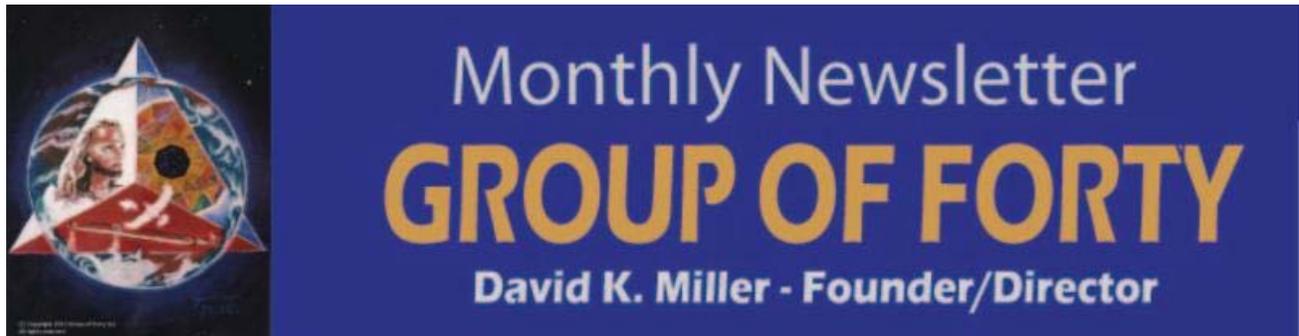


Click Show Pictures to see everything. [Having trouble viewing this email? Click here](#)

Hi, just a reminder that you're receiving this email because you have expressed an interest in Group of Forty. Don't forget to add davidmiller@groupofforty.com to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.



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Right click and choose "DOWNLOAD PICTURES" or "SHOW ALL" to see the entire newsletter. Outlook and Gmail hide images. Gmail also clips the content so you may need to click the link at the bottom of the email to show all.

Connections Issue 251

SEPTEMBER 2017

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Channeing of Juliano

Juliano, channeled by David K. Miller

Greetings, I am Juliano, we are the Arcturians!

There is a karmic unfoldment of a cosmic drama that is now before you on the Earth. It is important to recognize that this drama is a karmic process. You may be continually shocked or surprised at how events are unfolding, particularly the mass destructions, the mass extinctions, and the very strong polarization that is now occurring. All of these events have a karmic origin. All this could even be predicted based on the decisions that even were made as far back as the 17th and 18th centuries when the industrial revolution began. What's even more enlightening is to realize that this cosmic drama is also related to events that have happened earlier in the history of the galaxy. There have been conflicts of civilizations both interplanetary and intra-planetary (that is within the planet itself).

The Lyrians, for example, who were one of the largest and most prominent galactic civilations, had major conflicts

Featured GOF Member of the Month



Leonardo
Gutierrez
Durán

Leonardo Gutierrez Durán has been helping with the Spanish translation, editing and writing subtitles of videos in Spanish.

This is a special part of the project organized and directed by Kristine Brenner. These videos contain channelings by David K. Miller.

Recently we learned that the Youtube videos Leo has been working on have had over 50,000 hits!

Leo has been a member of the GOF for about four years. He was born in Columbia but has been in the USA for almost twenty years. He works as an audiovisual technician and is also a musician.

Thank you, Leonardo, for your contributions to the Group of Forty.

He can be reached at:
leguran@hotmail.com

Starseeds Counselling



I am Gudrun Miller and I have been a professional counselor for over 30 years.

Dear Gudrun,

I am really struggling to stay balanced during this time on the planet. I know all the "right" things to do to stay detached, but it is not working for me. I find myself despairing and

within their own large planetary organization. A polarized group of Lyrian people had to move to another planetary system so that they would have independence and they would be "out of the hair" of the main Lyrian group. But even that wasn't enough and a planetary war between them ensued between the two sides, resulting in the mutual destruction of the Lyrian civilization. But there were Lyrians who escaped. This was a more harmonious group that continued seeding other planetary systems, including the seeding of the Pleiadies. Their influence has even been felt on Earth. Both the "peace loving Lyrians" and those who are more war-like have manifested on the Earth. And both of those energies are part of the cosmic drama on the earth that you are seeing.

For planetary healing you need to work on "the collective unconscious" and the noosphere where all this polarized and destructive energy is contained. What is a way to short circuit and stop this karmic play? Cosmic karma has to be influenced and stopped with great caution using an exact science.

Let me give you an example: I know you have seen some of those science fiction movies where people go back in time, and sometimes they want to change an event. You know that humorous movie: "Back to the Future." The movie showed that if one woman didn't go to this one dance then she wouldn't meet this one man and they wouldn't have gotten married and this other fellow wouldn't have been born 20 or 30 years later. One small interference in a past can have untold consequences preventing births of future people. You would need a vast super computer model to figure out.

Any planetary intervention must work with all of this karma. A planetary intervention has to be done with the greatest astuteness, the greatest carefulness, to ensure the proper order of things. That's why the Christian and Jewish mystics talked about an all-powerful Messiah, because the Messiah would be one who would have the power to make the interventions. The Messiah would also have the power to make the proper adjustments, karmically, for all of the millions of people that would be affected by a planetary intervention.

I am Juliano, good day.

depressed. I also get some dissociation to the point that it is not safe for me to drive.

I am not suicidal but do not want to be on the Earth anymore!!

What should I do?

Thanks.

Dear friend,

It is a very difficult time for all of us. I think you are a very sensitive Starseed and can feel the dense energies and the trauma people are experiencing on planet.

You are well informed and understand that this time was predicted and also that you chose to be here specifically to experience these events.

It is possible that you are being triggered and that you may have experienced these same events on another planet during your soul journey! Possibly that experience did not end well and now you experience "Galactic PTSD" or posttraumatic stress.

You could get a reading to find out or you could go into trance and explore your own soul history.

The Arcturians addressed this issue some time ago. They recommended that instead of "fight or flight," as a defensive response to fear, we use "accept and expand."

Accept and expand means that you do your best to accept world events, specifically because you know they were predicted, and you expand your consciousness to allow for greater reasons for what is transpiring on the



22nd Annual
Arcturian Group of Forty Conference
**THE FUTURE EARTH:
EVOLVING TOWARDS A
5th DIMENSIONAL PLANET
for Personal and Planetary Healing**
*Three days of intensive workshops on Arcturian
Spiritual Technology, expanded consciousness, and
Native American spiritual teachings*
September 29 - October 1, 2017
*at the Prescott Resort & Conference Center
near downtown Prescott!*

The poster features a central illustration of a glowing, multi-colored nebula or energy field with a white, saucer-shaped object floating within it. Below the nebula is a small globe of Earth. The background is a deep blue space with stars. The text is arranged in a clear, hierarchical layout with various colors and fonts.

Presenters Include

David K. Miller, LCSW

Group of Forty Co-Founder
Sacred Triangle Channel & Author

Gudrun R. Miller, LPC, M.A.T.

Group of Forty Co-Founder
Visionary Artist & Intuitive Counselor

Art George (Mountain Eagle)

Washoe Tribe of Nevada and California,
individual and family indigenous consultant

Dr. Heather V. Davis

Naturopathic Medical Doctor

Dr. Michael Davis

Doctor of Divinity & Consciousness



International Biorelativity Update

We continue to do Emergency Biorelativity sessions based on member's request for emergency help. We did, for example, two emergency sessions on recent hurricanes and both sessions were well attended. Cosmin has finished his Biorelativity survey research project. Thank you, Cosmin, for your hard work. We hope to have the results of the survey in a future newsletter.

planet. Some of the conflicts and disasters may be karmic, and the people experiencing them have agreed, on a soul level, to the experiences.

If you can, find moments of happiness and joy in your own life and look for what is beautiful around you.

Love and blessings,

Gudrun
Co-founder Group of Forty
gudrunaz@yahoo.com

Quick Links...

[Group of Forty Website](#)
[Books](#)
[Groups](#)
[PCOLs](#)
[More About Us](#)



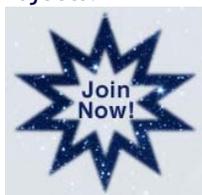
[GOF Annual Report](#)
[Activity Calendars](#)
[Criteria for PCOLs](#)

GOF Handbook & Workbook
are now available as an eBook
download. [Click here](#) for the link.

PCOL Criteria. [Download it here.](#)

Your paid membership of \$40 helps support all GOF projects, including the monthly newsletter, the website and other planetary projects.

Please click
the button to sign
up online.



Many blessings!



David is available for personal healing work in person in Prescott, and he also does

phone readings. Contact him via email: davidmiller@groupofforty.com

Group of Forty Monthly Lectures

with David K. Miller



The next lecture is on Saturday, October 7, 2017 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST).

We will be meeting on freeconferencecall.com international phone line, which is specific for each country:

USA: (641) 715-3810

Access code: 164595

(confirm with # and 1)

Note: the access code is the same for all countries.

Sample other international numbers:

Argentina: +54 (0) 11 5219-4138

Australia: +61 (0) 3 9028 0260

Germany: +49 (0) 221 98203420

UK: +44 (0) 330 606 0182

If your country is not listed, please [follow this link](#), for a complete list of all country specific phone lines that you can use to participate from your country at the lecture.

The re-transmission of the lecture for Europe will be on **Sunday, October 8, 2017 at 10:00 a.m.** Phoenix, Arizona time.

You can check the teleconference/lecture time against your local time by using www.thetimenow.com

From the GOF in Spain and the Arcturian School in San Peres de Ribes

We are happy to announce a new monthly column for our newsletter focusing on Spain and the work of the Group of Forty there. David Miller worked intensely with the GOF in Spain for several years, and as a result of that interaction, the GOF members there developed a special Arcturian School. In this first column, we are providing a short summary of that Arcturian School and some of their activities. Future columns will also highlight their activities as well as other events going on in Spain.

The Arcturian School is a non-profit association whose main mission is to teach Arcturian Technology to awaken and accelerate awareness in the ideological line of the Arcturian Project on Earth. The Arcturian School, which is in San Pere de Ribas (near Barcelona), supports David Miller's work and the practices of the Arcturian Group of Forty and Cities Planetary Light project as a space for the implementation of the Arcturian teachings. In fact, the Arcturian School in Spain has been responsible for publishing many of David Miller's books into Spanish under Lulu Publishing.

ANNOUNCEMENTS



David's book, *Conectándose con Los Arcturianos 2*, is now available as an eBook in Spanish.

The book has recently been translated into Spanish with the great help of Odilia Riveria and Alex Davlar. Light Technology Publishing will soon have it available, and we will send out the information to our Spanish speaking GOF members as soon as it is on line! In the meantime, the eBook is available for purchase on the following two sites:
<http://www.livrariacultura.com>
<https://www.kobo.com>

> David's new book, *Connecting With the Arcturians 2*, is available for purchase in soft cover from [Light Technology Publishing](#).

> David's book, is now available for purchase from [Light Technology](#).

> David's book, *5th Dimensional Soul Psychology: Channelings by Vywamus*, is available on the [Light Technology website](#).

> David's book in Spanish, "*Enseñanzas del Sagrado Triángulo Arcturiano*," is available in the Amazon.com Kindle Store and may be purchased [using this link](#).



Visit our GOF Facebook Pages!

[Group of Forty group on Facebook](#)

We have a closed group, open only to registered GOF members.

The Arcturian School is founded by Magda Ferrer and David Arbizu. Magda Ferrer is the director of the school, the head of studies, the creator of the courses and the teacher of intermediate and higher level courses. David Arbizu is the deputy director, head of finance and the teacher in charge of basic education.

Álvaro Monreal and by Mabel Vallet complete our staff and School Council. The four of us volunteer our services, and class enrollments finance the school.



David Monreal and Mabel Vallet, members of the Sant Pere de Ribes GOF group, finished training in July 2017 as collaborative teachers of the Arcturian School.

The Arcturian School collaborates closely with the Group of Forty of Sant Pere de Ribes that is the GOF1 of Spain. Together, the Arcturian School and the Sant Pere de Ribes group, we organize two monthly Biorelativity exercises in the Wormhole Webinar on the first and fourth Saturdays of each month. Magda Ferrer is the leader of Biorelativity and the national coordinator of the Group of Forty in Spain.

The Arcturian School for Planetary Healing and Personal Ascension organizes an annual Online Workshop with David K. Miller as a closing of the season of studies in the classroom and online. This year the Workshop will be held on Saturday, October 28 from 5 to 9 pm, Spanish time, and 8 am to 12 noon Arizona time. The theme is "Evolution, Ascension and First Contact." There will be a face-to-face group in front of the big screen of the school classroom with an online group in

There is also an [open group](#) for non-members. Simply ask to join either one. Thank you.

New: [GOF Biorelativity Page](#)

[Das Blaue Juwel](#)

[The Blue Jewel \(English\)](#)

[Planetary City of Light Lago Puelo](#)

[German Facebook Information page](#)

[German Facebook Group](#)

[Romanian Facebook page](#) featuring Connecting with the Arcturians.

Additional links...

Argentina is now hosting the official website for all Spanish-speaking people. Please check it out! Thank you, Purvesh and Diana, for your great work.

[Spanish GOF website](#)

[The Blue Jewel DVD](#) on Amazon
<http://j.mp/1b8IHF1>

[The Blue Jewel](#) website

International Activity Calendar

You must log in to view the calendar

[Click Here](#)

GOF Volunteer Placement Program



[Volunteer Placement Program](#)

Volunteer Placement Program

the Wormhole Webinar. David K. Miller, with Blanca Rissech providing Spanish translations, will conduct the workshop in English.

List of Links and contact information:

- **Arcturian School Online:** <https://easpap.com>
- **Arcturian School and Arcturian Project:** <http://escuelaarcturiana.com>
- **Moodle basic and intermediate and level courses:** <https://easpap.com/moodle/intermedio/>
- **Moodle higher level courses:** <https://easpap.com/moodle/superior/>
- **Facebook:** <https://www.facebook.com/easpap>
- **Arcturian School blog:** <http://easpap.blogspot.com.es>
- **Contacto:** info@escuelaarcturiana.com



Magda Ferrer
GOF Coordinator Spain
magdagof@gmail.com



David Arbizu
GOF Co-coordinator Spain

Planetary Cities of Light Report



Lin Prucher
International PCOL Coordinator
linprucher@groupofforty.com



The Planetary Cities of Light are coming to YOU!

That's right! Every month at least one Planetary City of Light will present itself to you! If you join through your computer, you will be able to see the GOF members who are taking care of the planetary energies within their PCOL boundaries; joining with a telephone, you will hear the whole message. Online you will also be able to see images of the locations which help you connect more solidly to give and receive Fifth Dimensional energy and raise planetary vibrations, which includes your own!

It is very inspirational, especially in today's dim climate, to hear about what the people have been doing with their Planetary City of Light. In many there have been noticeable energy shifts that can be tangibly seen. Some, who have PCOL near an ocean, have extended their work to include a

Volunteer Positions Available:

[Northeast Regional Group Coordinator](#)

[Southeast Regional Coordinator](#)

These positions provide an opportunity for GOF members to use their skills of organization and customer service, and a commitment to serve the visions and goals of the GOF. You are fully supported in the role as a Group Coordinator.

A new [Volunteer Request form](#) is now available on line.

Consult the [Volunteer Placement Program Quick Guide](#) and [Volunteer Placement Program Manual](#) for more information and orientation.



It is my privilege to report on the past month's activities, which the Council of Elders have devoted their time and focus toward. The Council of Elders for the Group of Forty presented a webinar on September 9, 2017.

Planetary Ocean Reserve of Light. This is very important considering the dire state of our oceans. It is very important to have even small areas that are pure.

We have been traveling around the world with our presentations. So far there have been presentations from: Australia, Argentina, Brazil, USA.

Join us on Sept 24th at 9:00am Arizona time to hear about the whirlwind of activity going on in Spain at Planetary Cities of Light San Pere de Ribes and Montserrat and also the Ocean Reserve of Light of Sunway, in the Mediterranean. You should have already received an invitation in your email. If you can't find it, ask me at linprucher@groupofforty.com.

You might also like to catch up on what Juliano has said this year in his Planetary City of Light channelings. They have been updated on the GOF website PCOL page and you can find them here [at this link](#).

You can also access the PCOL channelings from 2015 and 2016.

"Now" is always the best time to be pro-active. And it can be fun. Join us for our monthly Sunday Planetary City of Light Presentation! See you there.

Omega Light Blessings to you all,
Lin 😊

PCOL Reports from Around the World



From New Zealand - the Land of the Long White Cloud

In East Auckland we always have a medicine wheel when we maintain our PCOL. It depicts the East, West, North and South of our PCOL.

SPIRITUAL MEDITATION TRAINING AND PLANETARY HEALING MEDITATION

with Purvesh San Martin and
David K. Miller.

This first in a series of webinars will be serving to help new members become acquainted with the practices of the Group of Forty, and the tools that the Arcturians have given us to prepare for the Planet's Ascension into the Fifth Dimension. It is an excellent review for all members to practice the focus as the acceleration on the planet is taking place.

Purvesh's guided meditation led us all into a deep state, which was the perfect interlude to David's biorelativity exercise. Purvesh teaches meditation as one of his great gifts to humanity. He led us gently and skillfully into our own Higher Awareness, to open to the Wisdom we all want to access. If you missed this first webinar, make note that you will indeed not miss the forthcoming ones. Watch your emails for future opportunities.

David then channeled two sessions. We were led into Biorelativity work, and we Bi-located to the Crystal Lake on Arcturus. This offered the perfect opportunity for new GOF members to become familiar with the work that the Group of Forty does in Unity Consciousness.

The week beforehand, items are chosen from the environment and elsewhere that reflect our city's identity and give significance and meaning for us to the grid. These, along with crystals are also selected based upon what is currently happening in our PCOL and around the world, and what we feel is needed.

To the East of our PCOL is the countryside: farms, agriculture lands, horse studs, large country estates, markets, and a variety of horticulture.

To the North is our ocean with its abundant sea life. Just 30 minutes from the centre of the city on any weekend during summer, hundreds of small watercraft are anchored in the waters of Half Moon Bay. There is plenty for everyone, including fishing and diving. To the west is the sprawling metropolis of Auckland with all the conveniences that a large city offers, and it accommodates many different nationalities and cultures living alongside one another peacefully.

To the South are our mountains and lakes. Mother Earth, showcasing her beauty at her pristine best, creates a playground of endless outdoor pursuits.

The medicine wheel is meditated on and, therefore, it is different each time, sometimes small and simple, sometimes large and elaborate.

Each item placed on the wheel has significance and meaning. E.g., the small simple wheel has a big message for North Korea and the USA. Sitting on Lord Metatron's cube, with the wisdom of the owl looking over the two swords (USA and Korea). The crystals represent the Chakras, and we ask for the opening of the Chakras of the leaders, so they may hold the world in their hands with love in their hearts.

Cosmin Supeala has been gathering data for some time on a survey from the Country Coordinators of the GOF. He gave his report, and this data is now ready for the next step in gathering information so as we can issue a proposal for Intervention to the Galactic Council in regard to the extreme Earth events, especially those caused by Man's insensitivity to survival. The intention of the COE is that this will become an annual task to report to the Galactic Council our concerns leading up to the Ascension of the Planet.

The Editor of the Sedona Journal asked David K. Miller, to channel predictions for the year 2018. The Unity provided by the meeting of the COE was an optimum time for Juliano to bring this information through David for this publication. I encourage you all to seek out this magazine to read the article, and I am sure that at some future date it will become available on our website or newsletter. Keep an eye out for this information.

Thank you all for your support and cooperation as members of the Group of Forty.



CoRae Lierman
Member of the
Council of Elders
coralierman02@gmail.com



The wheels are laid out 24 hours before the meeting to begin building energy. By the time the group arrives the energy is strong and can be easily felt by members. We very often have visitors drop in and out to enjoy the energy too. The medicine wheel creates interest and sets the scene for positive energy to flow. It promotes peace, love, and the exchanging of ideas and experiences and enhances the camaraderie of like-minded people coming together for a common purpose. Often after our PCOL meetings, individual members will enjoy meditating quietly with the wheel before they leave for home.



Janine Malcolm
Coordinator of the
East Auckland PCOL/PORL
janinemalcol@xtra.co.nz

VANCOUVER VIBES

I had driven from Vancouver to Golden British Columbia on an eight-hour solo journey. It had been a decade since having the opportunity and appropriate health to make such a journey.

Imagine the excitement? With so much beauty this province offers, a true delight to the senses. It ranges from the Pacific Ocean to the Pacific Coastal Mountain Ranges, through the Interior Plateau desert and back up the Rocky Mountains. But nothing had prepared me for the pristine beauty of Lake Moraine, home of the Arcturian Crystal of Understanding, overseen by Archangel Michael.

From the Land Down Under



Grose Valley Crystal

GOF members and supporters are burying crystals around the perimeter of the proposed new PCOL/PORL in Perth, Western Australia.

When this is activated, we will have ten active PCOL/PORL's spread across our vast continent.



Back row: Michelle, Angela, Kathryn, Monika, Rossy, Sophia and Eddie's partner. Front row: Eddie and John. Michael and Julie were organising the photo.



The GOF Group standing by the Swan River preparing to place crystals in the water. Angela, Sophia, Rossy, Kathryn, John, Michael and Michelle. The rest of the Group were out of the picture.



The sun was directly above with not a cloud in the sky, and for some blessed reason, there managed to be no smoke in the air from the remaining hundred-plus wild fires still burning in BC. The divine pristine beauty I observed filled my every sense with brilliant delights and a pure sense of freedom.

The smell of oxygen-rich fresh mountain pine filled my lungs. There were natural rock piles that remained from the glaciers and a row of ten mountain peaks that hugged one side of the Lake. The first few peaks still had thick glacier masses wedged in between them.

Lake Moraine was a brilliant turquoise blue reflecting the ever-beaming dancing sunlight. The shores were covered with refined white sandy beaches connected by random rocks filling the gaps. It was if I were in a tropical place, very different from the common rocky lakes in BC. Pine trees filled the open side of the lake meeting the base of the ten peaked mountains just past the glacial river entrance.

As I approached the far side, the glacial river was rushing with brisk waters at full capacity. I had reached my destiny. I stood on a log with open arms and connected with the energy of this auspicious place. My energy field was light and wispy as prana flushed my aura as though I were standing in the river. What a joyful place to be and an amazing experience to have.

I thanked all the beings for creating this place and blessed them with the continued abundance of prosperity and beauty.

Blessings,



Jane Scarratt National
Coordinator in
Australia
For the Group of Forty
janescarratt@gmail.com



Christine Squarebriggs
GOF Coordinator Vancouver
shec27@yahoo.com



From the Native Peoples Sacred Triangle Committee of the GOF

This month is saturated with Events, therefore take note: The **Annual Conference in Prescott** this year will once again be a perfect place to experience the Native/ Indigenous rituals and influence on communicating with Mother Earth. Mountain Eagle will be presenting much information on His Cultural interactions with All Life, and Speaking of the First Nation's Perspective on the New Fifth Dimensional Earth. You will have the opportunity to participate and learn to perform the "Round Dance", and sing the language that communicates the love to our mother, Mother Earth.

Kevin Mockingbird will be bringing his Native Flute music to sooth and refresh our being.

David K. Miller will be channeling Chief White Eagle: The New Fifth Dimensional Earth, planetary consciousness, evolution to the Omega Man prototype and the noosphere. White Eagle will also speak on biorelativity, prayers, chanting and telepathic healing and gathering personal power from power spots to accelerate planetary evolution.



Welcome New GOF Members!

We would like to extend a warm welcome to the following new members who joined the Group of Forty between August 18 and September 18.

First Name	City	State/Province	Country
Jackie	Bellevue	WA	USA
Andrea	Tucson	AZ	USA
Steven	El Centro	CA	USA
Louise	Sutton	Quebec	Canada
Michael	Houston	TX	USA
Eugenia	Santa Rosa	CA	USA
Keeva	Enumclaw	WA	USA
Tajzer	Enumclaw	WA	USA

Birgit Smothers
USA Group Coordinator
birgit@groupofforty.com

Members Matter Corner

Hello GOF members,

If you are a long time member, say about twenty years or so, I would like to hear from you.

Send me a brief article on how you connected with the group and why you stayed all these years, and we'll print it in a future edition of our monthly newsletter.

Rueben Saufkie, from the Hopi Nation, will bring his perspective on Divine Feminine energy, and he and his children will give a performance of the "Water Maiden" dance.

You can look forward to another webinar presented by the NATIVE PEOPLES' SACRED TRIANGLE COMMITTEE in October.

We are dedicated to bring forth the information that can assist you in developing your own rituals and Sacred Moments, to communicate with All the Natural World right in your own Space.

Blessings to you all.



CoRae Lierman
Coordinator
Native Peoples
Sacred Triangle
coralierman02@gmail.com

Group of Forty Video Sharing Program Presents....



The Arcturians: First Contact and the Evolution of Humanity

*A Channeling by David K. Miller
Produced by Kristine Brenner
Edited by Leonardo Gutierrez
Durán*

[Link to YouTube Video](#)

Blessings to all!



Birgit Smothers
USA Group Coordinator
birgit@groupofforty.com

Emails from Members

HELLO FROM BART IN HOLLAND ...

Lightwork - A Work in Progress



When we think of Lightwork, we mostly think of doing Lightwork for Gaia or mankind as we do in the Group of Forty. I really do love this. But the last two months have been more difficult since I have had to deal with old negative habits, sickness and low energy level. It was probably a time of cleansing since I had a very profound ten-day silent retreat in June. It was such a contrast with the retreat period from experiencing light and a very strong 'I-Am' awareness to sickness and old dark stuff. It was difficult to maintain faith and believing that this was just cleansing as a result of a shift in consciousness. Then I went 'inside' and felt the invitation of the Divine Mother to focus on her. She soothes everything and each time she lifts me up. My frequency and vital force expands. It is really working with light focused in and on myself.

A completely different type of Lightwork is what I experience in my work. For almost two years now, I have been in a career of helping sick and sometimes terminally ill patients. It touches me when I see how they cope with their restraints or loneliness. They may have escapes, for example: drinking, binge TV watching, etc. But I respect them in the way they are accepting their fate. A very special task is taking care of the terminal patients. I send them my love and light and I am often an anchor point for the entire family. My daughter told me that in my work I am very connected to the Arcturians. I do feel a lot of light, and I love this idea. Every now and then I touch the crystals in my pocket to empower these thoughts of connection.

The last type of Lightwork, which resonates in me, is staying focused on my vision of a balanced and peaceful world. I believe that the world is in transition to this. But it is sometimes difficult to keep this view when you see the news or the state of nature. And yet I also see very beautiful



Subtitles will soon be available in Spanish!

Please help us share this video with others in any way you like, for example *on Facebook and social media sites!* Thank you!

Please let me know if you have any questions.

Blessings,



Kristine Brenner
Member, Group of
Forty Council of
Elders

kcbrenner@aol.com

young people and new business initiatives. I can't read the newspapers in depth anymore, nor can I listen to the TV news. But because I want to know what is going on in the world, I listen every now and then. I try not to get involved, to not judge, or to draw conclusions. I just observe. And if that succeeds, I feel the light in me, and I am sure this light will go directly to the Noosphere. The beauty of this is that I feel I am less and less the doer of Lightwork. It is more about focusing on who I am, going with the flow and realizing the Arcturians and Fifth Dimensional light are here.

I thank the Divine Mother and the Arcturians for this!

-Bart

~ ~ ~ ~ ~

Dear David,

A few days ago I watched a video just published on YouTube connected to your Group of Forty. It was channeled information and I believe the name Juliano was mentioned, but I'm not sure in what connection. I don't know when this channeling took place as they didn't give that date but, for me, it was an extraordinary synchronicity.

In 2010 I published a channeled book called 'Ascension Journey: into the fifth dimension', by Barbara Jal, published by Authorhouse. This was a series of channelings that took place during the last two weeks of December 2009 and January 2010. My channel gave me a chapter called 'Math, Music and Crop Circles' and the similarity between what your channel was saying and what my higher dimensional friends said in 2010 was so amazing. My lot said the circles are created through vibration, a frequency tone or tones, which creates patterns similar to the designs that can be created in fine sand if you play a sustained note, such as on a violin. They said the crop circles are literally cosmic symphonies, and if we only had the technical knowhow, we could go home with a CD of the circle.

There was another interesting connection that I made while listening to this video. As a teenager I wanted to spend my life as an artist. The only problem being that I had absolutely no 'great artist' talent whatsoever. All I wanted to do was draw intricate geometric designs and fill the different shapes I created with colours. I couldn't have drawn a lifelike portrait or painted a landscape. My higher Dimensional put a stop to it eventually saying it was not what I was meant to be doing. I had other work to do. They told me to focus on music and dance, packed me off to University on a literature and language degree, and obligingly arranged for a guitar to be provided. I didn't have a piano at the time.

It worked well and culminated in the book. I think we are going to be doing another one pretty soon.

Every spring, come April, I would get this compulsion to pick up paintbrushes and paint these designs. While I listened to your video, I realized that I had been drawing and painting crop circles, not basic colour charts as I thought. Even though I've long been fascinated by these beautiful mysterious designs in the fields. I didn't make this connection until I came across your video, so for that many, many thanks. Interestingly, now that I know what my designs really were, my cosmic friends say it's ok to do them if I want to. Not necessary, but for pleasure and maybe a spot of enlightenment from the geometry. They weren't wildly enthusiastic since music and another book are more important. What they didn't like was spending hours, sometimes whole days, in the painting zone without knowing why. I could have got trapped there in a very Third Dimensional way so rescue was required before they lost me to the matrix.

If you have a business address or PO Box number I could send you a copy of the book if you're interested. Again, many thanks for a fascinating video and the personal awakening I received from listening.

Best wishes,

Barbara

Note: Here is the link to the YouTube video:
<https://www.youtube.com/watch?v=74g4Ef3JB2w>

Spiritual Practice

The evolutionary step that is necessary for the whole species has to do with expanded, higher, and Fifth-Dimensional Consciousness. Those beings that are using higher consciousness or Fifth Dimensional Consciousness are adapting and are using and practicing a higher evolutionary development that will be necessary for the whole planet. In order for this planet to survive, there must be a majority of people, or at least a powerful core of people, who have higher, Fifth Dimensional Consciousness.

This Fifth Dimensional Consciousness involves the opening of certain codes within the brain. In order to experience Fifth Dimensional Consciousness, one must unlock what we call Codes of Ascension within the brain. There are certain

systems within the brain of humanity that must be opened. One such system I refer to as the Reticular Activating System. It has been described as a valve in the interior of the brain, which controls perception. If that valve is open, you are able to see and experience higher perception, which includes higher colors, higher sounds and higher emotional energy. It enables you to see and understand this reality from a unified field perspective, and it gives you much more creative energy and problem-solving ability. You also will have what is described as a spiritual consciousness. It is this next evolutionary step that some of you are now participating in.

How to open this system in the brain:

- Go into your mind by visualizing your brain. Go into the centre of it. It's called the Reticular Activating System.
- There is a valve. Open it slowly. Feel a rush of light. There is a small portion of the unified consciousness energyfield coming into your consciousness. This enables you to perceive more.
- Feel the aura expanding. Feel an expansion within you. Open the valve a little more. Feel a new flood of unified energy and expansion.

As your mind moves up into your super mind you receive energies and abilities to have a wonderful awareness of your soul and stronger healing abilities.

Taken from lectures in 2015 by David Miller and Juliano



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Our Purpose

**"40 Groups of 40 will be formed for Personal and Planetary Healing -
Bringing us to the Fifth Dimension!"**

We are dedicated to teaching humanity about the ascension to the fifth dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.

To join Group of Forty, click the button below



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