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Monthly Newsletter

GROUP OF FORTY

David K. Miller - Founder/Director

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Connections Issue 253

NOVEMBER 2017

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Members Matter

Your Fifth Dimensional Self

Juliano, through David K. Miller

(Note: this channeling is taken from the lectures presented at the annual conference in October, 2017 in Prescott, Arizona)

What are the characteristics of being in the Fifth Dimension?

The first aspect is being in balance and in harmony with nature. The second aspect of being in the Fifth Dimension is that one does not experience any concept of finiteness. There is no concept of your life ending, as you know it, rather there is a total awareness of the infinite nature of you and your soul. On the Fifth Dimension there is a total awareness that the body that you inhabit serves as a transition point to other realms, other frequencies and higher dimensions. From this Fifth Dimensional perspective you temporarily inhabit this physical body. But this inhabitation is considered one part of your journey. There are many parts of your soul journey and you have come into this Third Dimensional form for specific reasons and specific lessons. You are here on earth, in part, to contribute in a way that can be categorized as "your mission." The mission could be to help and bring forth higher spiritual knowledge and information to the planet.

Featured GOF

Member of the Month



Henry
Brenner

Henry attended MIT (Massachusetts Institute of Technology) as an undergraduate, majoring in chemistry. He continued on to Ph.D. work at the

University of Chicago and then on to three years of post-doctoral work at the University of California at Berkeley.

He was lucky enough to get a faculty position at New York University, where he stayed until his retirement in 2012.

While on the faculty there he did some research in physical chemistry, dealing generally with the interaction of light and microwave energy with organic molecules. One of the courses he taught was called "Energy and the Environment." This sparked his interest in environmental problems such as air and water pollution, ozone depletion, greenhouse gases, climate change and nuclear energy. He was introduced to the Group of Forty through his wife, Kristine's participation.

Since joining the GOF several years ago, he has been active leading Biorelativity exercises, joining the Council of Elders and helping with the Australian Book Club project. He also assisted David in editing a new manuscript.

Henry is a great asset to our project and we are lucky to have him with us.

Thank you, Henry, for your GOF work.

Think about how difficult it is to process, share and explore your Multidimensional Fifth Self in this Third Dimensional culture. Fortunately you, the Starseeds, are creating a network of friends and support for the Multidimensional Self. Working together in groups offers you the security and support for this multidimensional work. Part of the multidimensional work is to connect to and download Fifth Dimensional energy. Another part of the multidimensional work is to encourage and attract the intersection of the dimensions, that is, the intersection of the Third and Fifth Dimensions.

Part of your multidimensional work is also to thought-project or bi-locate yourself into the higher realms. The more people bi-locate and project themselves into the higher realms the more likely it is that the thought frequencies, thought forms and healing paradigms will be downloaded back into Earth. The more people that are "becoming aware of their multidimensional presence," the more likely it is that higher light can be manifested on Earth.

International Biorelativity Update

By David K. Miller

The Biorelativity Committee is scheduling two new training webinars. Jane Scarratt and David Miller will be leading an *Arcturian Meditation Techniques* webinar on Dec 9th, 2017 at 3:00 P.M. Arizona time.

On January 13, 2018 Jane, David, Lesley Anderson and Cosmin Supeala will be doing a webinar for our members entitled *Arcturian Biorelativity*. Our team will be demonstrating Biorelativity session techniques in this webinar. Look for the GoToMeeting links coming soon in your e-mails.

As a committee we feel that GOF members need to have a better understanding of what Biorelativity means and how we can use this technique to help heal the Earth.

We would like to remind members that a very detailed Biorelativity manual has been written and placed on our GOF website. The GOF is still doing 15-20 Biorelativity sessions per month with an average attendance of 9-10 members on each call!

Starseeds Counselling



I am Gudrun Miller and I have been a professional counselor for over 30 years.

Dear Gudrun,

You told me you knew I was a Starseed the moment you met me. How did you know and how do we recognize each other?

Starseed

Dear Starseed,

Thank you for your question. I am sure many others have wondered about that same issue!

I recognized you by the light you carry. I know when I met you, you were in an emotional crisis, but the spiritual body is distinct from the emotional body. Your distress did not hide your light!

I also noticed what I would call spiritual fluidity. That means that our frequencies resonated with each other. There was a spiritual connection and bond even before we established a therapeutic bond.

I get very excited when I meet a new Starseed, even if they are not awakened. I got excited when I met you.

We as Starseeds seem to have a magnetic attraction to one another. We find each other!

Love and blessings,

Gudrun

Co-founder Group of Forty
gudrunaz@yahoo.com

Group of Forty Monthly Lectures

with David K. Miller



The next lecture is on Saturday, December 2, 2017 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST).

We will be meeting on freeconferencecall.com international phone line, which is specific for each country:

USA: (641) 715-3810

Access code: 164595

(confirm with # and 1)

Note: the access code is the same for all countries.

Sample other international numbers:

Argentina: +54 (0) 11 5219-4138

Australia: +61 (0) 3 9028 0260

Germany: +49 (0) 221 98203420

UK: +44 (0) 330 606 0182

If your country is not listed, please [follow this link](#), for a complete list of all country specific phone lines that you can use to participate from your country at the lecture.

The re-transmission of the lecture for Europe will be on **Sunday, Decmeber 3, 2017 at 10:00 a.m.** Phoenix, Arizona time. You can check the teleconference/lecture time against your local time by using either:

www.timeticker.com or www.thetimenow.com

Planetary Cities of Light Report



Lin Prucher
International PCOL Coordinator

linprucher@groupofforty.com



The idea behind the Planetary City of Light Project is to make the world a better place to live. We are aiming for full Ascension, but there are steps along the path to take. We look forward to actually seeing change within the Planetary Cities of Light that we create and maintain activated. This gives us hope and joy and with those emotions, we can bring forth more change sooner.

So, let us celebrate together the positive steps we see along the way. Here is news from Brazil:

Planetary City of Light Florianopolis Coordinator Katia Patricia tells us:

Quick Links...

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[GOF Annual Report](#)

[Activity Calendars](#)

[Criteria for PCOLs](#)

GOF Handbook & Workbook are now available as an eBook download. [Click here](#) for the link.

PCOL Criteria. [Download it here.](#)

Your paid membership of \$40 helps support all GOF projects, including the monthly newsletter, the website and other planetary projects.

Please click the button to sign up online.



Many blessings!



Personal Healing with David

David is available for personal healing work in person in Prescott, and he also does

phone readings. Contact him via email: davidmiller@groupofforty.com

ANNOUNCEMENTS



A 40-page book in Spanish is now available through Lulu and the Arcturian School in Spain. The book is based on a

4-hour presentation that David channeled to the Spanish School in October, 2017. The book is titled ***Evolución, Ascensión y Primer Contacto.***

Canalizaciones del Workshop de España, 2017 con David K. Miller.

"I share an important news: Here in Florianopolis the city has presented a project to clean up the sea in the bay of the North Sea, so as to make it once again for bathing, and with the intention of executing the project very soon. Certainly the project exists because of our energy work. Never before have I heard of a similar project here."

Planetary City of Light Salvador Coordinator Jussara tells us "Here in PCOL Salvador / Bahia we learned that a large abandoned area in front of the North Crystal of our Planetary Ocean Reserve of Light will be recovered. Although the project is for the construction of a Convention Center, I believe that we are positively affecting the place."



Planetary Ocean Reserve of Light Salvador-Bahia Coordinator Andrea tells us:

"Sighting whales is wonderful, but spotting whales swimming within a Planetary Oceanic Reserve of Light causes enormous joy and awakens lots of love! On 09/24/2017 a part of the group that supports the Planetary City of Light and the Planetary Ocean Reserve of Light Costa Azul, located in Salvador / Bahia / Brazil, witnessed two whales inside the Reserve!

"They were close to the beach, around 150 meters from us. A blessing! It happened just after our biweekly meeting / meditation when some of us stood on the boardwalk drinking coconut water. Suddenly we saw a spurt of water in the sea and soon after the spectacular dance of its tail! Other people on the waterfront also saw and admired the spectacle. When the whales jumped, we screamed with joy and gratitude. Yupi

"It was thrilling to see these magnificent beings swimming within the Reserve! Especially since it had been a few years since they had appeared on that beach, though they were seen farther away in the ocean. This episode

To purchase this book contact magdafer@escuelaarcturiana.com.



David's book, *Conectándose con Los Arcturianos 2*, is now available as an eBook in Spanish.

The book has recently been translated into Spanish with the great help of Odilia Riveria and Alex Davlar. Light Technology Publishing will soon have it available, and we will send out the information to our Spanish speaking GOF members as soon as it is on line! In the meantime, the eBook is available for purchase on the following two sites:

<http://www.livrariacultura.com>
<https://www.kobo.com>

> David's new book, *Connecting With the Arcturians2*, is available for purchase in soft cover from [Light Technology Publishing](#).

> David's book, is now available for purchase from [Light Technology](#).

> David's book, *5th Dimensional Soul Psychology: Channelings by Vywamus*, is available on the [Light Technology website](#).

> David's book in Spanish, "*Enseñanzas del Sagrado Triángulo Arcturiano*," is available in the Amazon.com Kindle Store and may be purchased [using this link](#).

> **Sound Healing - Nov. 2017**
[Here is a link](#) to the recording of the November GOF lecture.
Diana Fairbank
dianafairbank@comcast.net

strengthened us by the certainty of the fruits of our work of Light!"



Working, playing, meditating together we make the world a better place.

Omega Light Blessings to you all,
Lin 😊

PCOL Reports from Around the World



Vancouver Vibes





Visit our GOF Facebook Pages!

[Group of Forty group on Facebook](#)

We have a closed group, open only to registered GOF members.

There is also an [open group](#) for non-members. Simply ask to join either one. Thank you.

New: [GOF Biorelativity Page](#)

[Das Blaue Juwel](#)

[The Blue Jewel \(English\)](#)

[Planetary City of Light Lago Puelo](#)

[German Facebook Information page](#)

[German Facebook Group](#)

[Romanian Facebook page](#)

featuring [Connecting with the Arcturians](#).

Additional links...

Argentina is now hosting the official website for all Spanish-speaking people. Please check it out! Thank you, Purvesh and Diana, for your great work.

[Spanish GOF website](#)

[The Blue Jewel DVD](#) on Amazon
<http://j.mp/1b8IHFI>

[The Blue Jewel](#) website

International Activity Calendar

*You must log in
to view the calendar*

[**Click Here**](#)



The beautiful colours of the maple trees in our PCOL of North Vancouver. The trees are slowly losing their leaves and we have had our first snowfall of the season.

*From the
Land Down Under*

GOF Volunteer Placement Program



[Volunteer Placement Program](#)

Volunteer Placement Program

Volunteer Positions Available:

[Northeast Regional Group Coordinator](#)

[Southeast Regional Coordinator](#)

These positions provide an opportunity for GOF members to use their skills of organization and customer service, and a commitment to serve the visions and goals of the GOF. You are fully supported in the role as a Group Coordinator.

A new [Volunteer Request form](#) is now available on line.

Consult the Volunteer [Placement Program Quick Guide](#) and Volunteer [Placement Program Manual](#) for more information and orientation.



Grose Valley Crystal Area

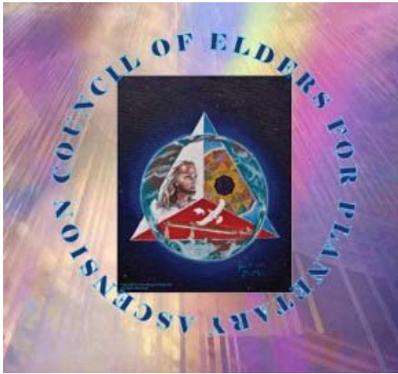
Twenty-three Members of the Group of Forty Australia and five guests came together for our annual meeting (AGM) at the Grose Valley Crystal on 21st/22nd October. We all met in the foyer of the Eco Lodge for cake and coffee. Liz Clarke from Sydney provided the most decadent cakes.

We had 28 people there for the workshop and the AGM. It was a wonderful group. The Aboriginal elder was a delightful and wonderful energy. Her Aboriginal name is 'Possum Woman Dreaming' (aka Virginia Gow).

At the beginning of the workshop, the GOF Australia Chorus sang, in Arcturian, a welcome to all Starseeds. You could hear Juliano moaning, "Oh, those Australian accents are destroying the language!" laugh.

Then Virginia danced to welcome in friendly energies. It was beautiful. Then she presented her welcome to country and a reconciliation poem that she has written. This poem has been recited in Parliament and is used at Aboriginal Council meetings. Then came the amazing workshop with David and Gudrun.

The Committee gave their report for the year and then there was discussion about new ideas for our Australian GOF. We had presentations from Wendy Athorn and Peter Harvoe about the painting channeled by Peter that Wendy has presented to the GOF. The Jemby-Rinjah lodge staff couldn't do enough for us and as always, we were made very welcome. We've booked again for October 20th -21st 2018. Please consider coming!!!



By David K. Miller

The Council of Elders continues to meet bi-monthly. Our focus is looking at the readiness of the earth for the ascension.

One sign of how ready the earth is for the ascension focuses on the expansion of spirituality and Fifth Dimensional energy throughout the earth. It is easy to lose sight of spiritual progress on the earth due to recent earth change events, such as earthquakes and hurricanes, droughts and wars. Also the polarizations on the planet both politically and economically seem to only be sharpening. At the same time we believe that many Starseeds are awakening and looking for a new alternative to our current planetary paradigm. The Council believes that the Starseeds must work towards attracting Fifth Dimensional energy to the earth and to attract the intersection of the Fifth Dimension to the Third Dimension.

The Council of Elders believes in the Ascended Masters and sees their role as important in helping the earth during this time of crisis. The Ascended Masters include Sananda and many of the other Star Masters, such as Juliano from the Arcturians and Ptaah from the Pleiades. They are part of the



Virginia Gow presenting "Welcome to Country" with David on the screen in the background.

Then we headed for the Blackheath Golf Club for a fabulous lunch.

The next day, we met at the Grose Valley Crystal. There were about 35 people attending.

Virginia had asked all of us to bring something to place into a friendship circle. A ring of leaves was made and we all placed our contribution into the ring. Virginia placed a powerful and ancient stick across the middle of the ring.

The men in the group were asked to dance to frighten off unfriendly energy, and the women danced to bring in friendly and loving energy. I presented a welcome short, speech. Carel presented a lovely and powerful meditation.



Peter, Paul and Stewart chasing unfriendly energies away by stamping and dancing. 'Possum Woman Dreaming' is in green.

higher evolved group called the Galactic Council. The Galactic Council oversees higher life forms and planetary development throughout our Milky Way Galaxy.

The Council of Elders is also exploring Arcturian spiritual technology, such as using the thought chambers for increasing our thought powers. Our goal is to maximize the use of the Arcturian spiritual technology for our ascension and also to share our investigations and use of these tools with all Group of Forty members.

GOF Website Update

We have a wonderful introductory presentation video on Biorelativity available in five languages (English, German, Romanian, Spanish, Portuguese) now available on our website and YouTube channel. We just added the Portuguese language version on that list.

You will find the video links [here on the GOF website](#).

And on our [YouTube channel](#).

If you have any questions on Biorelativity or our project please contact us at biorelativity@groupofforty.com or info@groupofforty.com.

Many blessings,



Cosmin Supeala
Member, GOF
Council of Elders
msupeala@yahoo.com



The Friendship Ring

We all placed something from the forest, or something personal, inside the ring and then an ancient Aboriginal stick was placed across the ring. The bottle contained water from Frog Hollow, an Aboriginal sacred place. The water was then sprinkled all around the ring. It was a beautiful ceremony.



Attendees at the Annual Australian Group of Forty Meeting in
Gross Valley, Australia.



Jane Scarratt
National Coordinator in Australia
For the Group of Forty
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From the Native Peoples Sacred Triangle Committee of the GOF

The Committee presented a webinar
on November 11, 2017, titled:

Connecting To Our Ancestors As A Powerful Tool On Our Path of Ascension

* **Dahlahk, Mountain Eagle**, opened with prayers in his native language to invite the Ancestors to communicate and help us in our expressions. He said the Ancestors have to know where they are from in order to help them to discover what it is they are to be doing here so they connect to their Ancestors to remember where they came from so that the information held in these connections can be accessed. They are a conduit between heaven and Earth. This strengthens the Heart to hold compassion to complete their own mission.

Mountain Eagle also spoke of the need to do rituals before making decisions, even in ordinary daily tasks. Sitting together with Family, treating everyone as they were Family. Empowering and supporting all involved coming to good working order. Inviting the Spirits of Nature to bring their energies into decision-making, thus supporting Harmony. The skill of Listening was once more mentioned, and slowing down life so that we can hear the whispers from our Higher Selves.



From New Zealand - the Land of the Long White Cloud

A true story from our Planetary Ocean Reserve of Light in Half Moon Bay

It was dusk, light was fading, and the wind was howling around the yacht pushing it this way and that. The moon was up getting ready to light the way. Waves were breaking over the bow; the main sail was stretched tight in the strong winds, and the gib on the bow was doing its best to balance the boat.

The two night watchmen on deck at the helm were trying hard to keep the boat steering straight and staying upright in the strong winds, while four others were resting below. This stretch of ocean North of Half Moon Bay leading into the Pacific Ocean, known as a Planetary Ocean Reserve of Light, can be contrary and unwelcoming at times.

The crew was sailing southwards through the Pacific Ocean to New Zealand and was approaching East Auckland's Planetary Ocean Reserve of Light. Struggling with the weight of the boat the helmsman looked over the cockpit into the water. Emerging up from the depths, graceful and slow, through the raging waves he saw a dark shape. As it rose to the surface and turned on its side the helmsman realized he was looking straight into the eye of a gigantic whale.

* **Birgit Smothers** related in detail of how honoring the Ancestors was a difficult trail to discover, having grown up in Germany after two World Wars. The stigma of the offenses of the fruits of war makes it very difficult to follow lineage as lineage was disappearing with no trace. Birgit has worked hard on establishing herself as her lineage for her family. We honor her sharing about this difficult subject.

* **Corae Lierman** spoke of her perspective of connecting to her ancestors who escaped oppression from Prussia before either of the World Wars. Her family arrived in America in the mid -1800's. Their efforts were carving out a life in a new land with new opportunities. Living in remote areas of the Midwest isolated these folks from most difficulties brought over from other lands. They practiced conservation and survival on their own. Families worked together for the greater good of all. The practice of sharing and caring didn't run into the roadblocks of government imposing on their vulnerability. Families were large and communities were tight. It felt, and still feels safe. Safe to think on your own and create.

* **David K. Miller** spoke about his Jewish heritage. The confusion of which Country was really in control of where his Ancestors were forced to live. Survival of their Race along with survival of their religion and principles. His stories showed how it was difficult to trace lineage with all the dislocation of families. He did have more details after his ancestors arrived in Ohio. He has had a strong connection to Germany since he was young. His wife is from Germany and has gone to visit there eight times.



It cruised alongside the boat watching him, holding his gaze, almost speaking to him. Overwhelmed by his experience he yelled to everyone below, to come up and see this. They all scrambled on deck, six now witnessing this amazing and moving experience.

After a while, the whale turned and dived deep, and as she disappeared, a squall hit, and a huge rogue wave knocked the boat on its side, and it broached off course. This sent mast and sails into the water and men scrambling around the deck for safety, trying to pull together as a team to protect the boat, its equipment, and themselves. Shaken, wet, and in shock, they sat in the cockpit, and relived what had just happened - trying to recover and make sense of it all.

Had the whale come to warn them of impending disaster? Did she want them all on deck so they could be safe? Why did she lie so still alongside the boat for so long watching and communicating with them? Why did she suddenly leave once everyone was on deck? Questions too much to comprehend while in shock.

The men sat and talked and questioned these actions whilst counting their lucky stars from the near disaster and their close escape. This was something that none of the crew had seen, heard, or experienced before. It was nothing short of a miracle.

What is even more incredible, she came back one hour later and swam alongside the boat. Again watching them. That all-knowing eye, dark and shining, almost transparent, ancient and wise felt like she was again talking to them, reassuring them, all was now OK. She had come back to see they were safe.

All their questions now had answers.

Until then...Blessings to all my Relations



CoRae Lierman
Coordinator
Native Peoples Sacred
Triangle

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I am thankful that they started this group over 22 years ago in order to bring the Arcturian teachings to people in an organized fashion, all under one umbrella.

I am thankful for Juliano and the entire Arcturian team and ascended masters and archangels who are devoted to us and tirelessly guide us, advise us, teach us, and protect us.

I am thankful for the members who volunteer to make sure our member's needs are met and our programs are successful.

Thank you all.



Birgit Smothers
USA Group Coordinator
birgit@groupofforty.com

Our Purpose

"40 Groups of 40 will be formed for Personal and Planetary Healing - Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the fifth dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.

To join Group of Forty, click the button below



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[German speaking countries website](#)

[Turkish website](#)

NEW: [Romania website](#)

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