward this advancement in human evolution.

I am Juliano, good day!

**22nd Annual**

## **Arcturian Group of Forty Conference**

### **THE FUTURE EARTH: EVOLVING TOWARDS A 5th DIMENSIONAL PLANET**

**for Personal and Planetary Healing**

*Three days of intensive workshops on Arcturian  
Spiritual Technology, expanded consciousness, and  
Native American spiritual teachings*

**September 29 - October 1, 2017**

*at the Prescott Resort & Conference Center  
neardowntownPrescott!*



Book cover by Gudrun K. Miller

resonance, Fifth Dimensional connection, and readiness to birth a galactic society.

I look forward to becoming intimately acquainted with the activities brought forth through the Group of Forty, and I appreciate the opportunity to be a part of your collective journeys, as you are already an inherent part of mine.

I share my immense gratitude, and I hope to meet you all in person one day. Together, we will make amazing things happen! I look forward to connecting.

I can be reached at  
[Love@LetEarthRise.com](mailto:Love@LetEarthRise.com).

## Starseeds Counselling



I am Gudrun Miller and I have been a professional counselor for over 30 years.

Dear Gudrun,

I am an awakened, over 70-year-old man. I have overcome many issues in my life, including low self-esteem and lack of self-confidence. I now am in a place where I feel good about myself and all that I have accomplished.

I am a healer and am active in planetary healing and in personal healing. I am financially secure and am in a good marriage.

Recently I had a dream in which a high school friend was standing with me and a group of other people. Several light beings appeared above us and were ready to lift us up into the higher Dimension.

I told my friend, "Don't go! You will forget all that you have

## Presenters Include

### David K. Miller, LCSW

Group of Forty Co-Founder  
Sacred Triangle Channel & Author

### Gudrun R. Miller, LPC, M.A.T.

Group of Forty Co-Founder  
Visionary Artist & Intuitive Counselor

### Art George (Mountain Eagle)

WashoeTribe of Nevada and California,  
individual and family indigenous consultant

### Dr. Heather V. Davis

Naturopathic Medical Doctor

### Dr. Michael Davis

Doctor of Divinity & Consciousness

[Click here to download the flyer](#)



## International Biorelativity Update

Our biorelativity committee now has the following members: David Miller, Cosmin Supeala. Lesley Anderson, Jane Scarratt, Federico Zaina and Teca Figueiredo. Teca is from Brazil and recently joined our committee. Frederico is from Buenos Aires, Jane is from Australia, and Cosmin is from Germany. David and Leslie are from the USA. So we really have an international committee!

Teca is now presenting biorealtivity meditations in Brazil and will be included in a new YouTube format for Brazil set up by Carla Varella.

A new biorelativity training webinar has been placed on the Group of Forty website.

Magda Ferrer from Spain is now scheduling biorelativity meditations in Spanish. Magda does her meditations in a webinar format so people would need the link from her to be able to participate. Constant Contact announcements by David are being sent to Spanish speaking members only. If you want to be on the Spanish speaking mailing list, please write to [davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com) and we will put you on that list.

There is a need occasionally for an emergency biorelativity meditation. If you feel you have a need for an emergency biorelativity session, please contact Lesley Anderson [lesley.clear.readings@gmail.com](mailto:lesley.clear.readings@gmail.com) to ask her to organize it.

learned in this life!" I also worried about that for myself!

My friend was a confident and successful teen that was liked by all and now also, as an adult, he is successful and happy.

Please help me understand what this dream is telling me.

Thank you.

Dear friend.

I am happy to hear of your successful journey in this life.

I know some of the obstacles you have overcome and understand your desire not to forget all that you have learned and to not lose all that you have accomplished. It is a good life you have achieved!

This lifetime is one of many you have lived on the Earth. It is a life in which you have achieved all that you wished to have achieved in many of your other lifetimes. I can understand that you do not want to lose what you have gained. Your friend symbolizes for you that you have achieved the strength that you admired in him!

Let me reassure you, you will not lose the most important parts of the lessons from this life!

When you ascend, you will take with you the most important parts of your spiritual growth and achievements. Nothing else is relevant to your soul!

Learning to love yourself and being in a position to complete your soul mission successfully on planet Earth will accompany you throughout your soul journey.

You will not lose anything that you have learned and that you have accomplished in this life.

Lesley and Birgit will prepare a Constant Contact announcement for emergency biorelativity sessions.

Lesley Anderson is now supervising training sessions for new biorelativity leaders. We do have an active Biorelativity Facebook group which is open to members only. Contact [birgit@groupofforty.com](mailto:birgit@groupofforty.com) to learn how to join that Facebook group.

The biorelativity theme for August/September will be "earth-balancing exercises with particular focus on volcanic activity and fires due to drought."

## Group of Forty Monthly Lectures

with David K. Miller



**The next lecture is on Saturday, September 2, 2017 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST).**

We will be meeting on [freeconferencecall.com](http://freeconferencecall.com) international phone line, which is specific for each country:

**USA: (641) 715-3810**

**Access code: 164595**

(confirm with # and 1)

**Note: the access code is the same for all countries.**

Sample other international numbers:

**Argentina: +54 (0) 11 5219-4138**

**Australia: +61 (0) 3 9028 0260**

**Germany: +49 (0) 221 98203420**

**UK: +44 (0) 330 606 0182**

If your country is not listed, please [follow this link](#), for a complete list of all country specific phone lines that you can use to participate from your country at the lecture.

The re-transmission of the lecture for Europe will be on **Sunday, September 3, 2017 at 10:00 a.m.** Phoenix, Arizona time.

You can check the teleconference/lecture time against your local time by using either:

[www.timeticker.com](http://www.timeticker.com) or [www.thetimenow.com](http://www.thetimenow.com)

## Planetary Cities of Light Report



**Lin Prucher**  
International PCOL Coordinator  
[linprucher@groupofforty.com](mailto:linprucher@groupofforty.com)



## The Immune System Wins



Blessings,

Gudrun

Co-founder Group of Forty  
[gudrunaz@yahoo.com](mailto:gudrunaz@yahoo.com)

### Quick Links...

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[Books](#)

[Groups](#)

[PCOLs](#)

[More About Us](#)



[GOF Annual Report](#)

[Activity Calendars](#)

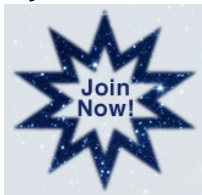
[Criteria for PCOLs](#)

**GOF Handbook & Workbook**  
are now available as an eBook  
download. [Click here](#) for the link.

**PCOL Criteria.** [Download it here.](#)

Your paid membership of \$40 helps support all GOF projects, including the monthly newsletter, the website and other planetary projects.

Please click  
the button to sign  
up online.



**Many blessings!**



David is available for personal healing work in person in Prescott, and he also does

phone readings. Contact him via email: [davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com)

### ANNOUNCEMENTS



**David's book, *Conectándose con Los Arcturianos 2*, is now available as an eBook in Spanish.**

The book has recently been translated into Spanish with the great help of

Did you know that you can strengthen your Immune System by strengthening and defining your Cosmic Egg, your personal energy field? I was really surprised when I heard Juliano say that the first time. But it makes sense. Strong boundaries keep out viruses, infections, as well as other negative energies.

What does this have to do with the Planetary City of Light Project? Well, when you work together in your PCOL Team, you are defining and strengthening the Cosmic Egg, the energy field, of your chosen PCOL area. So, you boost not only your own Immune System, you boost all the Immune Systems within the area of your Planetary City of Light!



This is one of the practical examples of the benefits of the GOF's Planetary City of Light Project. So, come along and join us. Your work together in a team is synchronistic-It has a larger effect than the sum of the individual parts.

#### Recently Re-Activated:

PCOL Buritis, Belo Horizonte, Brazil

#### Recently Activated:

PCOL North Vancouver, Canada

*Join us for our Monthly Online Gathering. Mark your calendars for Aug 20 and Sept 24 at 9:00am Arizona time.*

An invitation is sent to all GOF members. Besides David's channeling of Juliano, there will be a presentation from Planetary Cities of Light around the world. Come along and enjoy hearing and seeing where they are and what the PCOL Teams are up to and how they and their area has changed since they've started their PCOL. So far we have had presentations from Australia, Argentina, and Brazil.

Coming up are USA, Spain, and Germany.

See you there!

Omega Light Blessings to you all,

Lin 😊

Odilia Riveria and Alex Davlar. Light Technology Publishing will soon have it available, and we will send out the information to our Spanish speaking GOF members as soon as it is on line! In the meantime, the eBook is available for purchase on the following two sites:

<http://www.livrariacultura.com>  
<https://www.kobo.com>

> David's new book, *Connecting With the Arcturians2*, is available for purchase in soft cover from [Light Technology Publishing](#).

> David's book, is now available for purchase from [Light Technology](#).

> David's book, *5th Dimensional Soul Psychology: Channelings by Vywamus*, is available on the [Light Technology website](#).

> David's book in Spanish, "*Enseñanzas del Sagrado Triángulo Arcturiano*," is available in the Amazon.com Kindle Store and may be purchased [using this link](#).



**Visit our GOF Facebook Pages!**

### [Group of Forty group on Facebook](#)

We have a closed group, open only to registered GOF members.

There is also an [open group](#) for non-members. Simply ask to join either one. Thank you.



**ARGENTINIAN FACEBOOK PAGE**  
[Here is the link](#)  
for the new PCOL page

[GOF Biorelativity Page](#)

[Das Blaue Juwel](#)

[The Blue Jewel \(English\)](#)

[Planetary City of Light Lago Puelo](#)

[German Facebook Information page](#)

## PCOL Reports from Around the World



### From New Zealand - the Land of the Long White Cloud



**North Point Bucklands Beach. We buried our crystal at Musick Point among the flowers. The crystal looks out over flat rock and the Waitemata Harbour.**

Bucklands Beach is at the northern end of a peninsula between the Hauraki Gulf and Tamaki River, just 13 km from central Auckland. This beach offers sparkling white sand and safe swimming for all which contrasts to the wild surf and black sand of the west coast beaches.

The beach is divided into several sections. Big Bucks is the area north of the old yacht club at Grangers Point, and Little Bucks is the area south of the yacht club at Grangers Point. There is also Eastern Beach and The Back Beach, which is a series of small coves near the base of the cliffs north of Eastern Beach. Beyond the beaches at the headland near the end of the Tamaki River is Musick Point. This reserve offers stunning views of both the inner Hauraki Gulf and the Waitemata Harbour Island. In the distance you can see Rangitoto. Consider a trip to this gorgeous area.



Janine Malcolm  
Coordinator of the  
East Auckland PCOL/PORL  
[janinemalcol@xtra.co.nz](mailto:janinemalcol@xtra.co.nz)



[German Facebook Group](#)

[Romanian Facebook page](#)

featuring Connecting with the  
Arcturians.

### **Additional links...**

Argentina is now hosting the  
official website for all Spanish-  
speaking people. Please check it  
out! Thank you, Purvesh and  
Diana, for your great work.

[Spanish GOF website](#)

[The Blue Jewel DVD](#) on Amazon  
<http://j.mp/1b8IHF1>

[The Blue Jewel](#) website

## **International Activity Calendar**

*You must log in  
to view the calendar*

[Click Here](#)

## **GOF Volunteer Placement Program**



[Volunteer Placement Program](#)

### **Volunteer Placement Program**

Volunteer Positions  
Available:

[Northeast Regional  
Group Coordinator](#)

[Southeast Regional  
Coordinator](#)

These positions provide an  
opportunity for GOF  
members to use their skills  
of organization and customer  
service, and a commitment



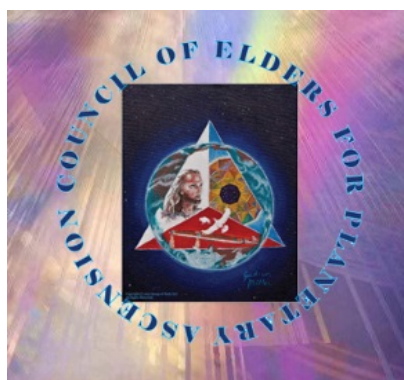
### **Contribution from Jan Dugan, member in USA**

I built this Full Moon medicine wheel in The White Mountains  
of New Hampshire on August 7, 2017. The White Mountains  
are one of the oldest mountain ranges on Earth. You would  
think that the big ranges like the Rockies and Himalayans  
were older but they happen to be much younger.

to serve the visions and goals of the GOF. You are fully supported in the role as a Group Coordinator.

A new [Volunteer Request form](#) is now available on line.

Consult the [Volunteer Placement Program Quick Guide](#) and [Volunteer Placement Program Manual](#) for more information and orientation.

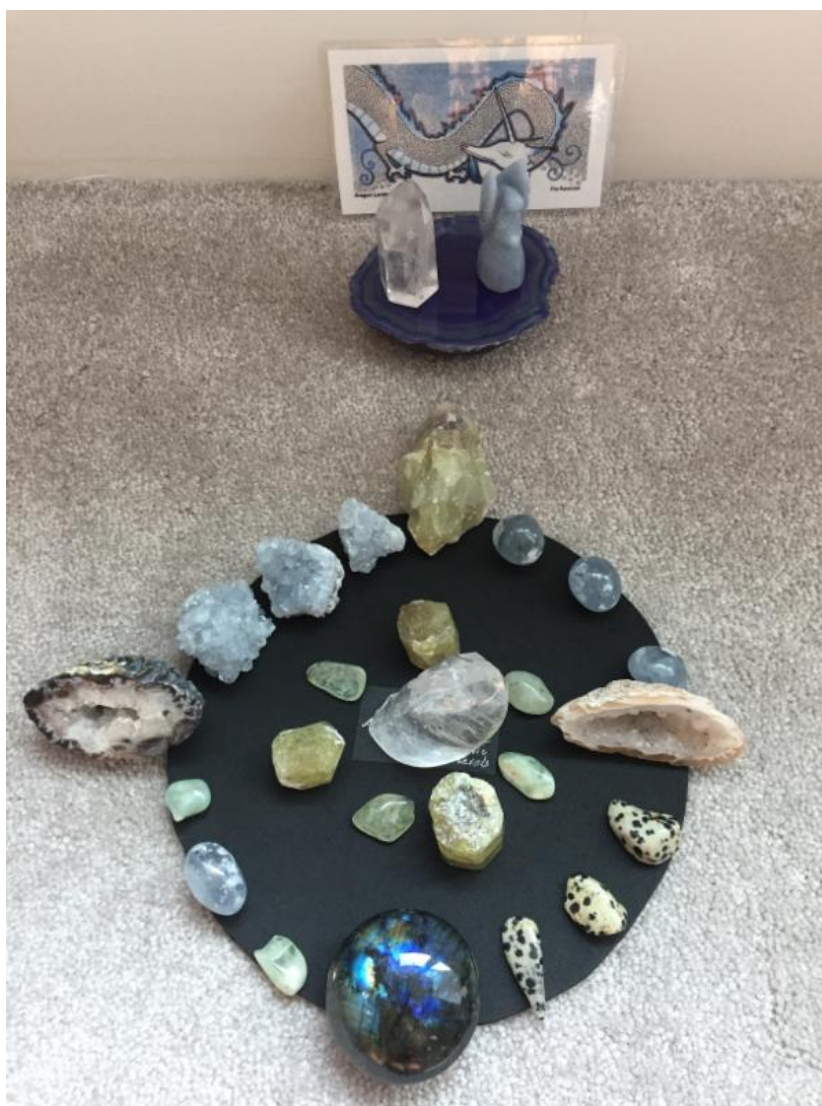


**Webinar:**  
**Arcturian Perspectives:**  
**Evolve into Fifth**  
**Dimension Readiness and**  
**Prepare for Planetary First**  
**Contact**

First, I would like to thank the Council of Elders for the invitation to write about people's perceptions of the webinar offered by David and Gudrun Miller, Doctors Suzanne Lie and Shawna Donop.

This webinar was not only about the very important subject. It was also about showing the fusion and combination of two very pure channels, considerations and thoughts from four people that are truly living in Unity Consciousness.

I love the idea of webinars. They can already be



This is an indoor medicine wheel placed in my home in Alabama at Spring Equinox March of 2017.

***From the***  
***Land Down Under***

**Highlighting the Mornington Peninsula PCOL**  
**and Port Phillip Bay PORL**



sufficiently good. Since COE's special committee started writing letters and inviting other spiritual groups to work together, it feels as though the main issue always was to find someone or a group truly in alignment with Arcturian's guidance, which is to be deeply connected with the importance of working together!

Shawna Donop opened the webinar by inviting us to think about what really is Unity. Gudrun brought many very important points about how the Starseeds have many difficulties for being very sensitive and how the families are unable to deal with or understand their needs.

There is a lot of resistance doing things together and resistance to obstruct making contact. The contact we make is not always positive because the resistance sets up an energetic component that is rooted in the ego having both functional and dysfunctional aspects. The resistance is not bad. It is the "map" acquired in childhood and always comes for good reasons. Resistance implies vital energies spent on resisting or coming into contact. Can we reconcile the ego with that of the essence of Self?

The idea of not antagonizing the ego because it is our home, or denying it, subjugating it, or even eliminating it as some Oriental religions propose, is deeply in line with the Western trans-disciplinary proposition. I share the integrative thinking that the ego must be transcended and for this to happen before it must be included and integrated. I believe that this conciliation is possible.



**Mornington Peninsula PCOL\_PORL** works really well with the native people's energy in the area encouraging and supporting that amazing creative energy.

Creative expression has been an integral part of Aboriginal culture for the past 50,000 years; the arts can and do play a significant role in advancing cultural and economic aspects of Aboriginal and Torres Strait Islander life. The Mornington Peninsula Shire acknowledges the value of Aboriginal and Torres Strait Islander peoples. Their arts and culture is recognized within Council's policy and planning frameworks.

The Mornington Peninsula is 720 square kilometres in area and lies approximately fifty-two kilometres southwest of Melbourne. A mix of surf coast landscapes around Westernport Bay on to the open Southern Ocean across to the calmer bathing beaches of our Planetary Ocean Reserve of light of Port Phillip Bay.

While there are multiple interpretations and definitions of culture, in the broadest sense it is what defines us. Culture is a vital and empowering force that motivates us to actively participate in community life, and it is as much about the future as the present and the past.

The aim of a cultural framework is to enhance, celebrate and promote these connections for they are the building blocks of cultural vitality, strengthening the live-ability of where we reside, work, play, visit and do business on the Peninsula. The Mornington Peninsula can be proud of its arts and cultural achievements to date. It is renowned and valued for the diversity of its people, villages and towns, and environments and businesses. This is complemented by the information lifestyle attributed to its coastal locations and green rolling hills, wetlands and plains, which means our Peninsula is also a popular holiday destination.

Cultural experiences enrich our lives and present opportunities to celebrate our identity and strengthen our connection to place. This then enables us to contribute to a wide range of social and community objectives. Culture

Carla Varella  
Rio DeJaniro, Brazil  
COE member

10/13

## GOF Website Update

### Spanish Biorelativity sessions are here!

We are pleased to offer Biorelativity sessions in Spanish with session leader Magda Ferrer of Spain.

If you would like to be on the mailing list to receive notice of these sessions, please contact Birgit Smothers for the webinar link: [krestini@aol.com](mailto:krestini@aol.com).



### From the Native Peoples Sacred Triangle Committee of the GOF

### How to use the Medicine Wheel for Earth Healing

*Presented by webinar on August 13, 2017*

Birgit Smothers presented ways to construct your own Medicine Wheel, so that more of the membership can more fully use this Energy from this Side of the Sacred Triangle.

Mountain Eagle opened the Medicine Wheel Ceremony with prayers uttered in his Native tongue, the Language of the Washeshu People. We are in a time in History when this Language can once again be used without fear. Dahlahk PahtahIngee brought the reverence and Sacredness to our meditation.

Gudrun Miller channeled her Guide, Spirit Fire, while in the Medicine Wheel. The story that Spirit Fire told was a perfect example of How to use the

## Members Matter Corner

Hello GOF members,

We hope that you have been participating in and enjoying our webinars! We think they are interesting and educational, and we put much effort into presenting them to you, our members. We plan to continue in this vein and your feedback would be appreciated.

You can write to me at [birgit@groupofforty.com](mailto:birgit@groupofforty.com).



Birgit Smothers  
USA Group Coordinator  
[birgit@groupofforty.com](mailto:birgit@groupofforty.com)

## Spiritual Practice

For the next exercise, you will need to go into a state of relaxation.

- Clear your mind, and visualize your etheric antenna going up.
- Tell yourself that you want to attract to your life what you need to be more physically healthy.
- Be open to receiving that which you need and ask to be guided to the healer or healing exercise you need. Maybe there's something you need to change in your diet, or maybe there is a certain exercise you need to do.
- We go into silence as you open to that energy. [Pause.]
- Retract that antenna now and know that you received the information you need.

You know who you need to contact. The person will appear or come into your life soon because you are using Fifth Dimensional light and energy and asking that this higher energy come toward your healing.

Asking the higher energy to come to you is a key part of downloading Fifth Dimensional energy into your Third Dimensional life. This opens you to new healing techniques and new healers.

From "Connecting with the Arcturians" by David K. Miller.



Jane Scarratt  
National Coordinator in Australia  
For the Group of Forty  
[janes carratt@gmail.com](mailto:janes carratt@gmail.com)



Medicine Wheel for Clarity and Direction.

CoRae Lierman spoke to the channel she received from the Council for this Celebration of re-igniting the use of the Medicine Wheel. The Council wanted to share that we must remain in Joy and Celebration while working with the Spirits of Nature. Our Joy brings these Spirits to our aid while Dancing in the Wheel. Much knowledge will come to us as we dance in the Wheel. Our Heart's Desire will be understood. The Medicine Wheel is a Secret Tool that the discordant energies are not looking for. When working from the Heart of All Nature who knows what can change?

David K. Miller channeled Chief White Eagle, and Buffalo Heart. Yes, the HEART Energy is in the Spot Light. Imagine when you are participating in your next Bio-Relativity Exercise you are sitting in your Medicine Wheel. Be this perfect vessel to bring the LIGHT into the area where you reside. When we are in Balance and Harmony with Earth, and All of Nature, our Arcan Energy will be magnified.

Try this connection: Link all three sides of the Sacred Triangle while doing Biorelativity work. Feel all twelve Crystals glow!!

All My Relations,



CoRae Lierman  
Coordinator  
Native Peoples  
Sacred Triangle  
coralierman02@gmail.com

## Group of Forty Video Sharing Program Presents....



### **The Arcturians explain: Barbury Castle Crop Circle July 17, 1991**

*A Channeling by David K. Miller  
Produced by Kristine Brenner  
Edited by Leonardo Gutierrez Duran*

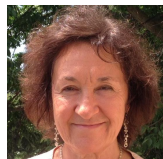
<https://www.youtube.com/watch?v=U6skglqOWI&feature=youtu.be>



**Subtitles in Spanish are already available!**

Please help us share this video with others in any way you like, for example on Facebook and social media sites! Thank you!

Please let me know if you have any questions.  
Blessings,



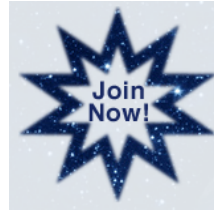
Kristine Brenner  
Member, Group of Forty Council of Elders  
[kcbrenner@aol.com](mailto:kcbrenner@aol.com)

## Our Purpose

### **"40 Groups of 40 will be formed for Personal and Planetary Healing - Bringing us to the Fifth Dimension!"**

*We are dedicated to teaching humanity about the ascension to the fifth dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.*

To join Group of Forty, click the button below



#### Visit our websites:

[USA/International: www.groupofforty.com](http://www.groupofforty.com)

[Spanish speaking countries website](#)

[Portuguese/Brazil website](#)

[German speaking countries website](#)

[Turkish website](#)

**NEW:** [Romania website](#)

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Phone: 928-776-1717

Newsletter edited by David Miller and Jeri Denniston (jeri@dennergroupp.com) with editorial help from Gene Yoder. If you have articles to contribute, please send them to: [gyoder2@yahoo.com](mailto:gyoder2@yahoo.com) by the 18th of each month.

Group of Forty, P.O. Box 4074, Prescott, AZ 86302

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