



Monthly Newsletter

GROUP OF FORTY

David K. Miller - Founder/Director

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Connections Issue 274

AUGUST 2019

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Juliano through David

From October 2010

An Advanced Biorelativity Exercise

Juliano, channeled by David K. Miller

Greetings. This is Juliano. We are the Arcturians!

Planetary Biorelativity healing is an important skill necessary for the survival of planet Earth. The basic idea in planetary healing and Biorelativity focuses on connecting to the spirit of the Earth. That is to say that you as planetary healers can form a relationship with the Earth. The stronger the relationship the more influence and more effect you will be able to have on the Earth.

The Group of Forty is a network to increase your thought power. We call the thought power the Arcan energy. The Arcan energy increases in planetary healing when you meet the following situation or the following criteria: First, that you have at least forty people connecting. And second, that the people are spread around different areas of the planet.

I want to look at advanced exercises for the Earth's aura and I want to divide it into the emotional, the mental, the spiritual, and the physical parts. The Earth's aura has four bodies to it just like the human aura has four bodies. When we look at the Earth's aura we often want to work on the physical part in Biorelativity. That is that we want to stop storms, or we want to stop earthquakes, or we want to stop volcanoes. But there is also a mental part of the Earth's aura and a spiritual part and an

I know that many people on this planet do not understand this delicate and sensitive relationship between the Earth and humanity and the Earth and the life forms. Many people do not seem to want to even address the issue but rather have the idea that things are going to continue along as before. However, there will be a shift in even those people who do not accept this hypothesis, this theory of the Earth's feedback loop system and its relationship to humanity.

This shift has been expressed in the term "the new normal." The new normal now is broadly accepted even by the most conservative thinkers on the Earth. This new normal has to do with the Earth changes. The new normal means that the summers are different, the winters are different, the storms are stronger and the balance between humanity and the Earth has shifted. Under this thinking of the new normal the thinkers (even those who think it is beyond mankind's abilities to change the Earth) are beginning to understand that something has shifted on the Earth. There has been a shift in the Earth energy. There has been a shift in the feedback loop systems. Something is going to happen on the Earth that has not been seen before by so many people. This change and shift is going to be so dramatic that it will even cause more people to begin to shift their worldview.

You and I both know that the worldview of all of humanity, including the world leaders,

emotional part. How can you, in Biorelativity, work with all four different bodies or the four different layers? Working with all four layers is very important for the success of the Biorelativity.

Let us first look at the four layers of the Earth's aura. Let us look at the spiritual part of the Earth. The spiritual part of the Earth is that part of the Earth that is the overseer of all purposes directions for development. The spiritual part of the Earth is described in part by the name of the Earth known as "Gaia." But also, in the shamanistic or in the Native teachings, the spirit of the Earth is known as "Mother Earth." This is interesting because if you look at the Earth's aura and you want to strengthen your bond with the Earth's aura then the term "Mother Earth" is important. How do you relate to your mother? You show your mother respect; you show your mother love. How do you strengthen the spirit of your aura? How do you strengthen the spirit of the Earth's aura? The way you strengthen the spirit of the Earth's aura is by showing respect through ceremonies. That means that if you have fifty people around the planet and you want to relate to the spirit of the Earth you do an exercise in Biorelativity where you all come together in a ceremony. That ceremony, for example, could be that all of the people build a small medicine wheel on their property. You have a ceremony where people are together at the same time in the center of the medicine wheel.

Another way to relate to the spiritual aura of the Earth is to chant together and honor and respect the Earth by spiritually chanting the spiritual name of Mother Earth, "Gaia." Visualize the Earth's aura as blue. The Earth's spiritual aura is the top of the four layers. It is above the emotional, the mental and the physical layers. You want to strengthen your connection to the spirit of the Earth. You want to send energy and light to the spirit of the Earth.

SAVE THE DATE!

24th Annual GOF Conference

Connecting With The Arcturians

for Personal & Planetary Healing



Arcturian Corridor
by Gudrun R. Miller

November 1-3, 2019

Friday evening through
Sunday afternoon

at the

**Prescott Resort &
Conference Center**
near downtown Prescott

needs to change. This change needs to happen dramatically and quickly for the current way of "doing business" is not going to be effective. As we come up to this gateway, known as the 10-10-10 energy, we are coming up to a time period where the thought processes and the worldviews of many people now have an opportunity to shift. This is a gateway in which a huge spiritual input of light and spiritual force can enter and help to shift the worldview of many people.

There are not gateways every day and there are sometimes null periods in which spiritual thinking and spiritual light is not available. During null times, people are not able to receive new information and new spiritual energy. Why is it important for people to receive new spiritual light and new spiritual energy? It is important because there is so much rapid change. You are living in a period of extreme rapid change. Even though we are recognizing this term, the new normal, it still is important to note that you are living in a period of unusual change and unusual rapid change. There is a great deal of stress on the species of humanity. There is a great deal of stress on so many other species because of the change.

Starseeds Counseling



I am Gudrun Miller and I have been a professional counselor for over 30 years.

Three days of intensive workshops on Arcturian Spiritual Technology and Healings led by David K. Miller and Gudrun R. Miller.

Special guest speaker: Ruben Saufkie of the Hopi Nation

Plus, enjoy a special 4-hour Tipi healing talking circle on Monday, November 4, 9:00 am - 1:00 pm.

Conference Fee: \$325
Tipi Healing Circle: \$110

Register NOW

Group of Forty Monthly Lectures

with David K. Miller



The next lecture is on Saturday, September 7, 2019 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST).

We will be meeting on freeconferencecall.com international phone line, which is specific for each country.

An email announcement will be sent out one week prior with the [freeconferencecall](http://freeconferencecall.com) phone number and access code.

Contact David Miller at davidmiller@groupofforty.com for more information.

The re-transmission of the lecture for Europe will be on **Sunday, September 8, 2019 at 10:00 a.m.** Phoenix, Arizona time.

You can check the teleconference/lecture time against your local time by using either:

www.timeticker.com or www.thetimenow.com

Planetary Healing Biorelativity Earth Balance Teams

Dear Gudrun,

I am a Starseed from Sirius star system. My problem is that I don't feel I belong here on Earth. I feel like an alien!

Being in this world feels unsafe for me. I am now so scared that I rarely leave my house. I have little joy in my life.

Was it a punishment for me to come here? I can't believe that I chose to come here for any reason!

I have tried different therapies but nothing takes away the anxiety and the depression.

Any help would be appreciated.

Lost!

Dear Lost,

I am sorry you are suffering and are not adjusting to your life on Earth. You are a very sensitive person so I can understand how difficult it is for you to be incarnated here.

I do not know your soul history or your soul purpose but I do know that you are here for a reason. What that reason is must be determined by you.

You can do a hypnotherapy regression to connect with your higher self, your guidance and your soul family. Your questions can be answered.

You can set up a session with David or another channel who might be able to answer questions and give you guidance.

These answers may not take away your despair. You will then be



These wonderful groups are meeting weekly to present meditations on the various meridians of Earth. What is happening is that we are letting Earth know we are here and we are supporting her and she will respond more favourable BECAUSE she knows we are here.

REMEMBER.....A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it.

Biorelativity is the ability to interact with the Spirit of the Earth with higher consciousness. On one level, Biorelativity can create unity consciousness and a unified energy field.

Noorelativity is the ability to send thoughts and energy into the Noosphere for the purposes of manifesting a higher healing light throughout that planet.

Please consider being involved in this project.

You join in on the phone conference line. Some of the Teams have changed their weekly meditations.

Keith and Tabitha (Boston) and their Team are focusing on the Pacific Ocean currents. They meet every Thursday night at 4 pm AZ | Aust 9 am EST Friday: Access code 164595#

Corae (Nebraska) and her Team are focusing on placing Galactic energy to Earth's subconscious to dissolve negative thought forms and also the Ring of Fire Meridian. They meet every Monday evening at 5 PM AZ | Aust 10 am Tuesday EST: Access code 164595#

Mber Rose (Colorado) and her Team are focusing on the North to South Pole meridian. They meet every Wednesday evening at 4:30 pm AZ | Aust Thursday at 9:30 am EST. Access code is 164595#

Jan (New Hampshire) and her Team are focusing on healing the space time continuum rift. They meet on the first, third, fourth and sometimes fifth Friday at 6 pm AZ | /Aust Saturday at 11 am EST: Access code 164595#

required to take the action recommended by your guidance.

You are not alone. You have your guides watching over you and you can use the network set up in the Group of Forty to connect with other Starseeds and to do healing work for Mother Earth. You do not need to be an Arcturian Starseed to benefit from the group that the Arcturians have set up for us!

Many Starseeds have similar issues.

I wish you the best!

Gudrun

Co-founder Group of Forty
gudrunaz@yahoo.com

Quick Links...

Monthly Lecture Recordings:

[Link for December 2017](#)

[Link for January 2018](#)

[Group of Forty Website](#)

[Books](#)

[Groups](#)

[PCOLs](#)

[More About Us](#)



[GOF Annual Report](#)
[Activity Calendars](#)
[Criteria for PCOLs](#)

GOF Handbook & Workbook are now available as an eBook download. [Click here](#) for the link.

PCOL Criteria. [Download it here.](#)

Your paid membership of \$40 helps support all GOF projects, including the monthly newsletter, the website and other planetary projects.

Please click the button to sign up online.

Many blessings!



Yvonne (Sydney) and her team in are focusing on the North to South Pole meridian line. They meet as a group every Tuesday. Yvonne, Pat and Gwen.

The meditation on a **Monday night** at 3 am AZ | Aust 8 pm EST is for Earth. There are five meditations presented. We open the Planetary Codes of Ascension; we take the aura of the Earth to an Arcturian Planetary Healing Lake near the Central Sun and we will work on the meridians not already covered by the smaller groups. Access code 396637#

The same themed meditations are also presented by US presenters on **Tuesdays** at 5 PM AZ | Aust Wednesday 10 am EST: Access code 164595#

Tuesday at 3 AM AZ | Aust 8 pm EST, the international team is focusing on ways to increase our skills and abilities for ascension: Access code 396637#

Wednesday at 3 AM AZ | Aust 8 pm EST we focus on various ways to work with the weather patterns on the planet: Access code 396637#

Once a month on the **second Wednesday of the month** we present a powerful meditation on various subjects and ask for 40 people to come together for this meditation. 4 AM AZ | 9 PM Aust EST: Access code 396637#



Jane Scarratt
National Coordinator in Australia
For the Group of Forty
janescurratt@gmail.com

Planetary Cities of Light Report



Lin Prucher
International PCOL Coordinator
linprucher@groupofforty.com



What is New in the Planetary Cities of Light world?

A whole new country for our GOF Planetary City of Light Global Network! Portugal activated its first Planetary City of Light at our August 23 PCOL Global Gathering. Yay!



David is available for personal healing work in person in Prescott, and he also does

phone readings. Contact him via email: davidmiller@groupofforty.com

ANNOUNCEMENTS



David's book, [Conectándose con Los Arcturianos 2](#), is now available as an eBook in Spanish.

The book has recently been translated into Spanish with the great help of Odilia Riveria and Alex Davlar. Light Technology Publishing will soon have it available, and we will send out the information to our Spanish speaking GOF members as soon as it is on line! In the meantime, the eBook is available for purchase on the following two sites:

<http://www.livrariacultura.com>

<https://www.kobo.com>

> David's new book, *Connecting With the Arcturians 2*, is available for purchase in soft cover from [Light Technology Publishing](#).

> David's book, *5th Dimensional Soul Psychology: Channelings by Vywamus*, is available on the [Light Technology website](#).

> David's book in Spanish, *"Enseñanzas del Sagrado Triángulo Arcturiano,"* is available in the Amazon.com Kindle Store and may be purchased [using this link](#).



The Red Dot is Planetary City of Light Almar in Quarteira, Portugal

Juliano said that "This City of Light is in a very important geographical position in the world in part because it is so close to the ocean, in part because it is in Europe and in part because of the meridian lines that it is sitting on. Our work today will activate this City of Light and it will create great interest and great awareness in the whole country of Portugal. It will be helping to teach about the importance of working for protecting, activating and connecting to the Fifth Dimension."

Remember all GOF members are invited to the monthly Global PCOL Gathering. You do not have to live in a Planetary City of Light to attend. Your energy is useful and welcome in activating Planetary Cities of Light and you also receive energy and light. It is a win-win situation. Our next meeting will be September 1st and we will be activating a Planetary Ocean Reserve of Light in Brazil.

Those of you living near the sea or ocean consider starting a Planetary Ocean Reserve of Light. Here is a tip from the Australians:

PORL reactivations: We bring water from our Ocean Reserve of Light to the reactivation meditations and then we return it to ocean. We go into the water at least quarterly.

What a great example of using our Galactic and Holographic Healing powers to heal the planet!

Let's find a way every day!

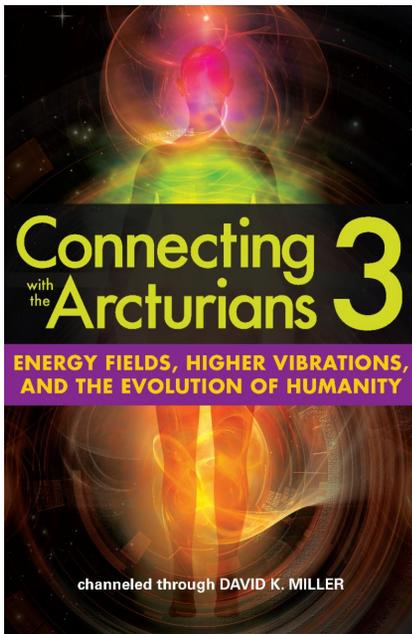
Omega Light Blessings to you all,

Lin 😊

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Next in the series ...

"Connecting with the Arcturians: Volume 3"



Connecting with the Arcturians

3 is available as an e-book and a hard copy book through Light Technology Publishing.

This third book contains the most up-to-date information on ascension that is available, including new spiritual techniques to aid the process.

David's earlier books:

"Connecting With the Arcturians" and "Connecting with the Arcturians 2" by David K. Miller offer a comprehensive presentation on the ideas and views of an extra-dimensional, extra-terrestrial civilization on the Earth situation from the planet Arcturus.

Subjects included in this fascinating presentation are: 1)

Planetary Cities of Light Monthly Channeling

Planetary Cities of Light and the Ring of Ascension

June 23, 2019

Channeled by David K. Miller
davidmiller@groupofforty.com

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Greetings. I am Juliano. We are the Arcturians.

Today I want to discuss the Ring of Ascension and how the Ring of Ascension can be very helpful to you in strengthening the global connections between the Cities of Light and also the Planetary Ocean Reserves of Light. We see the Planetary Cities of Light as serving two functions.

The first function is to create sacred space and to serve as a protection of that space. We all understand how important it is to protect the energy of a Planetary City of Light. We know and want that this energy remains as high as possible. We want that this energy can be receptive to higher light.

The second part of this is that each City of Light is a strong member in a global network. That means that the Cities of Light need to be transmitting energies to other Cities of Light. For example, in San Martín de los Andes they will work to send energy and light to other Cities of Light. We have also asked that Cities of Light become sister and brother Cities of Light. This means that each City of Light will have a brother or sister in the project and that they will be sending energy and light to each other.

Today I want to talk about activating the Planetary Cities of Light as one unit. And I want to talk about this in a way that we can use the Ring of Ascension as a tool for strengthening the Planetary Cities of Light. Also, the Ring of Ascension can be helpful in transmitting the Planetary Cities of Light outward throughout the Galaxy.

Yes. The Ring of Ascension has a very strong spiritual energy. And I want you to think more about using the Ring of Ascension for the Planetary Cities of Light. So, in the exercise that I am going to recommend today I want you to think of your City of

the Arcturians' view of the ascension or "rapture;" 2) what is the Fifth Dimension and how we, as the human race, are evolving toward the higher dimension; 3) the impending Earth peril and dangers to the Earth biospheres; 4) Jesus' (or Sananda's) role in the ascension and why he has a new name in the higher realms; 5) The Arcturian Stargate, a soul transfer station referred to in the Edgar Cayce's writings. When we finish the Earth's incarnations, we can travel to the Stargate for our next "soul assignment."

This first book also describes a new concept in spirituality, the Arcturian Sacred Triangle. For the first time, the Arcturians offer a way of uniting Earth's spirituality so that a planetary healing can occur. Readers will learn how ascended Native Americans' mystical Earth spirituality and galactic extra dimensional spirituality can be united to enhance a healing for the entire planet.

The follow-up to this book, "[Connecting with the Arcturians 2](#)", focuses on planetary transformation from a galactic perspective. It covers such topics as embracing galactic spirituality and planetary evolution, the aura enhancing technique known as shimmering and much more. The reader also gains more understanding of the planetary healing technology such as biorelativity and other global healing techniques.

You can buy these books at the following links:

[Connecting With The Arcturians](#)
[Connecting With The Arcturians2](#)

Light. I want you to visualize your City of Light. Some of you have maps that you used for your City of Light when you applied to become a City of Light. Some of might have visualizations. You all have knowledge of the City of Light.

Transmit or send that picture, that visualization of the City of Light into the Ring of Ascension to the best of your ability. Please do that now. The City of Light that you are closest too, the City of Light that you are in, the Ocean Reserve of Light that you are next to - send that image into the Ring of Ascension.

(om) toning

Your City of Light image is now being uploaded into the Ring of Ascension. And I, Juliano, am helping to strengthen the image of your City of Light in the Ring of Ascension because by strengthening the image in the Ring of Ascension I am able to strengthen your City of Light. This is due to the technology of the Ring of Ascension. This is due to the strong spiritual tools that are part of the Ring of Ascension.

Let us go into meditation now and continue to project and visualize your City of Light in the Ring of Ascension, now. We will go into silence.

(Silence)

Remember that these Cities of Light are Planetary Cities of Light. As your City of Light image is in the Ring of Ascension I will strengthen the bond with all the Cities of Light and all the Ocean Reserves of Light.

(Silence)

Now the images of the Cities of Light are being strengthened because they are in the Ring of Ascension. I want you to understand that the Ring of Ascension can transmit light and transmit energy etherically throughout the galaxy. This Ring of Ascension is like a gigantic antenna that is able to transmit light and energy through the Fifth Dimension and to all points on the galaxy. There are many higher civilizations and higher Planetary Cities of Light throughout the galaxy that are looking to receive the light and energy and communication from the Earth's Cities of Light.

So now I, Juliano, with your help and visualizations am going to begin to transmit the energies of your Planetary Cities of Light to the other Galactic Higher Cities of Light throughout the Galaxy. I am beginning the emanation. I am beginning the transmission of your images of your Cities of Light and I am transmitting them throughout the galaxy to other receivers of higher fifth dimensional Cities of Light throughout this Galaxy.

So go into silence with me as we transmit the images of the

Visit [Light Technology Publishing](#) or call Light Technology at 800-450-0985 to order your hard copy of any of David's books.

All of these books are available as e-books [on Amazon](#). Simply go to: <https://amzn.to/2zY9erY>



**Visit our GOF
Facebook Pages!**

[Group of Forty group on Facebook](#)

We have a closed group, open only to registered GOF members.

There is also an [open group](#) for non-members. Simply ask to join either one. Thank you.

New: [GOF Biorelativity Page](#)

[Das Blaue Juwel](#)

[The Blue Jewel \(English\)](#)

[Planetary City of Light Lago Puelo](#)

[German Facebook Information page](#)

[German Facebook Group](#)

[Romanian Facebook page](#)

featuring Connecting with the Arcturians.

Additional links...

Argentina is now hosting the official website for all Spanish-speaking people. Please check it out! Thank you, Purvesh and Diana, for your great work.

[Spanish GOF website](#)

[The Blue Jewel DVD](#) on Amazon
<http://j.mp/1b8IHF1>

[The Blue Jewel website](#)

International Activity Calendar

You must log in to view the calendar. [Click Here.](#)

Cities of Light that are now in the Ring of Ascension.

(Silence)

Now these energies, visualizations and images of the Cities of Light are being transmitted throughout the galaxy to other Fifth Dimensional Cities of Light. And the Cities of Light are now being connected. The connection between all of them is becoming stronger. Let us download all of this energy back into your City of Light. But as you are downloading it back into your City of Light know that the City of Light remains strong in Ring of Ascension and continues to transmit its light to each other and to other galactic Cities of Light.

Receive this download of higher energy into your City of Light now.

(Silence)

Know that the Ring of Ascension also has the ability to more powerfully communicate to the Noosphere, to the thought fields around the planet. Let us announce to the spirit of the Earth again that these Cities of Light that we are working with are existing and are working for a greater rebalancing and healing of planet Earth. Let us reach out to receive new strength, new technology, for planetary healing on all levels through the Ring of Ascension.

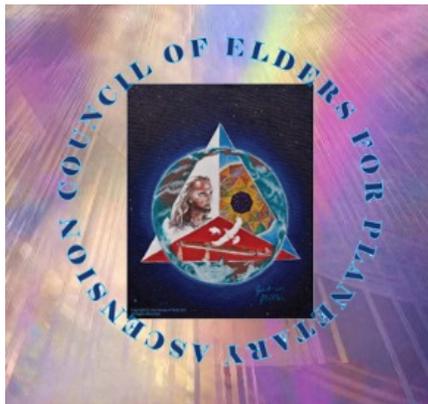
In this time of planetary crisis know that we are also in a time of great opportunity for achieving and creating a new planetary healing, a new planetary balance. Know that we are here to create a new foundation for the new Fifth Dimensional Earth. Return now to your body, to your own place knowing that we have strengthened your City of Light connection to the Ring of Ascension, to the Galactic Cities of Light and to the bond with other Planetary Cities of Light throughout the globe.

Bless you all. I am Juliano. Good Day.

From the Land Down Under



Grose Valley Crystal



In a recent meeting the Council of Elders discussed the difficulties we have had in trying to achieve unity consciousness, which is a prerequisite for the Earth's ascension. In the last few years the COE has attempted to form collaborations with other spiritual groups who have the ascension as an ultimate goal, but these efforts have had limited or short-lived success. We have also tried to collaborate with spiritual groups of Native Americans and Australian Aborigines. David reminded us that we are in the midst of a planetary crisis, the sixth planetary mass extinction, but not everyone wants to acknowledge this.

A difficulty in working with other spiritual groups is that they seem to have their own "Spiritual ego," meaning that they believe their own approach is the proper one and they may not want to adjust their methods and techniques to collaborate with other groups. In David's channeling Juliano urged us not to give up in our efforts to work towards unity consciousness. He reminded us that there have



Carel Fillmer, with Adam Wilshire, facilitated a workshop called Cosmic Empowerment at the Buddhist Library in Camperdown, Sydney. There were twenty participants, mostly professionals in fields ranging from mathematics, science and psychology to wellness practitioners.

Adam demonstrated some Qi-gong movements incorporating sounds for the first half of the workshop.

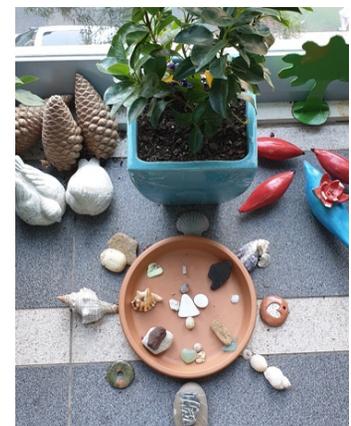
In the second half, Carel gave a short introductory talk about working with the Higher energies and the different dimensions. Carel took participants through aura protection using the Star of David before going up to the Ring of Ascension and sending healing energy to Mother Earth.

The feedback was very positive. Some people had never experienced anything like this before; others loved the connection with Mother Earth, while some really enjoyed being in their 5D bodies. One lady said she would like to have a stronger connection with the indigenous peoples because of their understanding and connection with the Spirit of Mother Earth.

Information about Group of forty was prominently displayed.



Medicine wheel used at the Grose Valley PCOL Reactivation.



Balcony Medicine Wheel created by Belinda, in Sydney.

been events within our memory that have unified people, for example the September eleven attacks and the passing of Princess Diana. On the positive side one can cite the first moon landing as another example of when unity consciousness occurred on the planet. The fiftieth anniversary of the moon landing was observed recently.

Looking towards the future one can envision that "first contact" with extraterrestrials or the appearance of a messiah would lead to unity consciousness. Juliano said that the Galactic Council remains optimistic and we should remember that things can change very quickly. Perhaps it is necessary to wait for things to reach "tipping point" before people realize they need to work together. There will come a time when people will agree that there has to be a unification. In the meantime we should value what we have with the Group of Forty and the intensity and commitment of our GOF members. Quality is perhaps more important than quantity. More people may come to work with us. In the meantime we can release judgment of others and focus on our mission.



Council of Elders,
Group of Forty
Member,
Henry Brenner

henry.brenner@nyu.edu



Medicine Wheel created by Stephen, in Polbathic,
Cornwall England.



Jane Scarratt
National Coordinator in Australia
For the Group of Forty
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Rainbow Serpent ...

FROM AN ENGLISH COUNTRY GARDEN: THE RAINBOW SERPENT LINE MERIDIAN

Stephen Moore and Fiona Mash (UK) attended a talk given by Marcus Mason from 'The Heaven and Earth Community' and Marcus started by talking about the crystalline matrix that surrounds the Earth and how astrological birth charts can be superimposed onto this earth grid, giving us information about where we have lived in past lives. It makes suggestions about where we should be living in this lifetime and marking significant locations to visit on holiday. Such destinations could help boost our spiritual development and understand aspects of our past, present and future lives.

We can make peace with places of conflict perhaps or just visit a place where we have been happy in a previous incarnation. If you have always been fascinated by all things Egyptian then the

Did you know?

Connecting with the Arcturians 3 ~ Chapter One

by David K Miller

States of consciousness can be either low or high. There is even a state of consciousness in which you realize that what you thought was good and bad doesn't make a difference anymore. This state is usually characterized by statements such as, "All is as it should be. Everything is in divine order." From that higher state of consciousness you are not bothered by what is happening because you know that everything is as it should be. You realize that a divine plan is unfolding and leading to a higher order.

There are various natural and artificial ways to reach such a state of consciousness. For example, getting drunk is an artificial method. In that state, you might not care about pain or issues that concern you in your normal state. There are also drug-induced states of consciousness such as when you work with some shamans. And there are very complex and difficult meditations that produce a higher state of consciousness. There is great truth in the perception that all is as it should be but it is only a temporary state.

When you come back from an altered state of consciousness to the Third Dimension you might feel a sense of hopelessness. For example, from the Third-Dimensional perspective you would have great difficulty witnessing animal or human suffering. It is

chances are that you have spent time there in a former life. We were shown some of the earth meridian lines, and learned about the magnetic energy currents that move across the planet.

Of most interest is the Rainbow serpent line that starts in South America, crossing the Atlantic, through the UK before dropping down towards Australia and NZ. Along the line you will notice significant sites like Glastonbury and Uluru, which are Earth chakras and energy vortexes. To me it looks like a DNA spiral, the Kundalini spiral, Ida and Pingala but also the infinity symbol that has no beginning and no end.

Now the Rainbow serpent line in England is well known as the Mary/Michael lay line. It enters at the toe of Cornwall and runs through Avebury, Glastonbury and Stonehenge before exiting off the coast of Norfolk. However we also learned of different sites along that line such as Men al Tol, St Michaels Mount and the Hurlers Stone Circle. Some began as beacon sites that were huge bonfires that were lit in ancient times to warn of invasion, Churches, standing stones and Tors. It sent my mind whirling on where the other sacred sites are, all over the world, some will be well known and some not but each place is significant to Earth, every place is worthy of a visit.

I am now planning to adopt the Rainbow Serpent line in our meridian meditations as both the feminine and masculine serpent line need our assistance to maintain their vibrancy and balance.

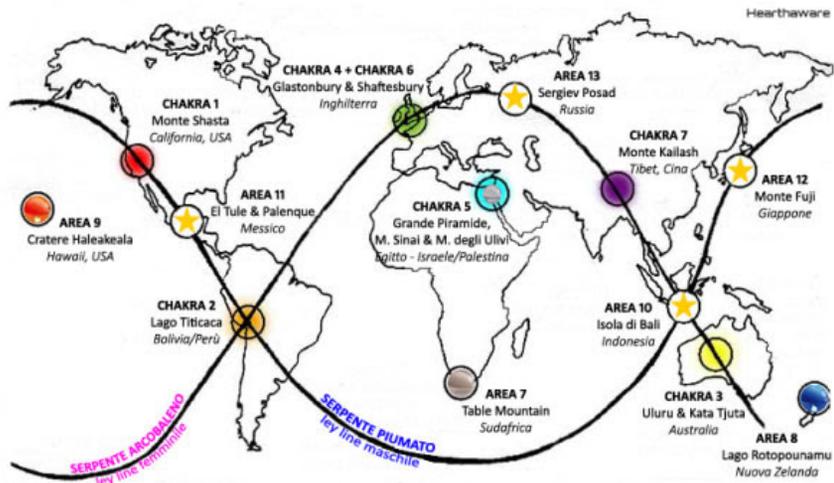
Choose the serpent line that crosses your home country and send it light.

I sat there after the three-hour lecture musing about ways to maintain this most important meridian and how our small team could do that. The Universe replied by sending an invitation to us to join 'The Heaven and Earth Community' at the Hurlers Stones at Winter Solstice. Over a welcome cup of tea, a plan was hatched and new bonds were made with other Starseeds, Shamans and healers with the common goal to do all we can to help Earth ascend into the Golden Age. Keep a look out for chances to meet ups. Jump in the car and drive because there are new friends to be made, connections to be forged in oneness, in unity consciousness, in love.

hard to say that all is as it should be especially when the pain and suffering you see on the planet is not acceptable to your heart. Then you have a paradox: All is as it should be from the higher perspective but in the Third-Dimensional perspective the situation has to change. How are you to deal with this? That's why we are working with you to develop a new paradigm and to try to put everything into the right perspective.

Part of this process is relying on your ability to use the correct mental perspective. Again, the mental body is the highest form and is the first of the four worlds. Wisdom is part of the mind and includes higher understanding. You need to make the connection between what you intuitively know and understand so that you can implement changes on the Third Dimension. For example, people who smoke might intuitively know that cigarettes are bad for their health and that smoke pollutes their lungs. They might even understand that cigarette smoke causes cell damage. But the final piece is to stop smoking. The person has to put it all together and make that decision and that last step is the most crucial. This is where many people fail. They lack the ability to implement what they know.

Why is it that people who seem knowledgeable and intelligent can't put it together? I am sure you've asked that question in regard to how people treat the environment. Wisdom tells you that polluting is bad for the biosphere and for life. There is



Here is a very simple example of the rainbow serpent line.

<http://www.alunajoy.com/11-2016rainbow-plumed.jpg>



Fiona Mash
Coordinator UK South
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PCOL Report from Cornwall, UK

Cornwall Capers

Hello Starseeds,

This month I thought we would look at medicine wheels.

We have set up a permanent small stone circle in our back yard which is set in the gorgeousness of Mother Nature in our PCOL and we have a crystal medicine wheel, which I work with for planetary healing inside the house. I work with crystals because each type of crystal brings its own unique energy to the table. They are in my medicine wheel balancing, energizing, cleansing, healing, loving and grounding, depending on which crystal you work with.

They are also easily swapped and changed to shift the energy to suit (let's not forget we are living in rapidly changing times) and shifts in energy fields. Therefore I change my medicine wheel when I feel there has been a shift, which is going to be more than once a year. Crystal energy can also be enhanced when laid out in sacred geometric patterns and shapes and laid out on a North, South, East and West alignment.

You can customize too. For instance, I've added a copper pyramid in the centre. I change the crystals by size, colour and quantity in synchronicity with the energy shifts.

scientific evidence of that. I am sure that everyone has seen the dramatic statistics of children dying from asthma in industrialized countries. But there is still no will to stop pollution.

Why is pollution-free industry not implemented around the planet?



Jane Scarratt
National Coordinator
in Australia
For the Group of
Forty

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with David & Juliano
by David K Miller

Christopher in NSW asks:
Juliano, I have heard that the healing of the planet will work in waves over a period of 7,000 years. Light dark... light dark. The period of light we are in right now will last for 200 years and is the best opportunity to ascend. After that the dark takes total control for 500 years and the suppression of the mind is total at which time an ascended master will appear to bring back balance. But the suppression of the mind for so long will make it impossible for at least half of the population to ascend. Is there anything we can set up or do now to help this possible future situation?

A: Well Christopher, everyone has an interpretation on the nature of the waves and the nature of the coming and going of the light and the darkness.

Here are some photos to illustrate. Crystals also give you a feel-good factor. They are so much fun to work with! So get creative - let your inner creator out!!

Until next time, together in unity consciousness.



Namaste,

Stephen Moore
satcitananda64@yahoo.com



Welcome New GOF Members!

We would like to extend a warm welcome to the following new members who joined the Group of Forty between July 18, 2019 and August 18, 2019.

First Name	City	State/Region	Country
Nanami	Brookfield	WI	USA
Donna	Owen Sound	Ontario	Canada
Hannah	Hendersonville	NC	USA
Brenda	Clover	SC	USA
Meredith	St. Augustine	FL	USA
Amanda	Brisbane		Australia



Birgit Smothers
USA Group Coordinator
birgit@groupofforty.com

The figures you have are interesting but I do not totally agree with them so I cannot use your figures of 7,000 or 500 or 200 and try to interpret them to you. I am going to present to you another model that I am more comfortable with and is actually based on an astronomical-phenomena. I am referring to the astronomical energies related to the position of the stars, the position of the galaxy and the position of the Central Sun to a planet. For example, we have talked about the Central Sun alignment in 2012 which was a great opening and opportunity for further expansion; mind expansion.

The model I want to offer you is based on a movement of the Earth called the precession of the Earth. This has also been defined as the wobble of the Earth. The Wobble of the Earth is similar to a spinning ball. When you spin a ball or a top there is a point during it spinning where it wobbles. One revolution of such a wobble is called precession of the Earth. The Earth has a wobble which takes 26,000 years for one rotation. This wobble is extremely important astronomically because even a part of one rotation number relates to the position of the North Star. For example, 6,000 years ago the North Star, which is now Polaris, was not the North Star due to the precession of the Earth.

There have also been discussions about Egypt and the fact that some of the pyramids were built in alignment with the Belt of Orion but the Belt of Orion now is not in a perfect alignment with these pyramids because of the position or the wobble of the Earth.



Spiritual Exercise with Archangel Michael

From Chapter 4

"Raising the Spiritual Light Quotient"
by David K Miller

I speak to you about the greatest way to expand your consciousness, which is through the energy of the Holy Spirit. The Holy Spirit is filled with the light of the highest force, the highest energy. So listen to these words because the words bring the energy to you directly, more than even what I'm speaking.

- First, I will give you the words of the prophets Eliyahu and Elijah. [Tones in Hebrew: *Eliyahu Ha'navi, Elijah the Prophet*]
- Let the energies of the prophet of Eliyahu activate in your expanded consciousness so that Eliyahu will be with you at the ascension. Eliyahu will be at the gateways of the ladders of ascension to greet you. [Tones again: *Eliyahu Ha'navi*]
- Let your mind expand for you have within you the ability to prophesy. You have within you the codes of ascension. You have within you the ability to ascend. But please, first do not seek to prophesy but rather seek expanded consciousness. Then the ability to prophesy will come with that. It is ego to seek the number to win the lottery or win a horse race. That is not the way toward expanded consciousness. Expanded consciousness comes with unity and unifying and that is where we speak about the Holy Spirit, the Ruach Hakodesh.
- So listen to the Hebrew words Ruach Hakodesh, and feel within you the vibrational energies, because the words will vibrate into your energy field. [Tones in Hebrew: *Ruach Hakodesh, Holy Spirit*]
- Let the Holy Spirit expand your consciousness. As the final teaching about the letter Nun, it is part of the Hebrew word for prophecy: Navi. [Tones: *El Na Refa Na La, Hebrew for "Please God, heal her now."*]
- Na is "please." Think about this word "please" as a way of surrender. It is not surrendering as though you are in a battle and you gave up but surrendering the ego; you are surrendering yourself, putting aside the worldly thoughts and connecting with this expanded consciousness. Part of the healing is to experience this word "please." This is also in divine healing because you are saying, "Please God, heal her now." [Tones: *El Na Refa Na La*]

The second aspect of the relationship to the position or the wobble is the zodiac and the zodiac is traditionally divided up into 2000-year periods. You have left one period and now are either on the edge or coming into another period which is the Age of Aquarius. Some people think we have already entered that now. The point is that the wobble of the Earth has come into the alignment with the constellation Aquarius and these have certain significances. So the light and darkness and the different periods that Christopher is referring to are actually more accurately described in the relationship between the zodiac and the positions of the stars.

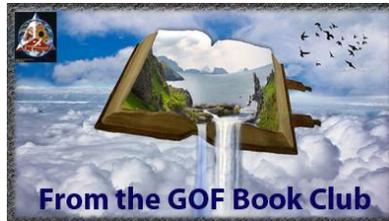
There are theories about what the Age of Aquarius is like. There are discussions about openings and the Age of Pisces and there are discussions about other cosmic alignments. So using these models there is going to be different frequencies and different opportunities. The Earth is now in an ascension mode. There are ascension openings within this period.

It is not that the stars themselves are causing these openings, it is not that the constellation Aquarius causes the opening but that the position of the stars and its relationship to the position of the Earth represents an alignment of cosmic energies that are coming to the planet right now.

Finally, there is another factor which is the revolution of the solar system around the galaxy and around the Central Sun. There are different estimates on

- Let the healing light "please God" come to all who are hearing and reading these words.
- Let the Holy Spirit, the Ruach Hakodesh, and the energy of Navi, Eliyahu Ha'navi, fill your consciousness.

I'm Archangel Michael. Good day.



AUSTRALIAN BOOK CLUB

"Expand Your Consciousness"

From Chapter 11 by David K Miller

Questions and answers by book club members.

How can we compare the human energy field to a planetary energy field?

For a moment visualize your aura and your energy field. You might become aware of it and realize that it is vibrating. Your energy field has multiple layers. You have layers of spiritual energy, mental energy, physical energy and emotional energy. You are multidimensional beings. Many of you struggle to understand what it means to be multidimensional. Being multidimensional includes interacting with the etheric energy fields. The planet has an aura just like the human aura but the planetary aura is filled with vast energies from the collective history of the planet and all its beings. This includes all the animals and plants as well as numerous other sources of energy. The biosphere, for example, is also related to the etheric energy field of the planet, which can be described as the aura of a planet. It is divided into etheric layers that are uniquely related to the existence of humans inhabiting the planet.

What is the difference between Earth and Mars?

In comparison, the aura of a planet like Mars is different from Earth's aura. The main difference is that there is a collective energy field of human thought and energy stored throughout history within Earth's aura. This means that the thoughts, energies, emotions and other emanations from the human spirit fill Earth's aura. Earth's aura is similar to the akashic records, the collective library of all thoughts and events for all beings throughout the galaxies.

the length of this rotation. One estimate was 500 million years which is an extraordinarily long time and this means that every year that you are in this solar system is a new position. The last time the Earth had this same energy field was 500 million years ago.



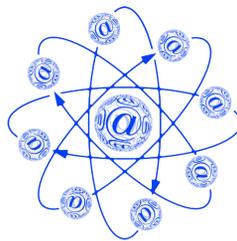
Jane Scarratt
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Group of Forty
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Discuss the mental layer of Earth's energy field.

Earth's energy field consists of layers. One layer is Earth's mental energy, which includes the collective unconscious. The collective unconscious includes many transgenerational animalistic and cultural symbols. This means that they occur in multiple generations across many cultures. Visualize Earth's energy field in layers as I have just described. We are coming to the point of the mental layers, which contains higher thought and a higher level of light energy. You can readily understand that a mental thought could be higher than, say, an emotional thought of fear or anger. Mental thoughts are usually reserved for more evolved beings like humanity.

What exactly is the noosphere?

There is a special layer of energy in the mental layer of Earth's aura called the noosphere. This layer of energy is related to higher energy and higher thoughts. The noosphere is directly related to the overall evolutionary process of the human species. It has a relationship with the collective unconscious as part of the thought energy field of Earth. The noosphere contains a special section of thought patterns that are related to higher light and to humanity's higher evolution. Higher thought patterns directly influence the evolutionary process relating to such concepts as the Fifth-Dimensional Earth, the just society, the Planetary Cities of Light, and the Etheric Crystals.



Emails from GOF Members

Hi David and Gudrun, hope you are both well.

Mass extinctions happen but Earth survives. She is a living entity, a blue pearl, which will not allow herself to be destroyed by some puny human beings. The extraterrestrials, such as the Orions, Sirians and Pleiadans who have genetic connections therefore some responsibility, to the Human Race have also committed that they will not allow Earth to be destroyed.

Our soul exam, the test for human souls who want to ascend in order to be a part of the universe, is to heal the planet on which we live. Other bi-pedal beings have destroyed their planets with nuclear bombs and/or biosphere collapsing consequences and there have also been examples of planets being destroyed naturally by exploding stars or whathaveyou.

I believe that souls are meant to ascend and get closer to God creator with love and respect. With ascension souls can avoid universal events such as naturally exploding stars. Souls which ignore the warning signs and take part in the mass extinction

suffer eons of lower vibration existence before having to start all over again in the evolutionary process. Remember, miracles happen! We can stop global warming and avoid a collapse of Earth's biosphere which will result in the death of most living things.

Wouldn't it be great if, just like in the 60's after JFK suggested we make it to the moon before the decade ended, we do the same thing now worldwide. If we the human race come together to reduce fossil fuel burning to zero by 2030, thereby doing our best to halt global warming, we may survive and transform our human race and our planet into the next dimension of universal peace, love and acceptance.

It is our responsibility as Humans to clean up our own mess.

Barton Crane
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Our Purpose

"40 Groups of 40 will be formed for Personal and Planetary Healing - Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the fifth dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.

To join Group of Forty, click the button below



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