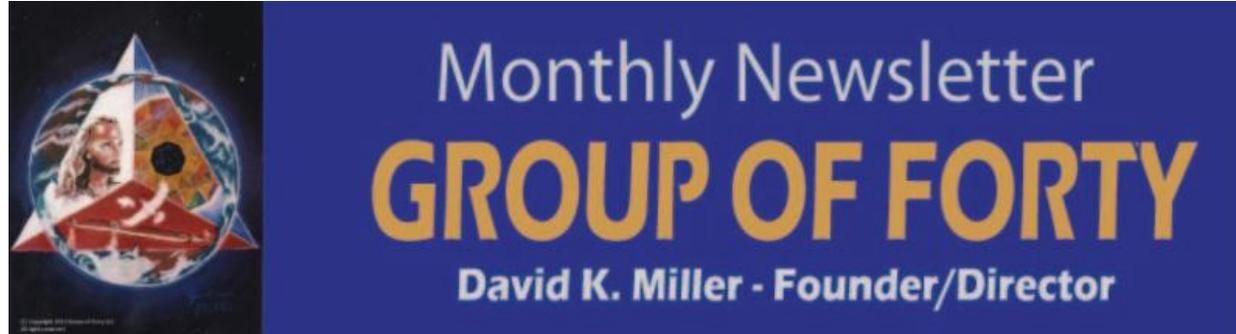


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Hi, just a reminder that you're receiving this email because you have expressed an interest in Group of Forty. Don't forget to add davidmiller@groupofforty.com to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.



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**Connections Issue 269**

**MARCH 2019**

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## **Conflict Between Technology and Spirituality and the Planetary Cities of Light**

*Juliano, channeled by David K. Miller*

We, the Arcturians see the basic problem on the Earth as a conflict between technology and spirituality. In fact, the technology and science of the Earth is more advanced than the spirituality on the earth. This is a very dangerous

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## **Past Channeled Messages From Juliano**

### **Earth Change Energies**

October 2010

The Earth change energies are related to the accumulation of the blockages that have been superimposed on the Earth's meridians. This means that the dams, the pollution and the desecration of sacred energies have had a cumulative effect on the spiritual energy of the Earth. The Earth does have a feedback loop system which attempts directly to maintain a homeostasis. This homeostasis allows a pattern and a balance to exist so that humanity and the plant and animal world and the sea world can survive in comfort. This balance has become threatened. In an attempt to rebalance itself, the Earth has begun to create experiences such as more severe storms, winds, volcanic

imbalance because technology has the ability to destroy the planet when that technology is misused. When the technology becomes out of control then the biosphere could be destroyed.

We recognize at this moment on the Earth you are experiencing the 6th mass extinction which is a dangerous and critical point in the Earth's evolution. Think for a moment about the last mass extinction which occurred approximately 55 million years ago. This mass extinction occurred when an asteroid hit the Yucatan peninsula in, what is now, Mexico and the result of this asteroid striking led directly to the 5th mass extinction which caused the death of all of the dinosaurs and many other plants and animals throughout the Earth.

So now in this time on the Earth all of the existence on the earth - the plants, the animals, the ocean life - are dependent upon what one species does and that species of course is man. Now in our discussion of humanity or man we say that homo sapien is only one step in the long evolutionary ladder of the Adam species. There were earlier, more primitive, versions of homo sapien. This includes, for example, Neanderthal man who lived primarily in the "Neander Tal" valley in what is now Germany.

But there is a future more evolved man and this more evolved man is represented by the image of advanced Ascended Masters who are teaching the importance of spiritual energy and spiritual unity. This more advanced human will have a whole new consciousness. In fact, in this evolutionary crisis there must be a new stage of evolution. In that new stage of evolution, the new characteristic that will be incorporated in man is Fifth-Dimensional consciousness. This higher consciousness is the stage of development that is necessary to resolve this current planetary crisis. This is the reason why we are helping to develop the Planetary Cities of Light project. Because the Cities of Light help to promote and encourage higher spiritual awareness and higher consciousness.

eruptions and earthquakes. These events are seeking to rebalance the Earth and to rebalance the homeostasis so that a new energy can be established that will allow humanity and life forms to continue to exist. This means that the Earth energy, of Gaia, is aware that there are higher beings on the planet. This means that the Earth spirit is seeking a communication with the life forms so that there can be assistance in the feedback loop process.

I know that many people on this planet do not understand this delicate and sensitive relationship between the Earth and humanity and the Earth and the life forms. Many people do not seem to want to even address the issue, but rather have the idea that things are going to continue along as before. However, there will be a shift in even those people who do not accept this hypothesis, this theory of the Earth's feedback loop system and its relationship to humanity.

This shift has been expressed in the term, "the new normal." The new normal now is broadly

Raising the Earth to Fifth-Dimensional consciousness requires many different activities. One of the most important activities is to create Cities of Light. We find and conclude that the change that is necessary for spiritual development is not going to come from the world governments. You all know of the great problems the governments are having now in the planet. Governments throughout the planet are in conflict within itself due to internal polarizations. There are polarizations in many world governments now. The energy and the influence of materialism is driving more greed when we need exactly the opposite, which would be compassion and unity thinking. We need an understanding of the planet and the value of the biosphere. We need to understand the fragileness of the biosphere and we need to develop ways of protecting the biosphere, such as creating more Planetary Cities of Light.

We need to develop more sacred places; more sacred areas and we need to have people participate in their own local areas. We want to have these local areas devoted and elevated to Fifth-Dimensional consciousness. We can call these areas Cities of Light because they are devoted to bringing down the light of the Fifth Dimension Light. It means that we are connecting to the Fifth Dimension. Planetary means that we are creating a planetary network. Planetary also means that we are creating an awareness that each city has an influence on the whole planet. This is based on the holographic principle of healing which says that the part represents the whole and that the part can positively influence the whole.

## SAVE THE DATE!

24th Annual GOF Conference  
Connecting With The Arcturians



The dates for the 24th annual workshop will be November 1-3, 2019, plus a special 4-hour Tipi healing talking circle on Monday,

accepted even by the most conservative thinkers on the Earth. This new normal has to do with the Earth changes, and the new normal means that the summers are different, the winters are different, the storms are stronger and the balance between humanity and the Earth has shifted. Under this thinking of the new normal, the thinkers (even those who think it is beyond mankind's abilities to change the Earth) are beginning to understand that something has shifted on the Earth. There has been a shift in the Earth energy. There has been a shift in the feedback loop systems. Something is going to happen on the Earth that has not been seen before by so many people. This change and shift are going to be so dramatic that it will even cause more people to begin to shift their worldview.

You and I both know that the worldview of all of humanity, including the world leaders, needs to change. This change needs to happen dramatically and quickly for the current way of "doing business" is not going to be effective.

November 4. The workshop will be held again at the **Prescott Resort** in Prescott, Arizona.

**Registration information to be announced next month!**

## **Group of Forty Monthly Lectures**

with David K. Miller



**The next lecture is on Saturday, April 6, 2019 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST).**

We will be meeting on [freeconferencecall.com](http://freeconferencecall.com) international phone line, which is specific for each country.

An email announcement will be sent out one week prior with the [freeconferencecall](http://freeconferencecall.com) phone number and access code.

Contact David Miller at [davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com) for more information.

The re-transmission of the lecture for Europe will be on **Sunday, April 7, 2019 at 10:00 a.m.** Phoenix, Arizona time.

You can check the teleconference/lecture time against your local time by using either:

[www.timeticker.com](http://www.timeticker.com) or [www.thetimenow.com](http://www.thetimenow.com)



## **Planetary Healing Biorelativity Earth Balance Teams**

## Starseeds Counselling



I am Gudrun Miller and I have been a professional counselor for over 30 years.

Dear Gudrun,

I have a friend whose life is in constant crisis. When we see each other, I end up feeling drained. We talk about her issues which I don't mind but nothing gets resolved.

I feel guilty because my life runs well and I am happy with myself and my life.

As a result, I avoid contacting her. She is sensitive and, I would guess, is aware that I am not very available.

I like her and do not want to add to her burden of troubles by being just another "friend" she cannot count on.

I want to be able to have fun and enjoy my life as much as I can.

Am I selfish?

Dear Selfish,

You are at a different place in your life and in your healing. You

These wonderful groups are meeting weekly to present meditations on the various meridians of Earth. What is happening is that we are letting Earth know we are here and we are supporting her and she will respond more favourable BECAUSE she knows we are here.

**REMEMBER.....**A planet cannot ascend by herself. A planet must have higher thought forms, higher beings, on it.

Biorelativity is the ability to interact with the Spirit of the Earth with higher consciousness. On one level, Biorelativity can create unity consciousness and a unified energy field.

**Noorelativity** is the ability to send thoughts and energy into the Noosphere for the purposes of manifesting a higher healing light throughout that planet.

Please consider being involved in this project.

You join in on the phone conference line. Some of the Teams have changed their weekly meditations.

**Keith and Tabitha Kreyling** in Boston and their Team are focusing on the **Gulf Stream Meridian**. They meet on a Thursday night at 5:00 pm AZ time. Access code 164595#

**Corae Lierman** in Nebraska and her team are focusing on **placing Galactic energy** to Earth's subconscious to dissolve negative thought forms. They meet Monday evening at 5pm AZ time / 11am Tuesday DST. Access code 164595#

**Ariana Le Doux** in Taos, NM and her team will be focusing on the **North to South Pole Meridian**. They meet Wednesday afternoons at 1 pm AZ time. Access code 164595#

**Christofer Aven** in California and her Team are focusing on **placing Galactic energy** into Earth's subconscious to dissolve negative thought forms. They meet Friday afternoon at 5:45pm

have to decide what you can handle in relationships and what is too much for you. This is not a judgment but is a personal boundary.

If you think being direct with her is going to hurt her or shame her, then don't tell her about how much you feel drained by her crisis life. If she asks, I think you could be honest with her. Be kind.

Selfish is also a good way to be when you are protecting yourself and honoring your own boundaries. You cannot be all things to all people all the time!

Blessings,

Gudrun  
Co-founder Group of Forty  
[gudrunaz@yahoo.com](mailto:gudrunaz@yahoo.com)

## Quick Links...

### Monthly Lecture Recordings:

[Link for December 2017](#)

[Link for January 2018](#)

[Group of Forty Website](#)

[Books](#)

[Groups](#)

[PCOLs](#)

[More About Us](#)



[GOF Annual Report](#)  
[Activity Calendars](#)

AZ time /11:45 am Saturday DST. Access code 164595#

**The Gold Coast Team** is focusing on the **Pacific Ocean currents**. They meet Wednesdays at 2:00 AM AZ time / 8 pm DST. Access code 396637#

**The Perth Team with Michael Maynard** as coordinator, is focusing on the **Gulf Stream Meridian**. This group meets on Skype on a Tuesday at 1:00 AM AZ time / 7 pm DST.

**Yvonne Villien** and her team in Sydney north are focusing on the **Equator meridian line**. They meet as a group: Yvonne, Pat Schevelling and Gwen Bowyer.

**Tuesday nights at 2 AM AZ time / 8 pm DST the Earth Balance Team** is focusing on ways to increase our skills and abilities for meditation. Access Code 396637#

**The meditation on a Monday at 2am AZ time / 8pm DST** is to download the spheres of the Arcturian Tree of Life into the Noosphere and Ring of Ascension. The same themed meditation is also presented on Tuesday at 5pm AZ time /11am Wednesday DST. Access code 164595#

We could do with support from more people as there are three more meditations that need to be continued.



Jane Scarratt  
National Coordinator in Australia  
For the Group of Forty  
[janescurratt@gmail.com](mailto:janescurratt@gmail.com)

## Planetary Cities of Light Report

### [Criteria for PCOLs](#)

GOF Handbook & Workbook are now available as an eBook download. [Click here](#) for the link.

PCOL Criteria. [Download it here.](#)

Your paid membership of \$40 helps support all GOF projects, including the monthly newsletter, the website and other planetary projects.

Please click the button to sign up online.



**Many blessings!**



David is available for personal healing work in person in Prescott, and he also does

phone readings. Contact him via email: [davidmiller@groupofforty.com](mailto:davidmiller@groupofforty.com)



With Juliano  
channeled by David K. Miller

**Q: Henry Brenner from New York asks:**  
In a recent question someone



Lin Prucher  
International PCOL Coordinator



## Hurrah for Sister Cities of Light!

Juliano has stated:

"The idea of the Sisters Cities of Light comes from this concept: that we are all brothers and sisters. We understand that in the Sacred Triangle, we have the concept of the White Brotherhood and the White Sisterhood. This is referring to the fact that the religions, on the higher plane, all speak the same truths. So, if you take the mystical teachings of Buddhism, Judaism, or Christianity and all the other religions, you will find that there is an elevated Brotherhood and Sisterhood of Light energy. On the higher planes all the guides and teachers from this White Brotherhood and White Sisterhood work together; they are sharing, they are interacting."

Juliano then recommends that the Planetary Cities of Light share their energies and gives the example that when our auric energy fields interact with each other, there can be a "beautiful transfer of energy". He says that "in the higher Fifth Dimension is this greeting, this transfer of energy, that is an expression of union." Likewise, there can be this exchange between Sister Cities of Light.

He gives the example of PCOL Sedona, Arizona, USA which is known as a psychic center where many people go to be awakened, activated, and look into other dimensions. Its Sister City of Light, San Martin de los Andes, Argentina does not have this strong psychic energy, but it is inside the Andes Mountains and it has a beautiful energy representing its closeness to Lago Puelo.

So, both Sister Cities can benefit from this exchange of energy. What are the strengths of your PCOL? Of your Sister PCOL? Sharing your strengths is a shortcut to higher vibrations sooner for all! Enjoy your journey!

Omega Light Blessings to you all,

Lin 😊

asked if they could venture outside of the universe in a meditation. Juliano replied that this would be dangerous because then one's astral cord would be detached and one would not be able to return to one's body.

My question is, could one enter a parallel universe and return safely, or more generally, do the Arcturians believe in parallel universes that we can access? Various modern theories of physics have posited the existence of parallel universes.

**A:** To answer this question about parallel universes, let me also explain our observations that every point or place in the galaxy and in the universe has a slightly different perspective on existence and what's going on in the universe. It is much similar to how you see the stars. If you were in Australia you would have a night sky that is different from the night sky, say, in Arizona, and that perspective is very interesting and valuable.

Now regarding the parallel universes, we use the term "dimensions" and "multi-dimensions" but we do not describe or use this concept of parallel universes. So there does exist multi-universes and multi-universes means that there are separations. It is difficult to, as

## Planetary Cities of Light Monthly Channeling

### Consciousness, the Key to Change

*Channeled by David K Miller  
davidmiller@groupofforty.com  
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**Requests from Irene Berlín - PCOL Búzios, Río de Janeiro (Brazil) and Emilio Martínez - PCOL Chihuahua, (México):**  
*[Help requested for their Planetary Cities of Light]*

**Question from Ariana Vera Le Doux - PCOL de Taos, New Mexico (USA):**

"Juliano, as of now I am the only GOF member in Taos City of Light. I have a small group of supporters that has been with me for many years. These light workers fully comprehend the scope of work that has been done here and support me in any way possible. As they are not Arcturian Starseeds, they don't resonate with the higher dimensional technologies. In our monthly reactivations we work with the energies of Hyberborea or Shambala.

What do you suggest we do in order to release the emotional and mental imprinting from the unified energy field of Taos? For now, we use the violet transmuting flame. Could we request support from the Inner Earth?

Also, our etheric sub-crystal is located below Taos plaza. I don't remember, why we placed it in a populated area if all the 12 etheric crystals are placed in pristine nature. I wonder if we should relocate it and place it inside the Taos Mountain?"

they say, "wrap your mind" around but there are other universes but not all universes are equal, some universes are smaller than others, some universes are in different stages of development where they are dying out, some are just being born and believe it or not some do not even have any life in it, especially if you look at a universe that is in its end stages of development.

Now this universe that you're now in, that we're now in, is a young universe. It is probably in its adolescence. Remember that the universe is approximately 13.7 billion years old. That sounds like a long time but the average universe could live for 100 billion years and from that standpoint this is a young universe.

Now the idea of a parallel universe has an intriguing science fiction, fantasy ideal and that is, if say for example, in this universe you crossed the street on the right-hand side and you were fine but, in another universe, you crossed on the left-hand side and you were killed. So now we are setting up a whole different scenario. Maybe you were injured and then you were going to be disabled.

So in the concept of the parallel universes there is the idea that everything is exactly the same up

.....

Greetings. I am Juliano. We are the Arcturians.

Of course other people who are not of Arcturian inclination can participate, but what is needed is a commitment or manifestation of the members. We had talked about this as an important aspect, that is, it is important to manifest a living presence, an actual person, a member, to be there. I acknowledge the difficulty that you are having in Taos in attracting these people and holding the energy. I compliment you on your persistence in holding this energy. You have done an outstanding job in holding the energy and there are other Starseeds that will be attracted to your work.

In our session today, we want to empower you, empower the other people in Mexico and empower all members of the Planetary Cities of Light project to fulfill their mission, to fulfill this work. Let us not think about watering down the requirements but, rather, let us think about ways, energetically, of transmitting Arcan power to each of you. That will help in the ability to attract the participants that you need, to attract the energy, to attract the participation. This is what will make your project successful: the interlinking with our network

Yes. I understand the power of the crystal underneath the market, underneath the central plaza. But, remember that this central plaza is a meeting place. It is a coming together. It is a historic energetic place in Taos. Let us not minimize the importance of the attractive force of that plaza. Let us not minimize the historical energy. I encourage you to hold that energy in the plaza. I encourage you to see if there are ways in your meditations and in our work, of accelerating the ancient spirits that are still there. I assure you that there are many spirits living around the plaza. Of course, the mountain area is also very powerful.

to this moment that you are now there but there was a deviation and that deviation would change everything; and so you would have an infinite number of universes and an infinite number of events but it leads to what would be considered an illogical conclusion because in one universe you might have the faucet on your bathtub on the ceiling and it sounds absurd but anything that you could think of would have an alternative existence in another universe.

But we look at this as dimensions and we look at this as thought forms and therefore that you can have the thought that there is another action and then that thought does create perhaps a thought field that there is enough energy to it. But we do not believe and we do not adhere to the concept of a parallel universe as I just explained it. So better to think of dimensions and better to think of how other dimensions are interacting with this dimension and I think that you would be on more firm grounds.

**Next Q and A is April 13th  
at 4:30PM AZ**

## **ANNOUNCEMENTS**

Now, in my meditation today, I want you all to visualize the global map of this planet. Visualize the many countries that are participating in the Planetary Cities of Light project, including Australia, Mexico, USA, Germany, Europe, South America, Brazil, Argentina, New Zealand, all over this planet. Visualize the map, the global map and see on this map little markers that indicate where the City of Light is, whether it be in Australia, whether it be in New Zealand, whether it be in South America, whether it be in Germany, whether it be in Mexico, the USA.

Visualize these dots and then visualize connecting links, connecting energies, between each city. This is the network. And I, Juliano, download through the City of Light in Prescott where David and Gudrun are, through the teepee that is holding the connecting energy field, I download a powerful Arcan healing force into this Groom Creek City of Light and send it out to all of the Cities of Light, all the Planetary Cities of Light throughout this planet, throughout this project. Feel the energy of this download and use this energy to improve your ability to attract, to educate, to activate more members, more Cities of Light, but also to activate and accelerate the current Cities of Light.

The download is beginning now.  
*Oooooom* (toning)

Fifth Dimensional Arcturian light is being distributed to all of these areas through the network and activation energy is going throughout the network to each area so that you can receive this boost. And also, equally important is that you feel connected.

In my theme discussion today, I want to talk about this connection and consciousness.

We are at a stage of the evolution of this planet and the evolution of humanity where consciousness is emerging.



**David's book, *Conectándose con Los Arcturianos 2*, is now available as an eBook in Spanish.**

The book has recently been translated into Spanish with the great help of Odilia Riveria and Alex Davlar. Light Technology Publishing will soon have it available, and we will send out the information to our Spanish speaking GOF members as soon as it is on line! In the meantime, the eBook is available for purchase on the following two sites:

<http://www.livrariacultura.com>

<https://www.kobo.com>

> David's new book, *Connecting With the Arcturians 2*, is available for purchase in soft cover from [Light Technology Publishing](#).

> David's book, *5th Dimensional Soul Psychology: Channelings by Vywamus*, is available on the [Light Technology website](#).

> David's book in Spanish, "*Enseñanzas del Sagrado Triángulo Arcturiano*," is available in the Amazon.com Kindle Store and may be purchased [using this link](#).

~ ~ ~ ~ ~

**Next in the series ...**

There is now a consciousness of the planet. There is now a consciousness of Cities of Light. There is now a consciousness of higher lifeform, a higher being besides just the human, but what we call the Omega Man. There is a consciousness that this planet can evolve. There is a consciousness that each City of Light that you are working with can evolve. The ingredient for the evolution is consciousness.

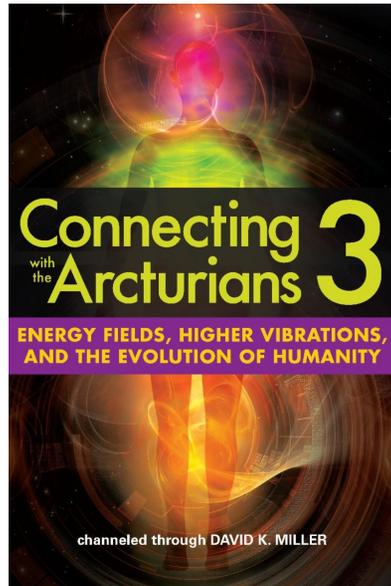
In the City of Light Project, you are working to bring consciousness to the City of Light. In the evolution of the planet you are bringing forth a consciousness of the whole planet which is sometimes known as Gaia. It is this ingredient of consciousness that is the motivator, that is the factor in change. This has been the great insight of the new physics. In the quantum healing world, consciousness is so important. The new physics is teaching us that in the quantum world, in the subatomic world, observation and consciousness changes the direction and the quality of particles.

But, this is an important lesson for thought. This is an important lesson for spiritual work. Because, spiritual work is like the subatomic world where observation and awareness influence outcome. Therefore, by identifying your City of Light and making the input of consciousness, awareness, you are beginning the spiritual process. You are beginning the quantum healing process.

Yes. I know you need the network boost. Again, it is our consciousness, through the visualization of all the networks of Cities of Light connecting, that will bring this higher Arcan power to each of your Cities of Light.

Focus again on the map. Focus again on the global map. Focus on the little dots representing each Planetary City of Light globally. Focus now on the network. We will go into silence as we meditate on this.  
(silence)

**"Connecting with the Arcturians: Volume 3" available now!**



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**David's earlier books:** *"Connecting With the Arcturians"* and *"Connecting with the Arcturians 2"* by David K. Miller

Feel your City of Light receiving the higher input from the network. And to the best of your abilities see the energies connecting the dots to all the Cities of Light. I continue to download this light through the Groom Creek Planetary City of Light to all of the Cities of Light in this project.

I am Juliano. Good Day.

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**Connecting with the Arcturians 3**  
 ENERGY FIELDS, HIGHER VIBRATIONS, AND THE EVOLUTION OF HUMANITY  
 David K. Miller

The themes of this book focus on the evolution of humanity, the next stage of our planetary development, the planetary crisis in general, and how we, as spiritual lightworkers and starseeds, can prepare for our future and for the ascension. We look at the relationships between such complex subjects as quantum physics and spirituality and New Age physics to learn how that relates to the higher dimensions and healing techniques that use new terminology such as "quantum healing" and "omega light."

**CHAPTERS INCLUDE**

- The New Paradigm Calls for a New Human
- One Thought Created a Universe
- A Powerful New Tool for Ascension
- The Three Sides of the Sacred Triangle
- Planetary Cities of Light in the Third and Fifth Dimensions
- Use Neutralization for Personal and Planetary Healing
- High Consciousness Is the Next Step in Human Evolution
- Work with Your Aura
- Use the Codes of Ascension to Achieve Higher Consciousness
- The Importance of Sacred Spaces

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All Our Books Are Also Available as eBooks on Amazon, Apple iTunes, Google Play, Barnes & Noble, and Kobo.

**Meet GOF Members from Around the World**



**Benjamin Tkatch**

Hello everyone, I'm Benjamin Tkatch.

My mother was a wonderful force in my youth. When I told her I was talking to Jesus/Sananda and asked, was that ok. She said "of course."

That has never stopped for me. I feel very connected with the Sacred Triangle energy.

offer a comprehensive presentation on the ideas and views of an extra-dimensional, extra-terrestrial civilization on the Earth situation from the planet Arcturus.

Subjects included in this fascinating presentation are: 1) the Arcturians' view of the ascension or "rapture;" 2) what is the Fifth Dimension and how we, as the human race, are evolving toward the higher dimension; 3) the impending Earth peril and dangers to the Earth biospheres; 4) Jesus' (or Sananda's) role in the ascension and why he has a new name in the higher realms; 5) The Arcturian Stargate, a soul transfer station referred to in the Edgar Cayce's writings. When we finish the Earth's incarnations, we can travel to the Stargate for our next "soul assignment."

**This first book** also describes a new concept in spirituality, the Arcturian Sacred Triangle. For the first time, the Arcturians offer a way of uniting Earth's spirituality so that a planetary healing can occur. Readers will learn how ascended Native Americans' mystical Earth spirituality and galactic extra dimensional spirituality can be united to enhance a healing for the entire planet.

That connection started with talking with Sananda as a child and then, when I was 20 years old, the indigenous side was introduced to me with Great Spirit, Animal Spirits and freedom. More Ascended Masters introduced themselves when I was around 28 years old and Galactic Beings became more prominent as I grew older. Two years ago, the Hathors and Arcturians made their way into my life. I have always astral travelled. So exciting.

I love travel and went to Peru between ages 20 and 30 years. I have also travelled to Nepal, Thailand and India and have spent much time in monasteries learning meditation. I've studied Martial arts, Chinese medicine and dabbled in physics.

Now I drive a truck... and love it because I am constantly praying blessing loving and receiving downloads!

Lately, the big shift is all about absolute forgiveness and unconditional love. The feeling of Unity Consciousness has been with me since I was a teenager.

I see our role on the earth is to Serve and Bless.

Most importantly, to Love and be open to Love and to be love.

So now I simply am love.

Benjamin

The follow-up to this book, "[Connecting with the Arcturians 2](#)", focuses on planetary transformation from a galactic perspective. It covers such topics as embracing galactic spirituality and planetary evolution, the aura enhancing technique known as shimmering and much more. The reader also gains more understanding of the planetary healing technology such as Biorelativity and other global healing techniques.

You can buy these books at the following links:

[Connecting With The Arcturians](#)

[Connecting With The Arcturians2](#)

[Connecting With The Arcturians3](#)

Visit [Light Technology Publishing](#) or call Light Technology at **800-450-0985** to order your hard copy of any of David's books.

All of these books are available [on Amazon](#). Simply go to: <https://amzn.to/2zy9erY>

David K. Miller

 **Visit our GOF  
Facebook Pages!**

## *From the Land Down Under*



Groser Valley, Australia

## **Perth Reactivation in February**



Back row: D, Michelle, Greg, Brendan, Angela, Rossy, Almudena |  
Front row: Julie, Monika. Kathryn is the photographer

## [Group of Forty group on Facebook](#)

We have a closed group, open only to registered GOF members.

There is also an [open group](#) for non-members. Simply ask to join either one. Thank you.

**New:** [GOF Biorelativity Page](#)

[Das Blaue Juwel](#)

[The Blue Jewel \(English\)](#)

[Planetary City of Light Lago Puelo](#)

[German Facebook Information page](#)

[German Facebook Group](#)

[Romanian Facebook page](#)  
featuring Connecting with the Arcturians.

## **Additional links...**

Argentina is now hosting the official website for all Spanish-speaking people. Please check it out! Thank you, Purvesh and Diana, for your great work.

[Spanish GOF website](#)

[The Blue Jewel DVD](#) on Amazon  
<http://j.mp/1b8IHF1>

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## **International Activity Calendar**

*You must log in  
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Jane will be travelling to Perth, Western Australia in June 2019 to meet with the wonderful GOF members there. David and Gudrun have agreed to present a workshop, "Connecting with the Arcturians," based on the three volumes channeled by David K Miller. The workshop will be open to non-members, so if you know someone who is visiting Perth and may be interested, ask them to contact me at [janesarratt@gmail.com](mailto:janesarratt@gmail.com).



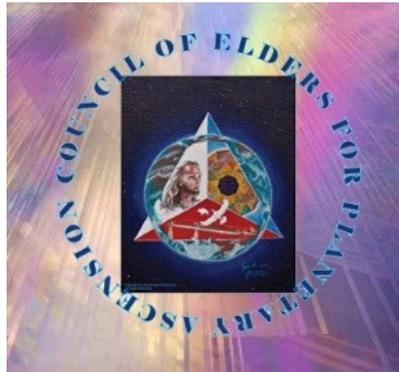
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## **Aboriginal Art**

Many paintings in Aboriginal art depict the creation stories of the artists' ancestral lands. Depending on where these come from, these paintings reflect the multi-layered stories and sand drawings that were a part of ceremonial life and are depicted from an aerial perspective, showing, among other things, a map of sacred sites relevant to the creation story. In the Pilbara region of Western Australia, Yindjibarndi artist Marlene Harold, depicts the creation story for her people in a Western landscape format.

While most of the Yindjibarndi people now live close to the coast in the town of Roebourne, the Yindjibarndi people are the traditional owners of a large part of the central Pilbara stretching from the Millstream-Chichester National Park south across the Fortescue River into the Hamersley Ranges.

According to Yindjibarndi law, in the beginning the sky was very low. When the creation spirits, the Marrga, arose from the ground they raised the sky and the world out of the

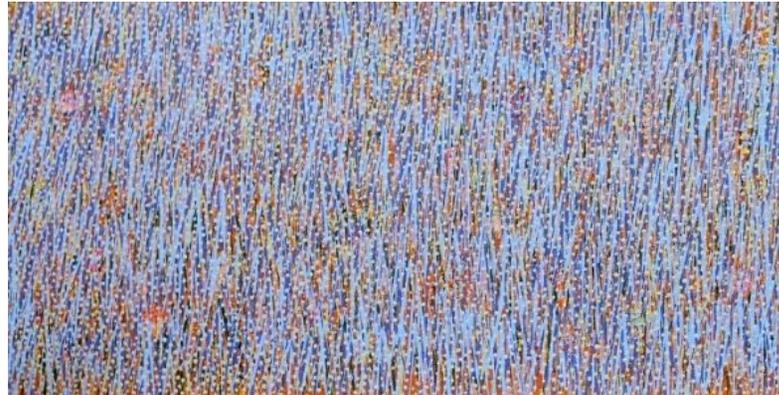


## The Ascension Cannot Happen Without the Preparation of the Starseeds!

Juliano spoke to us about the theology and spiritual teachings on this planet and how they are focused on agreeing that an external messiah must rescue the peoples and the planet. He taught us that in the view of the Galactic Council, it would be more helpful to view that energy as being focused in a Starseed group rather than one person. The second part is that focusing the rescue of a planet on an individual relieves the peoples of their responsibility to make changes, which leads them to believe they do not have the power to do the work.

If you believe the energy of the messiah should come without

ocean. The Marrga gave names and form to the country and then to all the birds and animals. Finally, they created the Ngaardangarli, the Aboriginal people. This creation story is called Ngurru Nyujunngama - When the World was Soft. In the early morning, the mist seen rising over the water is the smoke from the Marrga's breakfast fires. Painting in her distinctive delicate style, Marlene Harold commemorates and celebrates this ancestral creation story of her people, which she titles In the Beginning When the World was Soft.



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## The Energy of Realignment

you do or is it dependent upon what you do?" This is a great debate, and of course our position and the Council's position is that it is dependent upon what you do. And it is dependent to the point that you are participants.

The council wanted me to point out that this energy is carried, and can be carried, in a group and as a group force. So even in the discussion of the planetary healing the discussion of the messianic light there is polarization. Therefore, I am recommending that it is a group responsibility and a group endeavour.

Perhaps you can see why we have so frequently recommended this concept of the Ring of Ascension. It is becoming more important because the Ring of Ascension is showing that this energy is going around the whole planet. It is not localized.



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Let blue-golden energy clean the receptors in your etheric energy fields so that a perfected alignment is possible.

You are in perfect harmony. You are able to raise your spirit body out of your physical body. As you raise your spirit body out of your physical body, you float above your physical body.

Go to a place that is about 100 to 200 feet above your physical structure. As you go above your physical structure, you feel the pull of this beautiful blue and golden energy.

As you are above your body, experience the freedom of your energetic connections to the Fifth Dimension, available through the individual corridors that are above each of you.

Instead of traveling to other areas and other realms, I want you to say and think these words: "I am creating the energy field for a perfected reentry and realignment. I am creating the necessary energy field for a perfected reentry and realignment."

I want you to understand that when you are 100 to 200 feet above your body, you are a receiver of Fifth-Dimensional energy and light. You are increasing your energetic field up there. Your energetic body is expanded. All your spiritual antennae are out. [Tones.] *Oooohhhh*.

Look down at your physical body and slowly descend back into your physical body, bringing a total alignment.

Stay perhaps eight to ten feet above your body and work on this realignment. [Tones.] *Oooohhhh*.

Now, in perfected alignment, slowly reenter your physical body. As you do that, you will feel upliftment and rejuvenation. I want you to hold this energy field, this feeling of realignment.

We will meditate for a few minutes so that you can work on becoming familiar with this realignment. All of you have successfully reentered your body and experienced this alignment.

## Did you know?

### Grace - a Path of Ascension

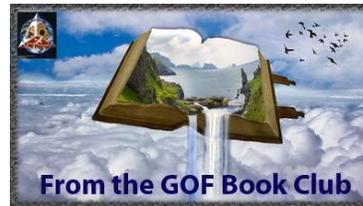
Greetings, I am Archangel Michael.

I would like to talk about Grace, and when I talk about Grace, you may be surprised also to learn that Grace is one of the four paths of ascension. Let me define Grace, and I will have to approach it from several different aspects. The first aspect is that Grace is asking for a suspension of karmic difficulties in the face of what you are perceiving as insurmountable energy. You may have a problem that you have been trying to resolve and you have been unsuccessful. You may have difficulties either in your physical, mental or emotional or even spiritual life that are so complex that there does not seem to be any hope of resolution. This may be leading you to becoming full of despair and discouragement. I want to add that the resolution of your problems is not because of lack of trying on your part. For a variety of reasons, some of them are karmic; you might be in a position where you are not able

*"Raising the Spiritual Light Quotient", Ch 4, by David K. Miller*



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## Expand Your Consciousness

### Chapter 10

*By David K. Miller*

***How do you know that your spirit exists and how do you know that the spiritual energy field of the planet exists?*** Spirituality includes the realm of psychic abilities. Psychic abilities include aspects of telepathy, teleportation, telekinesis, prophecy and ultimately, the projection of healing energy. The highest level of healing comes with the connection and projection of spiritual light, spiritual energy and spiritual unity. When two spirits unite, a new quantum light and energy emerge. Spiritual energy is coming to Earth. Although not described or formulated for inhabitants. Our Third Dimension is filled with a life force energy called chi, prana or qi that allows this world and this dimension to exist. It would be rare for other planets to have chi.

### ***Describe the biosphere of planet earth.***

Earth has an accumulation of life force energy and spiritual energy that has created the biosphere. This is a force field of energy around the planet like an aura. It is an energy field that has many features similar to a person's aura. Earth's aura contains the life force energy field. It contains different paths of force fields coming from many different sources. These sources are not yet known to humankind. We have been using one such light source - quantum light. It is used for quantum

to resolve what this problem is bringing to you. And I know that there are even times when people want to leave their body and give up.

This is in reality part of the process of karmic resolution. Also, this is a great opening into the discussion of Grace because in Grace, you are saying something like this: "O Creator or Ascended Masters or guides and teachers, I have tried to the best of my ability, and I do not seem to be making progress. Grant me Grace so that I may pass through this smoothly and successfully without harm to myself or my family." In a sense, the Grace is like a reward; it is like suspension of karmic punishment. For example, there is this concept of pardoning somebody who has done something wrong when they are in jail; then you issue a pardon by saying I am giving you Grace. You can be relieved and you can be released from your punishment.

What requirements do you have to exhibit in order to be worthy of Grace, in order to earn the Grace? This is an important, good question. The first and most important aspect to earn Grace is sincerity and devotion to your path and clarity. Clarity means that you see that this problem

healing. We call it omega light which is a form of quantum light.

#### **What is omega light, and what are some of its properties?**

Omega light is a spiritual energy force part of the divine life force energy that flows through the universe. Omega light has special power and special characteristics because it comes from a higher source. It has tremendous healing abilities complementary to the biosphere and to all beings who live in the biosphere. All who receive omega light get a boost of energy into their systems. They feel more whole, more unified and more in touch with the spiritual energy and light that exists at the highest level. Third Dimension is lower than Fifth Dimension and the Third Dimension has polarized dense aspects. Yet the Third Dimension is able to vibrate and resonate at very high frequencies. It can receive Omega light. When you receive Omega light know that you are rebalancing yourself on the Third Dimension so that you are in resonance with the biosphere and the spiritual light forces of the universe. Omega light is one aspect of the spiritual light force field that exists in the universe. It is not visible in the normal human spectrum of vision. It is not even perceivable by normal human measurement devices. Yes, like dark matter, this aspect of the spiritual light force can have a tremendous healing effect.



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really is insurmountable to you and that you need a relief; you need a gift of suspension. In some cases, it is even helpful to say that suspending this karmic difficulty will allow you to be of greater service. Now I have heard people call this "bargaining" in the world of psychology. That is, you can say to the Creator: "If you will relieve me of this illness, then I will be of more service to the divine cause." This is a legitimate approach if you are sincere. You do not want to make that offer to Spirit unless you mean it sincerely. If this burden is lifted, then you will do more divine service. Remember you must follow through on your agreement to be of more service. That is why I say the most important ingredient is sincerity.

There are several great Spirit guides available to you that help with seeking Grace. One, of course, is Mother Mary, Mary Magdalene, Archangel Michael, Archangel Gabriel, Archangel Raphael, Quan Yin and Jesus/Sananda.

There is a beautiful concept in the teachings of the Kabbalah on this path of asking for Grace and this teaching has been carried down into the Christian tradition. This concept can be summarized as saying that one surrenders to

the higher power; that is, not my will but Thy will. The karma that is unsurmountable energetically turns into a surrender to the higher path to Thy will. And by surrendering you are engaging in a higher spiritual energy that will allow the Grace to transpire in your personal life.

I am Archangel Michael.

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#### Our Purpose

**"40 Groups of 40 will be formed for Personal and Planetary Healing - Bringing us to the Fifth Dimension!"**

*We are dedicated to teaching humanity about the ascension to the fifth dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.*

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