# **Question & Answers for 15 January 2022**



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Shalom, shalom, shalom. Greetings, this is Juliano, we are the Arcturians. I welcome all of you advanced starseeds. Yes, you are advanced because you have made so much progress in understanding the soul, understanding yourself in relationship to this journey on Earth and of your role of the galaxy. I am pleased that so many of you have grasped the meaning of galactic spirituality. This is a high point and it is a marker for your soul journey and for your progress.

## Q 1. Tim in Texas asks:

Juliano, Is the toning you gave through David at the end of December's webinar a prayer or a chant? I am working with these tones and I feel they could be either, so thank you.

A Specifically the first question has to do with the toning and let me say that the toning serves to clear the aura and to directly affect the energy field. In essence everything is energy, everything is a vibration and part of our work with you is to increase your vibrational energy and we feel that the best way to immediately affect the vibrational energy field of your aura is through toning as it is bypassing the mind.

Now is this toning a prayer? I would say that the toning is preparation for a prayer if that is what you are trying to accomplish but toning is also preparation for advanced energy vibrational experiences. Prayer, which also does require an increased vibratory rate, is slightly different because in the prayer you are seeking to communicate directly with the Creator. You may be petitioning the Creator, you may be sending light or information, you may be receiving light or information. There are different aspects of prayer and it is different from toning but toning can help you to more effectively and be in a higher space so that you can pray. That is why, for example, some people

might sing Hallelujah because there is the tonal qualities of Hallelujah that prepare the energy field so that it can be in the right vibration to communicate with the Creator.

## Q2. Patricia in New Mexico asks:

Dearest Juliano, many of us are in our 70s or even older. I have already experienced both joyful and hard body sensations with the changing frequencies for quite a while. As homo-Omega manifests will older bodies be able to physically and energetically transform or only in consciousness? With gratitude for all your help and guidance.

A When the body ages there are several factors that are occurring. The first factor is that you are programmed from a young age for how long you are going to live but I am sure now you can see that how you were programmed as a younger person does not really match who you are right now. Who would have thought that you would have opened up to your starseed consciousness when you were a child? Who would have thought that you would have been interested in ascension and working with the aura?

That means that the Homo-Omega is also a program and you can change your program for ageing. You can change how you will be reacting or how your physical body will shift. You can affect whether it will continue to deteriorate or whether it will expand or grow. The idea of Homo-Omega is that this is a program within each of you and this is part of the Adam experience. Therefore, as you open up more to Homo-Omega you are opening up to the value of directed consciousness and directed programming of your body.

The answer is yes, that you are incorporating Homo-Omega energy and the factors that come with it such as direct programming of consciousness, direct programming of the cellular structure, which will and can positively affect your ageing and you will find that you will age more gracefully and in some cases you will be able to reverse minor factors in your ageing, but the most important thing is that your mind will grow and expand and with the growing and expansion of the mind, you then have infinite potential to influence and direct your body.

The human body is amazing and it has great healing powers and now many of you are just beginning to access those healing powers. Remember that one of the strong messages of Homo-Omega is that you can direct your own programming including how your body is reacting.

## Q 3. Ariana is Taos asks:

Juliano, I understand that the first wave of ascension will happen when a certain percentage of humanity has awakened. We are expecting many changes on the political level within weeks and there are those who talk about a magnetic shift happening this month. What are your predictions for the next two months and is there a need to prepare for something?

A Well you have been preparing for sometime, for at least 10 or 15 years, many of you who have been dedicated to this ascension process and ascension work but let me clarify one thing about the ascension, yes, you are correct that there needs to be a certain percentage of people who have reached a certain spiritual light quotient in preparation for the ascension but the second and equally important part of the ascension is the intersection of the dimensions must occur first, because the ascension energy is dependent upon two factors, the first factor being the spiritual light quotient of the ascendees and the second factor is the intersection of the dimensions and the downloading of that energy. You are required to have a certain receptivity in your energy field to be able to work with, to be able to receive and use the intersection of the dimensions energy force field which will be created and amplified at that ascension moment.

Regarding the next two months, I would say, especially when we look at 2022, expect the unexpected. There are many predictions for 2022 and many predictions for the next several months. These predictions are centered on some type of a chaotic event occurring on the planet and this chaotic event will cause a disruption to many of the systems on the planet. Now there are several possibilities, for example, some type of war with Russia and the Europeans over Ukraine, that is one possibility. There also are some very unusual earth movements that are occurring now and there are also weather events that have the potential, and finally there are possibilities of electromagnetic storms from the sun that could disrupt the satellite systems and the internet.

I would recommend that yes, there could be preparation, especially preparation for the breaking down of the normal systems, that means that you would need to have enough food for a week, for example, or have some kind of alternative plan for electricity if that were to fail-- because these systems on the Earth right now – and I am talking about the infrastructure systems, the grid systems in particular – are overburdened. The energy requirements are exceeding what the grid systems are capable of maintaining and there are other things going on politically.

The political system all over the world is not set up to deal with this intensity that is now going on. The political systems around the world are not set up to

deal with the polarizations that are going on. We look at the existing systems – and I am talking about the economic, religious and political systems and even the spiritual systems – and they are overburdened, they are not set up – and this is especially true, for example, in the United States where the older systems, old political systems, cannot handle the changes in the polarizations and the intensities that are now being experienced and this, I feel, is going to be a theme for 2022.

However there can be particular events of great concern including, as I mentioned, the possibility of war, not only in Europe but also in other parts of the Middle East but this has been a long-standing area of unrest. There needs to be a new paradigm to make this planet deal with the new reality.

#### Q 4. Australian GoF Members ask:

Juliano, could you tell us about a possible extra-terrestrial fleet that is around Ganymede and Jupiter now to watch humanity's liberation?

**A.** The idea of extra-terrestrials around Ganymede relates to the Jupiter corridor and what you call liberation would be some kind of a heavenly, divine outcome of a struggle that is being played out in this galactic drama because the Earth has been experiencing and manifesting this galactic drama. The forces that you see being played out, even in the polarization of wealth, polarization of economies, polarization of political wars, actual physical wars and good versus evil, all of this is a planetary drama that has been inherited from the galactic sources.

There have been civil wars on other planets. There have been destructions of other planets through these wars. These conflicts may seem conflicts unsolvable right no. It still is important to understand the source of these conflicts and I and the galactic brothers and sisters know that these problems have been inherited galactically. The calling of the extra-terrestrial brothers and sisters around Ganymede is an indication of a potential event on the Earth but that possible event could require helping many souls who could be in difficulty. If, for example, there is a chaotic event that threatens the stability of the planet, and I mean the immediate stability of the planet where the planet, for example, would go out of orbit due to some type of a nuclear exchange or there is a direct threat to the biosphere through some kind of chemical or biological warfare, then these extra-terrestrials teachers and helpers are standing by ready to be of assistance.

This gathering then is what I see as a potential for assistance. What you call liberation I think is a very intriguing way of looking at an outcome from a conflict that requires a transcendence from this polarization. Like any planetary transition there can be casualties and these extra-terrestrials that you are referring to near Ganymede are standing by ready to be of assistance on all levels.

### Q 5. Charmaine on the Gold Coast asks:

Greetings Juliano. You mentioned in the November lecture that there was a labor shortage of Ascended Masters and that some of us here came to be trained as one. Can you outline a strategy on how we can prepare to be an Ascended Master or teacher and regarding the many job openings you mentioned, what are some of the qualifications required, duties, responsibilities and working conditions? Thank you.

**A** Well it sounds like this is the beginning of a union movement where you are trying to protect your rights as workers! Seriously, the best training for an Ascended Master is to go through and graduate from the Earth. The best training is to go through an ascension. The best training is to, from personal experience, work with the conflicts and the problems and the polarizations that one finds in a planet such as the Earth that is in its first stage of planetary development.

The reason why I said that there was a shortage is because of this-- look at the Earth right now, that has a multitude of population density that is approaching, I believe, 8 billion or even more and look at the hundred or so religions there are and then ask yourself the question, how can the current Ascended Masters reach all these people? Right now, for example, there are many people who would only be open to Ascended Masters in their religious group, they would not be open to, for example, to the Arcturians.

Therefore, there is a need to be able to be flexible and to work with other populations that are spiritually evolving but who also need someone to work with them on their level. We, the Arcturians, and other galactic masters would train people who wanted to work with other planets and some of you may also want to come back and work as an Ascended Master on the Earth. Think about how many Ascended Masters you may even know about now and it is a small number, it is not like there are a million Ascended Masters that are around the Earth. The other thing is that the universe is infinite and there are infinite

numbers of planets that are going through similar stages of evolution and need assistance.

Now sometimes an Ascended Master has the ability to charismatically attract many people to them and one Ascended Master may be able to work with a million, 2 million or a billion people, that is extraordinary, but that is usually not the norm. The Ascended Masters that you have seen on the Earth have been powerful prophets and had extraordinary abilities to influence millions of people but many Ascended Masters have a smaller following which is fine. Then we have the Ascended Masters who are also galactic masters.

In conclusion with this question, we would provide the training. The working conditions are that you would be living on the 5th dimension and you would have the ability to appear, just the same way for example as Jesus appeared for 40 days approximately, when He, as an ascended Being, came back to the Earth. Some of you might choose to go through the incarnational cycle but at this point, especially on Earth, I think that going through the incarnational cycle presents many problems that would be difficult to overcome. Many of the Ascended Masters can be teachers now on the Earth and are able to appear in a 5th dimensional form on the Earth.

The other thing is that we ask that you really not make the decision until you are ascended. Remember that the golden rule in the world of spirit is service and the requirements are that you would want to be of service to humanity, wherever that humanity is in the galaxy.

#### Q6. Tim in Texas asks:

Juliano, you have stated that when we ascend we must have form and you relate this to our form physical form in the 3rd dimension. However when we go through the ascension we must take light form but why must we have a shape or form after ascension? Can we not stay in our ascended light form energy?

A To answer that question I will use the example of the blue people on the Andromeda galaxy, especially through the Ascended Master Heylang who has worked with this channel on and off over the years and the group that Heylang is representing is existing in thought and not in a form. Because you are coming from a 3rd dimensional planet like the Earth, it is too big of a transition to go from embodiment to thought form. Therefore, there is a light body, there is a 5th dimensional body that you will enter but with this 5th dimensional experience you will have the ability to shape your 5th dimensional body.

Now I understand that it would be great to bypass the form but we are talking about being on the 7th or 8th dimension and let me briefly let Heylang step in and say sometimes about this because he would like to introduce himself to you as well.

Heylannnnnnnng, Heylannnnnnnnng, Heylannnnnnng.

Greetings, I am Heylang from the Andromeda Galaxy, I am part of the Blue People. Many of you know of our people and know of our ability to just exist in thought. Now that has taken a millennium or an epic era that is immeasurable in human terms to achieve a manifestation in thought only.

You would not be comfortable with that, even though you exist in thought in the dream world, because in the dream world you do not have an incarnation as you do in the 3rd dimension but you are totally in the world of thought and for many of you the dream world is a wonderful experience. But you have to go through specific cycles of incarnations to be in the world of thought and believe me, this is a big step, going from the 3rd to the 5<sup>th</sup>. It is a big step, an important step to go into the 5th dimensional body and the 5th dimensional body can be shaped by your thought field.

Yes, I know you are eager to go on without the light body but believe me, it is better to take it in steps, you will be more comfortable and if you do not go through the steps like I said and you go right into, like, a thought, you might become confused and lose your way. I am happy to meet with all of you and I thank Juliano for this opportunity and I will be happy to speak with you at any time about the Andromedans, about our galaxy and about the Blue People. This is Heylang.

#### Q7. Bob in Alabama asks:

Juliano, you have previously suggested that having approximately 140 active Planetary Cities of Light with strong arcane power will have a very powerful effect on the consciousness of the planet. Juliano, what is planetary consciousness? How is it measured and how do we know the shift has happened? What additional steps beyond growing the number of PCOLs can we do to accelerate this?

A Planetary consciousness is measured by the ability to relate to the spirit of the Earth. The main characteristic of planetary consciousness is the interaction

with Gaia, the interaction with the spirit of the Earth. Now starseeds would acknowledge this and feel very comfortable but frankly, this is still a very avant garde position on the Earth, that is, the understanding that the planet has a spiritual energy too. So planetary consciousness then is defined, in our Arcturian perception, as the ability to relate to the spiritual energy of the planet, as was depicted in the movie the Avatar. So you do have a model that was depicted very well in that movie.

How do we measure planetary consciousness, well, it is an electromagnetic phenomenon. When the majority of the population is on a wavelength of planetary consciousness and relationship to Gaia then you see certain measurements such as increased visiting of sacred places, sacred reserves, interacting with Gaia through such means as medicine wheels or earth days. For example, environmentally minded people will form a union around the Earth where everyone is honoring the Mother Earth. So I would say it is measured in terms of unity planetary consciousness where you see the large percentage of large groups of people globally embracing and interacting with the spirit of the Earth through respect and honor.

We measure planetary consciousness by how we see the respect for the Earth, how we see a planet protecting its biosphere. When somebody is destroying the forests then we would say, well that area has low planetary consciousness. When we see leaders ignoring the destructions or encouraging the destructions of the biosphere then we say that that leader does not have planetary consciousness as opposed, when we see somebody speaking about protection of the forests then we say that person does have planetary consciousness.

I cannot give you a number but I can say to you that there is an electromagnetic planetary energy field and if you enter that energy field you feel the planetary consciousness more. I would love to speak at length about this subject because it is such an important subject and I will be happy to continue at any time on this important theme. And yes, the Cities of Light and the Planetary Cities of Light are a way of creating sacred space and improving the planetary consciousness. Planetary consciousness can be measured also in protection activities; how well people are seeking to protect the biosphere, the energy of the biosphere and how many people are wanting to honor and work with the spirit of Gaia.

#### Q 8. Carel in Australia asks:

Dear Juliano, could you give us some information about the origin and significance of the crystal skulls. From my understanding the people whoa re guardians of certain powerful crystals only keep them for a certain length of time and then they are passed on to someone else. Could you tell us why these powerful crystals have different guardians, what is the purpose of these crystals, how, when and who created them?

A The original crystal skulls' life began during the Atlantean period and were passed on through portals to keepers in the ancient worlds. This included, for example, the Sumerians, the Hittites, the Amorites and on through the Greeks and the Romans and to the modern times. They were programmed by what I call scientific spiritualists who were looking for ways to pass on guarded, creative, secret light. I would call this alchemical light, in other words, the holders of this energy would be able to know the secrets of manifestation. This has also been explained in terms of the ancient temples where only certain words or tones were admitted in protected areas and it was thought that the crystal skulls could hold the energies that would be related to the creative powers and that someone who knew how to use these crystal skulls would be able to manifest life and control of the planet.

Throughout the ages there has been a lessening of the powers and part of the reason is because there was always a key to using the crystals that was only passed on by word of mouth, by teacher to student. Now if you look at 2022 you will find that there are still a fair amount of these crystals but there is a lack of proper knowledge on how to use them for creation. An example would be the creation of a human. That is how powerful those crystals were, that they could create from clay a human being and put life into the clay and make it human.

I think that in the wrong hands and with the wrong purpose these could be dangerous and that is why they have been protected for so long.

#### Q 9. Judith in Switzerland asks:

Juliano, I would like to ask what we, the starseeds, can do alone in our own meditations for Mother Earth in general and specifically this year?

**A** Well remember that everybody has a sphere of influence. The first thing I would recommend is to evaluate your sphere of influence, even if it is a small number, it does not matter. The second thing work with the sacred energy, even in your yard and your home and that would be very helpful. The third

thing that I would recommend is connecting, to the best of your ability, with a spiritual network which is what we are trying to provide through the Group of Forty. The next thing I would recommend is that you visit sacred spaces in your area and do the best that you can to contribute to the protection of the sacred areas. The next thing I would recommend is to connect with the Central Sun and the Arcturians and other extra-terrestrial, higher dimensional guides who are looking for ways of downloading light into the planet.

I would also recommend planting crystals in the Earth and finally the true healing on this planet is going to come through unity consciousness. Ask yourself this question: how can you promote unity consciousness? So there are big problems because the polarizations have created strong divisions and there are people who are evil, there are people who are seeking the destruction of the planet and the question is how can you unify with those? I am not asking you to unify with the negative people or the evil people, I am asking you to unify with people who want to transcend the polarizations and go to unity consciousness. This is a big step but each person has a role and each person has their sphere of influence and work within that.

## Q 10. Nadia in Melbourne asks:

Juliano, I want to visit your starship, either in lucid dreams or out of body. Can your team assist interested Group of Forty members with this and which technique would be most suitable? Thank you.

**A** The technique I recommend is that before you go to sleep, call on the Arcturian starship, call on me, Juliano, or call on Helio-Ah or the other guides that you feel connected to on our starship or on a Pleiadian starship and ask that a corridor of light, a specific corridor of light be sent from the starship to your room where you are sleeping and ask that that corridor be over you during the entire night.

Now program yourself by creating that visualization to occur during your sleep state. Visualize that your spirit body rises up in the sleep state, through the corridor and goes to my ship. This visualization is part of the lucid dreaming technique used in modern psychology. The technique of lucid dreaming is based on you pre-programming your subconscious to perform certain tasks when you are in the deep dream state and that will occur during what is called the lucid dream.

But now, before you are going to bed you are calling up the corridor and a meditation, either right before you fall asleep or in an earlier time during the day, you visualize yourself going up the corridor to my ship and we will welcome you. We want to have you come to visit us and this is a safe way. I always emphasize that you should come through a corridor because the corridor protects you from lower 4th dimensional energies when you are travelling inter-dimensionally.

Nadia has presented a powerful exercise and a powerful experience. You could bring down certain gifts from the starship because we are able to give you instructions, we are able to help you, we are able to do healings for you in this state. It is very protected and very safe and we are eager to have you visit us in that state of consciousness and many of you are ready and are prepared to do so.

I send you blessings from my Starship Athena and the welcome mat is open and we are eager to work with you and be of assistance on all levels.

I am Juliano, your friend. Good-day.