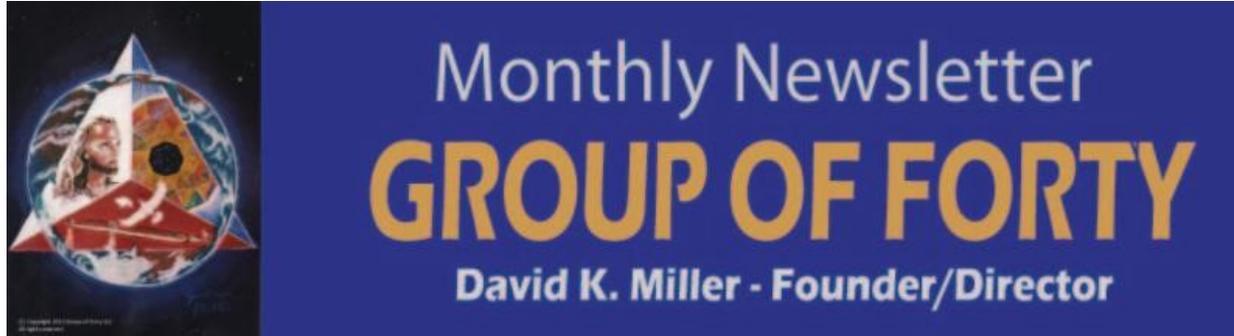


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Hi, just a reminder that you're receiving this email because you have expressed an interest in Group of Forty. Don't forget to add davidmiller@groupofforty.com to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.



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Gmail (and possibly Outlook and Yahoo) clips the content so you may need to scroll to the bottom and click the link to "View entire message" or "Download pictures".

Connections Issue 270

APRIL 2019

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Unlocking the Planetary Codes of Ascension

Juliano, channeled by David K. Miller

Yes, there does exist Planetary Codes of Ascension. What is the key towards activating the planetary codes? How can the Planetary Codes of Ascension be activated? The location of these codes was thought to be centered in Jerusalem for example. But I am clear that because of its polarizing political conflicts in that area, there is now a corruption of its purity. This is not to say that the entire Jerusalem area is lost. Jerusalem still does hold deep connection to the Central Sun and deep connections to ancient energies.

GOF Monthly Lecture
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Past Channeled Messages From Juliano

Wonderful Concept of the Noosphere

August, 2012

I am Juliano. We are the
Arcturians.

I want to focus more on this wonderful concept of the Noosphere. The Noosphere can be compared to the planetary subconscious but it is *more* than the planetary subconscious. To understand the Noosphere we have to understand the composition of the Universe. We have to understand that there are subatomic particles that are related to thought waves. These subatomic thought particles have not been

I also referred to Stonehenge as being another power spot that could help activate the Codes of Ascension for the planet. We see potential for activation of the Codes of Ascension in a power spot, in a sacred spot. There were also Planetary Codes of Ascension that were in the pyramids. The ancient Egyptians were holding this idea that one could build a system of pyramids that would be linked with the galaxy in order to bring down higher energies. Their pyramids were linked with the stars in Orion's Belt. They believe that this linkage with these pyramids would unlock a planetary evolution. In fact, the building of these pyramids did accelerate the evolution of the Egyptians, and if you study their history then you will see that they had an extremely long empire and it did accelerate and expand their society and their culture and their spiritual life.

The pyramidal energy is another example, like Stonehenge, for using a sacred site for planetary evolution. Stonehenge had multiple purposes. It was essentially setup as a corridor similar to the purpose of the pyramids. The idea of the pyramids and Stonehenge was to create symbolic structures that would unlock codes of evolution on this planet.

Now you, the Starseeds, can assist in unlocking the Planetary Codes of Ascension. There are several important points. The first point is that the Gaia is a living spirit. The second point is that the spirit of Gaia is receptive to certain planetary spiritual changes that are created by man. Planetary changes can be communicated to Gaia with the development of crystals or the development of huge stones that are able to communicate directly with the spirit of the Earth.

The idea of unlocking the Codes of Ascension for the planet has to be done on a grand scale. Now we can work in an etheric way to communicate with Gaia. With the Arcturian etheric crystals we are developing interactional areas and energies that can powerfully communicate with the Earth.

During an Arcturian group meditation, we can activate the

discovered. Yet there is the *medium* - there is the existence of particle waves that exist in all parts of the Universe that allow thought waves to be transmitted. These particles are special and have many unique properties that would not be found in normal particle physics. For example, a thought wave that is being transmitted through this type of thought particle is capable of traveling faster than the speed of light. In fact, these particles can transport thoughts *instantaneously* across vast distances throughout the Galaxy.

This is important in our discussion because the earth is now receiving thought energy and thought particles from the Central Sun. The Central Sun, which is also known as the center of our galaxy, has been estimated to be 35 thousand light years from the earth. So, if one were traveling at the speed of light, the thoughts and energy from the Central Sun would take 35 thousand years to reach the earth. So there has to be another mechanism for thoughts to reach us more quickly from that area of the galaxy. There has to be another type of particle transportation

energy field of the Arcturian Planetary Tree of Life and then download it into the spirit of Gaia. This will serve as a tool for unlocking the Codes of Ascension for the planet. Ascension is accomplished through an altered state of consciousness. This higher state of consciousness is vibrational. Now we need to expand the vibrational energy field of the Arcturian Tree of Life using the twelve etheric crystals. Connect energetically the different spheres and the different power spots on the Arcturian Planetary Tree of Life. You can then unlock the Codes of Ascension for the planet. By unlocking the Codes of Ascension quantum energy fields could be released on a vibrational level that will begin to accelerate the planetary shift necessary for the ascension of Mother Earth.

I am Juliano. Good day.

SAVE THE DATE!

24th Annual GOF Conference

Connecting With The Arcturians



Arcturian Corridor
by Gudrun R. Miller

The dates for the 24th annual workshop will be November 1-3, 2019.

Three days of intensive workshops on Arcturian Spiritual Technology and healings.

Plus, enjoy a special 4-hour Tipi healing talking circle on Monday, November 4 following the conference.

The conference will be held again at the **Prescott Resort** in Prescott, Arizona.

wave that can work with transmitting thoughts.

The unique particles that I am referring to in this lecture are called Thought Particles. These Thought Particles have the ability to interact into other dimensions and these Thought Particles also have the ability to *travel and work in interdimensional space.*

Clearly, to travel the vast distances from the center of the galaxy to the earth requires the ability to transcend normal dimensional energies and go into interdimensional space. Interdimensional space is also composed of several various components. One component of Interdimensional space is called Hyperspace. You probably have heard of that word before. Hyperspace can be defined as above or beyond space.

Starseeds Counselling



I am Gudrun Miller and I have been a professional counselor for over 30 years.

Gudrun,
Can you say something about using the feminine energy to heal the Earth?

Conference Fee: \$325
Tipi Healing Circle: \$110



Group of Forty Monthly Lectures

with David K. Miller



The next lecture is on Saturday, May 4, 2019 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST).

We will be meeting on freeconferencecall.com international phone line, which is specific for each country.

An email announcement will be sent out one week prior with the [freeconferencecall](http://freeconferencecall.com) phone number and access code.

Contact David Miller at davidmiller@groupofforty.com for more information.

The re-transmission of the lecture for Europe will be on **Sunday, May 5, 2019 at 10:00 a.m.** Phoenix, Arizona time.

You can check the teleconference/lecture time against your local time by using either:

www.timeticker.com or www.thetimenow.com

I asked Spirit Fire to answer this request.

I greet you in the light of this new day! I am Spirit Fire.

I will speak about our Mother, the Earth. She is an embodiment of the light of the feminine which seeks to bring balance through the beauty of nature and the steadfastness of unconditional love for all. She gives you each day as a gift, an opportunity for your continued spiritual evolution.

She is a true Mother to us all as she loves all of her children. When you connect more deeply with her, you can receive her love. She is there to nurture and support you.

You might ask, how can the power of the feminine light be used in healing the Earth?

I say to you, imagine yourself as Mother Earth. Would you not do all you can to protect your children and to bring balance to this planet?

Now understand yourself as her child. Would you not want to do your utmost to show love, appreciation and respect for your Mother?



Planetary Healing Biorelativity Earth Balance Teams

These wonderful groups are meeting weekly to present meditations on the various meridians of Earth. What is happening is that we are letting Earth know we are here and we are supporting her and she will respond more favourable BECAUSE she knows we are here.

REMEMBER.....A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it.

Biorelativity is the ability to interact with the Spirit of the Earth with higher consciousness. On one level, biorelativity can create unity consciousness and a unified energy field.

Noorelativity is the ability to send thoughts and energy into the Noosphere for the purposes of manifesting a higher healing light throughout that planet.

Please consider being involved in this project. Juliano said he is very pleased with the work we are all doing on the meridians of the Earth.

You join in on the phone conference line. Some of the Teams have changed their weekly meditations.

Keith and Tabitha Kreyling in Boston and their Team are focusing on the *Gulf Stream Meridian*. They meet on a Thursday night at 4:00 pm AZ/Aust 9 am Friday EST. Access code 164595#

Corae Lierman in Nebraska and her Team are focusing on *placing Galactic energy to Earth's subconscious* to dissolve negative thought forms. They meet Monday at 5 pm AZ /Aust 10 am Tuesday EST. Access code 164595#

Mber Love in Colorado and her team are focusing on the *North to South Pole meridian*. They meet on Wednesday at 4:30 pm

I ask that you recognize this great truth, the Earth is your Mother! Open your heart to her and you will know what to do to be of assistance in her evolution as well as your own.

Thank you, Spirit Fire

Gudrun
Co-founder Group of Forty
gudrunaz@yahoo.com

Quick Links...

Monthly Lecture Recordings:

[Link for December 2017](#)

[Link for January 2018](#)

[Group of Forty Website](#)

[Books](#)

[Groups](#)

[PCOLs](#)

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[GOF Annual Report](#)

[Activity Calendars](#)

[Criteria for PCOLs](#)

GOF Handbook & Workbook are now available as an eBook download. [Click here](#) for the link.

PCOL Criteria. [Download it here.](#)

Your paid membership of \$40 helps support all GOF projects, including the monthly newsletter, the website and other planetary projects.

AZ/Aust 9:30 am Thursday EST. Access code 164595#

Jan Dugan in Alabama and her Team are focusing on the *Equator and the 24 time zones*. They meet Friday at 6 pm AZ/Aust 11 am Saturday EST. Access code 164595#

The Gold Coast Team is focusing on the *Pacific Ocean currents*. They meet Wednesdays at 3:00 AM AZ/Aust 8 pm EST. Access code 396637#

Yvonne Villien and her team in **Sydney north** are focusing on the *Equator meridian line*. They meet as a group on Tuesdays. Yvonne, Pat Schevelling, and Gwen Bowyer.

Tuesday nights at 3 am AZ/Aust 8 pm EST is focusing on ways to increase our skills and abilities for meditation. Access code 396637#

The meditation on a Monday night at 3 am AZ/Aust 8 pm EST is focusing on downloading the spheres of the Arcturian Tree of Life into the Noosphere and Ring of Ascension.

The same themed meditation is also presented on Tuesday at 5 pm AZ/10 am Wednesday EST.



Jane Scarratt
National Coordinator in Australia
For the Group of Forty
janescurratt@gmail.com

Planetary Cities of Light Report



Lin Prucher
International PCOL Coordinator
linprucher@groupofforty.com



Please click the button to sign up online.



Many blessings!



David is available for personal healing work in person in Prescott, and he also does

phone readings. Contact him via email: davidmiller@groupofforty.com

ANNOUNCEMENTS



David's book, Conectándose con Los Arcturianos 2, is now available as an eBook in Spanish.

The book has recently been translated into Spanish with the great help of Odilia Riveria and Alex Davlar. Light Technology Publishing will soon have it available, and we will send out the information to our Spanish speaking GOF members as soon as it is on line! In the meantime, the eBook is available for purchase on the following two sites:

<http://www.livriacultura.com>

<https://www.kobo.com>

Signs of Change in Our Times

Juliano speaks of The Future Earth in the PCOL channeling in this Newsletter. He says in the Future Earth we must "transcend the lower emotions, the animal emotions, such as jealousy, competition and dominance. There is no place for these lower vibrations, these lower emotions in the Fifth Dimension." Later he says that "Gaia will have Omega energy in her biosphere. Gaia will have Omega Light operating in other countries. The systems, including the economic, political, environmental systems will be operating on higher principles."

Let's keep our eyes open to see these changes happening right before our eyes. Through some of the darkness happening on Earth now, we see many people joining together collaborating to bring more harmony in their local or larger communities. Watch for this news for your thoughts are powerful. Think about it, you give energy to what you think about. Likewise, let us keep our eyes open to see shifts happening in government and business policies that are more in accordance with The Future Earth principles. Let our thoughts and energies go to supporting the positive change that is happening so that we are not tricked into focusing on the negative events that flood the common news outlets.

Let us also recognize the positive effects that the Planetary City of Lights are having now. We are sowing the seeds of the Future Earth. In the same lecture, Juliano said, "In the Future Earth, it will be recognized how important the Planetary Cities of Light are for the ascension of the Earth. ... There is energy being activated. And this relates to evolution."

Collaborating we make a difference. Here is an example of progress from the PCOL Constanta-Mamaia in Romania:

There are protected areas now for marine life and a program to monitor and research Black Sea dolphins. In general, the city changed to a modern, cleaner city with a greater awareness for the protection of the habitats and a more conscious presence as a citizen or tourist.

> David's new book, *Connecting With the Arcturians2*, is available for purchase in soft cover from [Light Technology Publishing](#).

> David's book, *5th Dimensional Soul Psychology: Channelings by Vywamus*, is available on the [Light Technology website](#).

> David's book in Spanish, "*Enseñanzas del Sagrado Triángulo Arcturiano*," is available in the Amazon.com Kindle Store and may be purchased [using this link](#).

~ ~ ~ ~ ~

Next in the series ...

"Connecting with the Arcturians: Volume 3" available now!



PCOL Constanta-Mamaia

Join a PCOL. Start a PCOL. Bring positive change to your area.

Join us online for the next PCOL Global meeting on Sunday, April 28th, at 9:00 am Arizona time.

Omega Light Blessings to you all,
Lin 😊

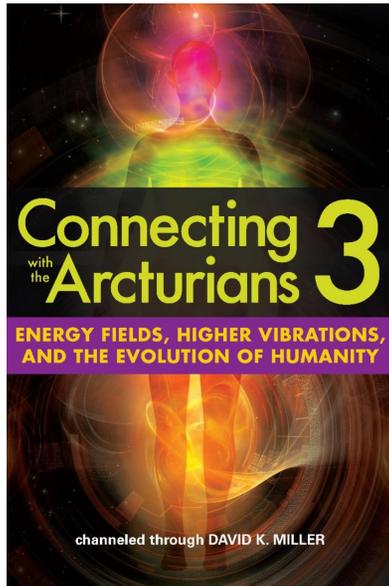
Planetary Cities of Light Monthly Channeling

The Future Earth

Channeled by David K Miller
davidmiller@groupofforty.com
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Greetings. I am Juliano. We are the Arcturians.

I think it is helpful in your work to look at the Future Earth and how the Future Earth will look. When you are speaking



"Connecting with the Arcturians 3" is now available as an e-book and a hard copy book through Light Technology Publishing.

This third book contains the most up-to-date information on ascension that is available, including new spiritual techniques to aid the process.

David's earlier books:
"Connecting With the Arcturians" and "Connecting with the Arcturians 2" by David K. Miller offer a comprehensive presentation on the ideas and views of an extra-dimensional, extra-terrestrial civilization on the Earth situation from the planet Arcturus.

about the Future Earth you often describe it as the Fifth Dimensional Earth or you see the Earth as an ascended planet. There has been discussion about what parts of the Earth will ascend. For example, how could it be possible that parts of the earth that are still dense and are still contracted be able to go into the Fifth Dimensional Earth? I often compare the personal ascension to the ascension of a planet.

What are the requirements for the personal ascension?

What are the requirements for the planetary ascension?

The requirements for a personal ascension can be described in several ways. The first is that the person must attain a certain light frequency. They must attain a certain light vibration. This means that in order to enter the ascended state you must be in, what I call, a resonate frequency with that higher state of consciousness.

Now, let us define that in more concrete terms. For personal ascension, a resonant frequency would mean having a level of compassion, having a connection to your higher self, being able to vibrate in intuition and higher understanding, understanding the relationship between justice and compassion. Basically I have defined it as having a higher Spiritual Light Quotient. This means that you are able to understand and use spiritual concepts and you understand the true nature of this reality. Most important you have been able to transcend the lower emotions, the animal emotions, such as jealousy, competition and dominance. There is no place for these lower vibrations, these lower emotions in the fifth dimension. In fact, if you are vibrating in these lower energies, you could not pass through the gateways to the Fifth Dimension.

Let's look at that as a model for planetary ascension.

Planetary Ascension requires a certain Spiritual Light Quotient for the entire planet. This is a phenomenal effort and it is a phenomenal task to assess the Planetary Light Frequency.

Subjects included in this fascinating presentation are: 1) the Arcturians' view of the ascension or "rapture;" 2) what is the Fifth Dimension and how we, as the human race, are evolving toward the higher dimension; 3) the impending Earth peril and dangers to the Earth biospheres; 4) Jesus' (or Sananda's) role in the ascension and why he has a new name in the higher realms; 5) The Arcturian Stargate, a soul transfer station referred to in the Edgar Cayce's writings. When we finish the Earth's incarnations, we can travel to the Stargate for our next "soul assignment."

This first book also describes a new concept in spirituality, the Arcturian Sacred Triangle. For the first time, the Arcturians offer a way of uniting Earth's spirituality so that a planetary healing can occur. Readers will learn how ascended Native Americans' mystical Earth spirituality and galactic extra dimensional spirituality can be united to enhance a healing for the entire planet.

The follow-up to this book, "Connecting with the Arcturians 2", focuses on planetary transformation from a galactic perspective. It covers such topics as embracing galactic spirituality

Certainly, it is a phenomenal task to try and raise the whole Planetary Frequency. But, in order for a planet to ascend, the Spiritual Light Frequency of the whole planet must be raised. This includes the operating principles of all the governments. It includes the operating principles of the countries. It includes the operating frequency of the biosphere and the environment. It includes the operating frequencies of the weather patterns. It is truly a phenomenal assessment to look at the entire planet and what the Spiritual Light Frequency is of the planet.

There are many tools that are available now, in 2019, to assess the Spiritual Light Frequency of this planet. These are tools that were not available even 100 years ago. A hundred years ago, there was no easy way to assess global unity. There was no easy way to assess global cooperation. There was no easy way to assess what is going on in the oceans. Of course now you have these abilities to measure and assess the spiritual energy of this planet. You have the ability to say "this area is of higher frequency" or "this country is very contracted."

It is amazing when I look at these concepts of holographic energy. Because in the spirit of holographic energy every country, every environment affects the entire globe. That's why we talk about global unity. It requires such a higher vibration among the countries to even understand this concept.

If I were to assess the Spiritual Light Frequency of Planet Earth I would need a gigantic computer to take into consideration all of these different factors. I know that you as a group have worked to assess each country and to try to put together what is occurring. Generally, some of you have reached the conclusion that things seem like they are going backwards, that there does not seem to be a lot of spiritual evolution in this Earth, rather you see more polarization. You see more poverty. You see more fighting. Really you are concluding that there is a degradation, that there is a downward trend in overall spiritual development of Planet Earth.

and planetary evolution, the aura enhancing technique known as shimmering and much more. The reader also gains more understanding of the planetary healing technology such as biorelativity and other global healing techniques.

You can buy these books at the following links:

[Connecting With The Arcturians](#)

[Connecting With The Arcturians2](#)

Visit [Light Technology Publishing](#) or call Light Technology at **800-450-0985** to order your hard copy of any of David's books.

All of these books are available as e-books [on Amazon](#). Simply go to: <https://amzn.to/2zY9erY>

David K. Miller

 **Visit our GOF Facebook Pages!**

[Group of Forty group on Facebook](#)

We have a closed group, open only to registered GOF members.

There is also an [open group](#) for non-members. Simply ask to join either one. Thank you.

New: [GOF Biorelativity Page](#)

I'm not agreeing that this is entirely true because, in our assessment, I say there has never been so many spiritual evolved people on this planet before. If you look at the numbers of spiritually evolved people that are on this planet, it is a very high number. I could say that there are one million, or two million, or even more spiritually high people that are on the path for ascension. This is a phenomenal number when you look at the history of the earth and the population. But, the problem is in percentages. The problem is that if you look at the entire population of this planet, which is probably close to eight billion, one or two million people seeking the path of ascension, or say one or two countries, or certain light areas, certain Planetary Cities of Light, are still in a minority. But this does not mean that it is unimportant. When I look at the Cities of Light, I'm saying that this is a group of people who are truly devoted to the ascension of the planet. When I look at the Future Earth then I could say that in the Future Earth there will be more Planetary Cities of Light. There will be people in these Cities of Light working with other Cities of Light. There will be integrations of spiritual frequencies.

In fact, one of the consistent developments and contributions to the Planetary Ascension will be made through the Planetary Cities of Light. In the future Earth it will be recognized how important the Planetary Cities of Light are for the ascension of the Earth. But from this perspective, that is your perspective in 2019, everything looks overwhelming, everything looks like it's going in the wrong direction. But there are seeds being planted. There is energy being activated. And this relates to evolution. You know I talk so much about Planetary Evolution just as I talk about Personal Evolution.

In the Personal Evolution I talk about the Omega light and the Omega-man and how the Fifth Dimensional man or women will have quantum Fifth Dimensional, higher consciousness powers. When I look at the New Earth, when I look at the Future Earth I see that there will be an Omega Earth. Gaia

[The Blue Jewel \(English\)](#)

[Planetary City of Light Lago Puelo](#)

[German Facebook Information page](#)

[German Facebook Group](#)

[Romanian Facebook page](#)
featuring Connecting with the
Arcturians.

Additional links...

Argentina is now hosting the official website for all Spanish-speaking people. Please check it out! Thank you, Purvesh and Diana, for your great work.

[Spanish GOF website](#)

[The Blue Jewel DVD](#) on Amazon
<http://j.mp/1b8lHF1>

[The Blue Jewel](#) website

International Activity Calendar

*You must log in
to view the calendar*

[**Click Here**](#)

Website Updates

We have redone some areas in the website in order to make it easier for you to navigate the many wonderful articles we have on there.

will have Omega Light operating as an operating principle. Gaia will have Omega energy in her biosphere. Gaia will have Omega Light operating in other countries. The systems, including the economic, political, environmental systems, will be operating on higher principles. We all want the entire Earth to ascend. But, maybe there will be places that are still too contracted to assist in the ascension of the planet.

But, we work together for the ascension of the entire Earth in the future. That is our goal as planetary healers. Even if only portions of the Earth are ready to ascend, and will ascend, they still represent, holographically, a very powerful connection to the entire Earth's ascension.

Therefore, if one or two small areas on the Planet Earth ascend they will maintain holographically a connection to the Third Dimensional Earth and will be helping. So let us focus on the Future Earth now. Let us see and visualize the Blue Jewel as a Fifth Dimensional planet in the future with many Cities of Light holding Fifth Dimensional energy, with the Omega Energy Field, the Quantum Energy Field of Omega Light operating and influencing the political, economic, sociological, military, environmental, biospheric Energy Fields.

Let us see in our meditation today the Future Earth as a Fifth Dimensional planet and see in particular, the Ring of Ascension holding this Fifth Dimensional light and let us see the Planetary Cities of Light contributing greatly to holding and raising the Spiritual Light Frequency of the whole planet.

Let us go into meditation as we hold this visual image of the Fifth Dimensional Earth.

(silence)

Let the Omega Light, the Planetary Omega Light, the frequency of Planetary Evolution be downloaded now into the core of the Earth's energy field. Let you, as Planetary Healers, be the guiding force for this Omega energy to influence and direct the Earth into the evolution as a Fifth Dimensional planet.

We have also added the International calendar of events and the Australian calendar of events. These links for the calendars can be found on the home page on the bottom right.

David K. Miller
Co-Founder/Director
Group of Forty
davidmiller@groupofforty.com



with Juliano

**Q: Christopher in NSW
Australia asks:**

Juliano, I'd like to know more about my dreams. I'm told dreams are other realities that we live at the same time that play out in our Third Dimensional reality, but the feelings are different to the feelings when they play out in the Third Dimension as in reality. I'd like to know if dreaming actually helps us and in what way?

**A: Shalom, shalom, shalom.
Greetings, I am Vywamus, I am
a soul psychologist.**

(Om-toning)

It is exciting to be a participant in the development and evolution of planet Earth into her ascended state. You are treasured and valuable Starseeds willing to participate, at whatever level, into the Future Ascended Earth. And so it shall be.

I am Juliano. Good Day.

*From the
Land Down Under*



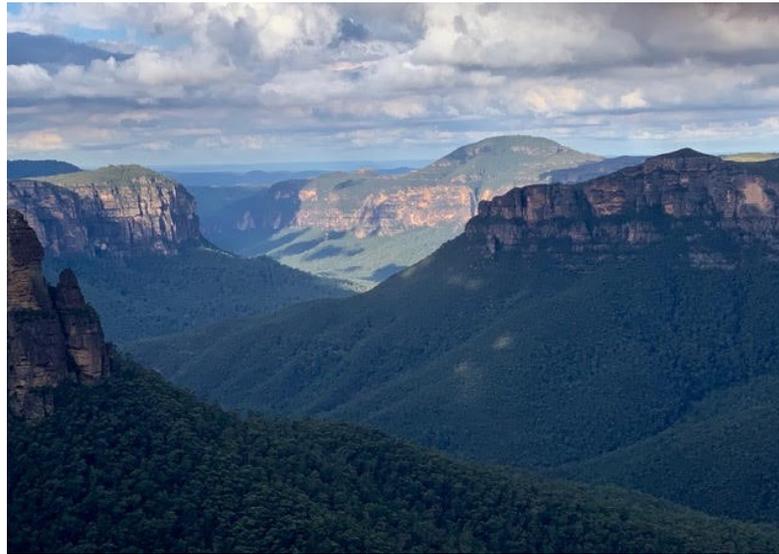
Images In and Around Australia's Grose Valley



Australia's own Stonehenge about an hour's journey from the Grose Valley crystal.

Dreaming is fulfilling many different purposes and it is specifically related to your soul development and the level of spiritual light quotient that you are on and also the type of work or mission on a personal and planetary basis that you have incarnated for. I cannot say that everyone is advanced on a spiritual basis. That means that those who are advanced could have higher dreams. That is to say, dreams from the higher realms, dreams of high psychic importance, dreams with spiritual messages, dreams with Masters appearing. But this is not all dreams and is not experienced by all people.

To answer your question, we must say that the dream world is related and calibrated to your level of spiritual development. On a primary basis, Freud defined the purpose of dreams as wish fulfilment. Now this is a basic understanding but in the Freudian concept of dreams is each dream is a reflection of a hidden desire that you the dreamer wants but may not be able to have or express. Freud specifically felt that the dream world was related to sexual repression and in his view, he reflected the Victorian morals



Magnificent scene of the Grose Valley. Photos courtesy Martha Heeren, member GOF Australia.

and the Victorian repressiveness that was part of the culture. So, we can say that those people in that culture had repressed wishes that were expressed in their dreams.

Look, for example, at the Aboriginals or at other primitive but shamanistically connected people to the Earth. Their dreams might be totally different. So, this is also to say that dreams are influenced by the culture that they are living.

The dream world is providing a balance that allows you to stay mentally stable. If you understand the technology of dreaming then you will understand that there is dreaming that is occurring during what is called REM sleep (rapid eye movement). During REM sleep one can experience the deepest dreams. The highest spiritual dreams occur during that time period. To achieve that level requires stages of relaxation and stages of consciousness that only exist in REM sleep.

It has been suggested that people who have been deprived of the REM sleep are unable to dream and become emotionally unstable. One important



Beautiful Australian flora in the Grose Valley

function of dreaming is maintaining mental stability. The mind and the brain have to have contact with the interdimensional world even if you do not in your daily life do. Now the interdimensional world has a different time frame. It has different logic and different mental abilities. In the dream world you can bilocate, you can compress time and you can experience the space-time continuum in a totally different way. It is important for your transition from this planet into other dimensions to experience and be reminded of the interdimensional world. Again, the level of dreaming is calibrated to your spiritual development and your psychological development.

Q: Renata in New Zealand asks:

Juliano, if we create our own reality through our own consciousness and everything is an illusion, what is the purpose of taking part or being involved in anything at all?

A: Well is it true that we do create our own reality and everything is an illusion?

Let me just say that people do not have all the information in your mind, in your



The Mornington Peninsula planetary City of Light and Ocean Reserve of Light members. Maralyn, Glenda, Micki and Mike in the front.



Sydney PCOL and Sydney Harbour PORL members and guests. Back row: Olga, Ann, Jane, Helen, Wendy. Front row: Carel, Kylie and Sally.



Brisbane Planetary City of Light: Back row: Helen, Talulah, Natalie, Cathie and Gerard Front row: Matthew, Bondy, Amanda.



Jane Scarratt
National Coordinator in Australia
For the Group of Forty
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consciousness about this reality. It is true that your view has a lot of truth. People do create their own reality. There is also a view that this whole world is an illusion. But both of these views are a perspective. I agree that it is an interesting perspective but it is not the total answer. So just like I was saying we don't give penicillin to everyone and we don't use all the rigid rules of Feng Shui for every house and every person. Just look at that as a perspective but not in a rigid way.

So, for example you say "Oh, we create our own reality." Well yes, you do create a lot of your own reality. But a lot of this reality is created by a collective unconscious. A lot of this reality is created by collective energy fields. A lot of this reality is created by the guides and teachers of many people. A lot of this reality is created beyond you. You incarnated here but you didn't create the whole earth reality. And yes, you can change parts of your reality and that's what the higher consciousness is teaching, but I am not going to say that everything is created by you because there is a group consciousness, there is a

Tree of Light Pathways ... **PCOL/ PORL Report from Australia & New Zealand**

Here are the Tree of Light pathways for each PCOL/PORL in Australia and NZ.

*SYDNEY PCOL; Spheres: seven at Copper Canyon and nine at Lake Taupo - Foundation and Splendor

*SYDNEY HARBOUR PORL; Spheres: four at Mt Shasta and five at Volcan Poas - Loving kindness and compassion and Judgment

*GROSE VALLEY PCOL; Spheres: seven at Copper Canyon and eight at Grose Valley - Foundation and Victory

*THE MORNINGTON PENINSULA PCOL; Spheres: eight at Grose Valley and ten at Lago Puelo - Victory and Kingdom (The Third Dimension)

*PORT PHILLIP BAY PORL; Spheres: nine at Lake Taupo and ten at Lago Puelo - Splendor and Kingdom (Third Dimension)

*PERTH-APPLECROSS/SHELLEY PCOL; Spheres: two at Bodensee and six at Monserrat - Wisdom with Harmony and Beauty

*BRISBANE NORTH PCOL; Spheres: seven at Copper Canyon and twelve at Serra da Bocaina - Foundation and Earth's interaction with the Fifth Dimension

*GOLD COAST NORTH PCOL; Spheres: three at Lake Moraine and five at Volcan Poas - Understanding and judgment

*PACIFIC OCEAN PORL; Spheres: two at Bodensee and three at Lake Moraine - Wisdom and Understanding

*EAST AUCKLAND PCOL/PORL; Spheres: eight at Grose Valley and nine at Lake Taupo - Victory and Splendor

collective consciousness that began the Third Dimension and some of this reality is beyond each individual person.

You choose certain things but there is free will for example. Now the same perspective may not be so useful when you look at this reality as an illusion. If you look at this reality as an illusion then there is no meaning to it. Then this reality is just a game. This is a perspective too. One can view this reality as a play. In this play or theatre of life there is pain. You can suffer in this theatre of life that is called an illusion. You can feel pain, because even in the theatre suffering feels real. The illusion of life that the Hindus call Maya for example is a perspective.

It is dangerous to just throw everything off and say this is an illusion, therefore what happens in life does not matter. The truth is that what happens in this lifetime does matter.

It matters because what you do here does affect your soul development. What you learn here does affect where your soul will journey to in your next life. We need to have the correct perspective and we



Welcome New GOF Members!

We would like to extend a warm welcome to the following new members who joined the Group of Forty between March 18, 2019 and April 18, 2019.

First Name	City/State	Country
Andrew	Melbourne	Australia
Elinor	Sedona, AZ	USA
Hong	Ho Chi Minh	Vietnam
Janine	Franklin, MA	USA
Joanne	Cooktown	Australia
Lucas	Grenoble	France
Melinda	Anchorage	Alaska
Sally	West Ryde	Australia



Birgit Smothers
USA Group Coordinator
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need to put this reality in the proper meaning from the viewpoint of the soul.

Here is another perspective. In the Kabbalah it is said that this reality is a dream in God's mind. God is dreaming this reality and dreaming you and you are part of God's dream. This is another mystical perspective on this reality.

You do not have all of the information about this Third Dimensional reality. You can say, "this is all an illusion or this reality is a dream." But that does not answer everything. There are levels of perception and levels of understanding of this reality. The mystery and meaning of this reality are not explained by saying this world is an illusion.

Next Q&A is May 10 at 4:40 pm AZ time.



Raising Your Spiritual Light Quotient

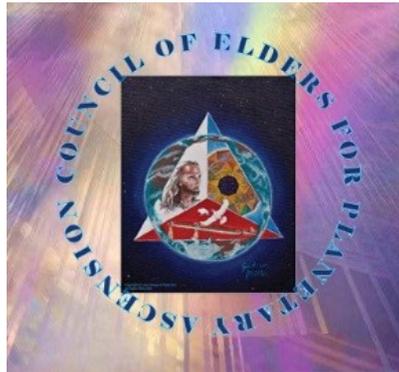
Open up your thought strands. Activate and increase your connection to your Fifth-Dimensional self on and to the Crystal Lake now.

Feel yourself vibrating. Feel yourself shimmering in your Third-Dimensional body. As you connect energetically, you are beginning to feel yourself as a vibrational being. Allow your third dimensional body to shake, to shimmer in place. Feel and visualize thoughts of the fifth dimension as streams or strands or waves of blueness and energetic packets.

These packets, which are thought-projection, are now in a somewhat arclike fashion connecting from your crown chakra on the Third Dimension to the Fifth-Dimensional you, the Crystal Lake and your Fifth-Dimensional crown chakra in your body there. The crown chakra of your body is activated and an arc of light forms over it. The wattage and the amperage of the Earth strand intensify. Make it even brighter. You can do this.

That strand of thought energy is activated. It is brighter. It is more charged, and as it is more charged, know that the energy is growing from you to your Fifth-Dimensional body and thought. Also, there is energy coming back. This is an exponential increase so that the energy that you put in is returned back to you three to four times in terms of shimmering energy, which causes you to think in a higher amperage, or a higher wattage.

If you are able, send a second strand of thought light to your crown chakra on the Fifth Dimension. In essence, now you can have two thought strands and you have just gone from 110 volts to 220 volts - using the analogy of electromagnetic energy. I want you to hold this connection and we are going to multitask just like on your computers when you want to do two tasks at once. You minimize one activity and bring on another, like switching between computer screens.



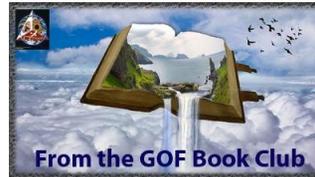
In a recent channeling by David K. Miller, a representative of the Council of Elders from Andromeda presented a message. The short of the conversation is that all the beings of the Universe must work together for sustainability.

As far as we know no other Spiritual Groups are representing the planet Earth in this Galactic/Universe conversation. The Arcturians have prompted the Group of Forty to take the responsibility of representation of the Earth's readiness for the Ascension of this planet.

This is a monumental and extraordinary time for ALL THAT IS. The Council of Elders for the Group of Forty treats this role with the reverence that it deserves.

Know that you will be able to continue to do what you do here now, but we are also going to go to a second task. Being multidimensional, this should not be a problem for you, because in some cases, you are multitasking two or three lifetimes simultaneously. In consciousness just to multitask would be simple, like using crayons to color something.

Raising the Spiritual Light Quotient, chapter 1, by David K Miller



Expand Your Consciousness

By David K. Miller
From Chapter Six

Why are different Starseeds coming together and the Arcturian connection?

The Arcturian, Pleiadian, and Andromedan Starseeds are coming together to develop quantum cohesiveness with a Fifth Dimensional energy field. You, on an intuitive level, know that there is a direct link, a quantum link, with the Fifth Dimension. In quantum entanglement theory, what happens in one particle affects the other particle no matter how far apart or how distant that particle is. You know that we are here to help Earth. We are here to motivate and to move the energy field of this planet to a higher level. We are here to move this noosphere into the next evolutionary stage. We are here to assist you in creating a distinctive higher energy process, an energy web of a higher light that will bring you to a much higher evolutionary stage.

Why are we important and give examples of consciousness at work?

We need your consciousness to connect with our Fifth Dimensional light. You provide a conscious link to us. There

In the recent April monthly channeling by Juliano, he indicated that there can be life changing events happening soon that can bring about an even greater awakening of the inhabitants of EARTH. Juliano reminded us of the latest tool for assisting The Blue Jewel, the "downloading of the Codes of Ascension" into the core of the planet. We are being reminded to perform this exercise often. Juliano indicated that a very powerful time frame is right in front of us. The Full Moon of Wesak. Juliano also suggested that at this time the Sacred site of Stonehenge will be greatly affected by this Energy Down load.

The members of the Group of Forty UK are organizing a visit to this Sacred Site. The Council of Elders for the GOF is planning a Worldwide Meditation to be presented on GoToMeeting on May 12, 2019 to enhance this energy download into the core of the planet. This meditation will be open to members and nonmembers - Free of charge. Please begin to express the importance of this date to your sphere of influence and watch your email accounts for further

must be a consciousness between the two particles for the full effect to take place. I study how your scientists are working on sub atomic particle physics. Their observations, which are expressions of their consciousness, allow the unpredictability and also the quantum entanglement to occur.

Perhaps you remember some of the lectures I've given in the past about surgeries, especially those involving cancer. Sometimes there is exploratory surgery in which a Doctor opens a patient to see whether cancer is present. When cancer is found the surgeon might make some kind of shocking or surprising analysis. Example, the surgeon might say that the cancer is inoperable or incurable. During the operation the surgeon might determine that the patient will surely die and then close the incision without doing anything further. However, opening a person and sending a negative thought wave into that body can affect the subatomic particles in the cancer in a quantum way. The surgeon's thoughts at that vulnerable moment can negatively affect the life energy of the person. That negative energy input sometimes is enough to tip the person's energy field and the body into a more rapid disease process. There is an entanglement of the negative thoughts of the Doctor with the activation of negative energy in the body. On the other hand, during the surgery, the surgeon could say: "Oh this cancer can be cured; this can be healed. Let's send light to this person and let's send divine energy." Then a totally different entanglement or quantum cohesiveness can occur. I like to use the word cohesiveness because it has a much more positive effect. Feel the quantum light and the quantum energy that we the Arturians are sending you and your planet from our Arcturian temples.

Did you know?

You will have a birth on the Fifth Dimension. This transition

details. This Event must be taken in the Highest Priority for the GOF. Mark it in your date book... "NOT TO BE MISSED!!" Our responsibility to the planet is coming to the forefront! We are in the midst of the Sixth Mass Extinction on Earth.

We are not in a place of fear about this process, we are in our strength. Many Starseeds are in the Earth incarnation specifically to work for this Ascension of Mother Earth. Our Indigenous Sister and Brothers around the World are calling this the "Time of the Sixth Sun." There is no secret about the massive destruction and extreme weather around the Globe. The Group of Forty is standing ready to do its part in achieving the Greatest Moment in Time for all Humanity and Life on this Planet. We want to encourage all members to participate with reverence in the daily offerings of Biorelativity exercises that are offered.

Please, One Moment in Time is NOW!

In Service Always,



Council of Elders,
Group of Forty
Member,
CoRae Lierman

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into the Fifth Dimension bypasses the death experience on the Earth plane. You have the urgency of being nurtured and mothered into this transition. After a point, as you are in a "routine" on the fifth dimension, you will get into a period of learning to transition and be in a state that can be compared to a soul mission, or a soul transformation. The law of the Universe is expansion. There is expansion on the Fifth Dimension as well as on the Third Dimension. You will be provided opportunities to manifest and to evolve in the higher realms. I cannot give you any time frame, because time is so different on the Fifth Dimension. It might not even be meaningful to speak of time as you are aware of it. I, Lady Arcturus, am wishing for you to grasp the significance of a soul transformation. For you to understand this, it would be helpful to look at the death process on Earth. The death process implies a completion of an aspect of your soul life in this manifestation. It implies that there is either not enough energy to continue the physical body, or, given the blocks and circumstances that are in a situation, it is not worthwhile to continue the manifestation. Therefore the soul will decide to depart. You call this death. Let me return to the concept of communicating with the Spirit of the Earth. The Spirit of the Earth is receptive to the Fifth Dimension, and naturally, the Spirit of the Earth is multidimensional just like you are multidimensional. The Spirit of the Earth knows every plant and animal that ever existed on her, has the records of all life forms, has the records of all interactions with extraterrestrials that have come to the planet, and has interactions with all of the external energies from the galaxy. The Spirit of the Earth is like the Grand Canyon which has the ability to record geological histories millions of years in the past.

The most important things for our discussion are that the Earth responds to your prayers and to your focusing on the Fifth Dimension and focusing on sending her the Fifth-Dimensional energy light. The Spirit of the Earth needs the downloading of the Fifth-Dimensional energy as much as you do. I could say that on a personal level, without a Fifth-

Dimensional energy download you would have a much more difficult time coping with what is going on on the planet. But the Earth, too, benefits from Fifth-Dimensional energy and light. Do the exercise for the Earth's energy field and the Earth's aura. Help to open up the North Pole which serves as the Crown Chakra for the planet. Help to download higher energy into the Earth's energy field. Work within your Medicine Wheel because the Earth loves you talking to her; the Earth loves you honoring her in sacred space.

Let me conclude by saying that one of the great gifts of the Starseeds is the ability to create and work with sacred space and sacred energy. You, the Starseeds, have the ability to widen and make more sacred energy and sacred spots on this planet. This is one of your missions, to balance and hold sacred light on the Earth. There is more need for creating sacred spaces on planet Earth.

Blessings. I am Chief White Eagle.

Submitted by:



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For the Group of Forty
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Our Purpose

"40 Groups of 40 will be formed for Personal and Planetary Healing - Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about **To join Group of Forty, click the button below**

the ascension to the fifth dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.



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NEW: Romania website

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