



Group of Forty

Australia

www.groupofforty.com

David K Miller Founder/Director



THOUGHTS FROM JANE

Acting like a Master

A good way of overcoming our weaknesses and reaching spiritual mastership is by acting as if we have already reached it. With every doubtful or important decision, we may ask ourselves "Hmmm, what would a spiritual master do in this situation" - and then just DO IT!! If you habitually act like a spiritual master, then you ARE a spiritual master. Never mind a few mistakes or wrong decisions. There is nothing better than our own mistakes to learn from. When you have reached a level where your motives are basically unselfish, then don't be too concerned about making a right decision. Just trust your intuition or inner guidance. Whatever you decide will be right! If there are four choices available to you to do something, each of the choices will give you a different experience. Depending on your preference at the time, you may choose 'the high road or the low road.' **There is no wrong choice, only different experiences.** Right and wrong disappear when you look at life, or your path, as a fascinating adventure and don't mind what it brings you. Please, don't be attached to outcomes!! The Arcturians teach us about thought. So, if you want to be in a particular place, then think yourself there.



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Make an entry in your diary for our annual conference on October 20th and 21st 2018. We'll be meeting at Jemby-Rinjah Eco Lodge for our meeting on Saturday 20th and then having lunch together at a local venue. Sunday 21st we'll have a joint meditation at the Grose Valley crystal. It's wonderful to meet other members face to face. Email Jane for more details.

MEETING OUR MEMBERS

Hello everyone, I am Maralyn Palamara and I live in Melbourne on the beautiful Mornington Peninsula. I am a Reflexologist and love to be the catalyst in a healing treatment. When working with Reflexology, I love to incorporate Reiki - this gives me the model for hands on healing that people might not otherwise be open to receive. When attending a Kinesiology workshop three years ago I met Micky Kellett, who also lives on the Mornington Peninsula. It was wonderful to meet someone I could chat comfortably with - about all those spiritual things that is so difficult to discuss with other people, because so many are not open to it. Micky Kellett introduced me to the Group of Forty and I feel blessed to be given the opportunity of joining so many passionate Light Workers. Our Peninsula Group meet at different spots every month and we always have a large group come for the re-activation of our Planetary City of Light and Ocean Reserve of Light. - I always feel grateful for the raised energy I feel with this group. Since joining the Group of Forty I find I am enjoying the opportunity to sit and "feel" the energy of the Planet when ever I can. This could be sitting at home on the decking, walking the dog or whenever I may have an opportunity of going somewhere "new". I love to tune in and "feel" what earth is saying. Thank you to all of you, wonderful Light Workers, and thank you to Jane for all your guidance and help. Keep up the light. Power to the earth.

Blessings Maralyn

MARALYN PALAMARA



MEETING OUR GLOBAL MEMBERS

Hello everyone! My name is Fiona Mash and I recently became the GOF representative for the U.K South. I live in beautiful Worcestershire in a Georgian riverside town called Pershore. I am near to the stunning Malvern Hills, an Area of Outstanding Natural Beauty and live on the edge of the beautiful Cotswold's. I love to be outdoors in nature and am lucky enough to live in this lovely part of the world, within easy distance of the ancient stone circles at Avebury, Stonehenge and to Glastonbury where I enjoy visiting and meditating in the Chalice Well gardens and Glastonbury Tor. I began my career as an Early Years teacher and later specialised in working with children with special and additional needs. I currently work as a children's Nanny which has taken me all over the world and is a job I love. I am also a Reiki Master Teacher and teach and practise Reiki energy healing and Crystal therapy. I adore crystals and have a (cough....rather large) collection of high vibration stones including my highly prized Lemurian seed crystals who came into my guardianship in order to work in Earth healing grids. I work intuitively to create different grids which I use to bring down 5d light for the Earth and to send energy deep into our beautiful planet to aid her Ascension and assist her move into the 5th dimension. Recently I have been using crystal grids to send healing energy to North Korea to help dissipate the tension between the other World leaders/countries. This was so successful that I was asked to create the same grid but this time to send healing love and the ascension flame of Peace to the USA and its President to encourage a higher level of consciousness to develop there. More work to be done here I think!

FIONA MASH GOF Coordinator South



I have been part of a spiritual development circle for 5 years and it has been an interesting path that has lead me here to the Arcturians and the Group of Forty. I already feel at home and look forward to meeting more of you in person as my journey continues. Earth healing is a passion of mine and I am thrilled to be able to add my light to the meridian meditations and bio-relativity work that is so established here. My aim for this year is to create a new PCOL in my home town and to gather more people to our small established GOF group in Worcestershire. I would like to reach out to UK members to hear what is happening in their area and to hopefully arrange meet ups and days out! Avebury anyone? I will bring the crystals....just bring your (pub) lunch

Light blessings to you all

Fi

Who Makes These Changes

Who makes these changes? I shoot an arrow right, it lands left.

I ride after a deer and find myself chased by a hog.

I plot to get what I want and end up in prison.

I dig pits to trap others and fall in.

I should be suspicious of what I want. *Rumi*

DID YOU KNOW... Extract from 2013 lecture

The event horizon is a term that is used in modern physics to describe in particular the black hole. At the edge of the black hole there is a point where there still is an observable point and at this point all the energy is not totally being drawn into the black hole. There is like an outer edge. This concept of the event horizon is extremely useful in talking about Biorelativity because **there are many possible events in the reality of the Earth**. The possibility of events includes some quite dramatic and catastrophic events, including being struck by a meteor, asteroid, a scene of polar reversals, a scene of nuclear war, or even a total collapse of the biosphere. These are just several what-I-call events. Each one of these events is already a thought field. **Each one of these events is a particular energetic field in itself that exists in your Noosphere**. And there is an event horizon around each event. **The event horizon is like an attractive force around that particular event**. So let's use an analogy again of the black hole. The black hole is attracting all matter, whether positive or negative, into the hole and then the energy never comes out. In the concept of Biorelativity, the event horizon is on the edge of the event and it is an attractive, but it is also interactive field for that event. And unlike the black hole, the event horizon in a planet can be influenced. If you look at the energy of the polar reversal, for example, this is a particular thought field and there is an event horizon around that event. There are certain attractive forces that could help to make that event happen. At the same time, there are interactive forces which you and other starseeds can sense in that event horizon that will influence the event in a different outcome. There are also event horizons for positive events. So there is an event horizon for the Ascension. **There is a thought field that exists in the Noosphere for the Ascension** and I have spoken many times about the intersections of the dimensions and how that is going to be made more possible by the participation of starseeds. So I find it helpful to

visualize the actual event and to actually visualize the intersection of the dimensions and visualize the energy field around that area, which we call the event horizon. One of the problems in the black hole theory is that there is an overwhelming view that the black hole is a totally negative experience. But this is not true, partly because the universe recycles itself and the black hole is recycling energy and actually reemitting it in another way on the other side of the black hole. But anyway, for the purposes of our discussion, the event horizon has both positive and negative effects. The most important thing for you to understand is that **you can influence the event horizon**. You can influence in a positive way or in a negative way the energy around an event horizon. When you are doing Biorelativity in particular, you need to think about the event that you are working on to change and you need to work directly with the event horizon thought field or the thought field that is composing the event horizon around that event. Also you need to be aware that it is an interactive energy field and that you can contribute to a different outcome by sending your thoughts and energies around that event thought field. Remember, that thought field is holding the energy for the experience. So if you are for example thinking of a volcano, then it should be easy to imagine a thought field around the volcano. Then you could imagine a circle of light and energy. Try to imagine the thought fields are actually like a light. In a sense everything in the universe exists as a vibrational energy field and thought is a vibrational energy field. So you can send a vibrational energy field around the circle of that volcano and that will interact and be influential because the event horizon is still interactive. Mankind has the ability to interact with the event horizon. There is also a thought field of Messianic Light and Energy around this planet. This was one of the gifts to this planet and there is a thought field energy of the divine light and the divine intervention.

FROM THE COSMIC ARROW

From the Cosmic Arrow - Arcturus Connection

By Sjoerd Tyssen

Use These gifts to help your meditations.

Full Moon - Aquarian Cycle -

Lunar Eclipse; 31st of January '18... 11 degrees Aquarius/Leo.

Message:- 'Being a Stargazer gives you a faraway look'

or - 'Tens of Clouds can make a Thunderstorm'

Last Quarter - Aquarian Cycle -

8th of February '18... 18 degrees Scorpio.

Message:- 'Everywhere there are signs of life

New Moon - Capricorn/Aquarius Cycle -

Solar Eclipse 16th February '18... 27

degrees Aquarius,

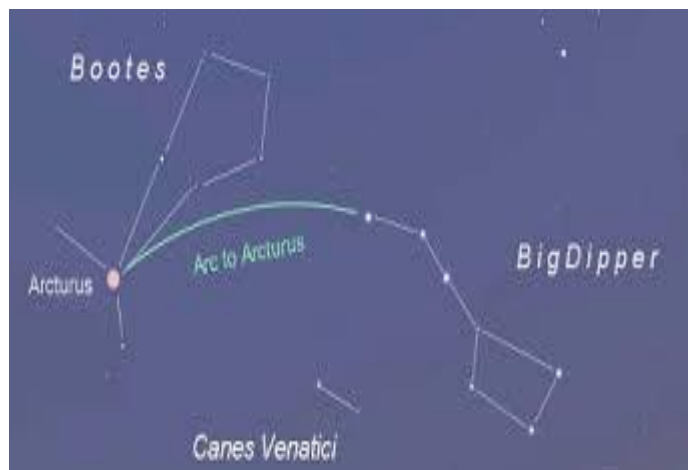
Message:- 'Recent new Intelligence has denied the existence of what we do not know yet.

Interesting?

1st Quarter - Aquarius Cycle -

23rd February '18... 4 degrees Gemini.

Message:- 'Friends and Lovers are together here'



CORNWALL CAPERS

Hello Starseeds -

This month

we are looking at lolite which is violet/blue (see photo). It also comes in different colours and has a hardness of 7-7.5. Lolite is it's gemstone name - it's mineralogical name is Cordierite but it is also known as water sapphire because a clear lolite can look like a slightly violet sapphire. Lolite was very popular in 18th century jewellery and still is - so AAA grade can be much in demand! Lolite is good for the third eye chakra, inner vision, astral travel, shamanic journeying, releasing/healing old fears/belief systems, allowing new depth of insight and understanding. It holds a lovely violet blue goddess energy and I find it has a calm flowing energy good for increasing awareness and communication with higher realms and guides - together with overall enhancement of psychic abilities. It is a good balancer of yin/yang and can help with sleep, headache and the eyes. If you feel drawn to this crystal use the meditation from our early articles to welcome/attune to your gem. Don't forget regular care and cleansing - with white sage or running water - to keep your water sapphire running! Remember these articles are just a snippet there is lots more information including different ways of cleansing on page or web!!

Happy researching!!
Together in unity consciousness.
Namaste. Stephen



Q AND A WITH JULIANO

Juliano, What can we star seeds advise people when they come to us for advice about being pestered by negative spirits?

Question asked by Carel Fillmer, Sydney

Answer:- An important question and a very important issue at this time.

It is not a simple answer. There is not one answer that fits all. There are certain techniques. The first thing is to explain to people the nature of the aura. The aura can have attachments to it. It is helpful to talk to the person about when they first became aware of the attachment. You often find that there was a vulnerability in the energy of that person. I want to make a comparison between having unprotected sex and trying to travel inter-dimensionally. You have to have or should have, some form of protection when you are interacting with other realms...when you are interacting with the 4D. This is why we have established corridors and this is why we encourage people to raise their vibration. So, the exercises of the cosmic egg for example, are important. There are techniques of removing the spirits but all rely on raising the vibration of the person's aura. Usually if the discarnate spirit has been there for a while...then it indicates that the discarnate spirit is stubborn and it sometimes takes an outside party to remove that and then the aura must be repaired. There are reasons why people are more susceptible now...there are holes in the earth's aura lower energies can come down....sometimes there are holes in people's aura, for many

reasons, including drug usage. Basically, the answer is you have to accelerate and heal your energy field, your aura. It does become more complicated because these are what we call parasitic attachments. The attached entity is a parasite. Being a parasite it will fear its own demise when it is removed from the person's aura and that's one of the main reasons why it doesn't want to leave. It requires some pretty high level skills to convince the entity - sometimes persuasion works...sometimes you have to be cold and remove it against its will and when you try to do that sometimes the entity tries even harder to fight back and cause problems. You can see it is complicated. The best healing method is the cosmic egg and healing the aura and increasing the speed of the aura.



MONTHLY PHONE MEDITATIONS IN AUSTRALIA

Webinar -Meditation Training with David and Purvesh
Sunday February 11th 6am DST Go to Meeting **AND**
Sunday Meditation February 11th– Micki Kellett – 10.15am
 DST 0386720180 396637#

Thursday Meditation from the Masters February 15th –
Keith Kreyling 11am DST, 0390280260 164595#

Sunday Meditation February 18th – Carel Fillmer –
 10.15am DST 0386720180 396637#

Group PCOL meditation Wednesday February 21st
 8.30pmDST ???? will be the presenter. 0386720180
 396637#

Thursday Meditation from the Masters February 22nd –
Jane Scarratt 11am DST, 0386720180 396637#

Sunday meditation February 25th – Glenda Lancaster
 10.15amDST 0386720180 396637#.

Thursday Meditation from the Masters March 1st –Gary
Chaunce 11am DST, 0390280260 164595#

Thursday Meditation from the Masters March 8th –Henry
Brenner 11am DST, 0390280260 164595#

Sunday Meditation March 18th · Belinda Simpson
 11amDST 0386720180 396637#

Thursday Meditation from the Masters March 22nd – Jane
Scarratt 11am DST, 0386720180 396637#

Sunday Meditation March 25th – Carel Fillmer – 10.15am
 DST 0386720180 396637#

Thursday Meditation from the Masters March 29th – Marie
Ashworth 11am DST, 0386720180 396637#

DAYLIGHT SAVING FINISHES!!!!

The Earth Balance Biorelativity Meditators meet every
Monday night at 8pm DST on the phone conference line.
 Access code 396637# Email Jane for information.

Conference Call dial in No:- For Aust: ring (03) 8672 0180
 or (03) 90280260, Access: 396637#

For US meditations, ring (03) 90280260, Access: 164595#

THE BOOK CLUB



Australia's next book club discussion will be
Friday, March 2nd 7.30pm DST Chapters 27 &
 28 incl. "Teachings from the Sacred Triangle"
 Volume Three Questions prepared by Karen
 Stephenson and Yvonne Villien. We will
 commence chapter one, "Expand your
 Consciousness" in April.

BringingHerbsintoyourlife

Chamomile:-This herb calms children and is a
 tonic, Carminative and stomach balancer.
 Deeper states of relaxation show an individual
 many levels of existence. This can be useful
 when one is seeking greater spiritual
 understanding from the past. It is useful for
 people to acknowledge fully and understand
 the power and force within the body. This is not
 easily understood. Sometimes deeper
 relaxation can lead to lethargy but with
 chamomile this tendency is usually shifted. A
 person feels more energy for a while after
 taking chamomile. You feel more inner
 peace. There is greater clarity in current
 relationships, what you are doing with your life,
 and your inner spiritual purpose. There is a
 relaxation in viewing and working with
 energies that are seen to stem directly from
 God. Understanding God's laws is more
 acceptable and can be worked with easily.

PCOL Coordinator News

If you are interested in creating a PCOL/PORL in your area, talk to Jane. I am always delighted to assist. A small area is preferable.

The next joint pcol/porl meditation will be held on February 21st at 8.30pm DST. Jane will be your presenter. Please find the time to join in.

The next meeting of the Australian PCOL Committee meeting will be on April 7th.

Maintaining a PCOL/PORL is really a community service. We are benefitting all the inhabitants. We are being of service to our community.

The **idea behind** the Planetary City of Light Project is to make the world a better place to live. We are aiming for full Ascension, but there are steps along the path to take. We look forward to actually seeing change within the Planetary Cities of Light that we create and maintain activated. This gives us hope and joy and with those emotions, we can bring forth more change sooner.

Lin Prucher Global Coordinator

We'll include great information about **Medicine Wheels** in the March newsletter and perhaps you could consider creating one in your own garden or using your house as the centre point, to create one around your house.

Please be Ambassadors and talk about the Planetary City of Light Project to people you meet. If you would like a bit of "blurb" to assist you, email me and I'll send information.

EXTRACTS FROM THE BOOK CLUB

CHAPTER 25 "Teachings from Sacred Triangle"
Vol Three by David K Miller

Describe the benefits of group links and programming.

We have always been intrigued when we see the multitude of species on your planet. The insects exhibit oneness with the whole group, especially the ants. They are programmed for the whole society of ants and are moving together as a group. You are individual, you have free will, and you are in no way as restricted as insects. That trait of working for the overall good of the group exhibited in ants is also contained in your genetic makeup. It is part of who you are. It is important to remember that no matter what level you are functioning on, you, as a participant in this whole Earth process, have those group links and that programming within you. This programming is interconnected with all of humanity. That means that your thoughts and your work in the collective unconsciousness do affect the global spiritual community.

What multiple levels is the spiritual community working on?

The global spiritual community is working on multiple levels. Some are not necessarily working with extraterrestrial higher beings, but they are working for the overall harmonization of this path of progress, which includes the work of ascension, enlightenment, individual harmony, the higher self, and the global self. The global self describes the many aspects of your self, linked and working together with other humans of higher purpose and consciousness

KIA ORA FROM NEW ZEALAND

Wiki the teenage Orca, lives in France, and was recently on the news talking to camera crews. Did you see her? Speaking out her blowhole counting 1, 2, 3 and repeating words like Hello, Bye Bye to Amy (who is her trainer) and blowing raspberries for the cameras are all part of her expanding repertoire. Wiki has worked out she can mimic the sounds of human words through her blowhole, just like she makes the sounds of a sea lion barking, or a dolphin call.

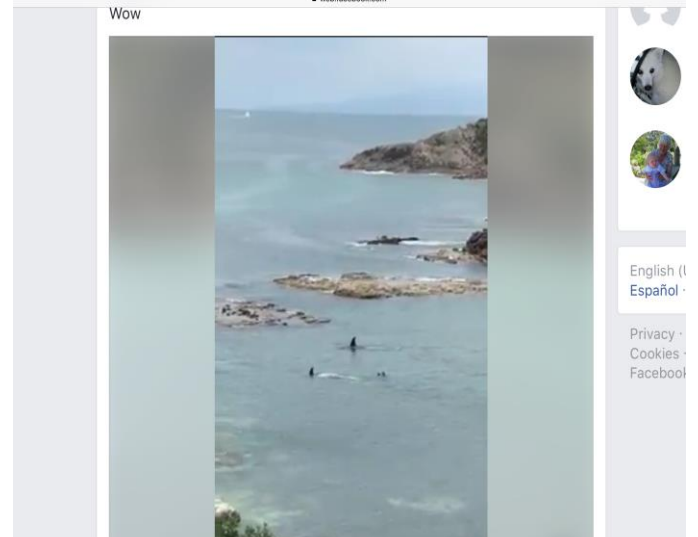
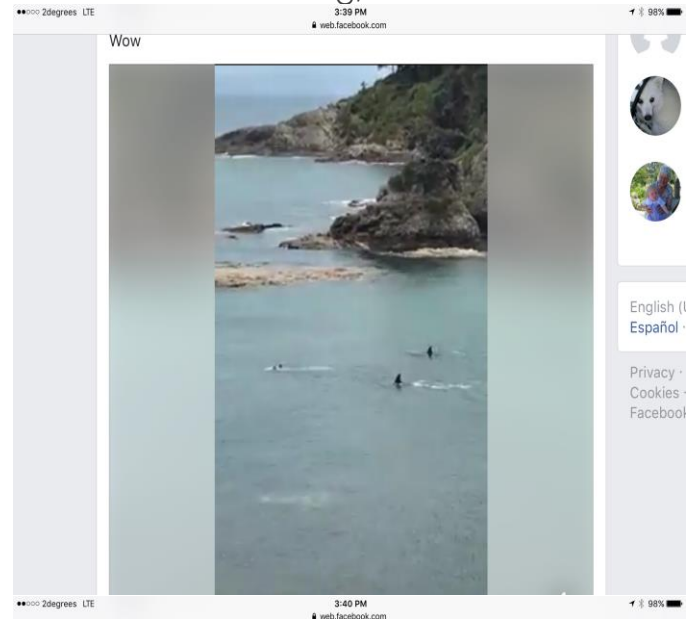
These extraordinarily intelligent creatures are often feared, mistrusted and definitely sidelined by their super intelligent cousins, the dolphins. I don't believe they deserve the title of Killer Whale, and all that conjures up in the mind. Orcas do not attack humans as a rule, only when they are in tanks, provoked or are in danger.

Here is a heartwarming story that happened last week, in a beautiful lagoon on Waiheke Island 30 mins from Auckland city, and in the middle of our East Auckland PORL.

A heatwave during the past 3 weeks has kept Auckland's temperatures and humidity at all time highs, and many flocked to the beaches or to pools to cool off. On such a day in the middle of the lagoon, two children were swimming. In through the narrow entrance swam two orcas searching for food; no doubt looking for their favourite food, stingrays, which are plentiful along Auckland's coasts. As they searched the lagoon, the children became panicked stricken, screaming and thrashing about in the water as they tried to swim towards the shore. As the pictures show, the two orcas approached very close to the children, probably wondering what all the noise was about. Parents yelled from the shore for them to stay still. What happened then was incredible. The orcas split up and swam around the children and out through the entrance. Even though they were looking for food these "so called" killer whales of high intelligence just knew better.

It is interesting how they knew the difference between humans swimming in the sea and the traditional prey of stingrays, penguins and seals swimming in the sea. This then begs the question about their sense of awareness, and how they discriminate.

We are lucky in NZ to have them in our deep clean blue southern waters where food is plentiful for them. Around our Coast, it is a regular occurrence meeting with large and small wild sea life and THEY are just as interested in what WE are doing, as we are of them.



HELLO FROM BART IN HOLLAND

My disbelief is being healed

Because of parentage, education and work, I have developed a strong masculine, rational part in me. 10 Years ago my feminine, intuitive part awakened and a new magic world of crystals, extra-terrestrials and lightwork came into my life. I read many sorts of channellings and became inspired by the lectures of David/Juliano and so I connected to the Arcturians. I started my own lightwork group. This was fantastic but soon doubts crept into my mind about the truth of it, etc. My rational part started to poke and grumble and since then these two parts haven't agree about this subject. I have learned to ignore my rational part when I am doing lightwork. That is workable. But it becomes difficult as soon I have to talk about this to other people. Even to absent group members when I need to tell them what we did. In 3-D consciousness, I really have trouble in expressing these experiences and giving them wholehearted acknowledgment. But I have learned to accept this as part of me. However, it looks as if God wants to change this. Situations are being created and that rational part is being confronted. Either by the irrefutable truth of what I do in lightwork or by the awakening of my rational part when I'm doing lightwork. During my last lightwork session, something happened and all of a sudden my masculine part awakened, initially I was scared but recovered and then, in total amazement, I thought: would it be true that we are supported right now by an extra-terrestrial; would it be true that they exist?

I was a witness to what was happening and I realised, that rational part in me was finally connected to the intuitive part in me!!! It is a process which goes beyond my scope. I did not have to do anything - it just happened. It is difficult to write about it, as so much of it feels like its happening on a subconscious level. Take for instance the last lecture Juliano and David about the life of the Arcturians. I read it, but immediately something blocked within me. This was too much for my rational part. All of a sudden, I realised that subconsciously, this side of me had torpedoed acknowledgment of their existence all the time. And now it is fully exposed. It feels as if a hidden part in me, is, for the first time, exposed to the magic world of crystals, extra-terrestrials and lightwork. I feel very strange sometimes. I feel like a child who is outgrowing its fears for the darkness. It also feels so strange to share this, since I have written more than once that I feel connected to the Arcturians, but at that time my disbelieving part was asleep. Now I am in the process of feeling what it's like to have my whole being involved. I am thankful that this healing process has started. This disbelief has probably not only blocked me subconsciously in my lightwork, but perhaps has been the motivator for my fear of surrendering to life. I am thankful, that it is happening so naturally without any big ups or downs. I believe it's just happening by itself.

Bart February 2018

Biorelativity Coordinator News

If you would like to be part of the Biorelativity Meditation Earth Balance Team, please ask Carel Fillmer for details. carelfillmer@gmail.com

The Earth Balance Team have a new meditation for the Team to place their focus. We are focusing on delivering Galactic energy to Earth's subconscious to dissolve negative thought forms.

We have prepared a meditation that focuses on the **drought that is hitting most parts of the globe**. So, we will present that meditation regularly to ensure Mother Earth hears our call for assistance.

We feel, too, that our Immune systems should be made stronger, so we will also present regular meditations for our **Immune Systems**.

We have found that repeating meditations is a wonderful idea because with repetition our visualisations become stronger as we become more familiar with the meditation.

OUR DEEPEST SYMPATHY AND LOVE

to Marie Ashworth of the Gold Coast for her loss in the passing over of her beloved mother Angela.

EARTH BALANCE TEAMS

When the Earth Balance Team move onto a new meridian, there is no focus then, on the meridians that they have worked with, so the idea was created to ask members all over the planet to form small groups and take responsibility for a specific meridian. They are asked to meet each week for 15 mins to maintain the focus on that meridian. The response has been wonderful! Gaia thanks you!!

Anyone interested in this, please contact Jane. Email: janes carratt@gmail.com

THE CURRENT TEAMS ARE:-

Perth members have taken responsibility to maintain the Pacific Ocean currents. The team comprises GOFA members Michael Maynard, Monika Jakli, Kathryn Whitehand and Sofia Souklis.

Sydney north members GOFA members Yvonne Villien and Gwen Bowyer with support from friend Pat Scheveling will work with the Ring of Fire meridian.

Gold Coast, Spanish and UK members have taken responsibility for the Space Time Continuum Rift. The team comprises GOFA members Jane Scarratt, Anne Scarratt, Marie Ashworth, Helen Cowley, Joanne Manton and Spanish members Paola Correa, Elisabeth Hoogduin, Mike Tong and Chloe Van Zuylen and Claudia Meija in London.

Christofer Aven in California will lead a team maintaining the North to South Pole Meridian. The team includes Jan Dugan from Alabama, Gary Chaunce from Ohio, Jeannette Carlisle from Texas.

Keith Kreyling in Boston, Massachusetts will lead a team maintaining the North to South Pole meridian. The members of the team are Keith and Tabitha Kreyling, Gene Yoder and Bonnie Sue Rauch.

Sydney members Carel Fillmer, Belinda Simpson, Kerry Wilsher, Terence King and Ulli Hansen have taken responsibility for the Pacific Ocean Currents.

WELCOME TO OUR NEW MEMBER

We welcome Magda Narloch from Brisbane to our GOFA family.

THE BEAUTY IN OUR

GOLD COAST PCOL

Tamborine Mountain – ‘The Green behind the Gold’ – is the west point of our Planetary City of Light (pictures on next page)

Tamborine Mountain is a beautiful lush green mountain plateau in the Gold Coast Hinterland, only an hour's drive from Brisbane or Surfers Paradise. It is home to the first ever National Park in Queensland and a secret hideaway for Australia's city dwellers. It is hard to put in words the beauty and tranquility of the Tamborine Mountain plateau. At every turn you will encounter breathtaking scenery and views, abundant wildlife and clean mountain air. Also a strong cottage industry including many local arts and crafts, a host of natural and man-made attractions, award winning wineries and top-class restaurants, country markets, festivals and events, a whole host of accommodation choices including romantic couples' cottages and B&Bs await you on Tamborine Mountain. The plateau originated from the Mount Warning volcanic eruption 22 million years ago and is part of the Scenic Rim Regional Shire. The plateau looks down on the surrounding lowlands, to the Gold Coast and Pacific Ocean to the east and all the way to the Great Dividing Range to the west. The Gold Coast view is breathtaking by day, but by night the panorama of lights is even more stunning.

Tamborine Mountain was the home of the Wangerriburra aborigines tens of thousands

of years before white settlement. It was completely covered by subtropical rainforest, which was cleared at a rapid pace for agriculture and timber production after it was opened for selection in 1875. Fortunately in 1908 efforts were made to protect the natural beauty of the mountain and the very first National Park was created in Queensland – Witches Falls National Park. Over the years 12 separate sections with mainly remnant rainforest were added to the original National Park, almost encircling the plateau, and named ‘Tamborine National Park’. Most areas have well defined and easy to negotiate bush walking tracks right through the rainforest.



Giant Earthworm which grows to a metre long comes to the surface after very heavy rain.

The mountain is a sanctuary for the native flora and fauna. Birdwatchers especially appreciate the variety of some very rare bird species on the mountain. Lyrebirds, scrub turkeys, brilliant parrots and lorikeets, tawny frog mouth, whip birds and inquisitive bowerbirds populate the rainforests and can often be seen and always heard. Bird feeding is enjoyed by locals and tourists alike.



Curtis Falls



Houses on Tamborine



Entrance to the Glow Worm Cave



Lorikeets feeding



View to Gold Coast City

AROUND AUSTRALIA

Sydney NSW PCOL/PORL. Meditations on **last Saturday of month at 2pmEST**. If any members are interested in joining us, please email Carel on carelfillmer@gmail.com or phone 0414 939 760.

GoldCoast Queensland PCOL/PORL

Meditation on **last Sunday of the month** in Helensvale 1.00pm. Ring Jane(07) 31391451 or email: janes carratt@gmail.com

Brisbane North Queensland

Meditations are being held monthly in Brisbane. Next meditation will be **1st Sunday of month** at Brackenridge 10.30am. MeetUp: Arcturian Lightworkers Brisbane North email: natalie_rankin@hotmail.com

Melbourne Victoria Mornington Peninsula

Meets monthly for re activation of PCOL and social interaction between members. Meetings on **the last Saturday of the month at 10.30amEST**. Ring Karen Stephenson for more information. 0410289727 email: karenstephenson08@gmail.com

Melbourne Victoria Mt Dandenong Meets **every Monday night** at 7.30pm in Ferny Creek, Melbourne. Optional supper provided. Ring 0397552242 or email ianlewis12345@bigpond.com

Grose Valley Blue Mountains NSW

Meditations to maintain the PCOL will be held **every second Saturday of month** at Noon EST at the Grose Valley Crystal. Contact Liz: 0469 602487 email: eliz.clarke@yahoo.com.au

Applecross/Shelley Perth

Meditations to maintain the PCOL will be held on the third Sunday of the month at 2.30pm WA Time in Applecross. Contact Monika: email monika@lippert.hu

Auckland NZ PCOL/PORL

Meet on 2nd Saturday of each month at Farm Cove at 2.30pm. Refreshments afterwards. Contact Janine:- janinemalcolm@xtra.co.nz

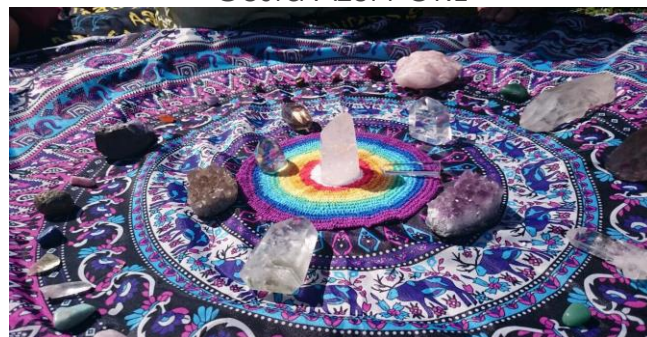
GOLD COAST, AUSTRALIA and COSTA AZUL , BRAZIL PCOL/PORL SISTER CITIES



Members of the Costa Azul PCOL



Costa Azul PORL



UNIVERSAL LAWS

How many people say "I would like to know God's Laws, but I don't know them". So, in this newsletter for the next few months, we're going to give you the Universal Laws. To merely read the Laws isn't enough. You must use the Laws and prove them correct. Everything works by Divine Law as there would be no order in the Universe without these Laws. It's very important for us to practice these Laws because a life without law and order can be a life of trouble, chaos, trial and error, or hit and miss. When you work with law you know the outcome of every venture **because** it is law and therefore it can't fail.

21. The Law of Life.

Trust this law for it is indeed a "just" law. What have you to give to contribute to life? Think on this and whilst you are thinking on giving, you will not be able to think on receiving. But Life will always give back to you in good measure all the gifts of its Nature, all things. The secret is: do not just think on what you can get but rather what can I give to make this world a better place to live in. What can I do to help my fellowman lighten his load? How can I help make his life a little happier. It does not matter who you help. As has been said "As you do unto others you do unto me"...or life. For life is, was and ever will be the ME of whom the bible speaks of. I AM LIFE and as you give to life so does life give back to you. It is law. By the same token, you cannot get anything unless you first give. Give then, that your joy might be full, for the law exact; it cannot fail.

Give, give, to Life but give impersonally. Not to this one because you like him. Or to that one because he has rendered you a service, for then you have your reward. When you give "don't let your left hand know" – another law. In this manner are you truly contributing to Life. And does it matter whose life? It is my life and there is only the ONE!



TO TICKLE YOUR FUNNY BONE

BAD PARROT

A young man named John received a parrot as a gift. The parrot had a bad attitude and an even worse vocabulary. Every word out of the bird's mouth was rude, obnoxious and laced with profanity. John tried and tried to change the bird's attitude by consistently saying only polite words, playing soft music and anything else he could think of to 'clean up' the bird's vocabulary. Finally, John was fed up and he yelled at the parrot. The parrot yelled back. John shook the parrot and the parrot got angrier and even ruder. John, in desperation, threw up his hand, grabbed the bird and put him in the freezer. For a few minutes the parrot squawked and kicked and screamed. Then suddenly there was total quiet. Not a peep was heard for over a minute. Fearing that he'd hurt the parrot, John quickly opened the door to the freezer.. The parrot calmly stepped out onto John's outstretched arms and said "I believe I may have offended you with my rude language and actions. I am sincerely remorseful for my inappropriate transgressions and I fully intend to do everything I can to correct my rude and unforgivable behavior." John was stunned at the change in the bird's attitude. As he was about to ask the parrot what had made such a dramatic change in his behavior, the bird spoke-up, very softly, "May I ask what the turkey did?"



*Contributed by
Jonathan Bell.*

WHAT ARE PEACE POLES?

Contribution by Yvonne Villien
A **Peace Pole** is a monument that displays the message "May Peace Prevail on Earth" in the language of the country where it has been placed, and usually 3 to 13 additional translations. The idea of Peace Poles was first thought up by Masahisa Goi in 1955 in Japan. The Peace Pole Project today is promoted by The World Peace Prayer Society as well as other groups and individuals. The first Peace Poles outside Japan were constructed in 1983. Since then, more than 100,000 have been placed around the world in over 180 countries. Peace Poles are made of many materials. Most are made of wood. Others are made of limestone or copper or plastic or stainless steel. The text might be painted, carved, etched, welded, pasted, or riveted on. In some cases it merely is a plastic plaque attached with screws. In other cases it is the careful work of an artist or sculptor.



Buss Park Peace Pole Bundaberg



Peace Pole Byron Bay NSW

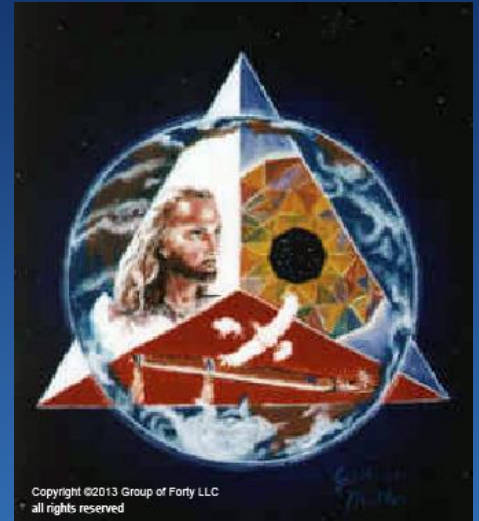


Peace Pole Tasmania

"40 Groups of 40 will be formed for Personal and Planetary Healing Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the fifth dimension.

We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.



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